



Cottonwood  
'86









Ray's

How the Hell are you.  
PLU is Awesome as usual.

It's been fun knowing you.  
You're really funny, I hope you  
go to a rad college. Thanks

For being our Manager  
Brian Alexander  
Euler

Ray Horatio!

Well, I'm really glad you came back to this school  
because you've made this year fun. You better go  
to graduation cuz you only can do it once. Good  
luck with the PLU and remember I got your  
first \$1 million. Keep in touch and call me  
sometime over the summer

Stuart 7th '86

Ray,  
What a sweetie. It  
always made me feel  
so good when I passed  
by you because you're always  
so friendly! You're really  
special! Good luck on  
everything you do!

Love ya,

Kristin  
Kreider

Rad  
It's been nice  
meeting you  
you're so nice  
I'll miss you



Real baby!  
Don't it was a  
well, it was a  
great year, even  
thought ~~it was~~ ~~here~~  
now year! But anyway  
your a great guy and  
im glad i got to know you!

© ya  
Hawm  
Sag 7/23

Ray!  
you are a very  
wird person. Have  
fun this summer  
with all the guys!  
I'll see u in the year  
8/11 3172  
Laura



Dean Ray,

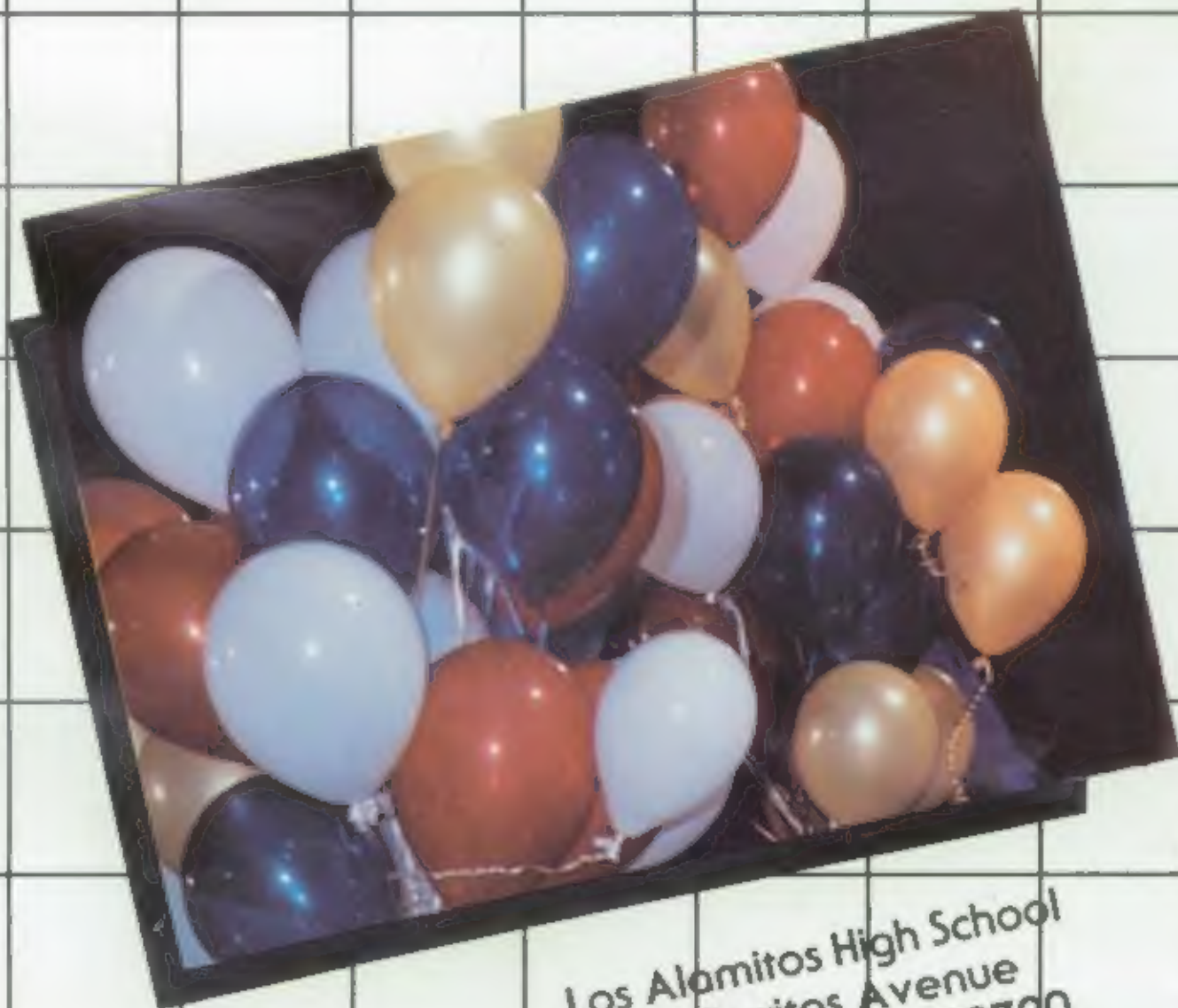
You no good, dirty, chittin' catin, Hoger gut slurping, Corn bread  
chomping Nigger!! Have a Red Summer. + Kap-10-  
I hope your band turns out well. Tach.  
I also hope you recruit me in your band. 431-3814

Masta Fuego.

Your friend

Sam.

Cottonwood '86  
let's celebrate!



Los Alamitos High School  
3591 Cerritos Avenue  
Los Alamitos, CA 90720



## GRIFFIN CELEBRATION BEGINS AS MANY NEW GUESTS ARRIVE

It's time to celebrate! Los Al's student body has carried on another powerful, productive year of tradition. Not only did the student body provide Los Al with support, but also with a new experience for first-time administrators. It was a first for Los Al with Mrs. Carol Hart as the new Principal. Mr. Tom Anthony, a veteran of Los Al, also experienced an exciting new challenge as he accepted the position of Associate Principal. Mr. Kelly Godfrey, another new faculty member at Los Al, has put forth time and effort fulfilling his role as the Assistant Principal of Activities.

More than ever, Los Al felt a spectacular sensation of school spirit among the students and faculty members. The development of the new Performing Arts Center showed the tremendous effort that was made. Plays and choral concerts performed at the center displayed the ambitious, loyal support of those who attended the programs. Throughout the 1986 school year, undying school spirit sparkled from the student body. Charisma is truly a trait possessed by the energetic Los Alamos students. The assiduous perseverance was prominent in the participation of Spirit Week activities and athletic competitions.



Pep assemblies are a large part of the spirit program at Los Al. Creativity takes its course when the football team decorates a bottle of sparkling apple cider for Homecoming.



Griffins give support by waving their pom-poms frantically. Kerry Kyle and Stacie Foster are both members of active spirit groups.

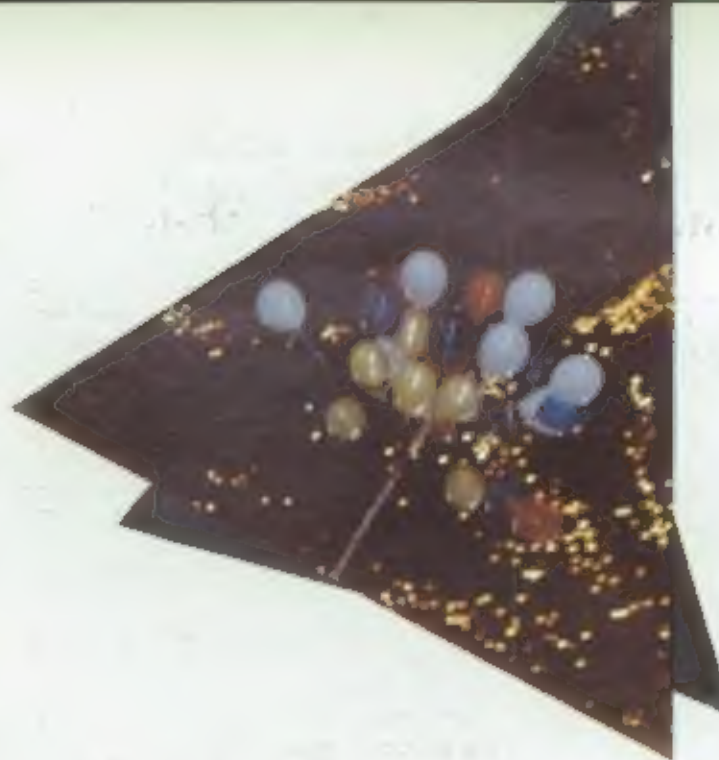


The Griffin Mascots provide the audience with never-ending entertainment. Homecoming is an event the Griffins find especially exciting and feel it necessary to dress formally. On this memorable evening, the football team plays against Esperanza and earns their sixth victory.



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To demonstrate their enthusiastic spirit, senior Chris Ziegler and junior Ronnie Scanlon show their burning desire to cheer for the Varsity football team by wearing the traditional cheer uniform at Homecoming.

## Cottonwood Staff

### Editors

Debbie Theriault  
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Jaime Welsh  
Ann Marie Hogmann  
Jana Lifshin

### Business Manager

Kelly Harris



## GLORIOUS CHEERS OF VICTORY COVER GRIFFIN GRANDSTAND

Victorious were the Griffins of 1985 and 1986! Los Al sports collaborated and together provided the community and the student body with excitement, suspense, and most of all, entertainment. Los Al has always been able to draw a crowd, but this year they were able to pack them in! Whether at home or away, sports was the center of attention. The team members helped boost spirits and inspired their audiences everywhere. Every spectator at a game left with a feeling of satisfaction and a desire to go out and get into shape.

The Spirit Stick was a motivation tool that the Los Al cheerleaders put into action. The stick was given to the best supporters and the loudest "yellers" at the game. Armed with pom-poms, signs, and cue cards, students and parents had equal chances to "win the stick." There was no giving up on the Los Al side, and the fighting Griffins of 1985-86 were better than ever.

Live-Aid earns money

to feed the hungry

In fall of 1985.



In deep concentration, Melanie Wood follows the ball in an attempt to score the final point in her CIF tournament. Melanie is in the League semi-finals as a doubles player.



The Varsity football players, dressed in their red and blue jerseys, lift captain Gerry LeDoux. It is traditional for the team to "get rowdy" at assemblies.



Enthusiastically promoting crowd participation, Suzi Pray claps with the Los Al cheer squad during a suspenseful football game. Suzi is a four year member of the Los Al cheer squad.





Preparing to turn the hot dogs he is burning, Gary Covington, senior, gets his tongs ready. Gary is an avid sports fan and a member of the L.A.P.D. spirit club.



Prior to the water polo game, the Los Al cheer squad helps the team get fired up before facing their undefeated opponents. The Varsity Water Polo team has been very successful all year and is in the CIF finals.



## GRIFFINS GLISTEN IN NATIONAL COMPETITION

Over the years, Los Al students have had much to celebrate. Our athletic teams such as water polo, gymnastics, baseball, and football have placed in CIF and won numerous competitions. The band, drill team, and colorguard have time and time again made Los Al known by winning first, second, third, and sweepstakes at the many parades and field shows at which they perform. Giving our school national recognition, the varsity cheerleading squad stole the honor of national champs. The cheer squads have been the pride of Los Al for years. Having been chosen as one of the top schools in California, Los Al has also gained academic recognition by becoming a model school for California. On the intellectual side, the Speech Team, Mock Trial and Academic Decathlon have put Los Al on the map. Entertaining the school and remodeling the Performing Arts Center, choir, drama, and jazz band have worked their way into our hearts through their fabulous performances. As we look back, it is clear to see that the many activities students take part in have played an important part in making Los Al the outstanding school that it is.



Senior Jason Zammick takes a break at halftime to drink a coke and chat with Mrs. Walker's son, Aaron. The little visitor enjoys all of the excitement of the evening.



Giving a hug to her best friend, Sabrina Thomas shares a special moment with Carla Rosenfeld. Students find a warm family atmosphere at Los Al helps them through their high school experiences with positive attitudes.



Mentally preparing himself for the homecoming game ahead, Mike Baker psychs himself up with his Los Al cheerleader doll.

The unique t-shirt clubs of Los Al help cheer the Griffins to victory.







Junior Romy Peters dresses a black top hat she creates a



David Sidon, Orion East



During lunch, Jason Zommick, Maren Kussler and Andrea Barrows show their school spirit by dressing in togas for Halloween dress up day. All three students are active participants in the A spirit groups.

Humphrey the Whale makes it

back to the Pacific Ocean after

three weeks in the Sacramento Delta



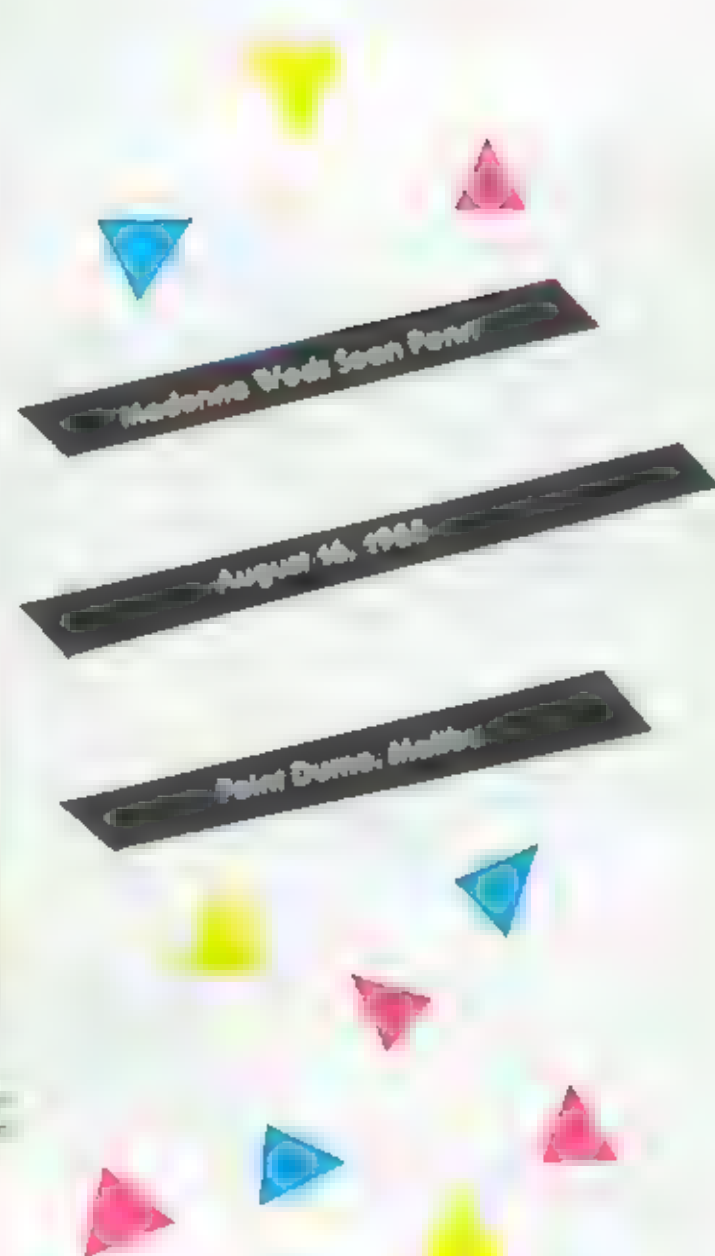
*festivities*







The wedding bells ring and the longed-for union is sealed as Kelly Agasta and Kevin Folken exchange their wedding vows.



Madonna Weds Sean Penn

August 16, 1995

Peter Dinklage: Mother



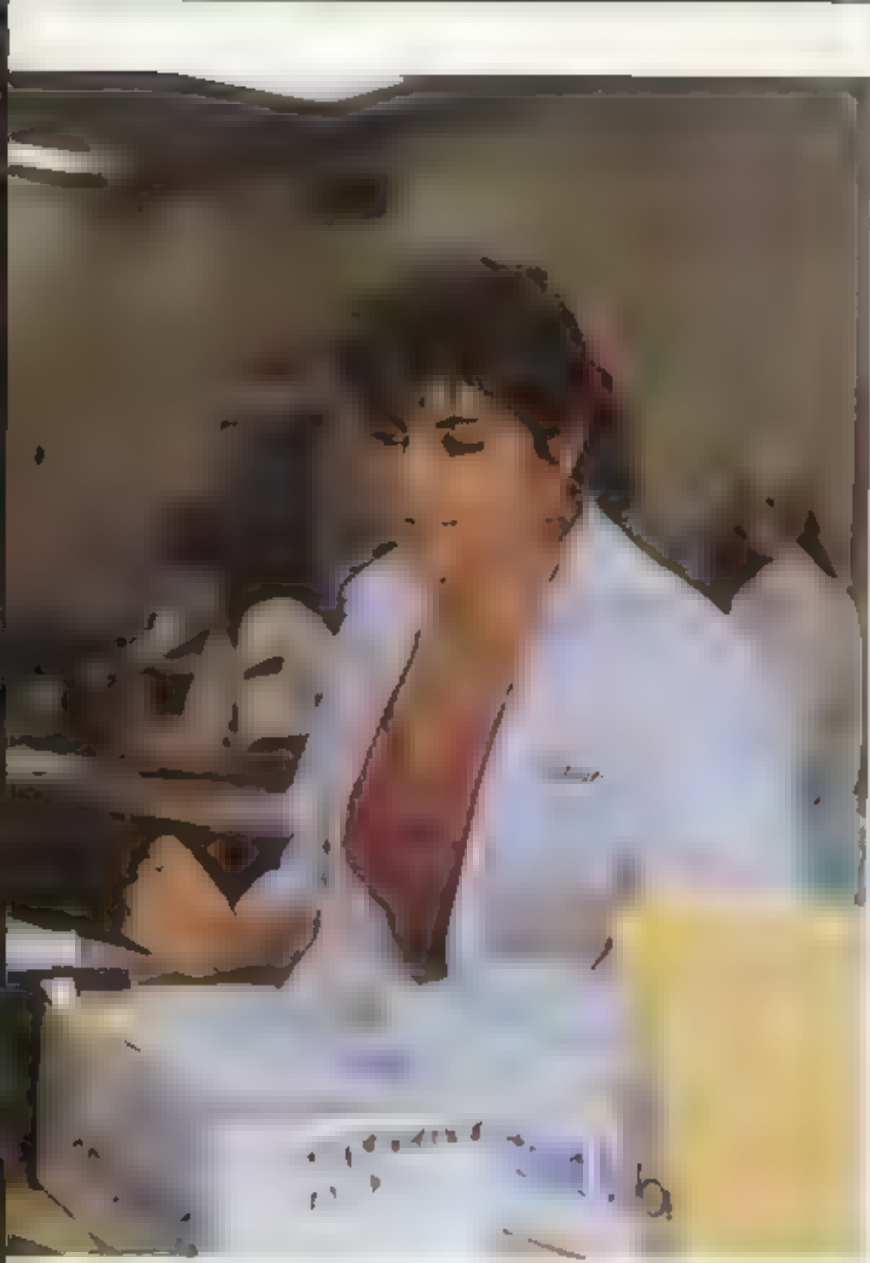
The wedding bells ring and the longed-for union is sealed as Kelly Agasta and Kevin Folken exchange their wedding vows.



The wedding party of Kelly Agasta and Jim Dupuy listen carefully to the mock wedding vows. The ceremonies get quite elaborate as April Delaney, Anne Carlsco, David Lyle, and Matt Bateman share some of the attention.

One of the most unique classes offered at Los Al is the On Your Own class. This class is designed to teach the students how to deal with the common problems of living "on your own." Some of the students' situations become excellent learning experiences.





Looking at the sections Dana Siegel makes a last-minute necessary edit and enlarges before printing the page on the extremely back deadline.

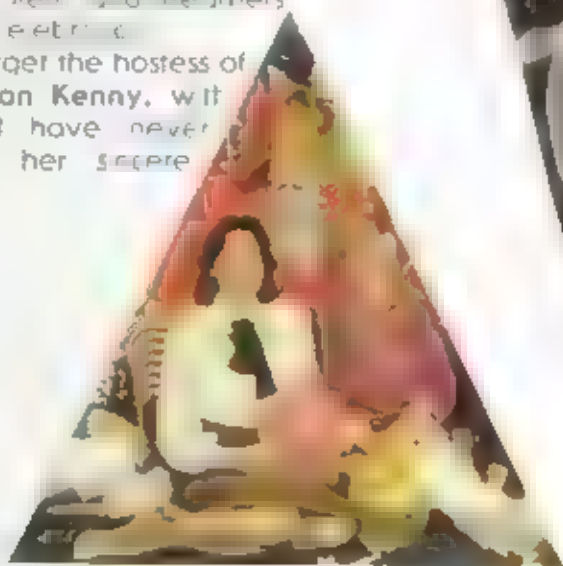
## COTTONWOOD SPONSORS SPECIAL CELEBRATION

Every year, it takes time and effort put forth by the staff to pull it all together for the yearbook. The yearbook is the heart of the school year.

Throughout the school year, the staff put forth their many skills, thoughts and creative ideas to work. Our yearbook is the day-by-day activities taking place at the school. A year of future memories.

The whole fiesta begins at the start of the school year where they decide the theme that will be carried out page by page. This year, the theme is **Celebration**. The bright colors, posters and streamers really represent a celebration.

And let us not forget the hostess of the jubilee Mrs. Jan Kenny, with whom we would have never made it without her sincere dedication.



Staff editors Kelli Hawkins and Debbie Thenault. Mrs. Jan Kenny appears to be having a good time celebrating.



Junior and Sophomore members of Yearbook Staff. Front Row — Ann Marie Hagmann, Christine van Kampen, Lisa Hilds, Maria Puenre, Trista Escudero. Second Row — Jamie Welsh, Julie Jones, Kelly Harris, Erin Roach, Dawnielle Congiardo, Karen Klabauch. Third Row — Jane Daulo, Carolyn Murphy.



One of the editors of the 1985-86 Cottonwood Yearbook Kelli Hawkins works hard to make the first color deadline. Kelli has been a member of the Cottonwood Staff for three years.

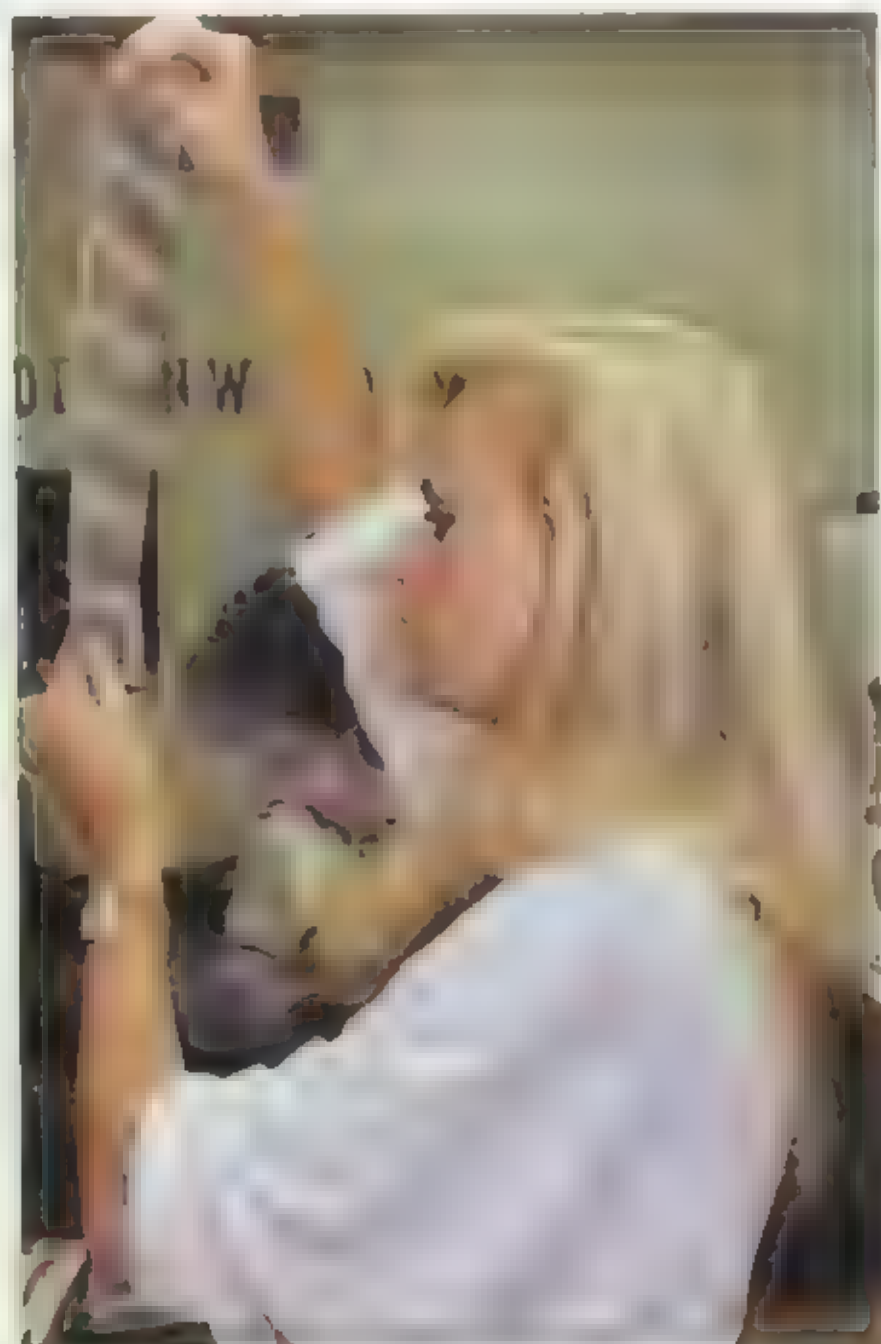




Debbie Therault, 1986 Yearbook Editor, happily remembers the 1986 yearbook.



Yearbook Photographers: Kevin Finken, Cathy Jenner, Gary Dingilla, Shawn Cordes



One of the jobs of a Yearbook Photographer is to make sure that all of the pictures come out correctly. Shawn Cordes goes through her negatives she recently received.



Senior Members of the Yearbook Staff: Front Row — Don Moore, Sabrina Thomas, Dana Siegel, Kristen Kelder, Ann Sterling, Sean Cressy, Second Row — Darlyn Sisemore, Debbie Therault, Kelli Hawkins, Jana Litshin, Juli Fusco, Lisa Vasso

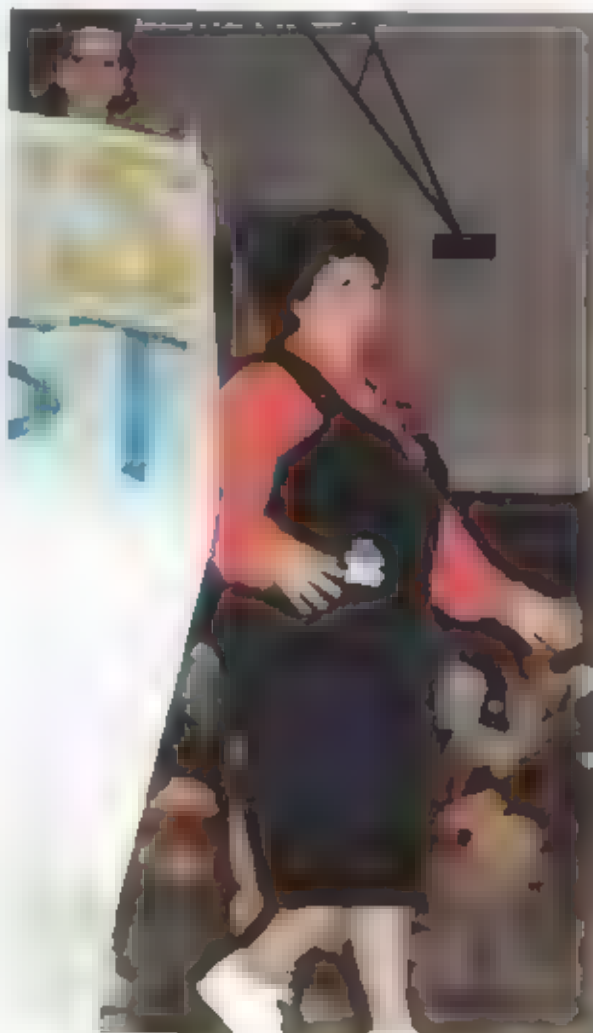


## COME JOIN THE CELEBRATION

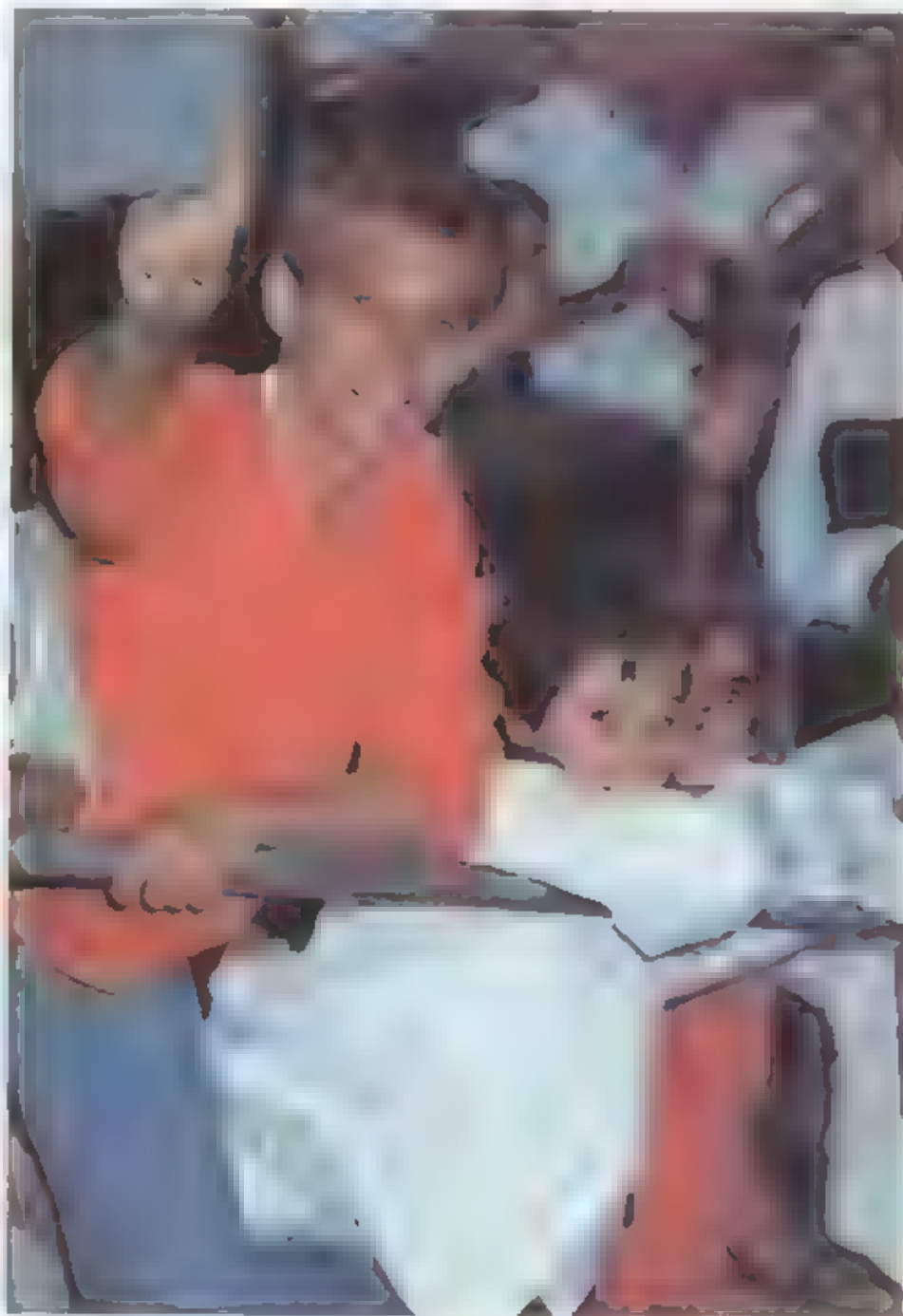
All over the Los Al campus you will see a parade of four vibrant colors: red, blue, gold, and white. These colors represent our school. The use of pom-pom's, victory flags, clothes, paints, signs, mascots and posters is common among our enthusiastic student body in displaying our school spirit. The students are proud to be "The Mighty Griffins."



Joining with the popular Los Al spirit, Sina Flene and Jill Marie Simundza shake their pom-pom's vigorously as the victorious football team scores another touchdown. The home side of the football stadium is usually quite packed because of the enormous amount of support by the student body.



Mrs. Carol Hart, Principal, bounds through a banner as she is introduced at a pep-assembly for the first time.



Often at the Los Al football games the students show off their school spirit by wearing colorful clothes or carrying victory flags. Gary Cuneen expresses his feeling of Los Al as number one.





The ever-so-popular pep assemblies don't only get the students away from their school work. It also arouses their school spirit and brings out the pride and joy of Los Al.



Dressing in school colors is one way of expressing school spirit, but David Sidoni shows off his school colors by painting himself red, blue, and gold.



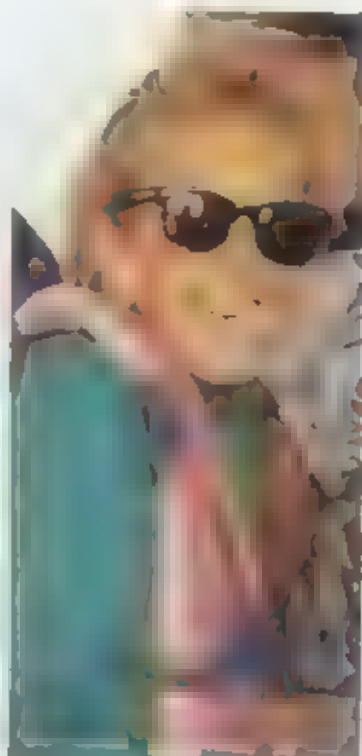
Making spirit signs is only one of the tasks that falls under the work of a cheerleader. Jennifer Marlen and Melinda McDonald get their signs prepared to hang in the hallways, the parking lot, or even in classrooms.





## POM PONS, CONFETTI, FIRE WORKS ADD SPARKLE TO FESTIVITIES

Fall is the season for football and with football comes Homecoming and Spirit Week, a time for school pride and celebrating. The tradition around campus has been to dress up on the days preceding the big game. In October, our school was filled with nerds, beach bums, hippies, and goofies of many forms. On homecoming, the whole campus was filled with the colors red, blue and gold to show spirit and confidence in the victory to come. Several activities were planned throughout the week to make sure all the energy from the excitement of the week was not wasted. There was a beauty contest for the most outstanding nerd, a bug push for the guys who wanted to show off their muscles, and there was even a Mr. Mom obstacle course for the competitive people on campus. Spirit Week is a special time of the year to show enthusiasm and have fun.



Kim McNamee celebrates Beach Day.



Spirit Week is a time for celebration and a preparation for the homecoming game ahead. During the game, Los Alamitos students dress in the school colors red, blue and gold, and cheer the Golden Eagles into victory. Members of the L.A. Soph-Tees Club help catch the excitement of the evening.



On Nerd Day during Spirit Week, many students like Paula Wasikowski, Lori Jack and Jason Zammich follow Pee-wee Herman's example of the perfect nerd.



Spreading the message of peace and love, Sherri Long and Danielle Burick, quietly make a difference about life while showing their school spirit by wearing signs.







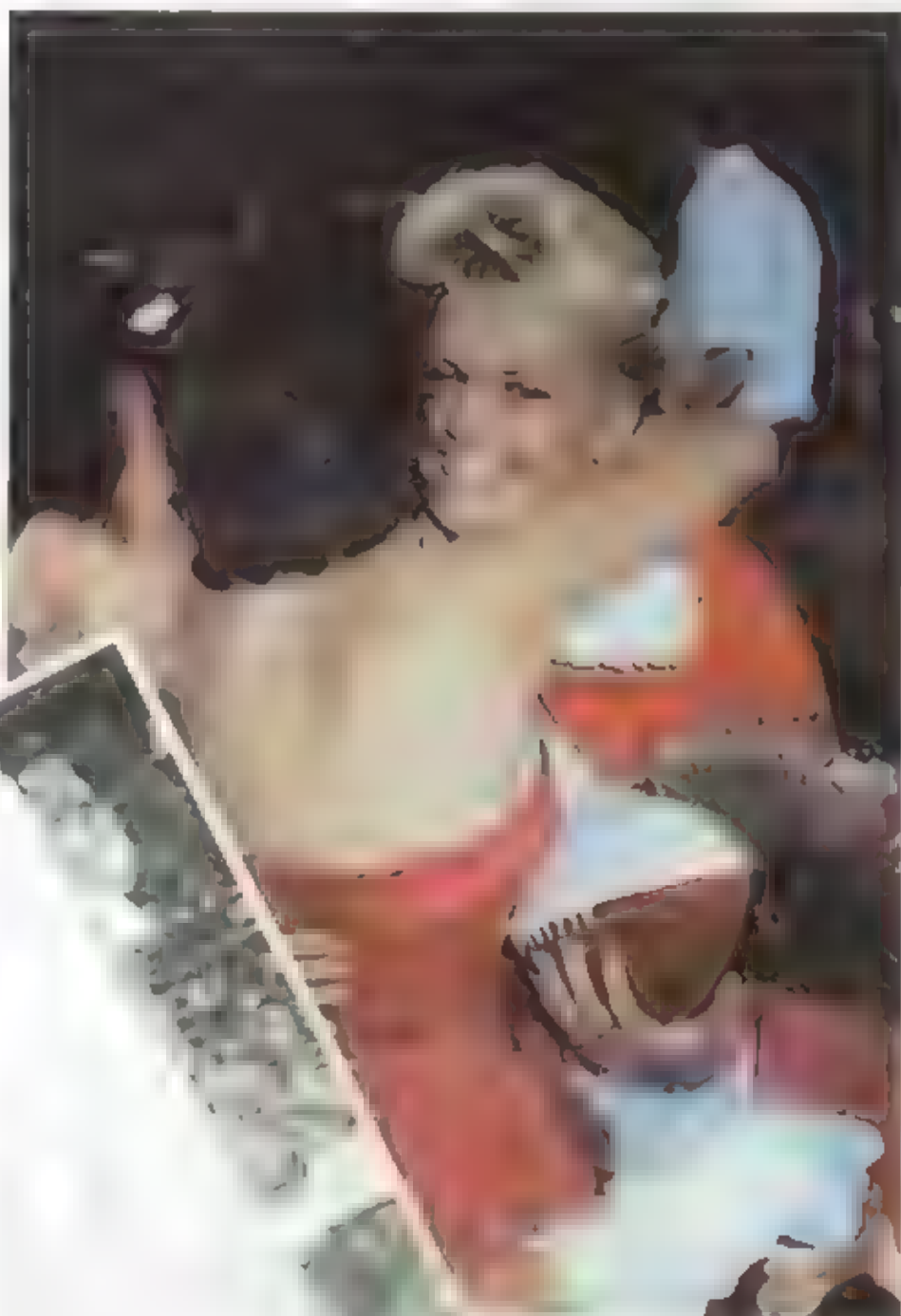
## GRIFFINS EARN SIXTH VICTORY AS HOMECOMING GALA BEGINS

It was a wonderful night that will be difficult to forget — Homecoming night against Esperanza. Coach Barnes and his team of Griffins began the game. The Griffins had never defeated the Esperanza Aztecs in their history; they were out to change the score.

The queen nominees were introduced and chauffeured in convertible Mercedes. The auxiliary units performed their competition routine while the football team got their motivation in the locker room.

Christine Dennis' name lit up the sky as she received the title of the 1985-86 Homecoming Queen. Camera flashes went off like firecrackers. Chris Ehler had been named Mr. Irresistible earlier that day at the Homecoming pep assembly.

Fired up and ready for play, the two football teams began the second-half play. Tackles were broken and the defense of Esperanza was read — the Griffin's play was excellent. With the score changing moment by moment, panic gripped both schools. The crowd cheered and watched as the Griffins never gave up. In the last second of play, J.T. Snow threw the winning touchdown pass to Robbie Katzaroff completing their sixth consecutive victory.



Crowned Homecoming Queen 1985 Christine Dennis accepts congratulations from her court.



A handsome irresistible man is accompanied by two ladies. Stacie Hawthorne, Chris Ehler, and Christina Wetter enjoy an evening full of suspense and surprises. Homecoming involves the crowning of Mr. Irresistible, which is based on many attributes — Chris Ehler is Mr. Irresistible 1985.





Part of Homecoming festivities are presented at the pep assembly during school. Naomi Nafarrete, candidate for Homecoming Queen, is escorted by Robert Trice and Gerry LeDoux.



Homecoming Queen nominee Brooke Durnell smiles in accordance with the fifth consecutive victory of the Los Al football team. Brooke is an active individual in the ASB Cabinet as the Senior Class President and is very supportive of all school activities and functions.



Anxiously waiting the final play of the football game, Homecoming Queen candidate Kelli Hawkins gazes at the scoreboard with suspense.





## STUDENT CABINET LEADS WITH PRIDE

Student Cabinet is a group of dedicated, hard-working leaders who devote their time to the improvement of the school. This dynamic assemblage of youthful dedication toils tirelessly organizing school activities, such as assemblies, dances, homecoming, the prom, publicity, the blood drive, rallies, elections, spirit days and graduation. Characterized by their limitless enthusiasm, these young men and women unceasingly strive to follow the call of Griffin pride.



Front Row — David Sohn, Jan Mulhart, Erin Raasch, Grant Van Cleve, Brian Ehler Second Row — Judy Holzgang, Lance Lecompre, Suzie Pray, Shubert Kaong, Nora LaBouff, Brooke Gursell Third Row — Mr. Godfrey (Advisor), Darin Glaudini, Kent Nordstrom, Grace Wong, Amy Cross, Jason Zimmick



Suzie Pray, an active member on the ASD Cabinet, takes a moment to collect her thoughts after a week of planning for the upcoming dance. Not only is her responsibility making dances successful, but also to involve as many students as possible in school fund raisers.



Grant Van Cleve, Junior Class President, works diligently in his math class. Being president not only requires leadership qualities, but also good grades, large amounts of responsibility, and a positive attitude. Grant is able to maintain these qualities as it is shown by his successful work.



## F.B.L.A. COMPETES S CLUB SERVES

The Future Business Leaders of America Organization was established to promote leadership qualities and abilities. This beneficial club has traveled throughout the state to participate in many F.B.L.A. functions and competitions.

The S Club was formed as a service club dedicated in serving the school and the community. The S Club visited retirement homes, homes for abused children, and other needy organizations. All this was an effort to widen the club members perspectives of the needs in our immediate surroundings. The club also had special projects to improve our school itself. The S Club completed a very successful year.



F.B.L.A. Club: Chih Aurang, Devora Binder, Brooke Bursell, Huey-Ly Chen, Julian Chen, Juanita Chiu, Shirely Chiu, Cindy Chiu, Johnny Dunn, Preet Dhillon, Suzanne Fitzgerald, Rosanne Garcia, Joey Grosso, Carolyn Hess, Cindy Johnson, Laurel Kergan, Bobby Left, Lara Listavich, Michelle Lynch, Thida Mahasucan, Janine Martin, Dianne Meyers, Veronica Orrick, Linda Palmer, Stacy Panning, Angie Puhl, Mark Reutzel, Monica San Vicente, Leikonia Sisson, Janan Springer, Heidi Stauch, Tina Stevens, Mylinh Truong, Christina Welter, Chih-Yu Wu.



S Club: Lisa Perles, Julie Peterson, Rachel Kirkus, Nadine Edwards, Danny Kolodziej, Helen Jun.



Being a dedicated member of the rifle team, senior Heidi Stauch demonstrates the proper way to handle a rifle. Besides having to practice every day, Heidi also has time to keep up her grades and be an active member of extracurricular activities such as the Future Business Leaders of America.



## YPO IMPROVES; ART SKETCHES

The Art Club is an outstanding organization on campus. Many ambitious and creative students enjoy spending time doing work for competitive art contests. The Art Club helps introduce art history to interested students by visiting museums. The art club helped buy a Macintosh computer for the Art Department by selling candy.

Los Al had a new club on campus this year called Youth Progress Organization. This club was designed to help conditions. Specifically, they helped students find lost articles of clothing, radios and other items. Youth Progress club members were on campus encouraging students to keep the school clean and free of trash. The male members of the club policed the bike rack area and adjacent grass strip. Different than most clubs, this one was headed by one of our counselors Mr. Parmer. The club members were easily identified by the black berets they wore.



Los Al Band member and Art Club member Suzanne Bazon shows her groovy spirit on Hippie Day.



Art Club: Lisa Perles, Gabriela Vazquez, Alex Chang, Regina Jenkins, Christina Tsung, Dawn Locerte, Debbie Rom, Albert Howe, James Ken, Mark Medina, Franklin Parre, Levon Anianian, Susie Nunmendi, Suzanne Bazon, Mike Tamares, Debbie Rom, Ken Mural, Kaveh Esteghamati, Don Moore, Greg Reynolds, Beth Lipski, Mike Sanders, Janet Lee, Jen Phillips, Jeremy Blomgren, Carrie Howe, Brent Bolton, Patrick Brennan, Katie Headly, Sandi Treiz, Ralph Jones, Kevin Hendrickson, Jami Gershon, Joe Vaca.



Youth Progress Front Row — Mike Hudson, Jan Castro, Mr. Parmer. Second Row — Doug Spauls, Zuckones, Charlie Henry.



Senior and Youth Progress Organization member John Castro finishes his journal.



Assume  $v \in V$  and  $u \in V$ . Then  $u \in \text{Adj}(v)$  if and only if  $(u, v) \in E$ .  
 The above shows

## PHOTO SHOOTS FOR THE STARS

The Los Alamitos Photo Club helps photography students improve their skills and acquire their new technology. The purpose of the club was to create a workshop of photography practices that students are excited in photography. Anyone was welcome to the club whether they took photography as a career or as a hobby who were not in the class earned the bonus points involved in using a camera and basic composition. They also learned how to optimize studio lighting, texture, and how to take portraits. The Photo Club also took part in several photography contests and went on several special trips during the year.



Barrie Dofforn

[illegible]



## STUDYING TOP PRIORITY FOR CSF AND INT. ED.

CSF is a scholastic organization; membership depends upon grades and points earned in certain academic classes. Students with a G.P.A. of 3.3 or above were eligible. Each semester the students had to renew their standing. Incoming freshmen were allowed in on a probationary term. It is both an honor and an advantage to be in this club for colleges have a high regard for CSF members and Gold Seal Bearers. This year's officers were, President — Anthanasia Syrengelas, Vice-President — Cathy Siler, Secretary — Christina Martinez, Treasurer — Paula Wasikowski, and Reporter — Anne Save.

Another academic club on campus this year at Los Al was the International Education Institution Association. This club was unique in the sense that the members looked for a well rounded education. The main goal was investigate different options a student had for choices of colleges and then to report on the good and bad qualities of them. International Ed.'s future goal was to get a representative from a foreign college to come and visit Los Al.



Actively involved in many clubs on campus, David Sohn's favorites are CSF and I.E.I.A. David works hard on his G.P.A. to maintain his membership in CSF.



CSF Members: Seniors — Chris Anderson, Andrea S. Barrows, Robert Borey, Micheal Bernstein, Cassandra Beyer, Gene Blackmun, Brooke Bursell, Timothy Butler, Stefani Canin, Huey-Ly Chen, Micheal Chen, Amy Cross, Andria Dickens, Johnny Dunn, Diane Erickson, Matthew Fisher, Todd Flanagan, Rosanne Garcia, Trad Gibson, Finlay Gow, "Joey" Grasso, Sharesh Gupta, Jeff Harman, Sonna Hays, Heather Hoppus, Albert Howe, Erica Huang, Cathy Jenner, Andy Johnson, John Jost, Laurel Kergan, Maren Kussler, Lisa Langsam, Janet Lee, Wim Libby, Adam Lief, Koryn Maestas, Thida Mahasucan, Christy Martinez, Redgie McCall, Andy McMahon, Jan Maulhardt, Sheri Miller, Kenneth Mural, Carmine Napolitano, David Orvis, Linda Palmer, Jeannie Park, Todd Paulos, Jennifer Phillips, Kristin Pipal, Cindy Pittsey, Scott Rober, Debra Rottner, Brad Rawls, Larry Reinling, Kevin Roe, Michelle Sharon, Kelley Shifflet, Cathy Siler, David Sohn, Julie Swanson, Anthanasia Syrengelas, Tam Ta, Sabrina Thomas, Marc Trachtman, Trad Trambino, Mylinh Truong, Gina Turt, Holly Vineyard, Branda Vooring, Grace Wany, Paula Wasikowski, Mike Weelington, Noreen Wenjen, Peter Wilson, Kathy Witrovidh, Dorothy Wu, Jason Zommick Juniors — Stan Abrams, Laura Dawden, Kenton Brooks, Marianne Carral, Tom Canuso, Douglas Chapman, Anna Chen, Kathy Chen, Diane Cheng, Juanita Chid, Kit Codik, Dawnielle Congiardo, Allison Cook, Julie Cooritz, Gary Curren, Harjit Dhillon, Prett Dhillon, Ann Faircloth, Lauren Gersham, Imee Golden, Susan Guthrie, Lauri Hagen, Darlyn Hamada, Margi Hilschman, Denise Horner, Patty Jettie, Stacey Jordan, Heather Koehring, Brigitte Koeniz, Stacie Light, Roy Lin, Robin Lindley, Gaudencio, Emily MacFarlane, Mary McGill, Julie Meadows, Robert Berchani, Kenneth Montgomery, Tanya Moshalenko, Debbie Mukamal, Eric Murray, Laura A. Murray, Naomi Nofarrete, Jim Oberacker, Lara Obradovitch, Scott Omahundro, Michele Overbeek, Jeff Palk, Kristine Patz, Lisa Perles, Rosemary Peters, Cynthia Phillips, Scott Rained, Eric Roger, Tracy Reith, Tracey Reynolds, Scott Rhella, Kim Rozals, Jodai Saremi, Scott Sargeant, Anne Save, Greg Saylin, Kirsten Shaw, Stephanie Snow, Jennifer Swanson, Konstantinos Syrengelas, Christina Torango, Vanessa Thomas, Ernie Thompson, Shana Torem, Suzy Triplett, Lily Truong, Ello Turrentine, Robert Tyo, Jon Udoff, Grant VanCleve, Amy Vieira, Paul Wilderman, Steven Wolf, Janet Wong, Nick Woods, Chih-Yu Wu, Mary Wu Sophomores — Mike Baker, Deanna Barber, Randel Biancq, Andrea Bloom, Nick Buhbe, Miriam Burstein, Tim Calder, Caroline Cerneko, Wei-Chao Chang, Cary Chee, David Cheng, Pam Chyeh, Steve Chun, Laurel Creasey, Laura Dawson, Deidre Shelly, Susan Egan, Kelly Endow, Jennifer Ensley, Pam Fitzgerald, Anjolette Michele Gener, Jeff Gima, Joseph Grass, Laurene Harding, Carrie Hecht, Heather Heyer, Mary Haughton, Mike Kientz, Elizabeth Kim, Shubert Koang, Vicki Kuzmich, Beth Labko, Hahn Lin, Jeff Mackewicz, David Maher, Melinda McDonald, Marc McGolden, John McMahon, Ann Mellentamp, Stepan Moon, Tara Nummedal, Karen Oca, Cynthia Orr, Amy Polakoff, Erin Raccach, Debbie Ramchandani, Mike Sandler, Nancy Sands, Julie Scott, Julie Seaborn, Kristie Shelly, Julie Siler, Derek Stanford, Lara Swann, Sorerta Syrengelas, Elena Talamantez, George Ting, Nancy Weintraub, Julie Williamson, Jana Wang, Gina Young Freshmen — Richard Bernstein, Larua Bilan, Janet Blackmun, Hena Borneo, Brenna Bosanko, Scott Casmer, Koryn Cook, Maken Emmenich, Steven Evans, Kathleen Gannon, Patricia Ivins, Abigail Koehring, Jenny Levin, Sarah Anne Libby, Lori Maulhardt, Amy Merchant, Jennifer Mitchell, Megan Morrow, Janet Murphy, Michelle Perslow, Michelle Reyes, Sonet Seitz, Mimi Sergupta, Gennue Shelly, Michael Tu, Shirley Wang, Diane Wong, Shi-Hung Wu.



International Education Institution Association. Mike Wheeler, Kent Nordstrom, Makom Womack, Jeff Harman, Brad Rawls, David Sohn Not Pictured — Jon Jost.



Fishing Club: Front Row — Dan Allard, Mr. Clairmont, Steve Smith, Joe Hill. Second Row — Sean Lewis, Paul Wilderman, Adam Melrovitz, Alex Carpenter.

## FISHING CAPTURES: C.I.A. OBSERVES

Students in the fishing club this past year joined because they wanted to learn more about what they were like inside themselves. They also introduced new people into nature and showed them how to respect our wonderful world. The members were taught better skills in fishing, such as flyfishing and casting. Numerous trips were scheduled on weekends. Mr. Clairmont was the sponsor and his hopes were for the boys to have as much fun fishing as he did.

Another club on campus was the C.I.A. Members of the C.I.A. were readily identified by their trenchcoats, dark glasses, and briefcases. As implied by their name, the C.I.A.'s activities are somewhat mysterious, but they are known to be fans of James Bond and the man from U.N.C.L.E. C.I.A. also enjoyed participating in Spirit Week at the beginning of the year.



Many students get involved in various activities on campus. Malcom Womack, an active member of the C.I.A. and Drama Club, studies his lines for the upcoming musical. Malcom enjoys acting during his spare time.



On his way to class, Steve Smith stops to think about his fishing trip this weekend with Mr. Clairmont and the fishing club. Steve enjoys fishing because he likes nature and the outdoors.



C.I.A. Malcom Womack, Brad Rawls, Kent Nordstrom, Pat Ramsburg, Todd Flanagan, Jeff Harmon.

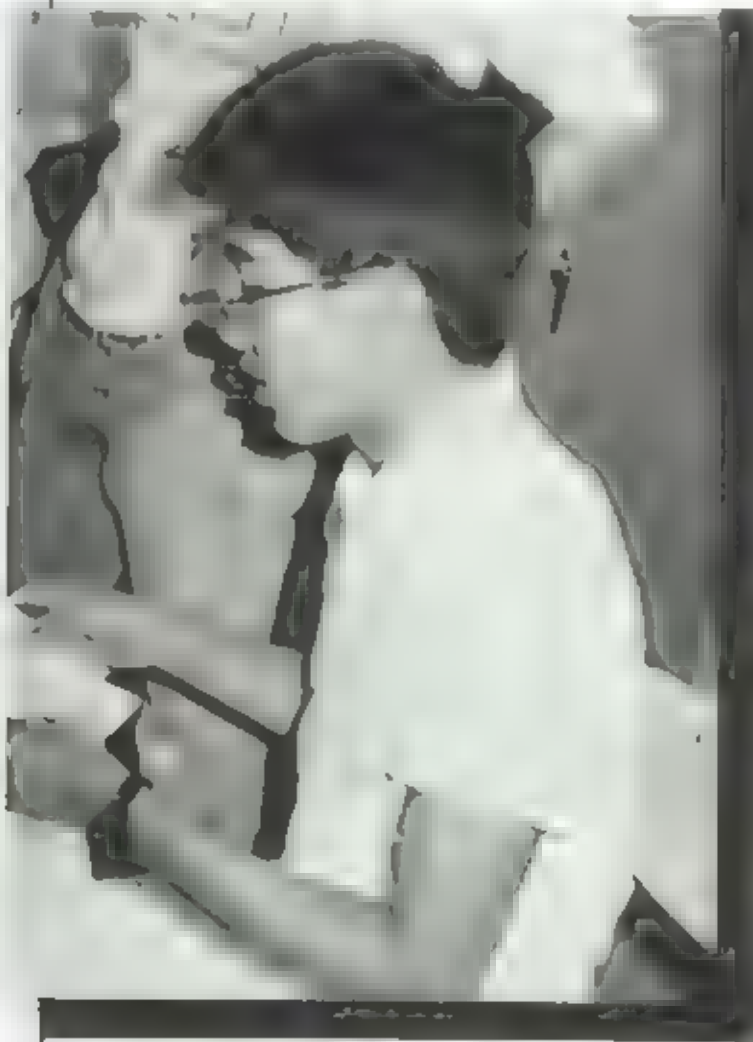


## NEWSPAPER CAPTURES CELEBRATION IN PRINT

The Crusaders staff dedicates itself to covering all newsworthy events, varying from the Cow Club to the football team during CIF. The Crusader is truly a student-run newspaper: the staff designs, lays-out, and pastes up pages. These pages represent the efforts of over fifty Los Al students who enjoy researching information and ideas



Newspaper staff members Chris Vesper, Mike Moore, Mike Chen and Scott Raber gather in the English office to discuss a very important deadline. Michael Chen explains the assignments and tells when the stories are due.



Staff writer Michael Chen proofreads and edits some papers that are sure to make the headlines in the next issue of Crusader.



Crusader photographers Steve Macciaro, Glen Kaneko, Kevin McIntyre proudly show off pictures of newly found friends who so graciously posed in bikinis for them over the summer months.



Staff writer Marcia Kingsberry looks through the dictionary, searching for the perfect words to use in her next editorial.

## JOURNALISTS PROGRESS

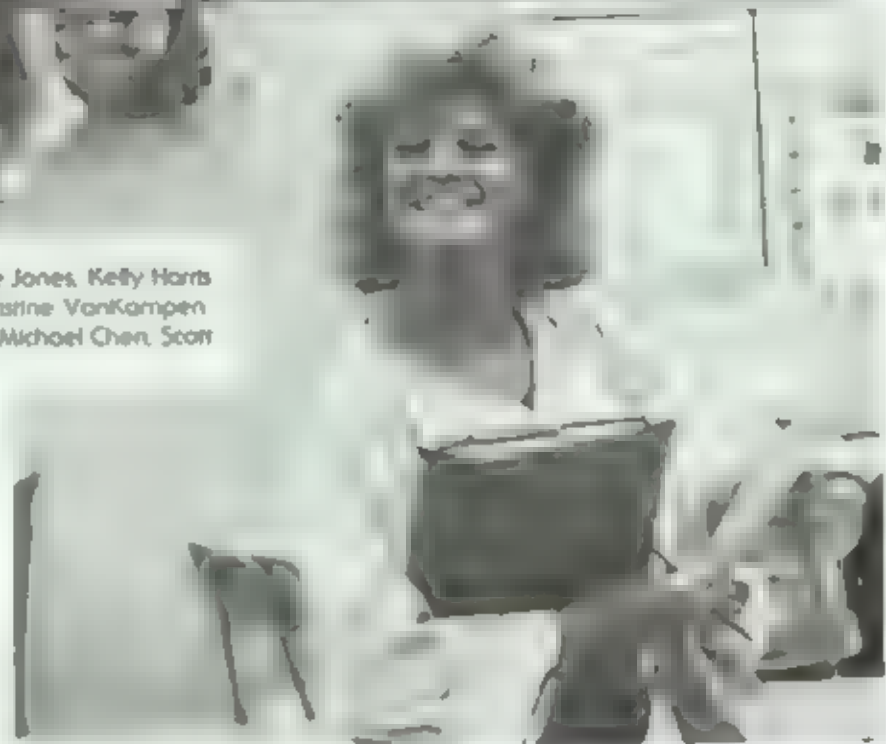
Quill and Scroll, advised by Ms. Wilson is an honors society for students in newspaper and yearbook. The club is designed to lead students interested in journalism into their perspective fields. At the end of the year the club had a special luncheon to honor those who had excelled in their classes.



First Row — Sabrina Thomas, Stephanie Corin, Debbie Theriault, Kelli Hawkins, Julie Jones, Kelly Harris  
Second Row — Ann Marie Hagmann, Dawnielle Congiardo, Darlyn Stenore, Christine VanKampen, Jane Dault, Carolyn Murphy, Ms. Wilson  
Third Row — Brad Rowls, Aaron Glazman, Michael Chen, Scott Rober



Yearbook co-editor Kelli Hawkins works diligently on the opening section of Cottonwood '86. Her hard work is sure to pay off when the yearbook is finished.



Grimacing at the end of another deadline, Dawnielle Congiardo heads out of yearbook class satisfied with a job well done.



Attentively watching Julie Jones' precise measurements, Sabrina Thomas quickly picks up the do's and don'ts of making a layout.



Kelly Harris looks with frustration to find out that she has a week to finish her section. Kelly is not only involved in designing the yearbook, but also in selling it.

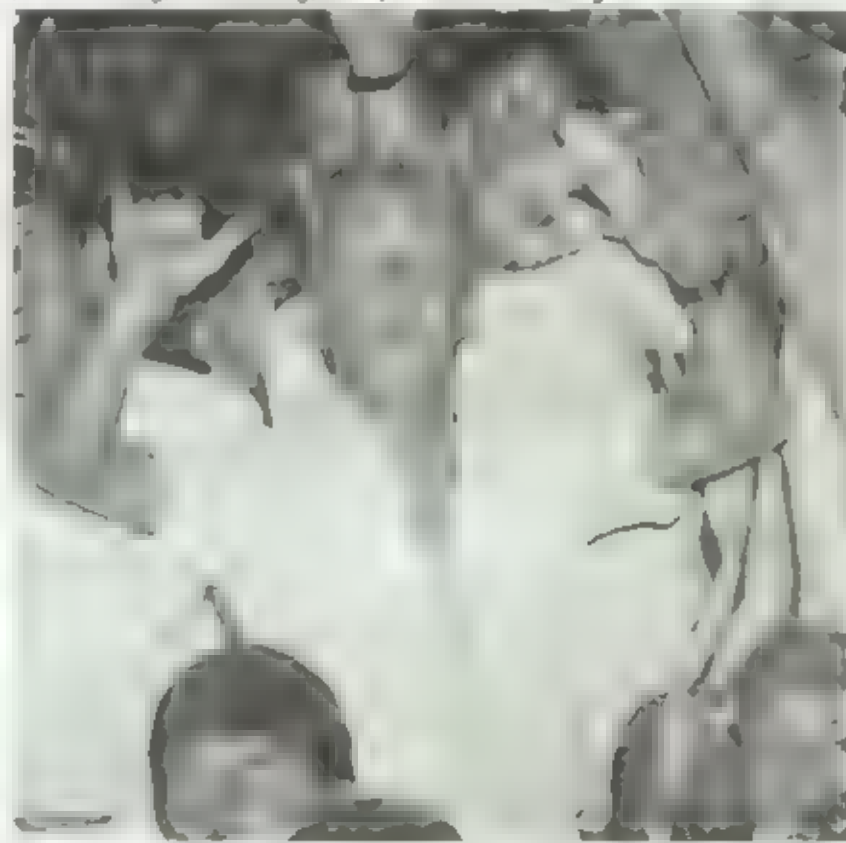




Spanish Club: Mike Abraham, Heather Alderson, Devora Binder, Danelle Boland, Laura Bowden, Dawn Boxwet, Ashley Brooks, Chris Brown, Lisa Bryant, Joan Bursell, Laura Dillon, Nydia Carbajal, Gigi Carrano, Alison Chee, Cary Chee, Huey-Ly Chen, Julian Chen, Cindy Chul, Jaime Coutche, Rachel Corley, Andria Dickens, John Doans, Kathy Firzer, Matt Fisher, Kathleen Gannon, Rosanne Garcia, Dierelle Gener, Aaron Glorman, Cheron Harville, Shahana Hassan, Margi Hirschman, Mary Houghlin, Danna Humphrey, Emily Jarge, Maria Kingsbury, Dawn Locerte, Devin Last, Michelle Schuman, Kelley Shittler, Roman Snowell, Konstantinos Syrengeles, Janet Lee, Leland Jay, Morsa Morris, Philip Macy, Thida Mahasucon, Terrie McKinney, Kenny Montgomery, Neil Okazaki, Meixian Phan, Zoe Syrengeles, Chris Taranga, My-Lin Truong, Wendy Uyeda, Cynthia Phillips, Jennifer Phillips, Amy Polakoff, Yvette Powell, Lisa Robinson, Debbie Rom, Diane Sands, Nancy Sands, Scott Saxon, Diane Wong, Janet Wong, Chih-yu Wu, Mike Wellington



Junior Emil Jarge enjoys a lesson in his geometry class. He is a member of the Spanish Club, which he has belonged to for three consecutive years.



Spanish Club member Leland Jay shows his spirit at a football game. Leland is a three year member and hopes to one day become an interpreter.



Senior Aaron Glorman, anxiously heads toward home after a full day of school to do some homework. Aaron is not only a member of Spanish Club, but he also serves as the club's secretary and treasurer.



SPANISH  
FRENCH

## SPANISH, FRENCH FIESTA FOREVER

The French Club, advised by Ms. Roberts, was concerned with providing students with a taste of French culture. Some activities which helped to accomplish this were pastry parties with all the trimmings, this provided students with the opportunity to learn the art of French cuisine. They went on a field trip to see a French movie, then on to lunch at a typical French restaurant, French camp, where only French was spoken, and of course the annual soccer game against the German Club were also a huge part of the year.

The Hispanic culture is very prevalent in Southern California, and the Spanish Club was formed in order to enhance an awareness of this in interested students. During the year they attended a Spanish camp and ate at various Mexican Restaurants. They also visited Olvera Street in Los Angeles. This club offered scholarships to outstanding Spanish students as well as to students of the Hispanic descent.

French Club: Pam Armsread, Chidi Aurang, Beatrix Bourdy, Rachel Brophy, Miriam Burshtein, Caroline Cemeka, Jane Chapman, Mike Chen, Pam Chueh, Kit Cokki, Mike Dawson, Dawnita Delcasale, Preet Dhillon, Andria Dickens, Linnette Donahue, Marc Dourdin, Susan Egan, Susie Elston, Eli Exacoustas, Ann Faircloth, Thierry Fauran, Denelle Flynn, Danielle Giles, Jenny Gilroy, Ginger Ginder, Sharesh Gupta, Karen Galstein, Denise Horner, Albert Howe, Erica Huang, Curtis Hyatt, Jan Hyatt, Patty Jette, Jon Jost, Lisa Defakas, Lisa Kim, Chanda King, Eva Kjos, Brigitte Koenig, Shubert Koong, Farren Last, Janet Lee, Gina Leong, Kam Lewis, Marisa Macris, Terry McKinney, Kim Mirsairani, Mark Molnar, Sarah Mueller, Tom Nockold, Jennifer Nunes, Lara Obradovich, Karen Oca, Jeanie Park, Michelle Perslow, Rosemary Peters, Jennifer Phillips, Erin Roccoh, Sraa Ray, Trisha Rinella, Stephanie Schweig, Johanna Silverthorn, Julie Simmons, Thomas Sohn, Sorena Syrengelas, Tam Ta, Debbie Theriault, Jennifer Tyo, Robert Tyo, Holly Vineyard, Grace Wang, Jamie Welsh, Mark Weizen, Karja Werner, Mike Wheeler, Kathy Wiesz, Peter Wilson, Jill Windel, Julius Ypma, Brad Rowls, Lori Roeple, Cynthia Phillips, Lisa Lerno, April Allen, Kim Staley, Eric Bloom, Sunny Oskin, Kim Migasi, Michelle Torgrado, Eric Lupescu, Courtney Matz, Michelle Stratton.



Jamie Welsh, a dedicated member of the French Club, works diligently to complete a well-written report on the French culture. Jamie is a three year member of this club and is hoping to travel to France sometime to practice what he has learned.



Brad Rowls listens closely to the foreign words pronounced by his teacher, Ms. Roberts. Brad is in his third year of French and is quite interested in the different culture. Almost fluent, Brad manages a 3.5 GPA along with extracurricular activities.



Malcolm Womack enjoys his time in the classroom and gives an oral speech in French class. Being active in drama, it's an easy task for him.



## GERMAN CLUB SOARING HIGH FLYING FAR

The German Club brought many students interested in the German language and its culture together. Many outings allowed students to experience a part of the German culture, though sometimes the club engaged in purely social events. The German Club also sponsored an exchange program, which offered a most educational intercultural experience.



German Club: Scott Rober, Jamie Welch, Lori Halbig, Janan Springer, Wei-Chao Chang, Robert Branner, Randy Bugge, Russ Dugge, Patrick Brennan, Roger Yeh, Yen Omick, Shirley Chiu, Carolyn Hess, Heidi Strouch, Derek Stanford, Brenda Vooring, Sheri Miller, Brian Malles, Jeff Harmon, Geoff Bicket, Laura Junkenmann, Paula Washowale, Tracy Reynolds, Diana Cheng, Emille MacFarlan, Marc Brown, Cathy Chen, Jimmy Oberacher, Keren Brooks, John Morgan, Robert Bailey, Robert Menke, Sean Abrams, Wes Hsu, Robert Vydus, Chu Van Kasper, Mon Carter, Mary Wu, Todd Paulos, Scott Sargeant, Johanna Silverthorn, David Fraser, James Shepherd, Heather Frewin, Monica Fern, Ron Stamper, Alex Chang, Nick Buhle, John Yourk, Vanessa Thomas, Jeff Palk, Jodi Sorens, Tod Murremedal, Paul Orsine, Susan Baguar, Joe Gross, Peg Gross, Brian Shew, Jackie Snook, Doug Chapman, Helen Hemming, Cliff Fjoss, Jamie Edsall, Janet Buys, Kim Fullerton, David Cheng.



Mr. Pectol, advisor of the German Club, energetically reads the daily bulletin to his class. He is the only German teacher for the I, II, and III levels.



Sophomore Derek Baker, plays his trumpet to the best of his ability in order to please the band instructor. As an A student in his German class, he enjoys expanding his knowledge as a member in the German Club.



Sophomore Girls' Football Team: Kirstin Taylor, Darlene Kamm, Judy Davis, Tracy Doan, Trisha Pinella, Eli Exacustas, Kim Ramseyer, Dana Rosenfeld, Lisa Bellwood, Michelle Henderson, Julie Siler, Kanani Turco, Lisa Halaby, Kelly Clark, Janice Terby, Gina McAfee, Megan Wood, Almee Lewis, Eva Paine, Stephanie Scott, Joey Marquart, Denise Novak, Yvonne Soule

## GIRLS' FOOTBALL CONQUERS ALL

Under the coaching of Mr. Lung, both freshman and sophomore girls' football team played some very competitive games during the football season. They kept in shape by working out in the weight room which was a most rewarding experience. These teams were formed to prove that it is possible for girls to play the sport also.



Freshman, Marty Jo Sprulock, enjoys the Winter choir concert which many of her friends are appearing in. Not only is she a cheerleader, but also the quarterback for the freshman football team — girls that is!



Freshman Girls' Football Team: Janie Halaby, Patricia Vaca, Kirsten Olson, Rachel Kroner, Jody Gunther, Lisa Craig, Rosa Hernandez, Brooke Mabe, Holly Crum, Allison Davis, Nada Naff, Jenny Sussmihl, Dawn Bokwell, Lore Roepke, Cathy Garcia, Karen Hannah, Laura Patterson, Erin Cordes, Lisa Orvis, Angela Craven, Tracey Delaney,ileen Mall, Katie Cummings, Janet Murphy, Prindina Wong, Marty Jo Spersac, Kelly Hall, Kym Gwinn, Charon Harvel, Rachel Corley, Rhonda Hoasted, Holly Brand, Kim McAllister, Amber Olliger, Joan Burtzell





Kim Owen, member of the Futures club, smiles as she walks into her 5th period class. She has just come from an interesting Futures club meeting and can't wait to share the news with her friends.

## BACK TO THE FUTURE

Futures club is offered by Dr. Cross who is also the instructor of the Futures club. They explore the different advancing technologies and their application in tomorrow's world. Problem solving games, high tech videos and critical/creative thinking exercises are used to help members be aware of and prepare for life in the 21st century. Outstanding futurist guest speakers were invited to share their ideas with the group and interesting field trips were part of this club's activities.



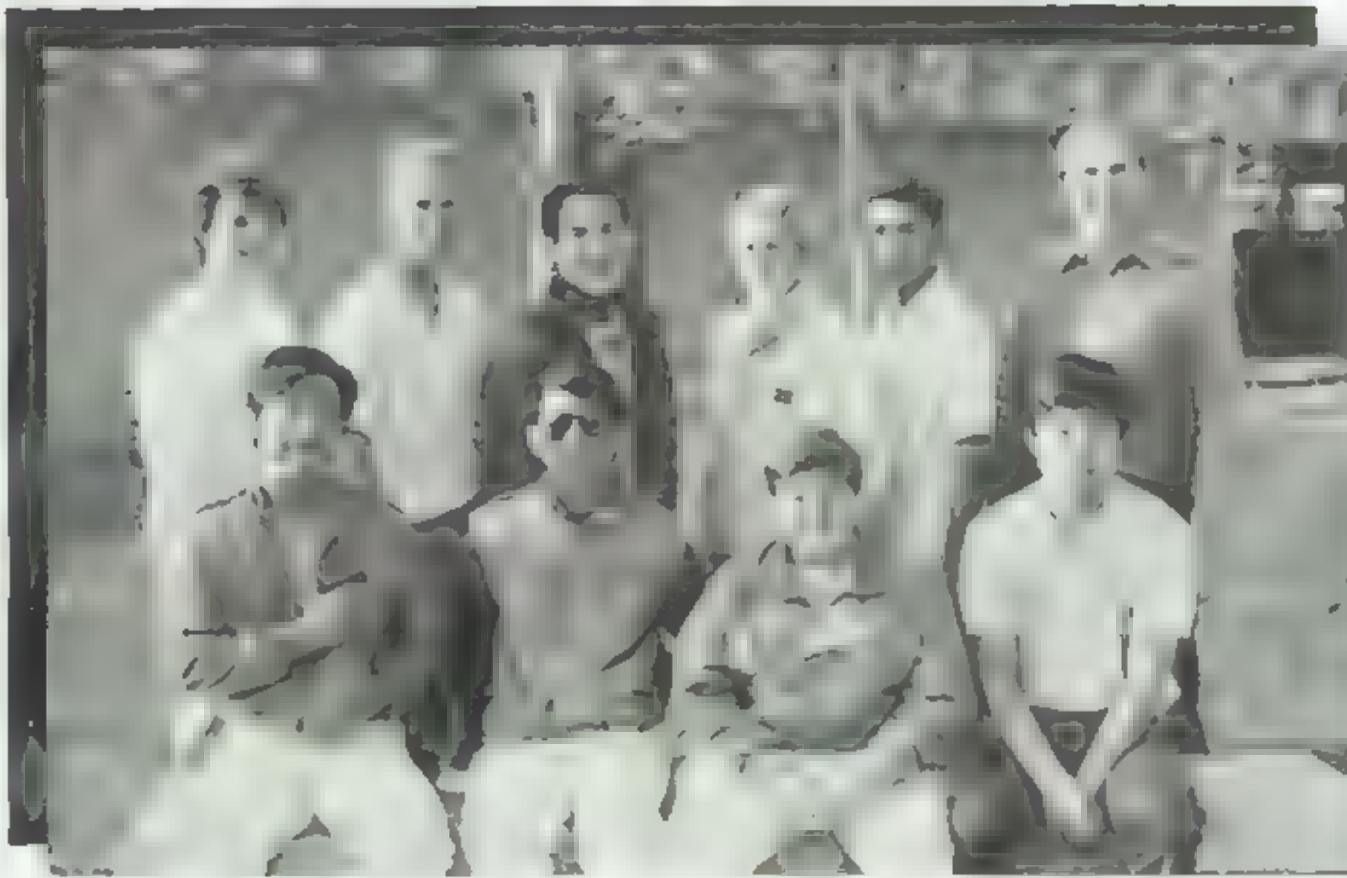
He says Dr. Cross, "I'm not sure it will be flying space jets like the ones in the late 21st century." Dr. Cross is the advisor of the Futures Club and L.A. Animation.



Tina Calderon ponders many futurist ideas as she strolls the halls.



First Row — Aaron Simmons, Wes Shi, Randi Bugge, Jeremy Bloomgren, Ricky Bernstein, Jason Lewis, John McMahan. Second Row — Kim Henery, Kim Gunn, Lisa Orvis, Kristin Rowley, Sarah George, Tina Calderon, Lisa Perles. Third Row — Roy Lin, James Bloomquist, Jeff Wheeler, Mike Tu, Jennifer Hinz, Greg Sorensen, Neil Okazaki, Jeff McConnell.



Front Row — David Sohn, Phillip Shawy, Randy Bugge, Robert Sohn Second Row — Katie Headley, Mike DeAlbo, Ari Martini, Dean Breinsrein, Angel Ferado, Dr. Cross



Randy Bugge takes a break away from his daily activities to think about L.A. Animation Club



Angel Ferado shows the correct way to solve an algebraic equation. Angel is also a member of L.A. Animation, which provides him with a creative outlet

## ANIMATORS COME ALIVE

The purpose of L.A. Animation is to learn more about the animation coming from Japan and come to an agreement on it. L.A. Animation's activities included going to watch movies, getting together for parties, and enjoying each other's company.



Sean Cressy listens attentively to Dr. Cross giving his yearly Introduction to L.A. Animation. He can't wait to look at the movies and comic strips which deal with Japanese events



# POTATO FARMERS AND SR. FEDS SHARE

The Las Al Potato Farmers are a group of honest, hardworking students who are dedicated to raising the status of the lowly potato; perhaps the most taken for granted of all tubers. They have been involved in the study of complex carbohydrates, and in other potato-awareness activities.

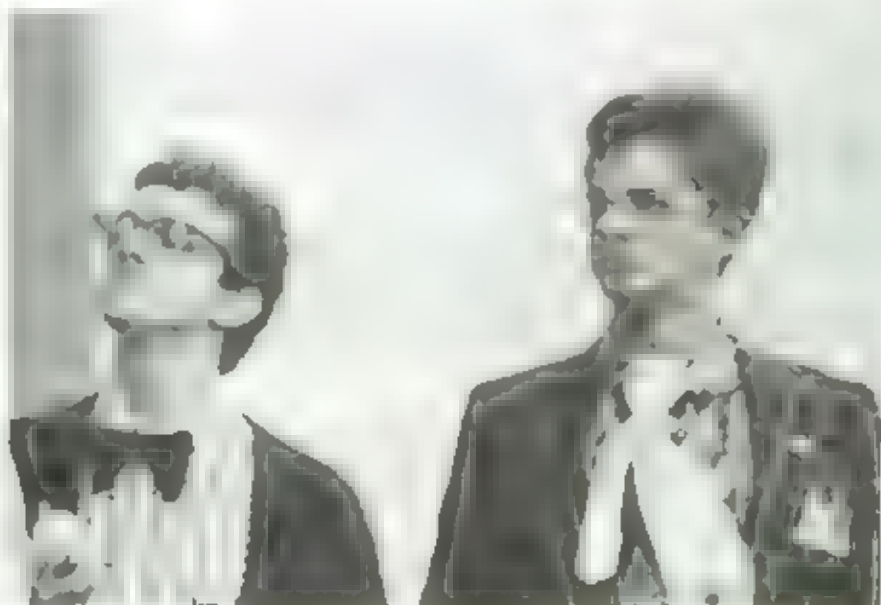
The Sr. Feds met almost daily this year with three objectives in mind — to share ideas, information, and enrich each other's vocabulary. They also participate in school activities, cheer at games, and provide support for drama and musical productions.



First Row — Mike Wheeler Second Row — John "Spud" Jost, Jeff "Idaho" Harmon, Brad Rawls, Larry Reinking, Kent Nordstrom, Todd Flanagan



Las Al Sr. Fed advisor, Mrs. Trujillo gives instructions to the operators of the new lighting equipment in the MPC while she dedicates her time to perfecting the sound.



Las Al Potato Farmers Jeff Harmon and Kent Nordstrom wait in anticipation for the announcement of the winners in the "Best Nerd" contest. There is no doubt in their mind as to who the winners will be.



With a concerned look, Sr. Fed Lance LeCompte stares at the scoreboard with big hopes.



First Row — Kim Martin, Joe Coulter, Judy Holzgang, Lance LeCompte, Todd Gibson Second Row — Darren Gladini, Mrs. Trujillo, Cristi Martinez

L.A. POTATO FARMERS  
SR. FEDS  
SENIOR SURVIVORS  
SENIOR REBELS

## GROUP SPIRIT CONTINUES

Los Al's senior t-shirt clubs continue the tradition of Los Al pride and spirit. These two particular groups, The Senior Rebels and Senior Survivors, were clubs made up of senior girls who went to games and supported our teams on to



First Row — Kristine Kanast, Juli Fusco, Charita Adie, Danette Burick, Sheri Miller, P. J. Long Second Row — Mr. Considine, Sherry Long, Kieran Gursaulos, Brenda Vooring, Hillary Routt, Bonnie Daffon, Karly Pelligrino, Cindy Martin, Stacy Simonds, Jeanne Allard, Julietta Sippelle



Mrs. Ramsburg is this year's Senior Survivor advisor



First Row — Kelley Shifler, Holly Vineyard, Jennifer Phillips, Janet Lee Second Row — Danita Humphrey, Jeannie Park, Devora Binder, Andrea Dickens, Tam To



Senior Rebel member Juli Fusco gives her friend Jana Lifshin a lift to her next class



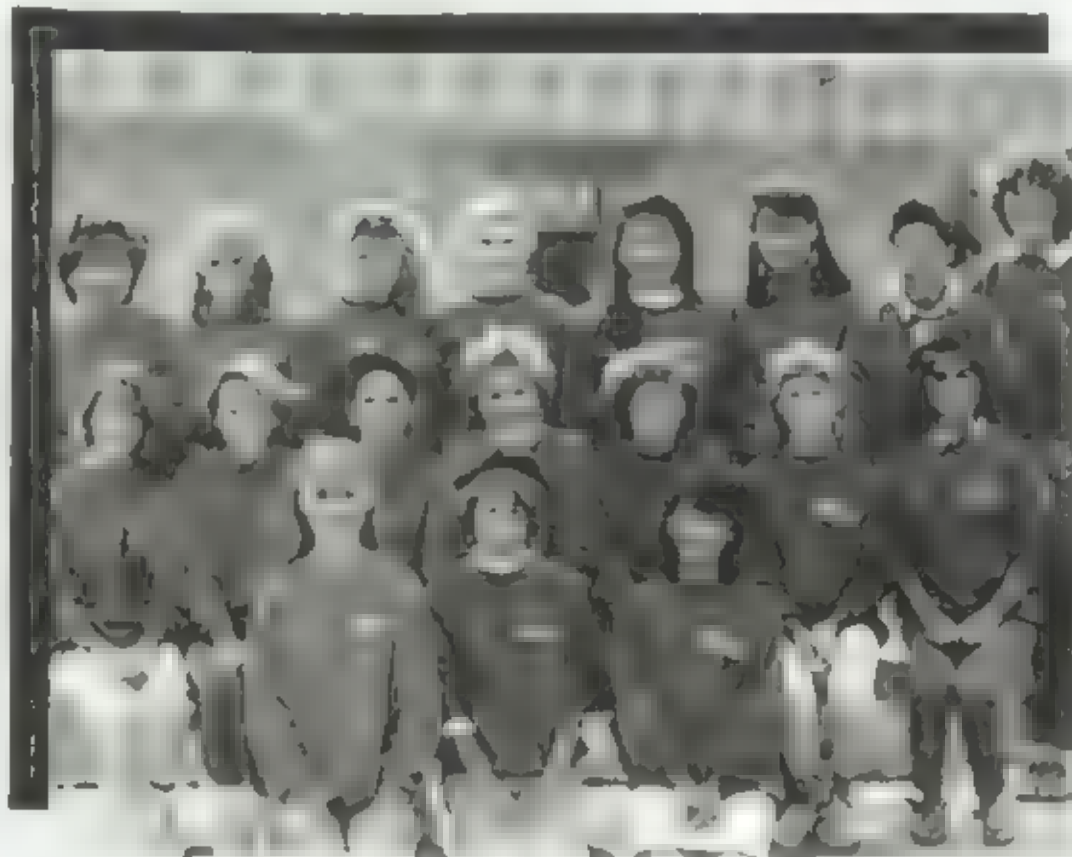
Cindy Martin sits contemplating her next move, "Should I finish my psychology or history?" she wonders



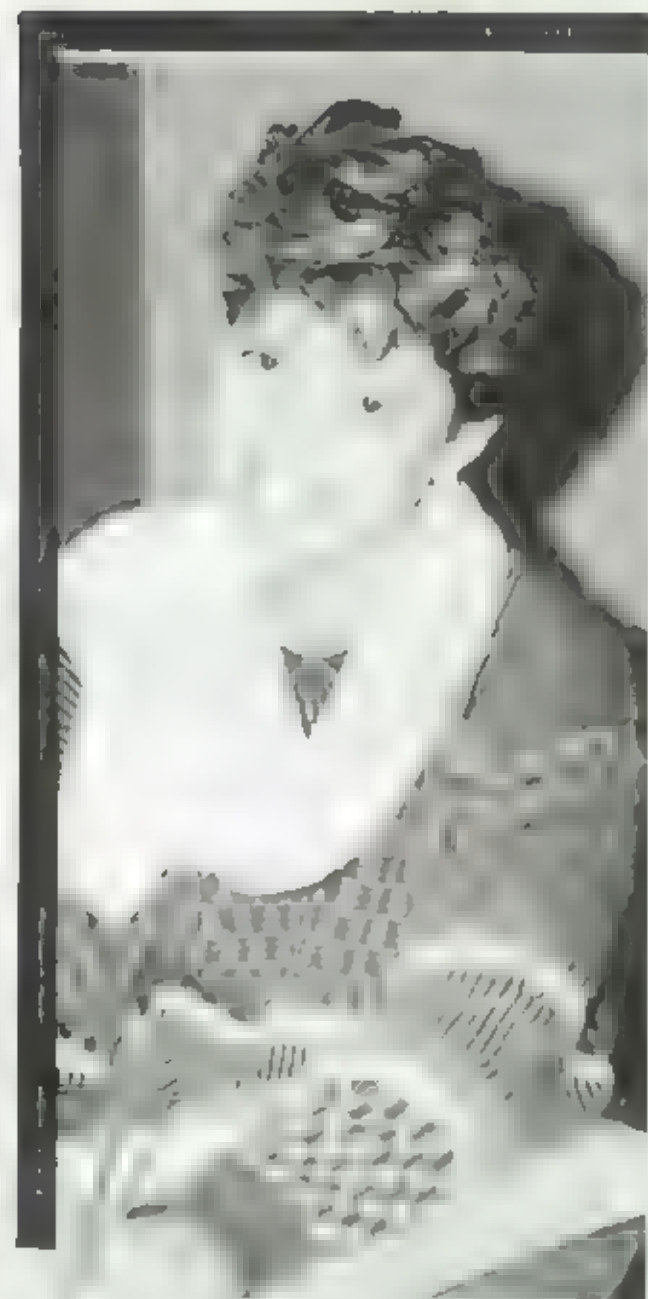
## SPIRIT GROUPS CARRY ON GREAT ANNUAL SPIRIT STICK TRADITION OF COMPETING

This past year at Los Alamitos High School there have been many more spirit groups and dubs than in any other previous year. They ranged everywhere from the Los Al Potro Farmers to the popular Anti-Compacency League to the Photo Club.

Two such dubs are the Bleacher Burns and the spirit group X-clusively L.A. These dubs are formed at the beginning of the year and jockers or T-shirts are made with the club name and the members pet names printed on them.



X-clusively L.A. Front Row — Diane Jay, Karyn Cook, Alison Chee Second Row — Megan Morrow, Allison Perkins, Ashley Brooks, Beth Carlson, Cindy Ludlam, Jill Reynolds, Pirryeh Pederson Third Row — Wendy Shiroma, Julie Hocking, Wendy Hines, Dawn Goldsmith, Shirley Wang, Diane Wang, Wendy York, M. Hays



Laura Younkis looks up from her work and smiles. She is an active member of the Freshman Club, L.A.'s S.U.R.F.



Bleacher Burns Front Row — JoDee Guenther, Kym Ellison, Ana Saladeigas, Anjolie Fruehan, Kristie Varvak, Tami Wilhelm Second Row — Cheron Harville, Rachel Corley, Stephanie Hursh, Ms. Seymour, Kristy VanZurphen, Toni Sison

## T-SHIRT GROUPS COMPETE FOR SPIRIT STICK AWARD

Each year a fine tradition is upheld at Los Alamitos High School — the spirit stick competition. Each of the spirit groups in the school competed for this award in the best possible way, with strong school spirit and pride.

The clubs all went to each football game or other sporting events and cheered as loud as they could for Los Al. At the end of the season the award is given to the club or spirit group that had the most school spirit overall at each sporting event.

The club *LA S.U.R.F.* was made up of mostly freshmen while the *Rascals* were a combination of both freshmen and sophomores. For Freshmen, this activity was quite new to them and was a lot of fun. Lunchtime meetings were a must to plan the future activities of the club. The advisors, Mrs. Jeri Karasik and Mrs. Gladys Stough supervise these meetings.



Wendy Uyeda takes a break from her strenuous exercises in her P.E. class. She is a member of the T-shirt club *X-clusively L.A.*

**X-CLUSIVELY L.A.  
BLEACHER BUMS  
LA's S.U.R.F.  
RASCALS**



*LA S.U.R.F.* Front Row — Chrystie Platts, Holly Watson, Kim King, Jeanne Sicket Second Row — Mrs. Karasik, Jim Riordan, Nand Hirschman, Tina Alvarez, Patty Ivins, Tracy Doyle, Sarah Anne Libby Third Row — Laura Younkin, Kim Engel, Kristin Ogle, Jennifer Booth, Bonnie Viers



*Rascals.* Front Row — Caroline Cerneta, Pam Chueh, Andrea Bloom, Kristie Shelly, Nancy Weintraub Second Row — Julie Scott, Zoë Syrengelas, Soteria Syrengelas, Sharon Smith, April Corblin, Jenny Gilroy Mrs. Stough



## R.O.P. STRIVES TO BUILD FUTURE AT LOS AL

The Regional Occupational Program enabled enthusiastic students the chance to pursue their future careers.

ROP classes were offered during school hours and after school. Students received free job training in a variety of courses. They ranged from training in CVE foods, retail, and office, to welding, auto shop, signmaking/commercial art, photography, office occupational skills, and basic computer training.

Funded by the federal government, the ROP courses were taught by the faculty. Teaching welding and metal fabrications was Art Broadhurst. Supervising the office occupations course was Fran Smallfield. Directing ROP photography was Ron Conside, and finally, teaching signmaking and commercial art was Judy Hemphill.

In these courses, students could sharpen their career skills and broaden their knowledge of their potential occupational choices. This gave them the opportunity to ensure their success in fields which they were interested in and the experience which they would need once they graduated.



Senior Robert Grass displays his exceptional skills learned during ROP as he performs a variety of calculations on the computer. The basic skills and fundamentals of operating computers is taught in ROP.



Senior John Simundza displays the cutting techniques necessary for perfection in silk-screening and graphics. ROP class provides for much needed concentration, yet also provides enjoyment.



Demonstrating careful awareness, senior Mike Stigart shapes and smooths an ordinary piece of wood into a skateboard. ROP woodshop enables students to use their imagination to create unusually useful projects.



Examining the design of the graphic letters to be used in his next project, senior Nick Marrick displays the dedication and commitment needed for success.



During ROP photography, Cynthia Smith develops her film. She is dedicated to the world of photography and capturing special times. With all the experience she gains, Cynthia can spend time having fun with the camera.



During ROP art, juniors Grant VanCleve and Robert Werner join forces to create a new idea in their art work. Freshman Brandon Collier watches as he learns the new techniques displayed by the others.



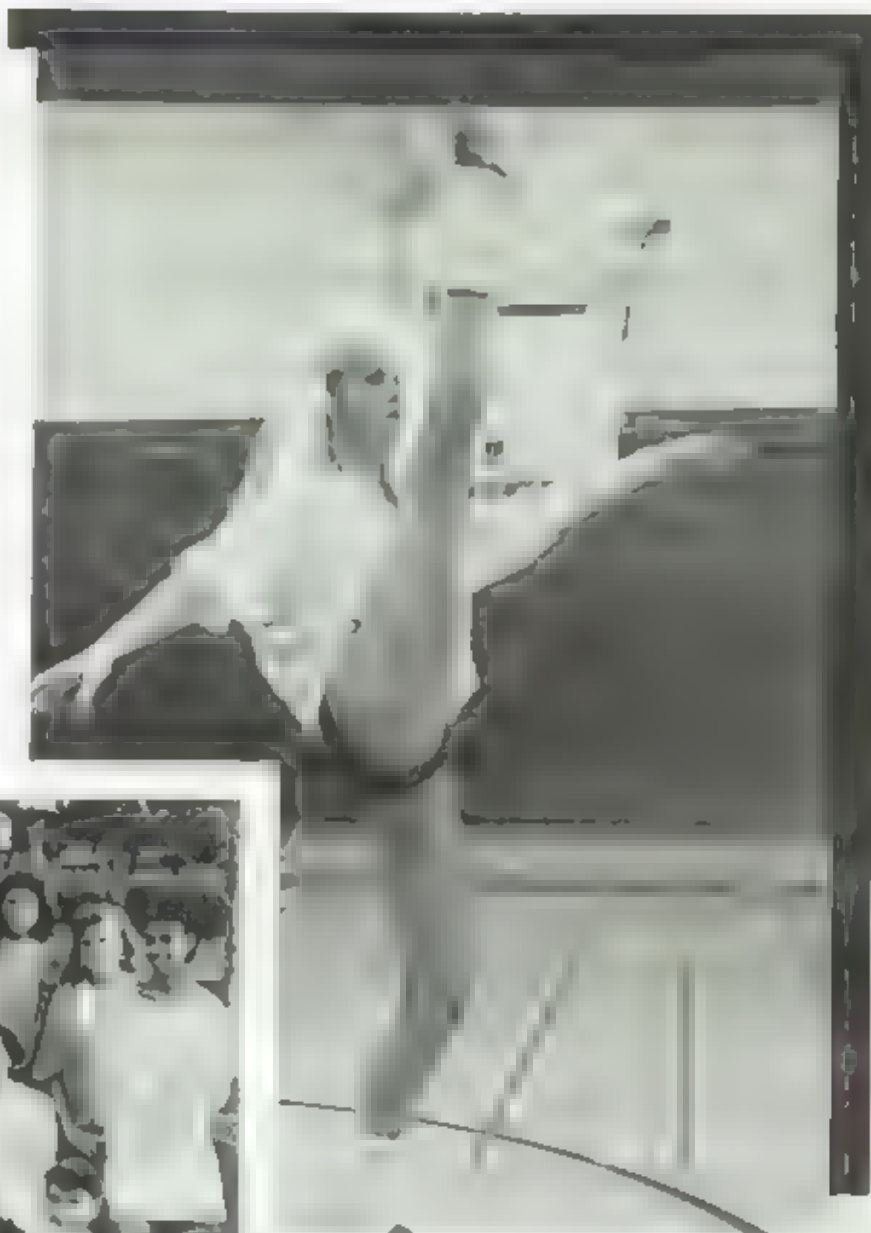
As Lisa Cimmarusti looks through lecture notes, the CVE foods instructor explains the process of conducting oneself with the customers.



## DANCE CLUB GET'S A KICK OUT OF '86

With the instruction from Mrs. Fleming, the dance club was able to expand their incredible talents quite a bit. This beneficial club, consisting of forty-three dance orientated girls, gave the members a great deal of self-confidence and pride. It also was a perfect opportunity to show the rest of the student body what inside talents these girls had. They kept in shape and practiced all year aiming for their main performance which was at the Drill Team Spring Show. This past year they performed to a variety of songs with all different rhythms which brought on a great deal of enthusiasm throughout the audience.

The T-Shirt club, Senior Screammers, brought on a great amount of enthusiasm at many of the sporting events. Although small, this group added much spirit throughout the entire year.



Dance Club president Shawn Cordes, leads the group in a performance. She is also the choreographer for all the routines and has been for the past three years. Shawn is an avid dancer and looks forward to that major in college.



Dance Club: Shawn Cordes, Michelle McLinden, Don Reno Minor, Sabrina Tift, April Allen, Mikki Arkinson, Lisa Lerna, Illina Alames, Samantha Lannon, Jill Winds, Tracy Pereira, Patty Ivins, Michelle Perslow, Holly Noonan, Ciri Kelley, Julie Coontz, Puanal Pereira, Elaine West, Regina Jenkins, Arnie Jenkins, Tally Burthott, Stephanie Robertson, Angela Carlson, Beatrix Bourdy, Darcy Gilroy, Kristal Dooley, Stacie Ray, Vi Dangelena, Stacey Scheeking, Barbara Ewing, Sue Ewing, Kore Bryson, Micho Gemmel, Jan Nein, Lisa Orvis, Michelle Malkemus, Michelle Thomas, Sarah Siles, Pam Chuch, Denise Kaneko, Traci Engel, Lisa Bryant, Zoe Syrengekas.



Senior Screammers: Top Row — Karen Maestas, Kerry Kyle, Lisa Kaplan Bottom Row — Erin Anderson, Alisa Robinson, Tina Stevens, Leikonia Skson, Nancy Wong.



With a smile of contentment, member of the Senior Screammers, Kerry Kyle enjoys spending her time with her friends.

DANCE CLUB  
GUMBI REVIVAL CLUB  
COW CLUB

## DAIRY COW CLUB GUMBI REVIVAL CLUB CREATE NEW TRENDS

Los Alamos saw the arrival of two new clubs dedicated to rather original causes this year. The Cow Club sought to bring greater public awareness to the significance of the cow in daily life and to arouse the level of consciousness of the bovine beauty of the cow.

The Gumbi Revival Association was a club for those who shared a common interest in restoring Gumbi to the high-ranking position of a well-loved American hero. While some found this to be humorous, the members were quite serious about their work. As a result, they were a successful, trend-setting group.



Cow Club: Sandra Larson, Danita Humphrey, Steve Wolf, Rick Murray, Jodi Sorensen, Devora Binder, Jan Moulton, Eric Huang, John Jost, Mike Wellington, Jennifer Phillips, Tam To, Andrea Dickens, Amy Cross, Holly Vineyard, Marisa Maus, Kelley Shiffert, Mike Chen, Kiana Cheng, Angie Doring, Damien Staudini, Jeff Harman.



As a member of the Cow Club, Steve Wolf takes pleasure in participating in the canned food drive which proceeds go to needy families.



Gumbi Revival Association: Front Row — Wei-Chao Chang, Terry Liu, Mr. Isaacs (advisor), Ernie Blevins, David Combs. Back Row — Scott Rainey, Stan Abrams, and Imre Golden.





Senior Karen Holstein, collects the jury's opinions in an award winning Mock Trial Competition. She has been part of the team for two years.



Mock Trial Team: Kenton Brooks, Michael Dawson, Darolyn Hamada, Jon Mouthardt, Jeff Polk, Scott Rober, Grace Wang, David Sohn, Lisa Perles, Erin Racciah, Harje Dhillon, Judy Holzgang, Robert Barey, Brad Rawls, Debra Rarner, Jill Ensley, Robert Book, Karen Holstein, Mr. Asherton (advisor)



Mr. Phil Singer, the volunteer attorney/coach, contemplates this case at his desk. He has been with the team since it was formed in 1981.



Senior Micheal Dawson, acts as lawyer, while junior Jeff Polk, acts as the plaintiff in this case. Junior Kenton Brooks is a witness ready to tell the whole truth and nothing but the truth when called to the stand. Not only does Mock Trial call for much preparedness, but also quick thinking on everyone's part. All of these boys have spent countless hours studying the steps to a trial, in hope of turning out as the winners.



Freshman, Jill Ensley and junior, Darolyn Hamada, take notes while waiting to be called upon to speak their knowledge about the "Dennis" case. They must be well prepared to answer any question which may arise.



Junior Lisa Perles, maturely speaks her mind when called to the stand. This procedure is much similar to a "real" trial. The witness takes a solemn oath. In this case, to defend Dennis who is suspected of school vandalism.

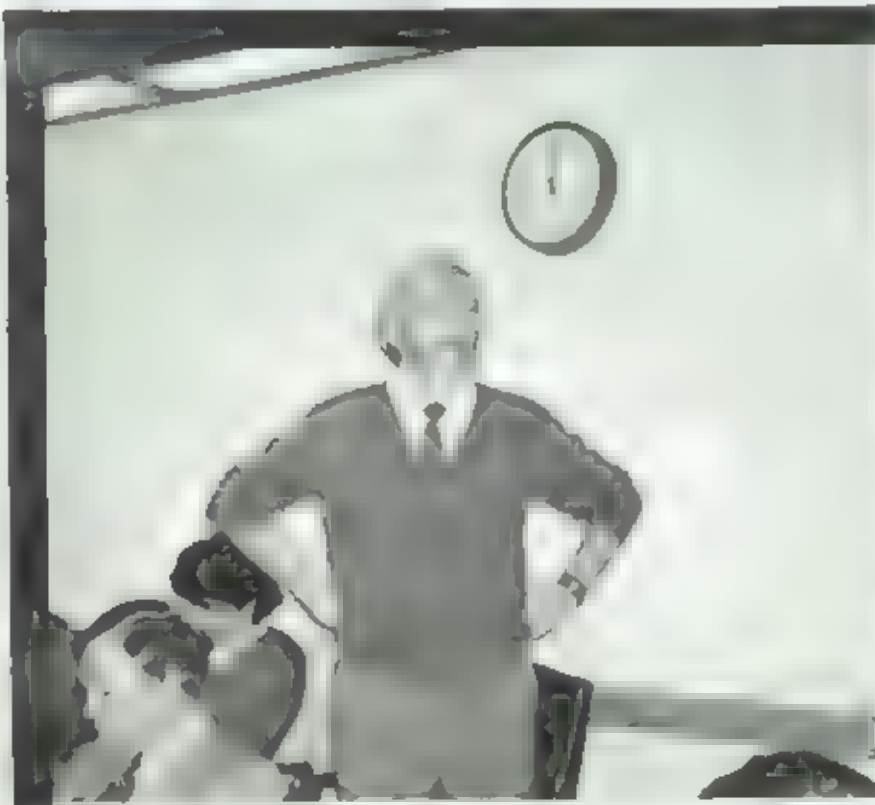
## MOCK TRIAL LAW CLUB

### MOCK TRIAL LAW CLUB OVERULES

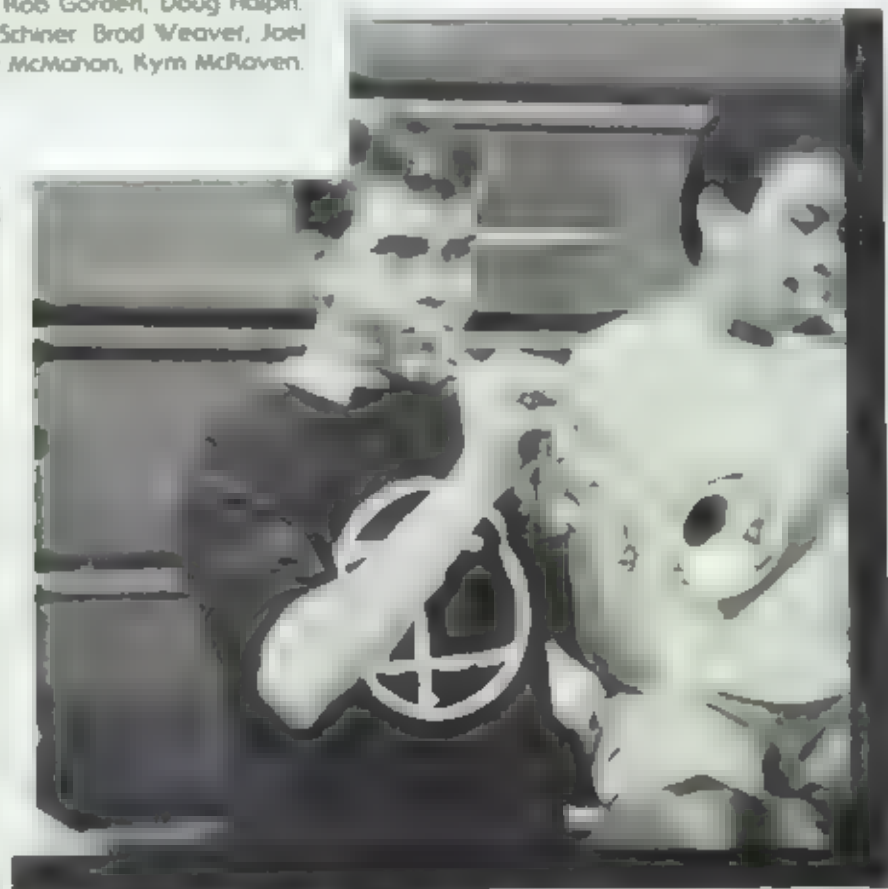
The commended Mock Trial Team competed with thirty-three other schools at the Orange County Court House. This year's case was called, "the people vs. Dennis" — a criminal case about school vandalism. The team won two consecutive Orange County championships and two third place awards in state competitions.

The well known Law Club was formed to promote and support students' interests in politics and of course, law. The Law Club supported the Mock Trial Team, sponsored an intramural APT Government field trip, and Prism Preventors Program.

Law Club: Kenton Brooks, Michael Dawson, Darolyn Hamada, Jan Maulhardt, Jeff Palk, Scott Rober, Grace Wang, David Sohn, Lisa Perles, Erin Raccach, Harjit Dhilon, Judy Holzgang, Robert Barey, Brad Rawls, Debra Ratner, Jill Ensley, Robert Book, Karen Holstein, Stewart Kepler, Pat Morrow, Sean Warman, Stephanie Abrego, Devora Binder, Howard Chalowsky, Michell DeMama, Peter Deneff, Larry Foley, Rob Gordon, Doug Halpin, David Hastie, Elise Herning, Mike Moore, Deborah Namin, Scott Saxon, Andrew Schiner, Brad Weaver, Joel Weiss, Shawn Cordes, Dana Siegel, James Kien, Ann Leonard, Tim Manning, Andy McMahon, Kym McRaven, Michelle Stoll, Lori Sullinger, Gary Wang, Diane Watson, Steve Wolf, Roger Yah.



Mr. Atherton, advisor of the Mock Trial team and Law Club, prepares the team one last time before competing. He is obviously a dedicated man.



Senior Mike Moore, blows the trumpet with tremendous school spirit at a pep assembly. Not only is he a four year member of the Olympian Marching Band, but also an active member of Law Club. He is presently making a decision on majoring in either law or music. He joined this club in order to learn more about how justice is officially performed.



Seniors Jan Maulhardt, Scott Rober, and Deborah Ratner, study their roles carefully before staring their facts in front of the jury. They all have won awards in this area.



# ACADEMIC DECATHLETES STRIVE FOR VICTORY

Decathlon 85-86 was a year for celebration in which team members Judy Holzgang, Jeff Harmon, Diane Watson, Malcolm Womack, David Orvis, Kent Nordstrom, Todd Flanagan, and Peter Wilson took many months out of their time and devoted it to prepare for November 7 at Tustin High School. These students were versed in six major subjects: Social Science, Fine Arts, Math, Economics, English Grammar and Literature, and Science. In addition, the team had to have skills in speech, interview, and writing. Los Al overall, took second place in county against fifty other teams. This year's Super Quiz topic was Immigration and Los Al received first place for the first time ever.

The review provided by several teachers paid off, and former students gave encouragement to this year's team.

It was a challenge for the team to keep up their heavy pressure from the administration and former decathletes. In return this dedication led the Decathlon Team to victory.

Helping the team to victory Mrs. Streeby prepares the students in subjects Science and Economics.



Teacher's dedication leads to Decathlon's success. This year Mrs. Wilson put forth extra effort to help students before the big day.



Decathlon Team: Front Row — Judy Holzgang, Jeff Harmon, Diane Watson, Malcolm Womack, David Orvis. Second Row — Kent Nordstrom, Todd Flanagan, Peter Wilson.



Studying for the Super Quiz portion, Malcolm Womack reads carefully through Lisa Burnbach's College Book. This is Malcolm's second year on Decathlon and is doing tremendously well.



Working together and quizzing each other is all a part of the Decathlon team. Peter Wilson, Kent Nordstrom, Malcolm Womack, and Diane Watson are discussing the various topics for their next competition.



## SPIRIT GROUPS GIVE TO OTHERS

All clubs at Los Al promote school spirit, but the Saintly Seniors, consisting of seven girls in their bright, red jockers had special club activities. The club asked the community to donate much needed food and clothing and in return they gave it to needy foreign countries.

Freshman spirit group, L.A. Conspiracy, advised by Mr. Celestin contributed to much of Los Al's spirit this past year. The girls went to football games and basketball games and helped cheer them to victory. This club was high on the spirit scale.

Mr. Celestin, club advisor, track coach, and History teacher intently watches the assembly. Mr. Celestin likes to have a close relationship with his students as it enhances learning.



L.A. Conspiracy: Terri Reingardt, Suzanne Chaves, Holly Noonan, Susan Kuzminsky, Rachel Brophy, Janet Murphy, Amy Merchant, Tarra Hammerschmidt, Laura Leon, Jan Harden, Amy Jenkins, Mr. Celestin, Kim Stanfield.



Saintly Seniors: Front Row — Nicole Webb, Pam Gold, Jill Collison. Second Row — Mr. Rutherford, Elise Herning, Kris Greggerson, Cathy Jenner.



Passing period allows a few moments to gather books and talk with friends. Nicole Webb and Elise Herning hurry to class.





Having a good time and sharing a piece of pizza, Derek Dubordieu and Debbie McIntyre give each other a hug before retiring to the lodge.



With the enthusiasm of skiing comes the drag of waiting in long lift lines. To pass the time Julie Jones and Kelly Harris enjoy hanging with a few friends.

## FESTIVE TIME AT PARK CITY

Once again the Los Alamos Ski Club was successful in providing its members with a wonderful and exciting Winter Vacation extravaganza. The outing consisted of a group of ninety students and faculty members who spent their time at the Airport Hilton in Salt Lake City, Utah. The group tackled many nationally renowned ski slopes at resorts such as Alta, Park City Park West and Snowbird. The club is organized by Mr. Brody, club advisor Debbie Theriault, President Kevin Falsken, Vice President and Maureen Montroy, Secretary and Treasurer.



Ski Club Members: Greg Hartman, Sky Dubordieu, Grant VanCleve, Mike Humphries, Gary Cunneen, Brandon Collier, Eric Roberts, Kelli Hawkins, Dana Siegel, Darlyn Ssemore, Debbie Theriault, Debbie McIntyre, Melanie Wood, Maureen Montroy, Juli Fasco, Derek Sparto, Hop LeCompte, Kim Smith, Robin Lindley, Rebecca Capeland, Shan Espinoza, Todd Phillips, Gress Ashire, Charita Adie, Kevin Falsken, Arnee Newlander, Vincent Nash, Matt Sweet, Jeff Long, Ron Scanlon, Shawn Cordes, Anita Johnson, Jim Schaffer, Tim Dupuy, Brian Meckler, Jeff Polk, Randy Paine, Eva Kjos, Debbie Wiesler, Matt Singer, David Lowrey, Lisa Sparskey, Jennifer Gorman, Tania Everson, Kelly Harris, Julie Jones, Tom Metzger, Scott Sargent, Chris Ziegler, Jeff Barus, Cliff Kjos, David Maher, Tim Calder, Michele Johnson, Bobby Sylvia, Darren Smith, Bobby Jendou, Mike Thomas, Heather Johnson, Cory Quinn, Mike Mullane, Ingrid Brain, Dave Carter, Noreen Wiggins, Scott Welsh, Todd Welsh, Brad Cravens, Stacy Thomas, Sara Crumpton, Jodi Shuppura, Jody Crum, Corby Poe, Rob Gordin, Bucky Kie, Tim Lamance, Karen Klabough, Michele Stoll, Laurel Kerger, Shelley Skoglund, Nicole Farguete, Eva Paine, Tim Manning, John Whinnick, Nick Gianninaggio, Steve Esquivel, Scott Fullerton, Stacy Speights, Keala Walker, Wendy Anthony, Matt Kanihiro, April Bateman, Corleen Kimball.



Heather Johnson, Karen Klabough, Jodi Shuppura, Jenni Gorman, Sara Crumpton, and Lisa Sparskey enjoy a good but quick breakfast before a long day of skiing.



Taking a break, Wendy Orr, Debbie Theriault, Kelli Hawkins, Melanie Wood, Shawn Cordes, and Dana Siegel contemplate about whether to eat lunch at the bottom or going to the mid-way lodge.

## SKI CLUB WINTER FORMAL '86

### WINTER FORMAL '86 DANCE THE NIGHT AWAY

January 11th marked the date of an extravagant and memorable event for many students. It was the night of the Winter Formal. The evening for many began with dinner on the town and then a ride to the fancy Hyatt Regency Hotel in Los Angeles. The ballroom was filled with tables of unique designs, beautiful ice sculptures, a pop band, and people dressed in luxurious formal and gaudies. The highlight of the evening was the announcement of the Snowball Queen, Linda Jensen, the 1986 Snowball Queen, reacted with much excitement. All of these events put together created a special night to remember.

The 1986 Snowball Queen Candidates and their Escorts: Eddie Roche, Ella Turritino, Jim Devlin, Ronna Coulter, Steve Iseda, Linda Jensen, Kirsten Shaw, Doug Wadleigh, Kim Rodetfeld, and David Alvarez.



Many people consider dancing as the best way to work off a big dinner. Suzie Pray, Scott Welsh, Jody Crum, Tracy Melton, and Wendy Poe take advantage of this and dance the night away.



Seniors, Stacia Capeland and Michael Bernstein, dance in harmony to the strings from the band Paradox.



Juniors, Teri Dean and Wendy Nugler, take a break in between songs. This is their second winter formal together, and it is getting better as the years go by.



John Vreeland and Kim Eckert enjoy the fancy d'oeuvres served at the dance. "Special" is the perfect word to describe this night as they revel in each other's company.



## SENIORIOTERS FORM TO SUPPORT COMMITTEE MEMBERS COALESCE

Seniorioters was a very active spirit group involved in many different activities. At Los Al, they "strutted around" in custom-made white jackets with jail bars and red fingernails on the back as their logo. Decorating their cars, and making grand parking lot entrances during football season was their trademark. With red visors displaying the Seniorioters '86 name, this group of seniors definitely stood out in the crowd!!

The Los Al Senior Selebriteez were a group of twenty spirited senior girls. All of these "groupies" were members of the senior class committee, and everyone was also involved in a variety of other clubs. When it came right down to it, they were always there to support the football, soccer, basketball and the rest of the Los Al athletic teams.



Shawn Cordes and Dana Siegel share a hug after a Griffin victory

Top to Bottom — Heidi Gray, Dana Wadleigh, Dana Siegel, Shana Kellman, Donna Hardin, Cathy Poe, Jody Crum, Debbie McIntyre, Kelli Hawkins, Melanie Wood, Debbie Theriault, Tracy Sternin, Gina Turi, Shawn Cordes, Darlyn Sisemore, Brooke Bursell, Suzy Prey, Sara Brain, Michele Stoll, Maren Kusler, Christine Dennis, Andrea Barrows, Wendy Orr, Dina Reyes, Julie Johnson, Cindy Pitsey, Shanna Hemmings



In her best hair-do, Paula Wasikowski gives her winning nerdy grin



Alphabetically: Child Aurang, Stacy Burts, Stephanie Grohm, Donna Hays, Andy Johnson, Lara Litrovich, Van Orrick, Kristin Pipal, Shannon Polacek, Stephanie Polacek, Debra Ranner, Michelle Shanon, Carole Shane, Cathy Siler, Jonah Springer, Tracy Stowell, Traci Tromblina, Grace Wang, Paula Wasikowski, Kathy Waitovich



SENIOR RIOTERS  
SENIOR SELEBRITEEZ  
WJTL  
JENERIC JUNIORS

## JUNIORS' SPIRITS SOAR

T-shirt clubs have been a tradition at Los Al for many years. Clubs such as the Jeneric Juniors and WJTL help support the many Los Al teams and organizations by cheering them on to victory and joining in during the pep assemblies. The friends that make up these clubs are also making memories that will last forever.

First Row — Ann Tartton, Ella Turrentine, Ann Sauve, Stephanie Snow, Allison King, Pam Razala, Vanessa Thomas  
Second Row — Linda Jensen, Jennifer Swanson, Laura Huff, Tally Trujillo, Michelle Schuman, Michelle Schuman, Michelle Overbeek, Kim Rodefeld, Robin Lindley  
Third Row — Christina Welter, Anne Buonacore, Dawnielle Congiardo, Ronna Coulter, Wendy Poe, Ann Marie Hagmann, Kirsten Shaw, Rebecca Copeland, Nora LaBout



Astonished by what she sees, Jeneric Junior Anne Buonacore looks on for more eye-opening entertainment.



New to America, Julius Ypma takes a look around his new school. Things are a little different than they were back home in Holland.



First Row — Sally Lee, Lisa Perles, Jami Mack, Jannis Dillon, Rosmari Peters, Joelle Anisman  
Stickle Light — Mark Reutzel, Scott Rainey, Greg Saylin, Julius Ypma, Carol Roberts



## FROSH-SOPH VIE FOR SPIRIT STICK

T-Shirt and Jucker clubs are very popular on the campus. The purpose of these fun-filled clubs are to get students joyously involved in school activities. Two such clubs were Klass Act and L.A. Anonymous.

Klass Act was a group of spirited and involved sophomores, with Erin Racciah as the president and Julie Seaborn as vice president. Erin and Julie were actively involved in extracurricular activities as well as in academics.

The main objective of L.A. Anonymous was to show up at every varsity game and vie for the spirit stick. Erin Cordes was the president of L.A. Anonymous, and was also a member of the Omega drill team. Vice-president, Denise Seigel, also was a member of the Omega drill team.

Spirit clubs like these are prevalent at Los Alamitos. The screaming dedicated fans wore flashes of red, blue, and gold to exhibit their pride and spirit in the traditional Griffin fashion.



Holly Crum of L.A.'s Anonymous turns around to talk to one of her friends during the Varsity football game.



Sophomore Melinda McDonald, watches enthusiastically as the game begins. Not only is Melinda an active member of club Klass Act, but she is also our school mascot.



L.A.'s Klass Act: Front Row — Erin Racciah, Lauren Reeves, Mindy Hancock, Vicki Kuzmich. Second Row — Jennifer Morlan, Kris Gibson, Heather Meyer, Sharon Bordas, Melinda McDonald, Julie Seaborn. Third Row — Marc McGolden, Laura Dawson, Brigitte Bringer, Deanna Barber, Chalyce Deyries, Amy Holzgang.



L.A. Anonymous: Michelle Artin, Natalie Bourdy, Jennifer Brooks, Joan Butsell, Lisa Caudillo, Jennifer Cheraske, Susan Collins, Kary Cummings, Erin Cordes, Dana Cippollone, Holly Crum, Alyson Davis, Tanya Ellis, Julie Eshenbrenner, Julie Everett, Megan File, Wendy Goodman, Debbie Gunderson, Tiffany Hall, Lori Mauthardt, Colleen May, Nida Naffarrete, Kristen Nicolaou, Tricia Pettigrew, Amy Ripplermeyer, Julie Roupenper, Toadie Sanderson, Denise Seigel, Lisa Shilsky, Yasmine Tiltz, Suzanne Tumentine, Anne Ward, Tanya Weth, Priscilla Wong.

## CLUB CANDIDS



Senior Cathy Jenner enjoys participating in many clubs. Some of them include yearbook staff, photography, and the Olympian Marching Band.



Keeping busy is what Andy Pittney does best. Her activities include color guard, Senior Roters, and National Honor Society. She has been able to maintain a 4.0 GPA.



Kerr Wells never hesitates to perform on stage. He dances at the Sweetheart Dance to set the pace.



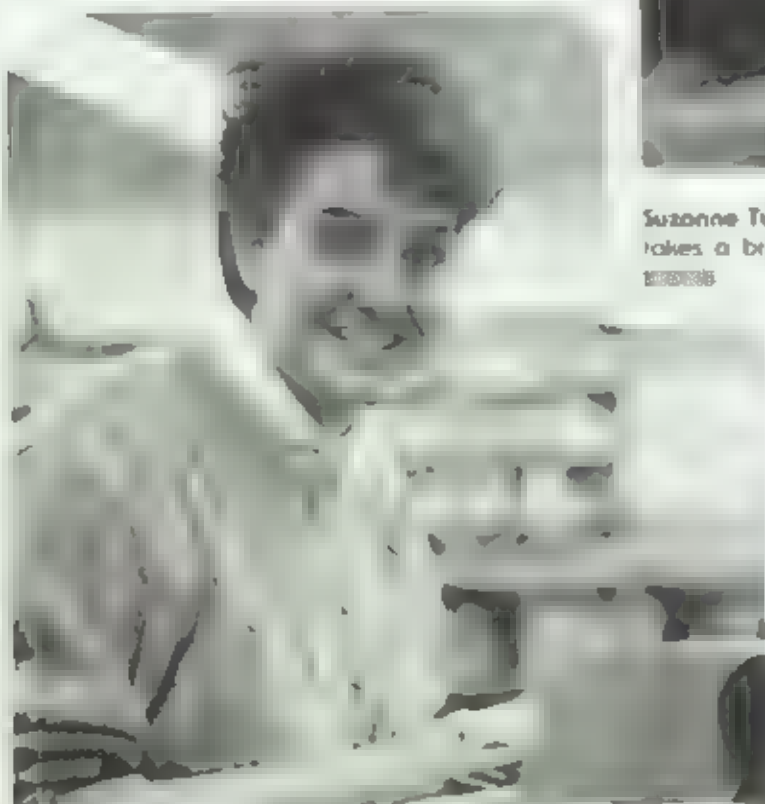
Junior Margi Hilschman is a well-known performer both on stage and as a Varsity Songleader.



Suzanne Tumentine, member of the Omega Drill Team, takes a break from practice in order to visit with her friends.



Friends are an important part of school. Bucky Kyle shows his lunchtime smile as he and his friends reminisce about fun times.



Carol Shane, member of Senior Selebriteez and Choir, is a very busy senior at Los Al. Along with learning, friends are an important part of her life at school.



Jason and Elena share a moment of peace with each other at the annual Winter Formal. This will be a night to remember for always.



## NEW TO THE COURT, QUEEN LAUREL KERGAN TAKES CROWN

This past basketball season proved to be a great one. Along with many victories, there was also the celebration of the Queen of Courts. The 1985-86 candidates nominated by the players were Cassie Beyer, Wendy Orr, Sara Brain, Suzie Prey and Laurel Kergan. The student body chose Laurel Kergan to reign for the next year. It was clear that Laurel would be an excellent representative of the basketball team because of her extensive school participation and warm personality.



New to Las Al, junior Ryan Blassey shoots, hoping to score and bring the team to another Griffin victory.



First Row — Cassie Beyer, Wendy Orr. Second Row — Suzie Prey, Laurel Kergan, and Sara Brain.



The proud fathers of the girls watch the Queen of Court, Laurel Kergan, smile at the crowd and begin her promenade around the gym.

## QUEEN OF COURTS



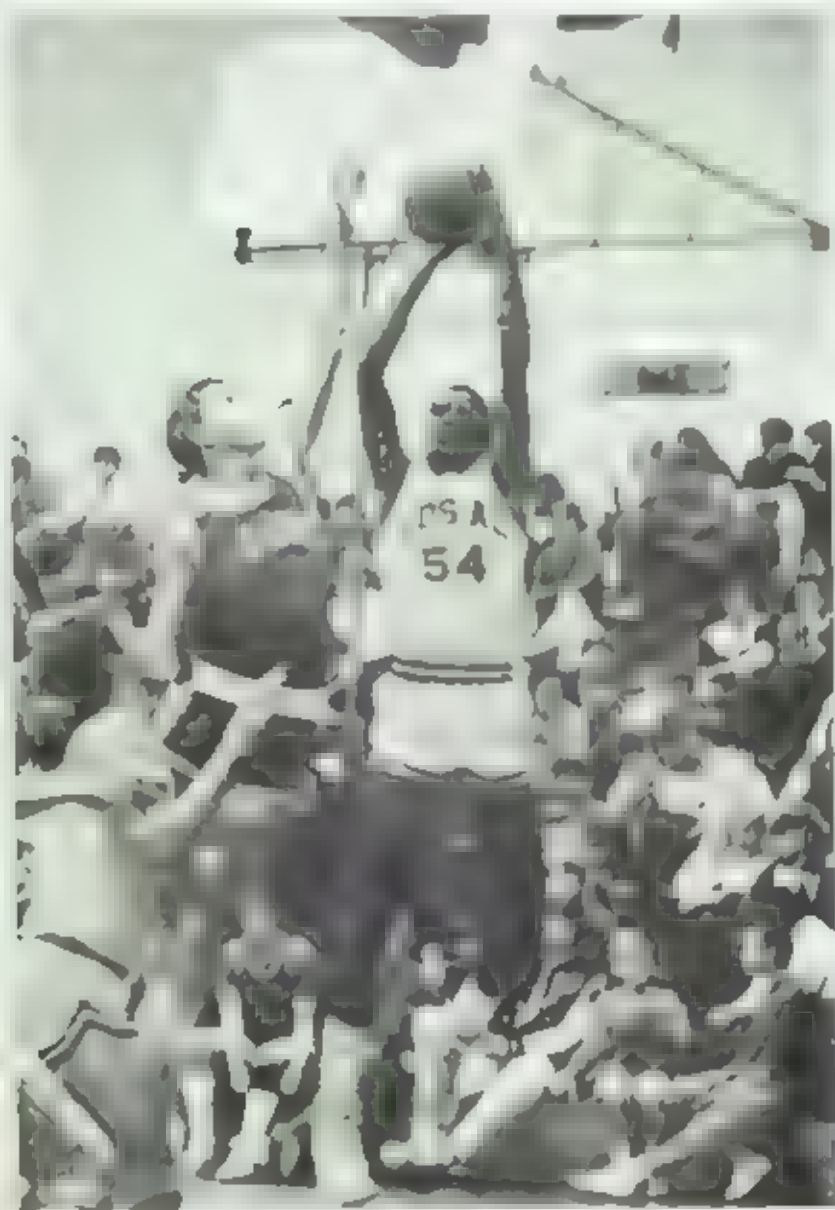
In perfect form, captain of the basketball team J. T. Snow shoots another basket during the warm-up action of the Queen of Courts game.



The 1984-85 Queen of Courts Mary Kate Hagmann returns the scepter to Mrs. Hart and prepares to crown the new queen.



With crown and scepter, Laurel Kergan begins her reign. She graciously watches the applauding crowd in awe of the evening's events.



Leaping to the basket, the six foot-six inch player Mo Warner goes for two more winning Griffin points.



## FOREIGN EXCHANGE VENTURES TO AMERICA

Welcoming fine students from different countries, Los Al provided homes and an American learning experience for those individuals.



Thomas Metzger came to us from a small town in Switzerland called Zweismmen. He came through the organization called "Youth for Understanding." Thomas entered Los Al as a senior and was 17 years old. Thomas arrived on August 26 and stayed with the Triplers of Seal Beach. According to Tom, school here was easier. Back in Switzerland they went to school six days a week and had eight to ten lessons a day. Tom still has to wait to graduate because you must be 20 years old to graduate in Switzerland. Tom's favorite thing about Los Al was "the girls." Back at home there was only one or two girls to a class. Thomas enjoys snow skiing in Switzerland but likes the California beaches just as well.

I'm Joaquin Garcia, an exchange student from Spain. I think Los Al is a great school. The teachers and people of Los Al make me feel as if I were in Spain. Here at Los Al there are so many activities that you always have something to do. I'm enjoying the soccer team and the players are wonderful people, so I don't have any problems. In the second semester I'm going to try tennis and see if I'm able to make the team. I think that this school is perfect with its well equipped rooms, its beautiful grass and its big and great courts and fields in sports. I'm really glad that I could come to this school and if I could do it once more I surely would.

— Joaquin Garcia



Patrik Stenberg, senior, was one of our new foreign exchange students traveling all the way to Los Alamitos from Gorhenburg, Sweden. Although Patrik enjoyed being in America he did miss his family and friends back at home. He also missed his mother's cooking and all the wonderful food there, like potatoes, meatballs, and cheese. Patrik does enjoy the weather here because he says Sweden is too cold in the winter. Patrik was living with the Robinson family in Rossmore and enjoyed them very much. He also attended badminton practice.



every morning at 6 a.m. Patrik's hobbies include mono skiing, and playing the guitar in a small band. The main reason Patrik came to America was to learn more about our culture and how we lived and also to better learn our language.



On August 6, Ann Fober, a foreign exchange student from Copenhagen, Denmark arrived in Los Alamitos where she was to live with Bruce and Joanne Robinson. Ann was a senior and seventeen years old when at Los Al. Ann got a kick out of how everyone at school called each other "honey" and "sweetheart." She really enjoyed all the classes she was able to choose from. According to Ann, school in the United States was very different from her school in Denmark. In Denmark, her schedule changed from day to day, whereas Los Al kept the same schedule. Ann enjoys playing tennis, snow skiing, and making some of her own clothes. She very much enjoyed our California beaches and our warm climate. Ann's favorite class was drama with Mrs. Trujillo.



My name is Marc Dourdin and I am from France. I love the California climate because it's hot in the summer and mild in the winter. I also enjoy the school here because the teachers are friendly and relaxed. However, I think American schools don't have enough classes. I believe this because students don't have a bases in each subject. Every subject is important to have a good formation for a good job. Although American schools don't require enough classes, they do offer each student a choice. I like to choose the classes I want. I also like to get out of school at 2.40 p.m. because I have a lot of free time.

I'm from Rome, Italy. I came at the end of August and after a little bit of home sickness, I can say that I'm having a really good time. I'm living with Carol Scott and Sheri Millar, and I like it a lot. My first impression of Southern California was the wonderful weather and the possibility of enjoying the beach all year long. I really like Los Al, maybe because it is easier than my school, but especially because I have more freedom to choose my classes and participate in sports. It is going to be a great experience for me. I will learn a new language, meet new friends, and have a lot of fun. I know I'll miss everything very much when I go home, but I hope to come back to America soon.

— Francesca Tozzi



Hi my name is Julius Ympa and I'm a foreign exchange student from the Netherlands. At home I lived in a real small village with about 500 inhabitants, and that was quite a change when I came here. I'm living in Rossmore with the Fuelleman family. I arrived last August and I've seen a lot of interesting things already. I really like the school here because it's so different from our school. I've got much more fun classes here than in the Netherlands, where I graduated last



year. I like it a lot here in California, especially the weather and I hope to come back sometime so I can visit all my new friends again.



Hi! For those who didn't meet me during this year I spent at Los Al as an exchange student, I'm Katja Werner from Munich, West Germany. I'm one of those people who are crazy enough to leave their family and friends, their world to experience something they are completely unfamiliar with and to find themselves in 100 embarrassing, frustrating, but also funny situations. There are not only highs when you do something like that, the ups and downs alternate and sometimes it's pretty hard, but I think I've done quite well with surviving — thanks to a lot of wonderful people and very close friends that I've made here. They were always there to talk and to share "the fun of life." I appreciate every one of you because you are the ones that helped make this not only unforgettable, but also one of the best years of my life. It's been the greatest experience I've ever had, every minute of it was worth being lived — only, now that my time is almost up, I think it's too short! I would very much like to stay longer and I know that I'll miss you all very much, but we'll keep in touch and I'll come back some day. Just make sure you let me know when the class reunion is! Con mucho amor, love and thanks.

— Katja

As an exchange student from "Youth for Understanding," I have enjoyed my year at Los Alamitos High School very much. In Denmark I came from a small school with only 500 students. So in the beginning it was quite a difference. But as time went by I got settled down and began to feel that I belonged to Los Al. One of the things that I like about Los Al is the spirit. In Denmark we had no school sports, except P.E. So I have been very glad to be involved in school sports and spirit. I also like all the classes one can take here in the U.S. In the European school system, one doesn't have that many different classes. So as a conclusion, I would like to say thanks to everybody who I have known and to those that helped me through the year. Thank You!!!

— Jacob Rava





## WOMEN'S CLUB HONORS ROTARY

The Vocational Education Students of the Month were chosen by a Las Alamos faculty committee. These students received a \$100 check and were honored at Rotary Club luncheons. The Rotary of Las Alamos sponsored the awards.

Karen Holstein was honored in October by Mr. Atherton. Karen is enrolled in many business classes and hopes to pursue a career in Business Management.

Kristen Pipal was Career Student of the Month in November for her studies in Commercial Art and Word Processing. Kristen is interested in Retail Merchandising for her future.

Glen Kaneko was chosen for the month of December. Glen was chosen by Mr. Considine for his efforts in photo, newspaper, and yearbook.

Tom Olszewski was honored by Mr. Ellis for his drafting skills in January. Tom has taken four years of Drafting plus Auto 1 and Electronics 1. Tom would like to become a Mechanical Engineer.

Ken Mural was chosen for the month of February for his Art and Architecture skills. Ken placed first in Orange Youth Expo and second place for the State Fair. Ken would like to become an Architect in the future.

Pam Gold was chosen by Ms. Smallfield in the month of March for Pam's interest in Word Processing. Pam is employed by Rockwell International.

Jim Dorsey was Career Student of the Month for April. Jim was nominated by Mr. Broadhurst for his wood and welding abilities. Jim would like to become a Jet Engine Mechanic.

Tim O'Keefe was honored in May by the Women's Club for his woodworking abilities. He was chosen by Mr. Becker and Mr. Ellis.

Tim Hamdorf was selected for the month of June by Mr. Broadhurst. Tim is very involved in his welding classes.



Karen Holstein  
October



Kristen Pipal  
November



Glen Kaneko  
December



Tom Olszewski  
January



Ken Mural  
February



Pam Gold  
March



Jim Dorsey  
April



Tim O'Keefe  
May



Tim Hamdorf  
June

## ACADEMIC HONORS ACHIEVE, RECEIVE

Kent Nordstrom had the honor of being 1985-86 first Student of the Month. Kent was a National Merit Semi-Finalist as well as ASB President. He was also active in the Speech Team and Decathlon Team as well as on the Crusader Staff.

Judy Holzgang was honored in October. Judy was the student representative to the Board of Education and manager of the Decathlon Team. Judy hopes to major in dietetics/food, administration, or Political Science.

Darren Glaudini the planning commissioner in Cobier was November Student of the Month. Darren was very active in choir and drama as well as being L.A.'s Boys' State Representative of Southern California.

Lance LeCompte was December Student of the Month. He was the captain of the varsity yell squad as well as named a National Merit Commended Student for his outstanding PSAT score. In his spare time Lance is a junior life guard in Long Beach.

Tracy Gibson was the Student of the Month honored in January. She was awarded for her outstanding achievement academically and socially. Tracy was the Girls' State Alternate for 1985 and has been a cheerleader for four years.



Kent Nordstrom  
September



Judy Holzgang  
October



Darren Glaudini  
November



Lance LeCompte  
December



Tracy Gibson  
January



Jan Moulhardt  
February

Rossmoor Women's Club was proud to honor an outstanding senior at each of its General Meetings during the school year. After being nominated by a teacher, the student's qualifications were reviewed by a panel of teachers, counselors and the RWC Scholarship Chairman. The 10 students were chosen for their high scholastic achievements, academic excellence and leadership abilities both on campus and in the community. Each student was honored with a \$100 savings bond given at the Club meeting.

Jan Moulhardt was honored in February. She also was active in Student Government serving as Commissioner of Publicity. Jan keeps busy with Mock Trial, CSF and her membership in the Cow Club.

David Sohn had the honor of being March's Student of the Month. David served as Student Body Treasurer and was an honor student. David is also very dedicated towards drawing and art.

Michael Chen, Editor of the Crusader, was chosen for April Student of the Month. He had been on the Speech Team for 3 years, was active in CSF, and Quill and Scroll. Mike was also chosen by Press Telegram to work in the Minority Journalism Seminar.

Scott Rober had the honor of being Student of the Month in May. He was Co-Editor of the Crusader, 4 year member of CSF, Kiwanis Bowl Team and Mock Trial. Scott also was in Quill and Scroll.

Amy Cross was the committee's choice for June. Amy has academically achieved as well as being in many school activities like government, Interact, Keywanettes, and all Class Committees.



David Sohn  
March



Mike Chen  
April



Scott Rober  
May



Amy Cross  
June





At 10:00 p.m., students put a halt to their dancing shoes and gather around to witness the coronation. Nida Nafarette and Brett Rinella proudly accept the prestigious honor. All freshmen and sophomores nominated other classmates and from this vote, it was narrowed down to ten finalists from each grade.



Sophomore Class President Shubert Koong, takes the stage and announces the winners of the door prizes. With the supervision and help from Ms. Long, he was able to obtain spectacular prizes. Some included record gift certificates, fitness club guest passes, and an adorable Teddy Bear. This was a big hit among the students.



Accepting their title with pride, P. J. Long and Kent Wells make their way onto the dance floor. They will now reign as Sophomore Queen and King. Both Queens were awarded with a Teddy Bear and a crown which sparkled just like their eyes.



Enjoying her Friday night, Mrs. Steeby shows her school spirit by welcoming each person to the Sweetheart Dance. Like many students, she did not come alone. Mrs. Steeby brought her husband along to help out. This annual event is memorable and spine-tingling for everybody.

## ANNUAL SWEETHEART DANCE

### VALENTINE'S ROMANCE AT SWEETHEART DANCE

March 7, 1986 marked the celebration of the crowning of the new royalty. Alumni, Chuck Dubourdieu, was the D.J. at the annual Sweetheart Dance. The gym, decorated with pink and red balloons, was the setting for this special event. After the door prizes were awarded, it was time for the coronation. As the audience hushed and suspension filled the air, P. J. Long and Kent Wells were crowned Sophomore King and Queen. Nida Nafarrete and Brett Rinella were then given the title of Freshman King and Queen. Following the announcement, couples filled the floor and danced the night away. Other Sophomore nominees were Janie Kurtella, Brandie Shields, Vicki Kuzmich, Linda Done, Royal Reed, Eric Prussel, Paul May, and Sean Patrick. Completing the Freshman court were Darren Anthony, Mike Deckert, David Haub, Joan Burtzell, Crystal Carrol, Kim McNamer, and Tanya Weth.



Junior Greg Saylin, gives a last minute goodluck wish to his valentine Linda Done. This is a very special evening to remember because Linda is up for sophomore queen. Dancing for a long while can be quite exhausting, therefore, this time of relaxation is much needed.



Julie Simmons, Michelle Malkemus, and Kristi Shelly appreciate this time to rest their feet. They anxiously await to hear who will be the new royalty, but first they check to see if they have the winning raffle ticket.



Dances are often times a social event. Gerry LeDoux, Naomi Nafarrete, Virgil Nafarrete, Nida Nafarrete, Bill Lanford, Scott Omahundro, Franklin Quenga, and David Haub use this time to reminisce about old times and dream about future events.



## SPEECH TEAM CARRIES ON

The Speech Team, advised by the popular teacher Mr. Jack Schlatter, continued its dominance in the Orange County Speech League. They compered in many local competitions against dozens of other schools. Members may have entered individually or with a partner. Some of the categories included humorous and dramatic interpretations, impromptu, and prepared speech. Our school performed well in the overall sweepstakes category and members were awarded individual awards throughout the year.



Junior, Kim Fuelleman, practices her speech with great enthusiasm and emotion.



The well-known sophomore, Julie Seaborn, waits patiently at the Speech Team rehearsal. She is going to be competing in the humorous category. Having much practice on stage, this should be an easy task for Julie.



Speech Team: Front Row — Kent Nordstrom, Malcolm Womack, Erin Rocco, Julie Seaborn, Jennifer Phillips, Barbara Ewing. Second Row — Robert Book, Pam Fitzgerald, Koryn Cook, Steve Evang, Mark Salamon, Rick Bernstein. Third Row — Kim Fuelleman, David Sohn, Jeff Harman, Scott Rober, David Hoven, Lorraine Harding, Melinda McDonald, Ari Martini, Justine Henshaw, Robert Tuttle, Sean Anderson, Holly Vineyard, Lori Hagen, Debbie Klein, Grace Wang.



Memorization is an important skill to attain for any type of acting. Senior Scott Rober, makes his first attempt to memorize his part of the dialogue which he will be performing in front of the judges. He is one of the more serious members.



Freshman Rick Bernstein, reaches into the files for his cue cards that he will be practicing with. At a past Speech League competition he won a trophy in original oratory. Rick is quite interested in drama.

## KIWANIS BOWL HONOR SOCIETY

### KIWANIS BOWL QUIZES HONOR SOCIETY WHIZZES

For most people, trivial pursuit is a difficult game, but for the Kiwanis Team, it is not just a game — it is an acquired skill. The Kiwanis Bowl Team was a quiz competition team that practiced four or more hours a week. They rehearsed quiz game techniques and researched different areas for answers. This year the team played Edison High twice — they won one and lost one. March third marked the date that we defeated Trabuco Hills High School, 85-4. It was a very close match. As a tradition, they played the faculty in a friendly contest. Advised by Dr. Cross, this year's team was the best in Los Al's history. They were a group that sparkled.

The National Honor Society was definitely a prestigious group on campus. It was reserved for those students who received at least a 3.6 grade point average during the first seven semesters of their high school years.

Kiwanis Bowl: Front Row — Jeff Palk, Robert Barey, Sean Anderson, Dr. Jim Cross, Jim Oberacker, Pam Fitzgerald, Chris Brown, Lorraine Harding. Back Row — Jeff Harman, Steve Wolf



Team work is the key to success. Kiwanis Bowl members, Lorraine Harding, Pam Fitzgerald, and Steve Wolf help each other study for their upcoming competition.



National Honor Society: Robert Barey, Michael Dawson, Stefani Canin, Michael Chen, Johnny Dunn, Roseanne Garcia, Traci Gibson, Joey Grasso, Michael Bernstein, Sharesh Gupta, Erica Huang, Elisa Langsam, Adam Uet, Christina Martinez, Carmine Napolianno, Kent Nordstrom, David Orvis, Todd Paulos, Cindy Pittsey, Scott Rober, Kevin Roe, Cathy Siler, David Sohn, Athanasia Syrengelas, Paula Wasikowski, and John York.



# THE GOOD DOCTOR

## ACT ONE

The Writer .....MALCOLM WOMACK

### THE SNEEZE

Writer .....MALCOLM WOMACK  
Cherdyakov .....DARREN GLAUDINI  
General .....KENT NORDSTROM  
Wife .....JAN MAULHARDT  
Madame Brassilov .....HEATHER HOPPUS

### THE GOVERNESS

Writer .....MALCOLM WOMACK  
Julia .....SUSAN EGAN  
Mistress .....LAURA MEALS

### SURGERY

Writer .....MALCOLM WOMACK  
Kuryatin .....KENT NORDSTROM  
Sexton .....EDDIE ALLEN

### TOO LATE FOR HAPPINESS

Man .....DARREN GLAUDINI  
Woman .....JULIE SEABORN

### THE SEDUCTION

Writer .....MALCOLM WOMACK  
Peter .....DARREN GLAUDINI  
Husband .....EDDIE ALLEN  
Wife .....SUSAN EGAN

## ACT TWO

### THE DROWNED MAN

Writer .....MALCOLM WOMACK  
Man .....KENT NORDSTROM  
Sailor .....DARIN ANTHONY  
Policeman .....EDDIE ALLEN

### THE AUDITION

Writer .....MALCOLM WOMACK  
Girl .....JULIE SEABORN

### A DEFENSELESS CREATURE

Assistant .....EDDIE ALLEN  
Kistunov .....DARREN GLAUDINI  
Woman .....HEATHER HOPPUS

### THE ARRANGEMENT

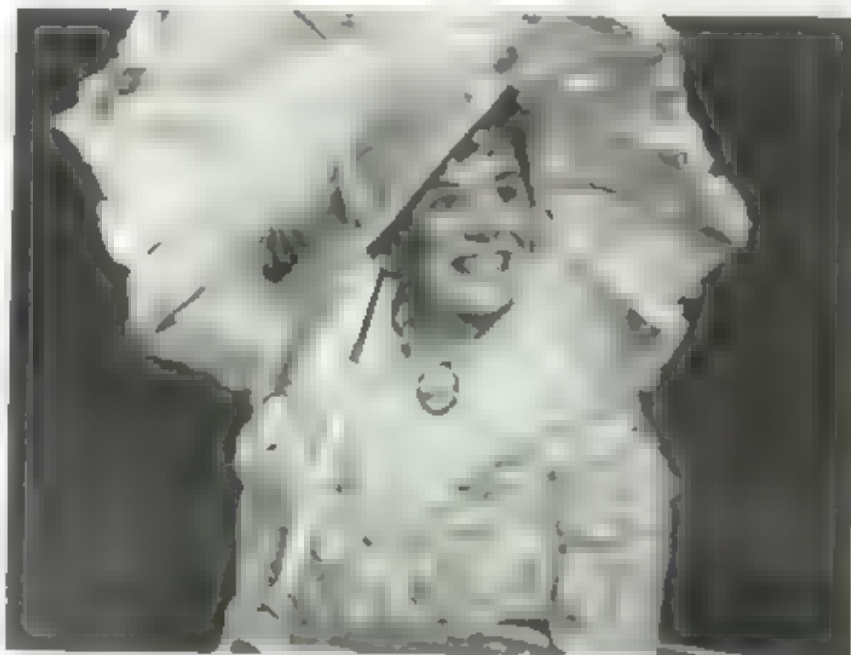
Writer .....MALCOLM WOMACK  
Father .....KENT NORDSTROM  
Son .....DARIN ANTHONY  
Lady .....JAN MAULHARDT

## CREW

Director .....JUDY TRUJILLO  
Stage Manager .....STEVE STOEWER  
Lights/Sound .....DILL BUSENKELL

CRAIG MALONE, STEVE EVANS, LOUIS YOUNG

Costumes .....JILL RIORDAN AND CHRYSTIE PLATIS  
Props .....VANESSA GONZALES AND TRACI GIBSON



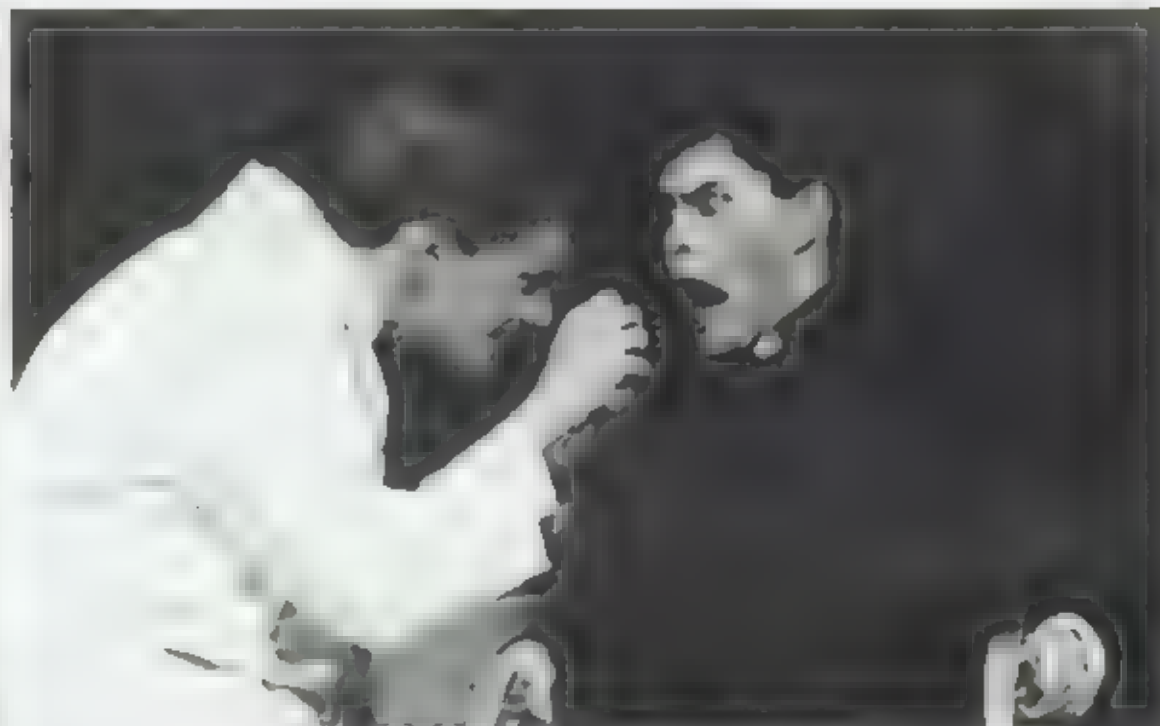
Portraying the role of a wife in the skit, "The Seduction," Susan Egan displays a casual yet conniving smile towards her husband. Then she glances toward Peter with wishful thinking.



In "The Governess," the mistress, played by Laura Meals chastises Julia, played by Susan Egan. The mistress cuts Julia's pay whenever she can as she finds the tiniest errors intolerable.



Heather Hoppus in her role as the woman, shows Eddie Allen, the assistant her husband's doctor's certificate showing how sick her husband is in the skit "A Defenseless Creature."



Malcolm Womack, as the writer upper left, narrates the Good Doctor. He wishes he could conclude all of his stories with the happy thought: May you inherit five million rubles.

Kent Nordstrom, as Kuryatin, upper right, looks into the Sexton's (Eddie Allen) mouth. Kuryatin, a dental assistant who has never pulled a tooth, insists that the Sexton must lose a few teeth. From the expression on his face, the Sexton isn't exactly excited about Kuryatin's decision.

Kistunov, the banker portrayed by Darren Gludini, middle left, pleads with the woman Heather Hoppus, begging her to leave his office immediately before his hair starts falling out. She insists she is a weak, defenseless creature, but he appears to think otherwise.

Julie Seaborn, above, smiles as she receives a congratulatory hug from a close friend. He came to see Julie and the cast opening night.

Darin Anthony, Julie Seaborn, and Heather Hoppus, left, smile together as they receive well-earned applause during the curtain call. Working together, all of the cast learned how much hard work theatre involves, but the work is rewarding when the performance is successful.



## IN GOOD "COMPANY," DRAMA PROJECTS GREAT YOUNG TALENTS

Under the direction of Mrs. Trujillo and musical director Mr. Opack, the production of *Company* rapidly became a smash hit. This musical comedy by Stephen Sondheim was full of many sparkling performances by stars Darren Glaudini and Julie Seaborn. Rey Lozano choreographed the dance numbers in the play, helping to tie in the many talented performers at Los Al. This musical production helped raise money for the new performing arts center — providing better facilities for talented students.

### CAST

(In order of appearance)

Robert .....	DARREN GLAUDINI
Sarah .....	JENIFER SWANSON
Harry .....	BRIAN EAST
Susan .....	SUSAN EGAN
Peter .....	MATT MCSHEEHY
Jenny .....	TRACI GIBSON
David .....	KEN STOCKWELL
Amy .....	JULIE SEABORN
Paul .....	RICK MURRAY
Joanne .....	HEATHER HOPKINS
Larry .....	DAVID SIDON
Martha .....	MARGI HIRSCHMAN
Kathy .....	KIM MARTIN
April .....	VANESSA GONZALES
Jan .....	LAURA MEALS
Angie .....	HOLLY WATSON

### COMPANY

STEVEN WOLF	VICKI KUZMICH
BOBBY JACK	SHAHANA HASSON
DEVIN BUDD	KIM RODEFELD
LANCE LE COMPTE	MALCOLM WOMACK
MEL NDA McDONALD	

### CREW

Director .....	JUDY TRUJILLO
Musical Director .....	RALPH OPACK
Choreographer .....	REY LOZANO
Accompanist .....	PETE WILLIAMS
Set Design .....	LANCE LECOMPTE
Stage Manager .....	STEVE STOEWER
Light Crew .....	BILL BUSENKELL
	TIM DE YOUNG ED KNIGHT ERIC HAPPOLT
Make-Up .....	DELA CORCORAN
Program/Poster Design .....	KRISTIN PIPAL
Props .....	MARGARET SAVAGE
Costumes .....	JILL RIORDAN
Curtain .....	DARIN ANTHONY

Julie Seaborn sings "I'm Not Getting Married Today," even as she prepares to tie the knot. She obviously feels panicked on her wedding day.



Darren Glaudini as "Bobby" attempts to turn on the charm as he tries to "seduce" Vanessa Gonzalez who plays "April."



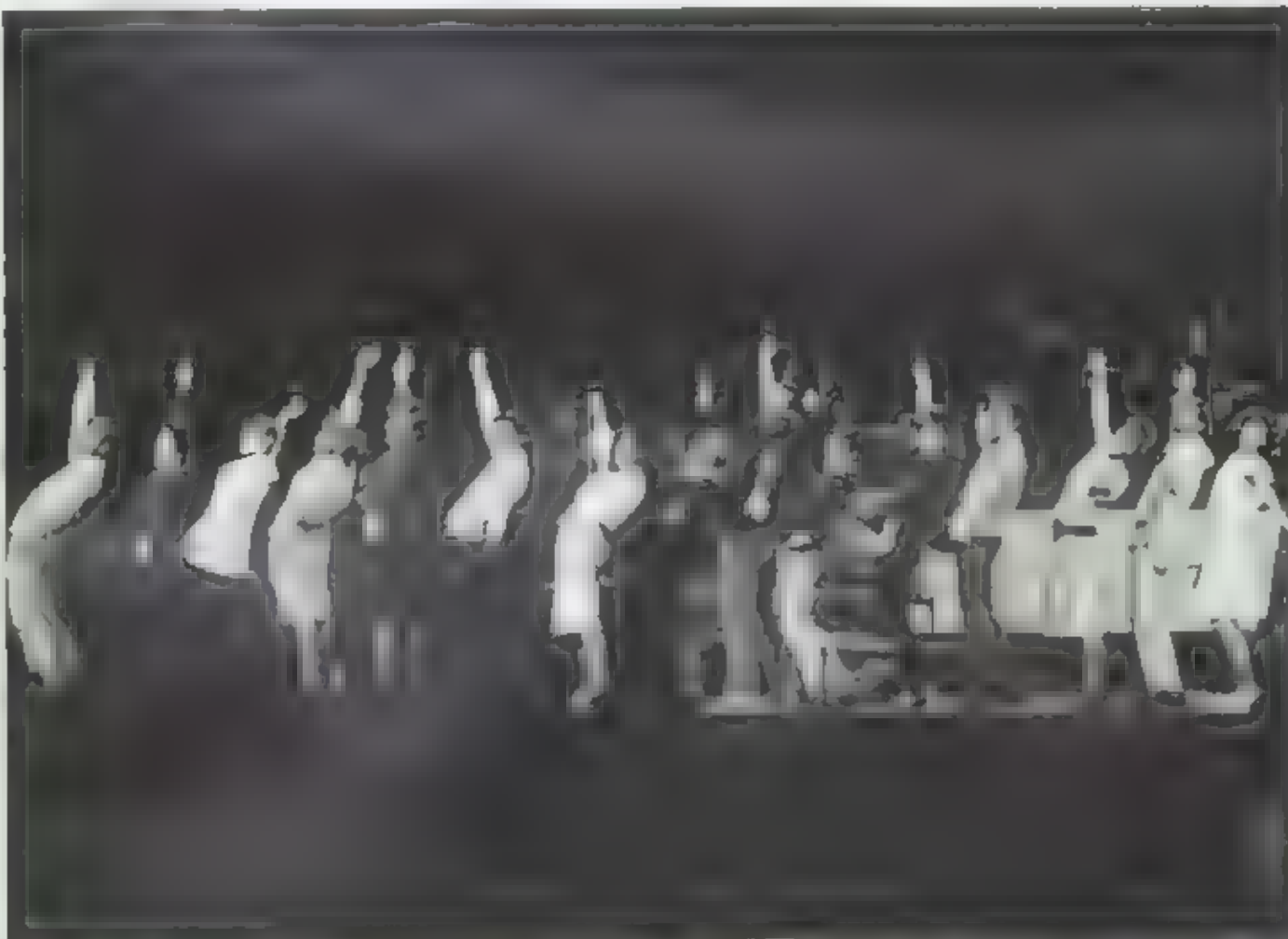
Susan Egan, also known as "Susan" from *Company*, whole heartily sings about divorce which brings her closer to her ex-husband.



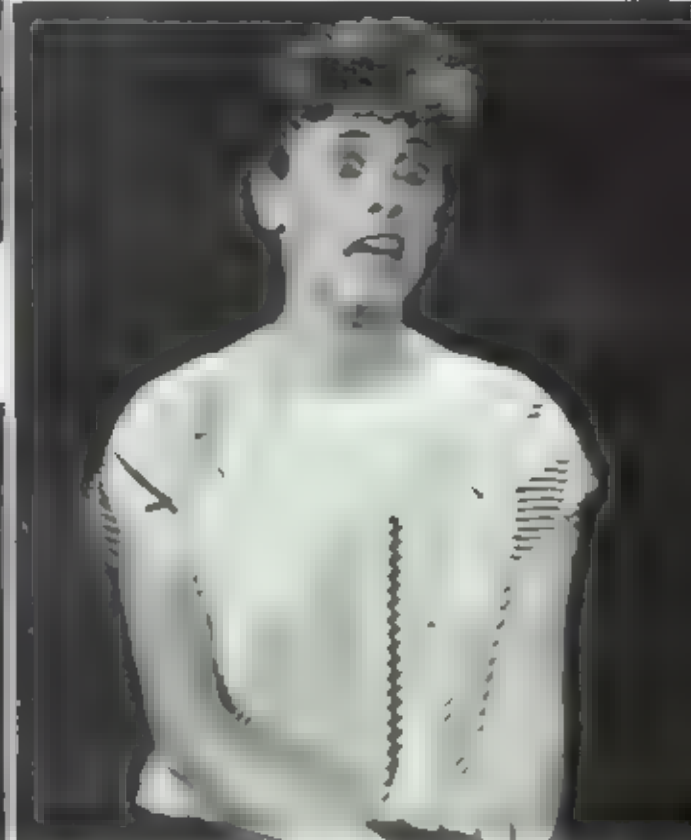
# COMPANY



The chorus surrounds "Bobby" who is portrayed by Darren Gloudini, and sings the title song "Company"



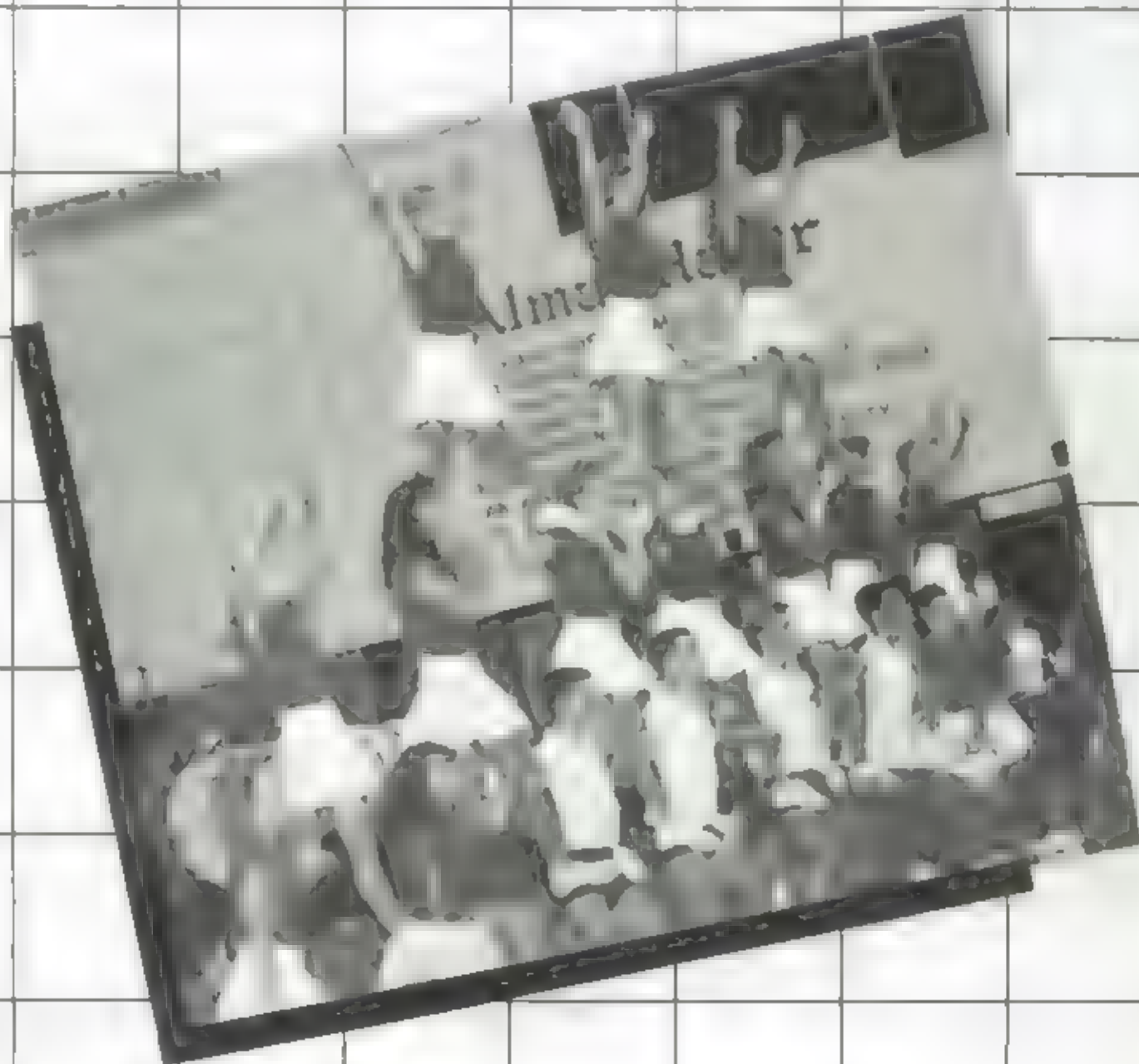
With fully extended arms and voices, the cast of Company finishes the first part of act two singing "Side by Side"



Heather Hoppus who plays "Joanne" expressively sings "The Ladies Who Lunch." Heather delights audiences with her charm.



# performing arts





## SPOTLIGHT SHINES ON TALENTED THESPIANS

As one of the most active clubs on campus, Drama Club was made up of some of the most energetic students at Los Al, who enjoyed performing, and who had the talent needed to act in the many plays which the Drama Club staged. Members of the Drama Club performed many tasks to help with the productions, such as working as ushers and selling tickets. Among the numerous productions this year were *Company* and *Music, Music, Music*. The latter was a benefit concert to raise money for the Performing Arts Center. In order to pay for the expenses involved in a drama production, the club earned money through various candy sales held throughout the year, and the money obtained through ticket sales from the plays themselves.

Drama Club Officers: Front Row — Malcolm Womack Second Row — Melinda McDonald, Lisa Meeks, Karen Hoiste, Jennifer Swanson, Susan Egan



Vicki Kuzmich sings in the benefit concert *Music, Music, Music*, which helps raise money for the Performing Arts Center.

Drama Club: Front Row — Traci Gibson, Tally Burkhardt, Matt McSheehy, Jean Sicket, Holly Watson, Julie Seaborn, Susan Egan, Lisa Perles, Julie Coontz, Danira Humphrey, Sandy Daniels Second Row — Korn Lewis, Rick Bernarein, Stacie Ray, Melinda McDonald, Jennifer Swanson, Kristina Alvarez, Julie Siler, Jill Riordan, Jennifer Booth, Karen Hoistein, Laura Dillon, Kathleen Gannon Third Row — Barbara Ewing, Nancy Lee, Anne Saye, Alison King, Heather Hoppus, Melinda Barber, Rachel Brophy, Jennifer Slusher, Kim Engel, Tracey Doyle, Steve Wolf, Rachel Kurkus, Sean Creasy Fourth Row — Kory Bryson, David Haven, Darren Glaudini, Kent Nordstrom, Scott Rinella, Craig Malone, Mark Solomon, Tommy Caruso, Robert Book, Alison Chafe, Eric Kohler, Brad Schultz Fifth Row — Sarah Libby, Dave Skidoni

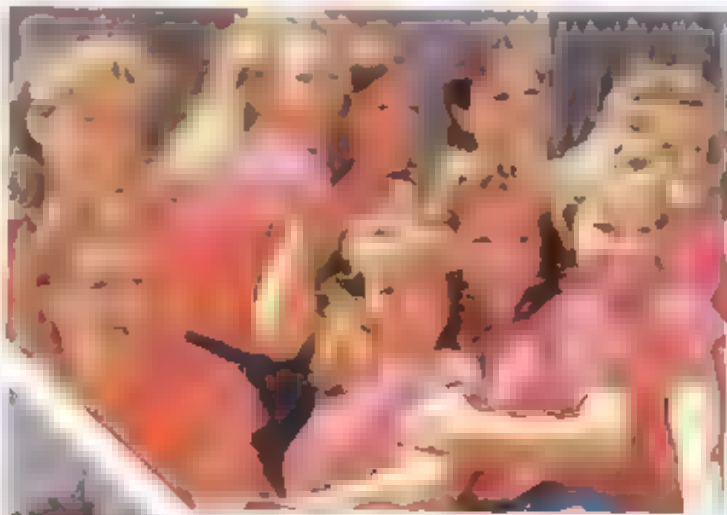




Cheerleading is not just fun and games. It is hard work. Cathy Poe and Suzie Pray are able to maintain smiles while doing the absrade course.



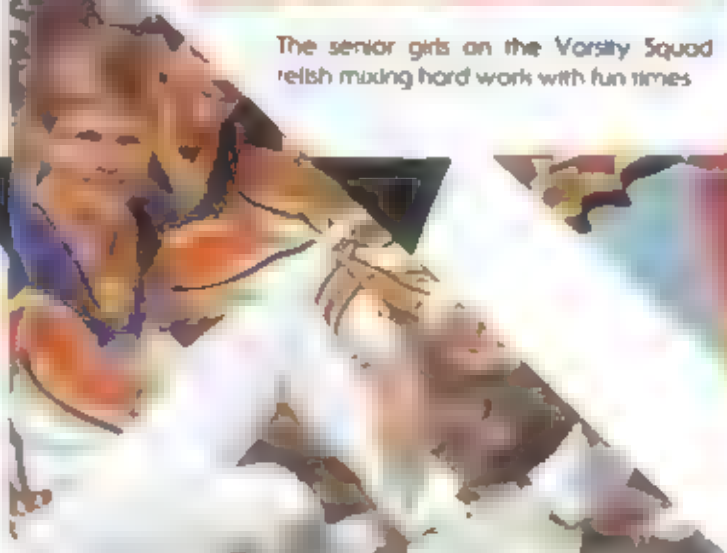
Varsity Cheer and Yell Front Row — Chris Degregory Michele Stoll Laurel Kergan  
Second Row — Devin Budd Jody Crum Suzie Pray Cathy Poe Ron Wilhelm Third  
Row — Michele Overbeek, Kim Rodefeld, Traci Gibson, Sara Brain, Missy Munster-  
man Rick Murray Fourth Row — Jim Devlin Donna Hardin Cathy Siler Lance  
LeCompte



The senior girls on the Varsity Squad  
relish mixing hard work with fun times



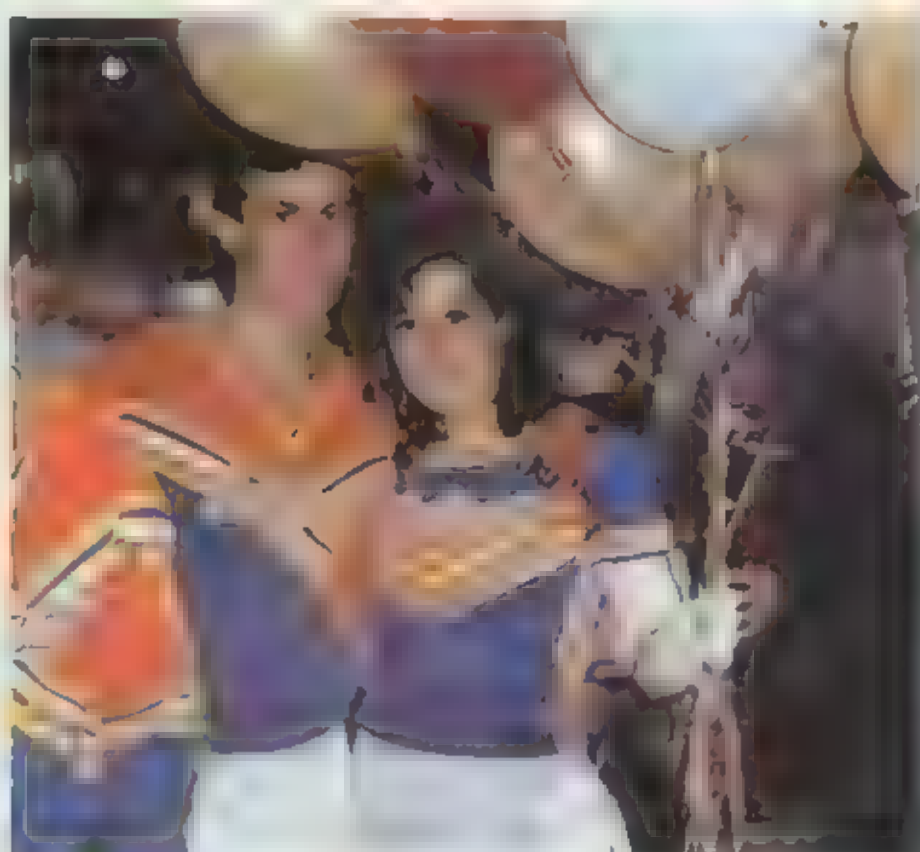
Senior yell leader, Lance LeCompte, enthusiastically watches the other squads  
perform. He is ASB pep commissioner and captain of varsity yell. Spirit and sup-  
port is what cheerleading is all about



Jim Devlin manages to rest up  
before building the next  
strenuous pyramid



Varsity Song. Front Row — Naomi Nafarette, Heather Hoppus, Christine Dennis Back Row — Vanessa Thomas, Anne Save, Stephanie Snow, Linda Jensen, Margi Hilschman, Ronna Coulter



Along with Homecoming festivities comes a time to celebrate. Former yell leader Guy Woodson and song leader Margi Hilschman join in on the excitement. During halftime, multicolored balloons and flags cover the field making an ode for the Homecoming Queen candidates.

## VARSITY CHEER, SONG PAINT THE SCHOOL RED

Under the instruction of Rey Lazano (above), the Varsity Yell and Cheer squad was defending the National Champions. They competed throughout the whole year at local and state competitions; they then went on to nationwide competitions. The Varsity Song Leaders were another busy squad working hard to maintain their superior reputation. They started practicing over summer and continued until spring. In August, all squads attended a US Spiritleaders camp at the University of Santa Barbara. This gave them a chance to perfect their routines for the numerous competitions.

Naomi Nafarette, Linda Jensen, Anne Save, and Ronna Coulter (above), practice a kick line at camp in order to perform it for other schools from around the state.



## CHEER CELEBRATES VICTORIES

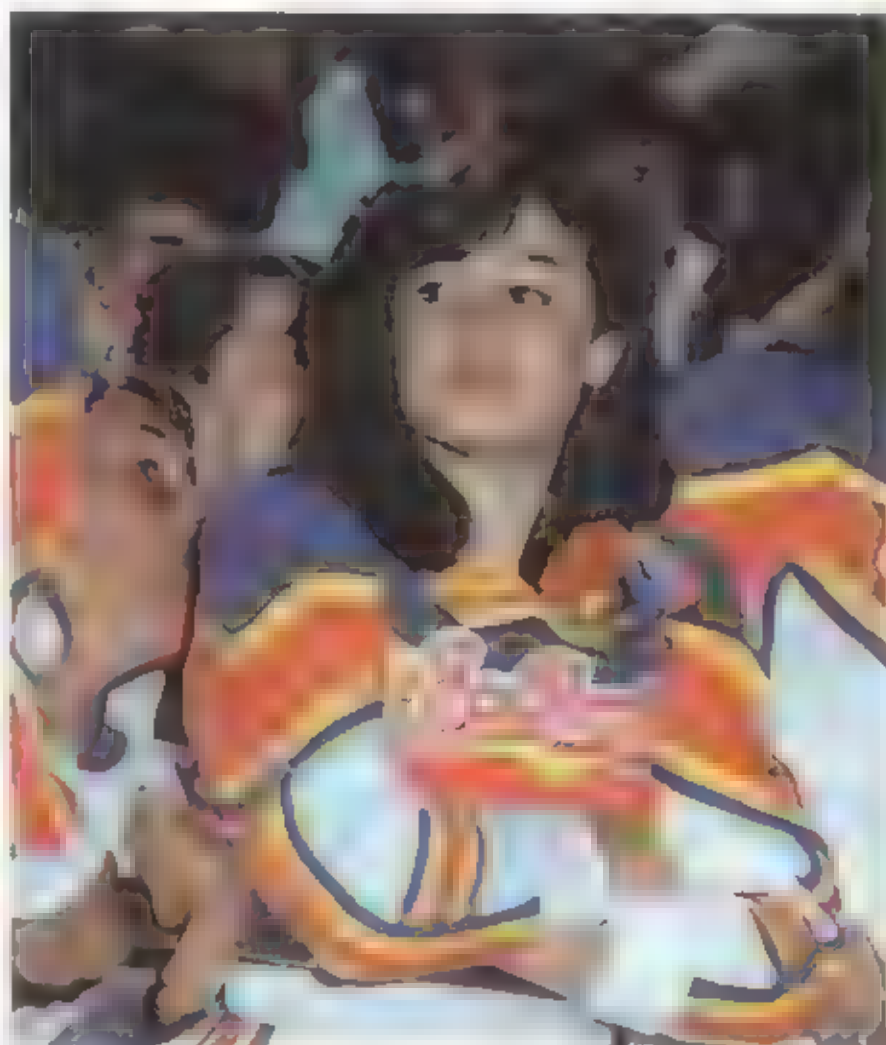
The Junior Varsity Cheer squad consisted of sophomores, juniors and seniors. The sophomores cheered at their grade level games; the juniors and seniors cheered at varsity games. However, when it came to competitions, there was a Varsity Competition squad consisting of all grade levels. There was also a small girls varsity which consisted of junior and senior girls. Both squads competed in numerous competitions throughout the year. The freshman girls also put in a great amount of effort to maintain the superior reputation of the school.



Getting ready for the big game. Dana Rosenfeld helps point posters in support of the J.V. Football Team during Homecoming spirit week.



J.V. Cheer: Front Row — Sharon Weinstein, Kim Ramseyer Second Row — Aimee Lewis, Kanani Turco, Julie Siler, Yvonne Soule, Dana Rosenfeld Third Row — Kelly Clark, Cinnamon Chaney Fourth Row — Darlene Kamm, Susan Egan



Watching the Homecoming half-time celebration. Kanani Turco waits patiently for the return of the football team and the remainder of the game.



As the sun sets, J.V. Cheerleader Kelly Clark raises posters at Galt Stadium for the Homecoming game. Her help shows enthusiasm for the victory ahead.



Freshman Cheer: First Row — Colleen May, Nida Nafiziere, Joan Burtzell Second Row — Sarah Tibbitts, Marissa Spurlack Third Row — Holly Smith, Wendy Hines, Kuty Corings Tracy Delaney Fourth Row — Julie Eschenbrenner, Holly Noonan

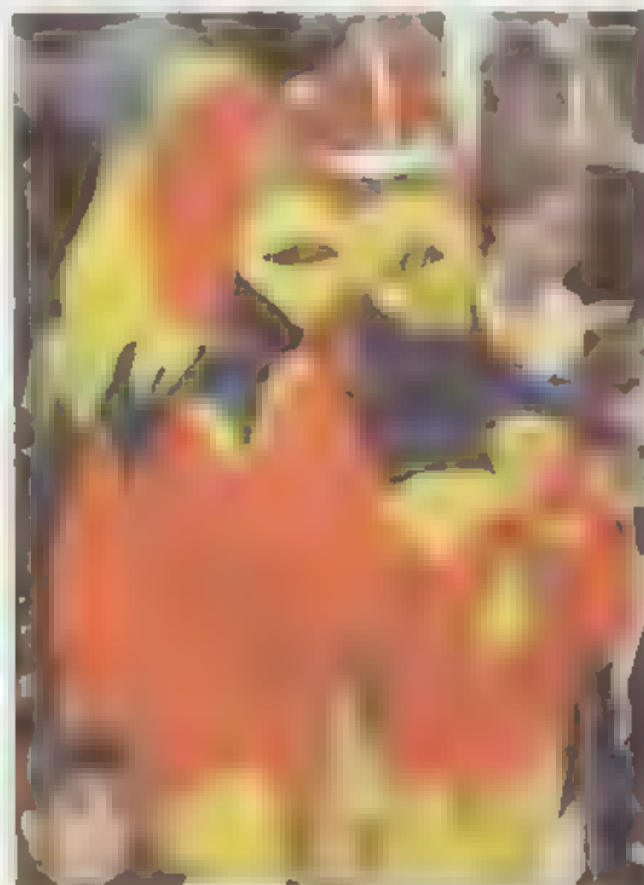


junior  
varsity  
and  
freshman  
cheer,  
mascots

side and the school are led by two upperclassmen, Jennifer Mallen and Melinda McDonald. As a result, mascots they bring up and celebration to pep assemblies and games, with pride celebrated in living color.



order to do high kicks, Freshman girls Wendy Hines and Colleen May help Tracy Delaney stretch down to her toes during practice time period, stretching is a daily warm up which none can miss.



Dressed in his finest attire, Gunther Griffin jumps around the gym at a pep assembly. He leads the crowds in homeroom festivities.



## BATEY, TWIRLES OUT IN FRONT

As the year progressed, the Los Alamitos Olympian Marching Band has many victories to celebrate. They went to such competitions as the Artesia Parade, they defeated other schools winning their first Sweepstakes Award of the year.

Virgil Nafarrete was the 1985-86 Drum Major and under the direction of Tom Hrbacek, the Los Alamitos Olympian Marching Band continually achieved superior marks and represented our highly ranked school.

The Advanced and Intermediate Bands helped the Freshmen Band and together they helped bring spirited celebration to games of all types and pride to Los Alamitos.



Jazz Band: Front Row — Lisa Defalos, Michele Gener, Daralyn Hamoda, Evan Kunst, Mike Kienitz, Ron Muir. Second Row — Pam Armsread, David Lamb, Brian Ehler, Allison Cook, Eric Mellencamp, Tom Anderson, Cher Silvers, Chris Lomb, Duncan Davidson. Third Row — Imre Golden, Tim DeYoung, Mike Moore, Tom Foden, Virgil Nafarrete.



Although wearing a band uniform is an honor, John Jost and Virgil Nafarrete still cannot wait for that moment to take off their band uniforms and put on a pair of jeans.



Jennifer Younghusband and Alissa Robinson play their flutes tall and proud to show Mr. Hrbacek they are ready to perform at the Griffin football game tonight.

# olympian marching band



Every year, the Olympian Marching Band members go to the gym to practice. Carolyn Kolb, Shelby Gilroy, Janice Turby, Don The Man, Squyres, and Suz Alstrom.

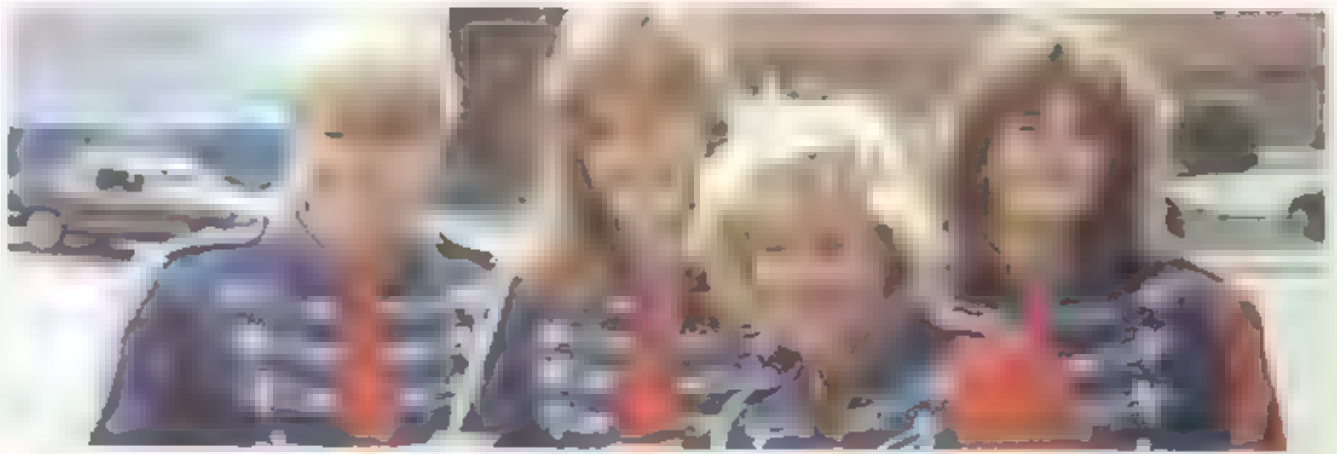


Olympian Marching Band: Front Row — Virgil Natarrete, Lisa Kim, Puanani Perera, Ericka Boone, Erin Osburn, Arthur AJ Rathke, Karen Oro, Joelle Anisman, Annette Boria, Randy Bugge, Erin McBride, Dawn Lucette, John DeGregory, Teresa Gonzales, Susan Eiston, Jennie Shelley, Tina Calderon, Jenny Bastain, Jennifer Borey. Second Row — Suzanne Bazon, Gail Endlund, Marianne Carroll, Mary Houghton, Christina Tike, Ron Vega, Michele Gener, Debbie Ramchandani, Chanda King, Lisa Kelotas, Mike Kientz, Erin Anderson, Ailssa Robinson, Stacey Jordan, Stephanie Sanchez, Amy Polakoff, Jennifer Slusher, Jenny Levin, Lisa Orvis, Stacie Light. Third Row — Laurel Creasey, Jeremy Trammel, Brad Bills, Jennifer Younghusband, Paul Ornone, Chris Brown, Jennifer Booth, Christine Clabough, Shelby Gilroy, Jennifer Simmons, Cindy Schild, Tami Lucas, Kym Guinn, Kirk Saylin, Tara Nummedal, Ken Bishop, David Brown, Carolyn Kolb. Fourth Row — Veronica Woodie, Phil Raymond, Christina Lucas, Linda Palmer, Renee Menard, Elise Herning, Cathy Jenner, Jon Maples, David Lamb, Margaret Savage, Danny Kolodzieg, Arron Wheeler, Phil Hueh, Ann Faircloth, Laura Murray, Ann Mellencamp, Yvette Powell, Chris Brophy, Janice Turby. Fifth Row — Bill Busenell, Chad Manning, Marc Jessener, Tim Calder, Duncan Davidson, Karl Oneyear, Chris Burnett, Kurt Spurgin, Pat Leon, Craig Wiblema, Imre Golden, Darren Bian, Tony Tredway, Laura Cannon, Marc Eric Mainer, Greg Carson, Dave Schulten, Louis Young. Sixth Row — Tim DeYoung, David Carlen, Chet Silvers, Mike Moore, John Hrbacek, Jeff Lyons, Mike Greuter, Mark Reutzel, John Jost, Julius Ypma, Casey Dankers, Eric Rager, Greg Saylin, Sarah Mueller, Jeff Amhad, Derek Baker, John Turby. Not Pictured — Steve Staewer, Randy Hawk.



# BAND SHOWS A MANIA FOR MUSIC

JIDE



Elise Herning, Ann Fordcloth, Renee Menard, and Laura Murry mentally prepare themselves for the upcoming competition. The band is preparing for the upcoming competition, which is a challenge for them to have.



How many have heard of Jennifer Doley? She is a student at the school.

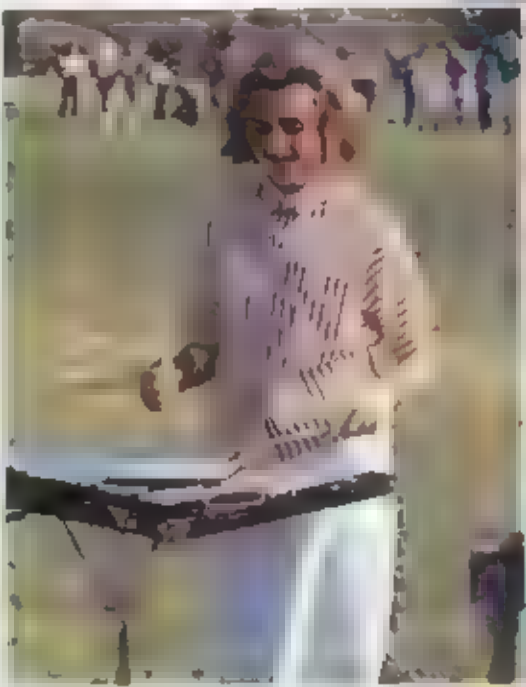
A Virgin Notorite... the band is preparing for the upcoming competition, which is a challenge for them to have.



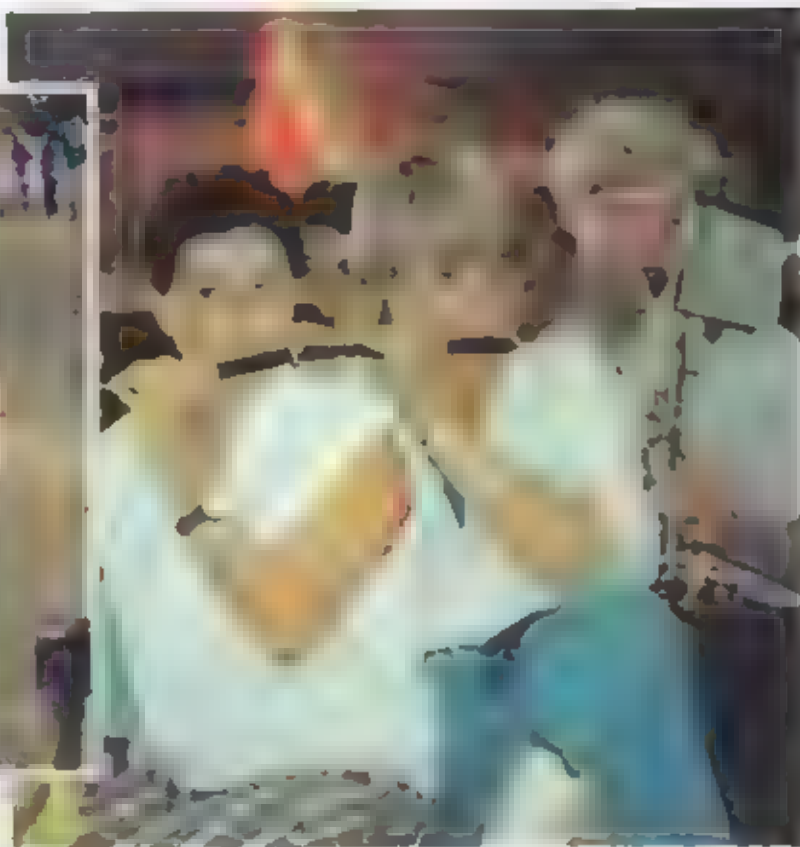
Tim DeYoung, a student at the school, is playing the guitar.



the student is playing the guitar. Jeff Lyons, a student at the school, is playing the guitar.



Member of the band Marianne Corall plays "Los Gallos" on the xylophone. It is a song for the field show that the band performs during football season.



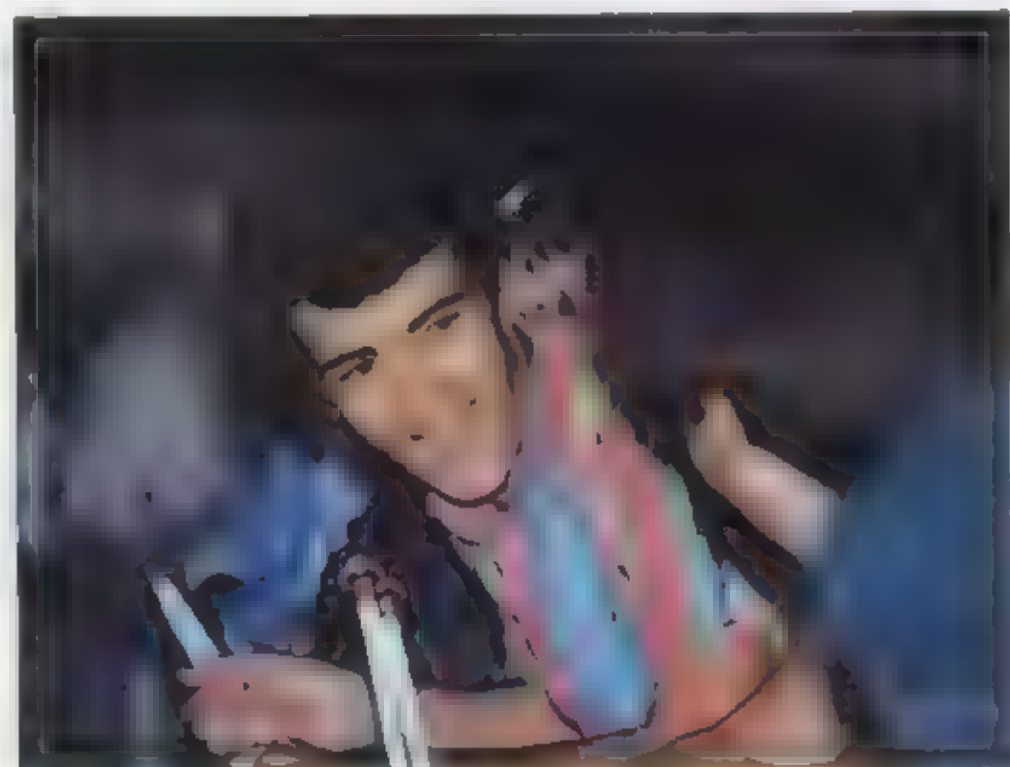
Stacey Jordan, and Elise Herning believe that pure concentration is needed to perform our National Anthem before the actual starting of the Pep Assembly.



Chet Silvers stands down playing with his trombone at the side during pep assembly. He is a good figure of why Mr. Hibbard is saying pep and why we are at this.



Carl Oneyear, Chet Silvers, foreign exchange student Julius Ypma, and Kurt Saylin wonder how much longer they will have to practice for the field show until they get it perfect.



Jeff Lyons is one of the drummers who likes to play the drums when no one else is around. Looking at the next year, Jeff suddenly realizes he is the only one playing drums.

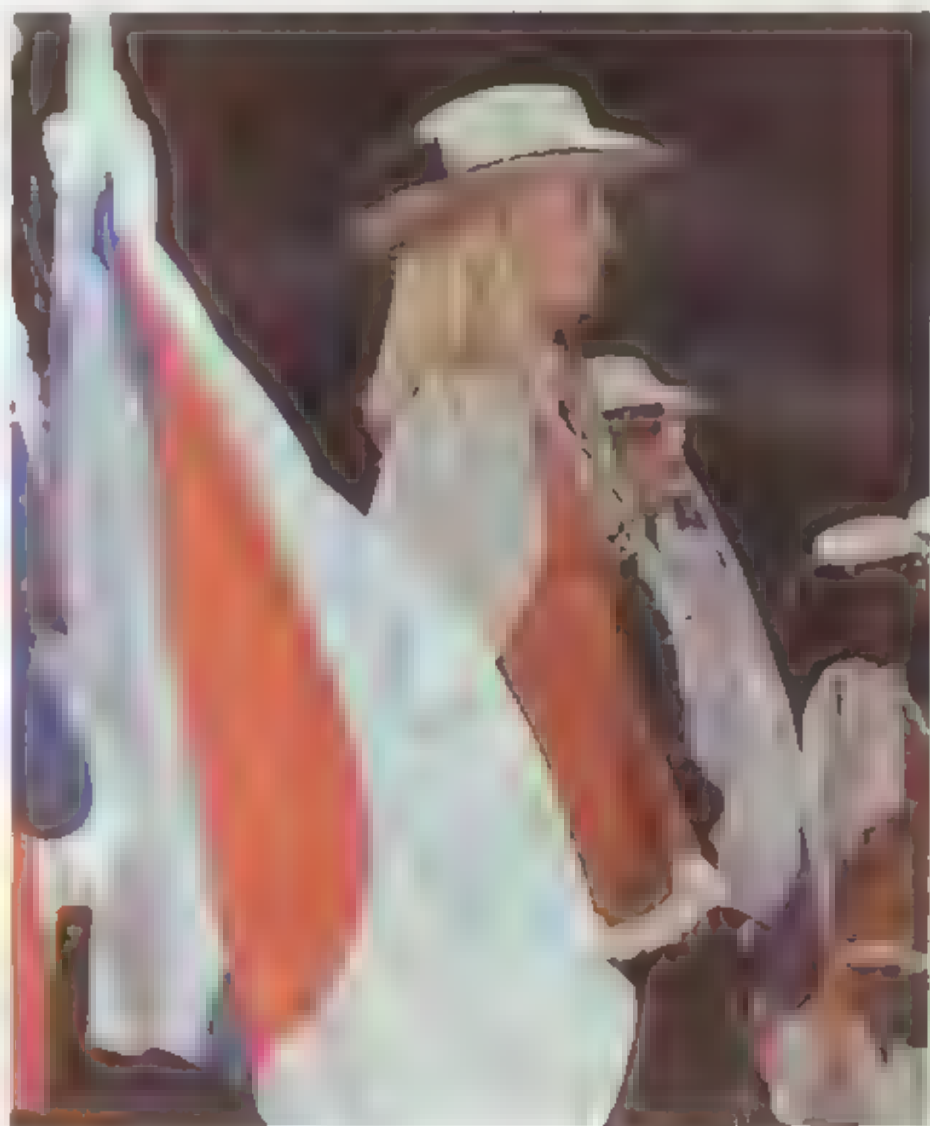




Omega Drill Team Front Row — Christy Howe, Darlyn Ssemore, Maren Kusler, Debbie Sittler, Wendy Orr, Kelli Hawkins, Diane Erickson, Dana Wadleigh, Karen Maestas, Christy Martinez Second Row — Julie Swanson, Jodi Hemphill, Gina Schuman, Wendy Kjørness, Michelle Schuman, Michelle Haub, Pam Rozois, Stacey Hawthorne, Allison King, Cindy Orr Third Row — Julie Baumimper, Dina Reyes, Christine Van Kampen, Erin Jordes, Michelle Walker, Helen Herning, Jennifer Labor, Kelly Gallagher, Jly Truong, Jane Chapman, Jane Yoh Fourth Row — Denise Siegel, Suzanne Lurrentine, Carolyn Howard, Judy Davis, Michelle Palermo, Christina Weller, Jessica Haberman, Amy Ruppelmeyer, Kassie Hjemstad, Heather Heyer, Megan Wynn



Omega Drill Team Captains First Row — Kelli Hawkins, Captain Second Row — Debbie Sittler and Diane Erickson, Senior Leaders Third Row — Wendy Orr, Co-Captain



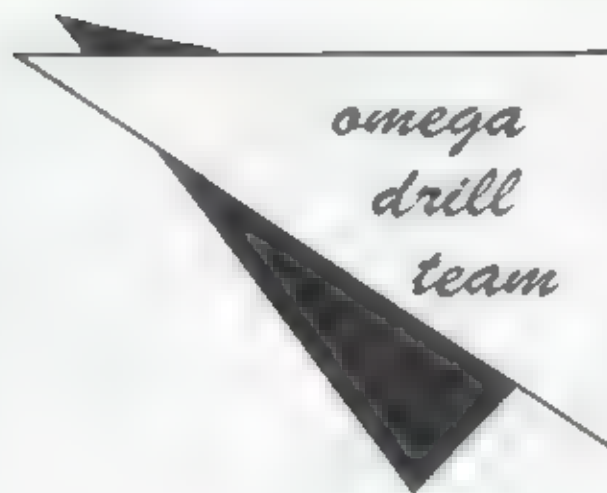
Standing at attention, Judy Davis smiles as she watches the crowning of the 85-86 Homecoming Queen, Christine Dennis. Judy is a first year member of the Omega Drill Team



Smiling with much gusto, Michelle Polonio is the first to be seen during a half-time performance at Jushi graduation. She took a few minutes to enjoy the results of her practice.



While performing on line of the A line, Caroline Howard is the first to be seen during a half-time performance at Jushi graduation. She took a few minutes to enjoy the results of her practice.



After performing a half-time performance at Jushi graduation, Christina Weller and Stacy Hawthorne are the first to be seen during a half-time performance at Jushi graduation. They took a few minutes to enjoy the results of their practice.



After performing a half-time performance at Jushi graduation, Julie Swanson is the first to be seen during a half-time performance at Jushi graduation. She took a few minutes to enjoy the results of her practice.

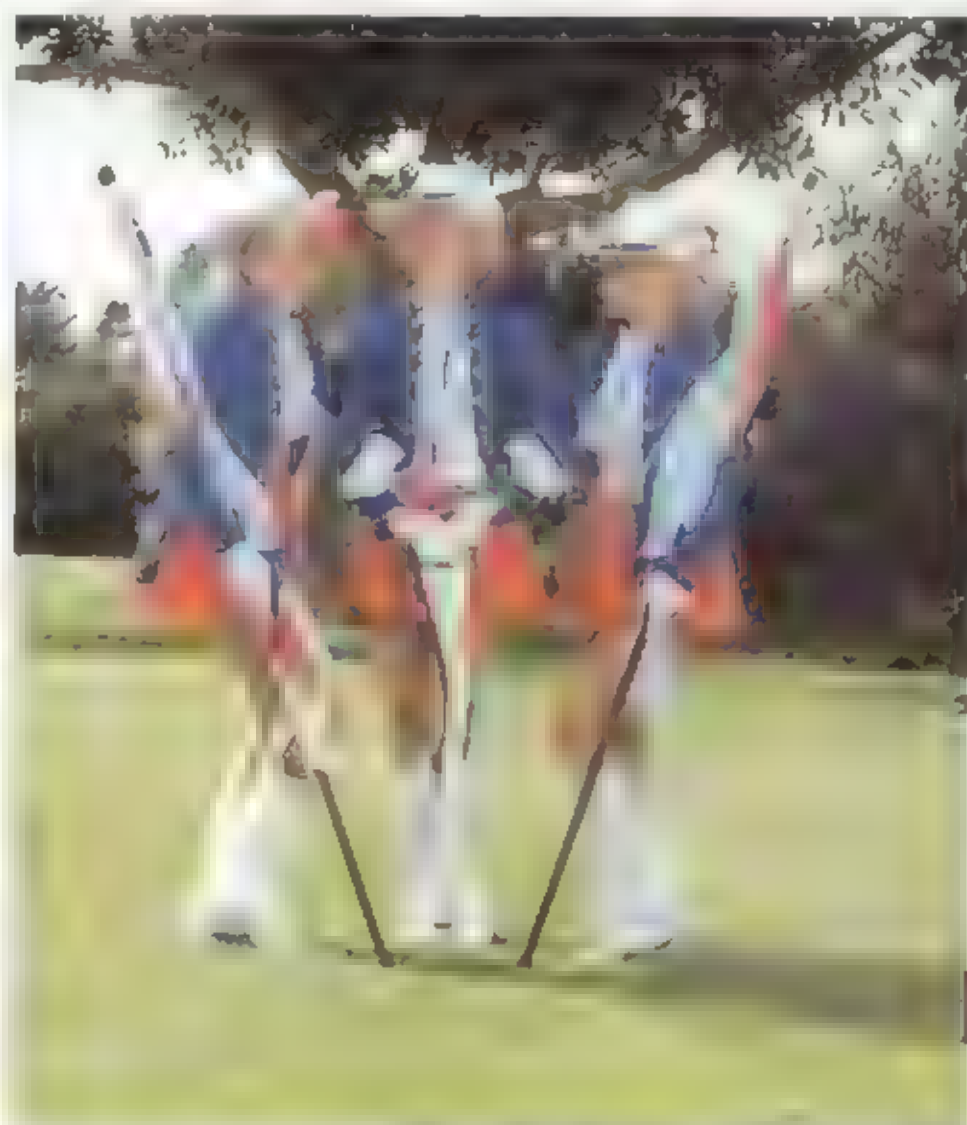




Color Guard: Front Row — Gayle Gunderson, Kris Johnson, Heidi Gray, Andrea Barrows, Debbie Theriault, Shanna Hemmings, Leslie Bruce, Heidi Stauch  
Second Row — Yasmine Tifir, Debbie Aragon, Deborah Namm, Cindy Pittsey, Wendy Schwanter, Cassie Beyers, Elsa Longsam, Linneme Donohue, Ra-  
quelle Sprague, Tiffany Hall Third Row — Eva Kjos, Gail Checkouras, Elia Turrentine, Lisa Toomey, Kelly Spaulding, Anne Buonocore, April Deane, Nancy Logan, Kristin Tseko, Jennifer Brooks, Jennifer Maurer, Ann Taitton Fourth Row — Shana Binder, Rebecca Hewitt, Andrea Sprague, Debbie Gunderson, Laura Bowden, Linda Dore, Lynne Clissold, Tanya Maskalenko, Sheri Wexon, Kathy Weist, Shannon Bruce, Krist German



Junior Anne Buonocore stops a moment to see what's going on in the quad. (left) Anne Buonocore, a senior member of both the cheer team and the popular T-Shirts Club, is one of the



Color Guard Captains, Flag Co-Captain, Heidi Gray, Rifle Captain, Andrea Barrows, Flag Captain, Debbie Theriault



Heidi Stauch holds the rifle team position for the cue to start their routine. Being on time is a real important in their formation to Axle F. Theme



## FLAGS, BANNERS, CAPTURE TROPHIES

Advised by Mr. Hrbacek, headed by Erin Linsky and Susie Wuestoff all forty-two Colorguard members have accomplished a tremendous amount. The Olympian Marching Band, Color Guard and Omega Drill Team have competed together. Some of the many competitions were Artesia, Silverado Days, Mt. Carmel, and Chino. At Artesia, the first competition of the year, Color Guard received a first place trophy, Drill Team received a second and our band also received a second place trophy. At Silverado Days our school captured the Grand Marshall Award.

Color Guard does not just go out and win competitions. Hard work goes into every routine they perform. Practices are every day Monday through Friday from the beginning of sixth period to about 4:00 to 4:30 p.m.

Summer was also spent practicing and introducing new members to the team. During the summer they practice from 7-9 a.m. About three days were also spent at spirit camp in Santa Barbara learning new routines and techniques that they can use in future routines. Weekends were spent on football games and competitions. The main schools competed against were Mater Del, Arcadia, Wilson, and Kennedy. Such stiff competitions give reasons for the hard work and dedication of the Los Alamitos Color Guard.



Standing at attention is one of the important positions to hold in rifles. Shannon Hemmings, four year member, shows how well she has mastered this position.



Waiting patiently for half-time is Shannon Bruce. Shannon is a first year member of rifles and is very nervous to perform in her first half-time show.



## VOCALISTS SING OUT IN NEW NUMBERS

The '85-86 choir was the largest in Los Al history. It included 115 people who made up four separate choirs.

The Concert Choir met every morning at 7:00 am, and was an assembly of talented individuals.

The Show Choir, consisted of thirty select singers that performed in the concerts at school, and also made special performances and benefits for the community. Their first benefit was Music Music Music to raise money for our new Performing Arts Center.

The Chamber Choir is an advanced group who concentrate on musical techniques.

The Freshmen Chorus joined our established choirs this year. They performed this year in the combined choir concerts, and spent time developing their talents.

All the choirs were directed by Ralph Opacic, who devoted many hours to the newly developed program. The choirs' accompanist, Pete Williams, arranged most of the choirs' music. Another important part of the choir program is the help of Rey Lozano. His expertise in choreography is the key to every show's vitality.

This year, the combined choirs produced three shows: A Broadway revue entitled All That Jazz, a Winter Concert in December, and a Pops Concert in May.



Choir Officers Lori Jack, Judy Holzgang, Lance Lecompte, Kim Martin, David Sidoni, and Tracey Gibson sit together at the piano to rehearse a new number for the musical revue All That Jazz.



Darren Gludini, and Julie Seaborn, members of the Show Choir, perform Charlie Brown for a benefit.



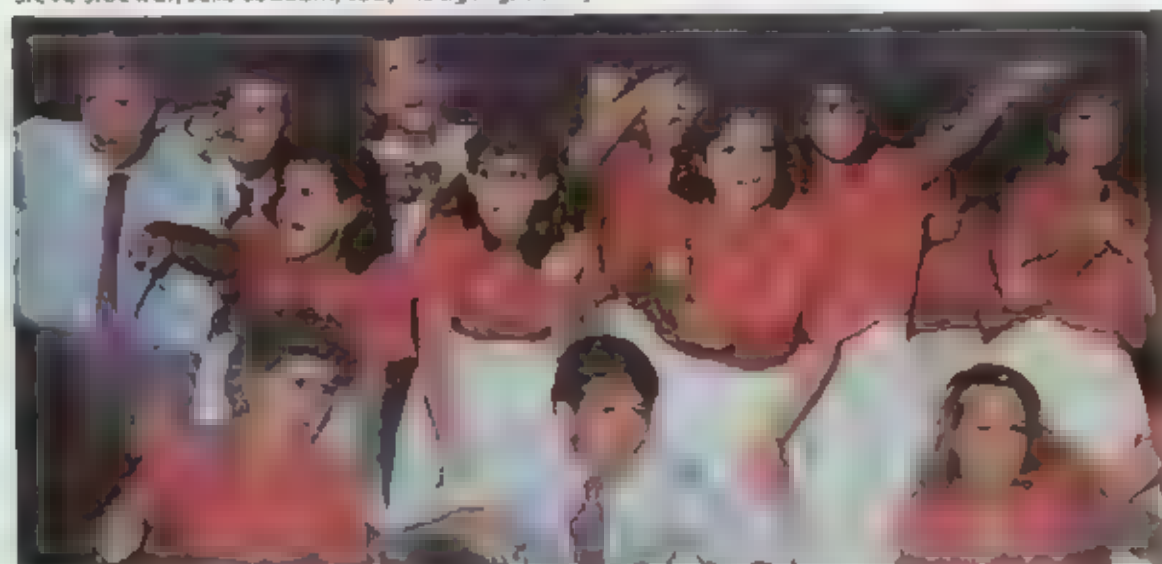
Show Choir members Darcy Owen, and Tracy Gibson, sing A Wonderful World during the show All That Jazz. It benefits the new Performing Arts Center.



Concert Choir: Jennifer Boath, Sharon Bortas, Hena Barnea, Chris Brophy, Devin Budd, Tally Burkham, Julie Campbell, Lynne Clissold, Rory Collins, Julie Coantz, Joe Coulter, Jaime Coulter, Brian East, Susan Egan, Leonard Fontanez, Julia Francis, Kimberly Fuelleman, Kelly Gallagher, Traci Gibson, Vanessa Gonzales, John Graham, Elizabeth Grueter, Jill Gude, Samuel Hardin, Shahana Hassan-Reep, David Haub, Michelle Haub, Kathrine Headley, Lisa Hess, Rebecca Hewitt, Margi Hirschman, Nanci Hirschman, Wendy Hines, Judy Holzgang, Heather Hoppus, Denise Hother, Nolan Howe, Lori Jack, Robert Jack, Leland Jay, Karen Johnson, Eric Kahler, Laurel Kergan, Alison King, Chanda King, Rachel Kirkus, Abigail Koehring, Heather Koehring, Vickie Kuzmich, Andre Lamoureux, Elsa Langsam, Lance LeCompte, Robert Lee, Helaine Levitt, Lara Litavich, Mark Magana, Jennifer Marten, Kimberly Martin, Melinda McDonald, Kelly McHale, Matthew McSheehy, Melissa McSheehy, Julie Meadows, Laura Meals, Sarah Mueller, Eric Murray, Naomi Nakarrete, Darcy Owen, Kaulani Pereira, Rosemary Peters, Patricia Perrigrew, Christin Platts, Angela Puhl, Kimberly Ramseyer, Bradley Rawls, Royal Reed, Kevin Reekes, Matthew Rucker, Stephani Robertson, Kim Rodelfeld, Ana Saladrigas, Monica San Vincente, Tam Sanders, Nancy Sands, Jennifer Saurenman, Julia Seaborn, Casey Shaffer, Carole Shane, David Sidoni, Julie Slier, Jennifer Simmons, Tonia Sisson, Yvonne Soule, Chris Spaden, Ken Stockwell, Stephen Stroewer, Steven Swagel, Traci Trombino, Ella Turrentine, Robert Tuttle, Grace Wang, Shirley Wang, Paula Wasikowski, Diane Watson, Holly Watson, Katharin Werner, Peter Wilson, Malcolm Womack, Allan Wood, Stephen Woods, Laura Younkinn, Julius Ypma.



Show Choir Front Row — Kenny Stockwell, Laura Meals, Traci Gibson, Darren Giardini, Brian East, Darcy Owen, Vicki Kuzmich, Dave Alvarez, Lance LeCompte, Shahana Hassan, Susan Egan, Royal Reed, Neil Sorenson, Kim Martin. Second Row — J. Cisneros, Vanessa Gonzales, Heather Hoppus, Mark Magana, Kent Wells, Margi Hirschman, Michelle Haub, Devin Budd, Melinda McDonald, David Sidoni, Sharon Borda, Chris Spaden, Steve Stroewer, Julie Seaborn, Judy Holzgang, Bobby Jack.



The song McCavity gets their point across. Chamber Choir Members. From Left to Right — Lon Jack, Matt McSheehy, Julie Coantz. Second Row — Stacie Light, Angela Puhl, Kathryn Sichel, Helaine Levitt, Lisa Hess. Third row — Tom Sanders, Scott Kondra, Mike Torquato, Melissa McSheehy.



Brian East and David Alvarez give much support to each other during practices and performances.



Chamber Choir Left to Right — Kathy Sichel, Scott Kondra, Stacie Light, Lon Jack, Stephanie Christ, Tom Sanders, Debra Devlin, Angela Puhl, Helaine Levitt, Matt Rickard, Melissa McSheehy, Anne Dounacore, Matt McSheehy, Lisa Hess, Julie Coantz, Mike Torquato, Judy Davis, Tania Sisson, Corey Confer, Jeanne Sichel.





Freshman Chorus **Front Row** — Wendy Hines, Sina Fanene, Tisha Shaffer, Jennifer Hein, Mirah Gemme, Jeannette McCulley, Becky Gregg, Tricia Pettigrew, Jennifer Booth, Kirstin Tancore, Tracy Pereira **Second Row** — Jenny Doshan, Andrea Gunn, Lisa Craig, Jane Blackmun, Nicole Horton, Barbara Ewing, Cheryl Rutledge, Elizabeth Sharp, Jaime Halaby, Leslie Bryant, Kelly Hall, Suzanne K. **Third Row** — Joseph Dvornekovic, Htoo Win, Tim Householder, Stephen Covall, Adam Mace, Wendy Pfeiffer, Tabitha Jewett, Shannon Jankowski, Ralph Jones, John Graham, Ricky Bernstein, David Haub, Mark Solomon



Susan Egan, Vanessa Gonzales, and Leonard Fonzalez performing a skit from the fairytale Alice's Adventures in Wonderland.



Stephen Covall, Leslie Bryant, and Mark Solomon performing a skit from the fairytale Peter Pan. The Freshman Chorus which is new to our choir program this year.

sports





## GRIFFINS CAME ALIVE IN '85

"He goes for the pass and scores!" This was often heard at the games in which our Griffins were victorious. The team beat Esperanza at the Homecoming Game, and were also Empire League Champions for the first time since 1976. Their record was 10-2 and they made it to the second round of CIF playoffs. The captains this year were: J. T. Snow, Marc Trachtman, Jerry Le Doux, and Chris Theodore. The head coach was John Barnes.

At the annual banquet special awards were distributed. Most valuable players were J. T. Snow and Robbie Katzaroff. Chris Rose and Chris Theodore were chosen for first team all league. J. T. and Robbie were awarded the all country and all CIF awards. The Griffins came alive in 1985!



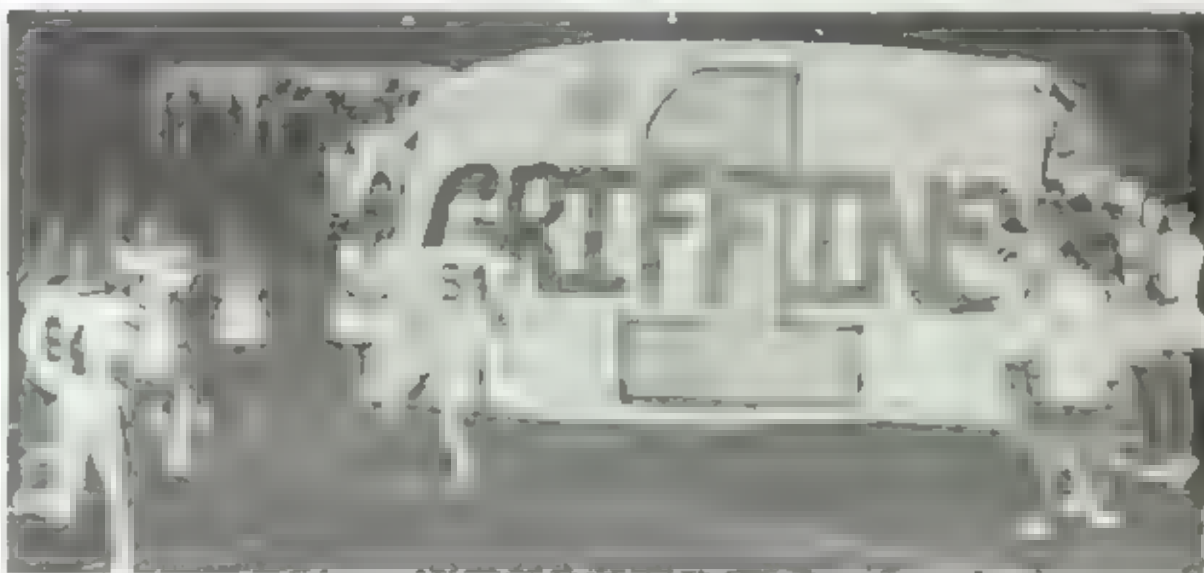
Varsity Football: First Row — Doug Ramsey, Robbie Katzaroff, Jerry Le Doux, William Libby, Winston Wolf, Scott Welsh, Mark Johnson. Second Row — Mark Trachtman, John Tish, Howard Chris Theodore, Cory Jones, Brian McKles, J. T. Snow, Randy Hachin. Third Row — Marilyn Ponte, Robert Tice, Lee Mike Wolf. Fourth Row — Walter M. Randal, Kevin Leasure, Dan Dubry, Robbiardo, Ben Trachy. Fifth Row — Mike Cole, John Cline, Dan Herengades, Coach Doreen, Coach VonLunde, Coach Drake, Coach Jones, Coach Sher, Coach Foster, Bill Jolas, Ben Wheeler, Phil Phil. Sixth Row — Glenn Doreen, Roger Roadstrum, Dan van Winkle, Kelly Mung, Jerry Por Snow, Mike Dorman, Neil Kierse, Chris Spoden, Ben Mingo, Chris Rose, Jeff McCoy. Seventh Row — Robbie Ken, Tommy Williams, Mike Baker, Mike Rogers, Mike Mullany, David Hughes, Matt McCabe, Jason Davenport, Steve Wood, Steve Torver.



After a great recovery by our defense, Coach Barnes paces as he thinks of the next day.



After a stupendous victory, some of the proud Griffins took some time to talk with the local cable station about the game. Chris Theodore: defensive end, J. T. Snow: quarterback, Robbie Katzaroff: running back, and also on defense Dan Dubry.



Pre-game festivities are put on by all the talented auxiliary units, and they create a lot of spirit in both the players and the audience. Before the kick off the team members break through a huge poster.



Robbie Katzareff, voted most valuable player smiles after a victory that put Los Al in first place in Empire league.



During the game against Cerritos, quarter back J. T. Snow regains his strength after throwing a touchdown pass to even the score.

## SCORES

HOME		VISITORS
24	Laurel	7
24	Esperanza	21
17	Cypress	7
15	Kennedy	0
0	Pacific	20
14	Kurella	7
24	El Dorado	21



Between plays Chris Rose has a few words with Roger Roodstrom about the intensity he has to have for the next play. It is important that everyone pay close attention to constructive criticism. Chris still has another year for varsity football.



After an exciting game John Olson smiles at his friends and shows his enthusiasm.







Sophomore football team member Robert Decker waits patiently on the sideline for an opportunity to get in the game. He watches as they hold the opposing team who relentlessly fail in their attempts to score. Robert's daily practice enables him to play well.

## SOPHOMORES TOUCH- DOWN TO VICTORY

Coach Steve Rothbloom coached the sophomore team to a second place finish with a record of eight and two. Tim Wynn, Sam Hardin, and Sean Fournier shared the prestigious position of team captain. The offense was led by the combined efforts of the team's two quarterbacks, Tony Fusco and Royal Reed, who's combined passing yardage added up to over 2,000 yards. Tight End, Tim Wynn, was the top scorer for the team, while Damon Davidson, defensive back, led the Griffin defense with ten interceptions for the year.



Runningback Pete Scanlon thinks about the formation he must run once the ball is snapped.



Sophomore Football: **Front Row** — Tony Fusco, Royal Reed, Tim Wynn, Jim Laughlin, Scott Stevens. **Second Row** — Mike Sanders, Stefan Kolett, Mark Vera, Sam Hardin, Bill Emfinger, Damon Davidson. **Third Row** — Jeff Kanaw, Ryan Sutton, Todd Welsh, Robert Sylvia, Shane Loftis, Dave DuBourdeau, Paul May, Sean Fournier. **Fourth Row** — Scott Wilford, Pat Fairon, Marcus Garcia, Matt Fosdick, Gabe Arnold, Larry Pletcher, David Lortanzio. **Fifth Row** — Brent Duthie, Chad Campbell. **Sixth Row** — Coach Jeff Nicks, Mike Ball, Brian Levine, Jeff Platt. **Seventh Row** — Pete Kropf, Pete Scanlon, Jeff Barrus, Josh Musselman, Robert Decker.



The two sophomore quarterbacks Royal Reed and Tony Fusco warmup before the game.







Running at top speed, Jim Devlin a center half back for the varsity team, moves forward to overload the offense enabling the team to score. Jim is also a member of the varsity cheer squad.



During warm-up before the game against Pacifica, the two varsity goalies, Eric Lange, and Mark Magana block the shots from their teammates.

SCORES		
HOME		VISITOR
9	Artesia	2
2	Lakewood	0
1	Gahr	2
5	Downey	0
1	Lakewood	0
0	Millikan	2
2	Laurel	2
1	Esperanza	1
2	Cypress	1
2	Kennedy	1
4	Pacific	1
5	Katella	1
2	E. Dorado	2
0	Esperanza	4
4	Laurel	4
2	Kennedy	1
3	Cypress	0
4	Katella	3
3	Pacific	3
2	E. Dorado	0



Joaquin Garcia, a foreign exchange student from Spain, proves through his performance during the game that soccer is an art.



## GIRLS' SOCCER TAKES THIRD

The women's varsity soccer team pulled together to make their season one of great accomplishment. The girls brought their season with a thrilling close by winning their last two Empire League games in a row, and brought themselves into C.I.F. range. They met Esperanza in a play-off to see who would go on the C.I.F., but lost one to zero in the last minutes of the game. The Griffins had tough competition but upset an undefeated Kennedy team one to zero in the fourth game of the regular season. They finished in third place.



Girls Varsity Soccer. Front Row — Donelle Burick, Joanna Willemse, Nancy Clark, Heidi Sendra, Mara Bloom, Margie LaCasta, Aimee Newlander, Juli Fusco, and Charita Adie. Second Row — Coach Woehrer, Sherry Long, Stacey Wilford, Laurie Novaro, Kieran Gunsulus, Stephanie Welch, Lisa Kanasi, Candi Chesebro, and Ter Hubert.



Stacey Wilford dribbles the ball away from her opponent to set up another play for her team. She knows that she must make a good pass.



A visor, sunglasses, and a blanket aren't her usual soccer gear, but an injured Teri Hubert supports her team from the sidelines instead of from midfield where she usually plays.



SCORES		
HOME		VISITOR
3	Tustin	2
6	Milkan	0
3	Troy	3
2	Laora	0
1	Esperanza	1
2	Cypress	1
1	Kennedy	0
1	Pacific	4
1	Korella	1
1	E. Dorado	1
4	Laora	0
1	Esperanza	1
2	Cypress	1
0	Kennedy	1
0	Pacific	2
2	El Dorado	1
2	Korella	0

Nancy Clark screens the ball from her opponent, turns it up the field, and makes a pass to her left wing, while her teammate, Amy Newlander, comes to back her up. Halfbacks are vital because they control the center of the field.



Junior Laurie Navaro takes advantage of this rare moment during the game to catch her breath while her team has control of the ball on the other side of the soccer field.



Center forward Charito Adie turns the soccer ball towards the goal and takes a shot. Charito is a senior and is one of the two team captains.



## GRIFFIN SOCCER TAKES THE LEAD

The Frosh-Soph boys' soccer team coached by Mr. Stowell, finished the season with a bang! Finishing first in league, their overall record remained outstanding. Out of twenty games played, they won sixteen and lost one, and tied three. Mr. Stowell coached four championship teams, such great coaching continues to carry on Los Al's winning tradition.



Men's Frosh/Soph Soccer Front Row — Roman Stowell, Dean Braunstein, Giovanni Carolano, Jeff Regnier, Mike Waechter, Angel Fagardo Second Row — Mark Vela, Robert Mora, Mauricio Ingrassia, Eric Coesar, Christopher Park, Kurt Pipal, Mark Salaman, Coach Jerry Stowell



After making an excellent goal David Sidani slowly walks back to the middle of the field.



Men's JV Soccer Front Row — Andy Syrengales, Mike Sandler, Mike Thomas, Tony Blasing, Stefan Killeff, David Carlin, Leiland Jay Second Row — Coach Kist, Mike Humphries, Eddie Mantra, David Hasse, Roger Roadstrom, Gary Sindar, Mike Hastings, Kenny Montgomery Not Pictured — Pat Brown, Brandon Collier, John Guest, Paul Reyes



Mauricio Ingrassia fakes out his opponent and dribbles off with the ball. Agility and quick thinking make for good effective soccer plays. The students were able to enjoy lots of fast paced action during the 1985-86 season.



While stretching out before the game against Esperanza, Dave Carlin takes a second to show off his unique personality.



## GIRLS' J.V. SOCCER SHOOT AND WINS

The Women's J.V. soccer season was one of great excitement and fun. The team worked hard, and put in many hours of practice to perfect their game. The captains P. J. Long, Tracy Doyle, and Holly Kunst, kept their teammates going during the long pre-season weeks. But all of their hard work and determination paid off when they finished the season winning the first place title. Coach Lopez's first year at Los Al turned out to be one of great triumph. This J.V. team had great ability and depth. The girls clinched their first place spot by beating El Dorado two to zero in the last game of the season.

Women's J.V. Soccer First Row — Tracy Doyle, Chalyce Devries, Tara Chadwell, Leanna Jay, Holly Watson, Nicole Hutton, Kevin Reekes Second Row — Karhy Lee, Marko Hutton, Mary McGill, Tiffany Corwin, Kim Able, P. J. Long, Tanya Werh Third Row — Coach Leonard Lopez, Julie Simmons, April Corbin, Jean Leonard, Cathy Corless, Mary Younkin, Holly Kunst



Chalyce Devries traps the ball and turns it up the field. One must be thinking all the time to keep the ball under control and work it up for a shot or goal.



One of the team captains, P. J. Long, waits for her team to get ready to give a cheer before the game.

Kevin Reekes makes a diving catch to save a goal from being scored. A goalie must have quick reactions to be successful.



## FROSH-SOPH POLO GLIDE THROUGH YEAR

Standing victorious, Los Al's Water Polo team ranked second in the Empire League and made the first round of CIF. Los Al has made it to CIF nine out of ten years. Each player put forth his best effort which contributed to the phenomenal year they had. Marc Alpert, most valuable player, Dave Fusco, captain, and Jon Wimbleish, most improved player, were all awarded for their performances.

Year around practice helps develop and refine the players abilities. The day began at 6:30 am, when they weights lifted for one hour. Pool practice began at 2:00 pm until 4:00 pm. That two hour practice was the time that they worked on plays. The last hour Coach Ploessel insisted that they swim their pool laps. The players had to be extremely strong in the upper body. They had to hold high morale and express their emotions nonchalantly.



With a quick reaction, Dave Fusco races down the pool to help a teammate. Quick reflexes in water polo are important to be able to keep possession of the ball.



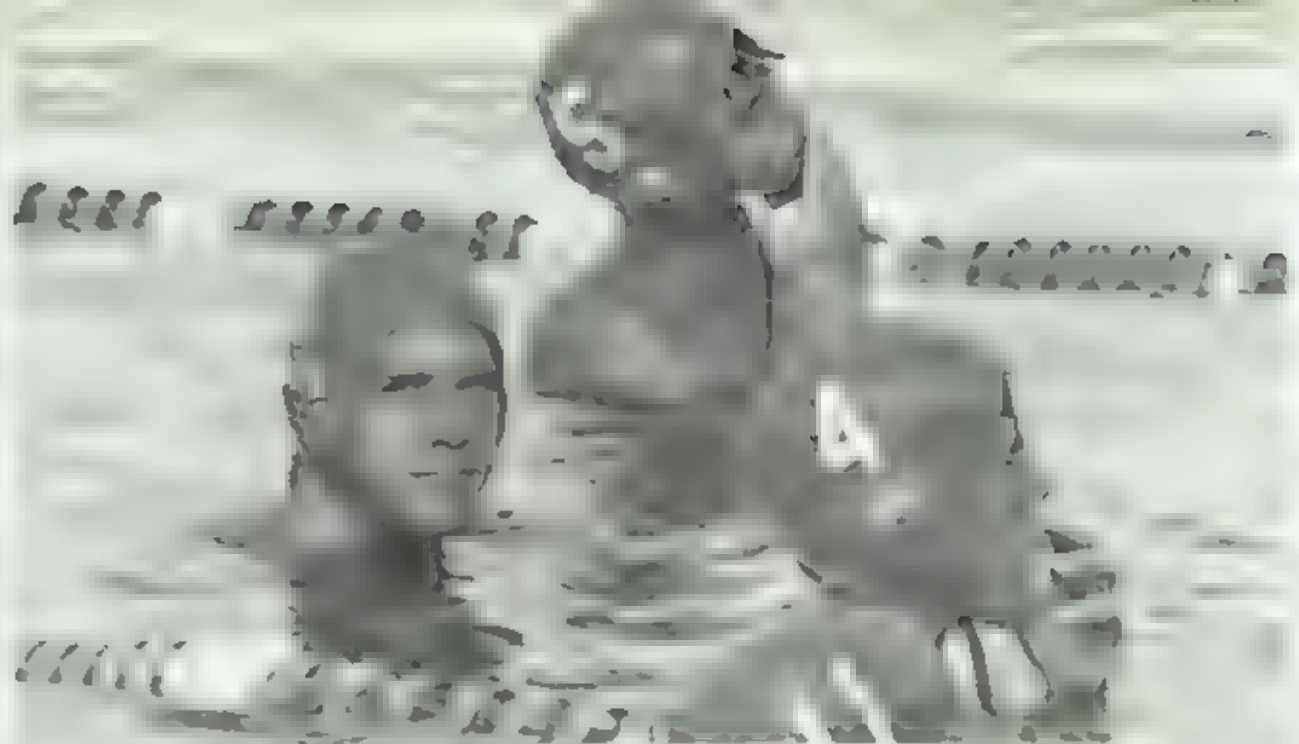
Jeff Wimbleish guards his opponent from making the winning goal. Jeff has been a member of the varsity team for one year.



Dave Fusco reaches high in the air to catch the ball being passed to him. Having the ability to jump high while in water takes practice and strength of the legs, which Dave possesses.

Matt Carter, John Caughlin, Tom Anderson gather together to figure out how they are going to get the ball back so they can get their game winning goal. Working together on team strategy is very important.





John Englert, Marc Alpert, and Tom Anderson wait patiently for the next clue as to what they will be doing for practice from Coach Ploessel. John looks around to see what the girls at the other end of the pool are doing

SCORES		
HOME		VISITOR
18	Loora	2
12	Esperanza	9
11	Cypress	9
11	Kennedy	8
21	Pacifica	1
11	Korella	4
2	El Dorado	19



Tom Anderson passes the ball just in time before his opponent tries to get the ball. Timing and strength are the key factors in having a good water polo player. Tom has been involved with the team for one year.



Coach Ploessel and Coach Turner



Varsity Water Polo Front Row — Marc Alpert, Steven Muccaro, Dave Fusco Second Row — Jeff Wimbish, John Englert, Scott Litarovich Third Row — Brian Lawrence, Tom Anderson, John Coughlin Fourth Row — Phil Barnes, Jon Wimbish, Craig Malone, Kevin McIntyre Fifth Row — Matt Carter, Gary Sinclair, Eric St. Martin



Jeff Wimbish swims vigorously down the pool to score a goal while his opponent is close behind him and ready to get the ball. Jeff knows better and will not give his opponent a chance.





Coach Turner gives specific strategy instructions so the team can get the winning goal. Coach Turner believes that good coaching, good facilities, and dedicated team members are necessary for what it takes to be the number one team.



Fresh/Soph Water Polo: Front Row — Jim Ensley Second Row — Cliff Kyos, John Stephenson, Chris Silvers, Jeff Brussel Third Row — John McManis, Mike Palermo, Jan Choman, Eric Lynch Fourth Row — Drew Bazz, Jack Saunders, Dave Mahar, Craig Agosta Back Row — John Downs, David Smith, Eddie Scandleberry, Robert Tuttle



John Stephenson waits nervously for his first water polo game of the year. He has been practicing all summer and he hopes he has what it takes to be the best.



Robert Tuttle enjoys the sun while waiting to enter the match, but he keeps his mind on the play at hand. He knows what to do when he goes in.



Men's J.V. Wrestling Front Row — Eric Hopett, Rory Collins, Brad Cravens, Tim Clark, Chris Crockett, Lance Jorganson, Michael Langsom, Bill Miller, Rodney Phelps Second Row — Joe Drain, Matt Phillips, Bill Dixby, Matt Taben, Tim Gauseholder, Chris Brophy, Mike Sackett, Jester, Tony Radach, Brian Flier Third Row — Mike Kuderman, Robert Napolis, Matt Verga, Marcus Garcia, John Morgan, Drey Lameroux, Steve Wood, Nels Jorganson, Thomas Sohn, Mike Godoy

## WRESTLERS PIN TO WIN

This year's wrestling team had the aggression and enthusiasm to pin their opponents to the mat. The Los Al J.V. wrestling team displayed the qualities of a winning team by overpowering the other teams in the Empire League. The incoming freshmen strived to keep up with the veteran members and added a new spark to the program.



Thinking about his match coming up, J.V. wrestler Drey Lameroux gets some last minute advice from one of his friends and a teammate.



Going over some moves in his mind, J.V. wrestler Robert Napolis stares down his opponent across the mat.



Before his match, J.V. wrestler Rory Collins receives advice from veteran varsity wrestler, Marc Albert. This encouragement is appreciated and Rory's confidence for a victory on the mat is evident in his cheerful smile. Within the season, friendships often blossom between J.V. and Varsity members.



## TEMPERATURES HIGH IN 86

With the temperatures soaring inside the gym, the wrestlers never grew listless. Headed by new coaches and new captains, the Griffins had another outstanding season. A new addition to the coaching staff was Jim Sweeter. Along with alumni Kurt Ripplemeyer and Rob Brakke, captains Deric DuBourdeau and Scotty Welsh lead the wrestlers to victory. Weight classes were consistent throughout the season, with freshman Willie Hawthorne in the lightest class, and sophomore Chris Spoden wrestling in the heaviest class. Congratulations to the team!



Front Row — Willie Hawthorne, Deric DuBourdeau, Scott Rose, Marc Alpert, Scott Welsh, Lenny Fontanez. Second Row — Jim Schaffer, Glenn Barris, Dan Von Winkle, Mike Mulloney, Corey Guinn, Chris Spoden.



Junior Glenn Barris has his Podico opponent stuck with a near side cradle. It's a sure near fall for Los Al. Glenn is an enthusiastic and spirited wrestler for the team this year.



Marc Alpert, a second year member on the Varsity team is in the ready position. Marc is also actively involved on the varsity water polo team.



As Lenny Fontanez scores his opponent the crowd roars with excitement.



Waiting impatiently for Derric Dubourdieu's opponent to attack, he mentally prepares his strategy. This is Derric's fourth year as a member of the wrestling program. This year he wrestled at the 115 weight. He is also an active member of the spirit group LAPD.

#### SCHEDULE

Los Al at El Rancho  
Los Al at Gahr  
Kennedy at Los Al  
Los Al at Bolsa Grande  
Pacifica at Los Al  
Los Al at El Dorado  
Los Al at Cypress  
Esperanza at Los Al  
Los Al at Karelia  
Los Al at Loara



Tough practice and weekend tournaments throughout the country give the wrestlers a chance to improve their skills. Holding his opponent in a helpless position senior Corey Quinn takes charge. Only one quick jerk — Corey knows that is all he needs to take him down.



Admirably referred to as "Wolf Boy," the crowd hoots and hollars for Dan Van Winkle. At the Karelia tournament, Dan pins his opponent.



Marcus Garcia, sophomore, takes the top position and waits patiently for the referee to blow his whistle for the start of the period.



## TENNIS BACKHANDS THEIR WAY TO SECOND PLACE

Ken Parker coached the girls' varsity tennis team to a second place finish in league competition with a record of ten and two. It was an exciting season for the entire team, but the spotlight shines on Junior Kelli Moore. Kelli won the Dr. Pepper award and was the first Griffin ever to win this award in singles. Kelli shares the position of captain with two other girls, junior Laura Junkerman, and senior Erica Huang. These players contributed to the team's overall standings in the league, and all three girls were chosen Most Valuable Player for the season. Other seniors on the team were Maureen Montroy, and Melanie Wood.



Junior Kelli Moore sets herself up for the return shot to her opponent. Kelli is the first student at Los Al to win the Dr. Pepper award for singles competition.



Women's Tennis Coaches Debbie Fleming, and Ken Parker



Women's Tennis Front Row — Kelli Moore, Erica Huang, and Laura Junkerman Second Row — Stephanie Psyzk, Farren Last, Michelle Veigara, Karly MacKay, Maureen Montroy, Melanie Wood, Julie Everett Third Row — Leslie Kretchmer, Diana Cheng, Allison Perkins, Ellen Wilkerson, Keala Walker, Rebecca Copeland, Allison Cook, Shelly Gregory, Laura Chee, Ashley Brooks, Dana Kelley, and Shawn Carlson Fourth Row — Coach Parker, Kisty Sherry, Sherry Albert, and Wang, Julie Scott, Taddie Sanderson, Andrea Bloom, V. Pangelinan, Bonnie Viets, Cindy Ludlam, Johanna Richard, Karly Fizer, Jennifer Hunt, Jenny Saureman, and Coach Fleming



Farren Last concentrates on the tennis ball as it approaches her racket. Keeping your eye on the ball is the key to a successful tennis game. Farren is a sophomore and a two year member of the J V tennis team.

SCORES		
HOME		VISITOR
18	Loara	0
16	Esperanza	2
8	Cypress	10
10	Kennedy	8
13	Pacific	5
13	Karella	5
16	El Dorado	2
17	Loara	1
15	Esperanza	3
6	Cypress	12
14	Kennedy	4
17	Pacific	1
10	Karella	5
15	E Dorado	3



Laura Junkerman proudly displays her letterman's jacket at practice. She is one of the three varsity team captains.



Varsity Team Captains: Laura Junkerman, Erica Huang, and Kelli Moore

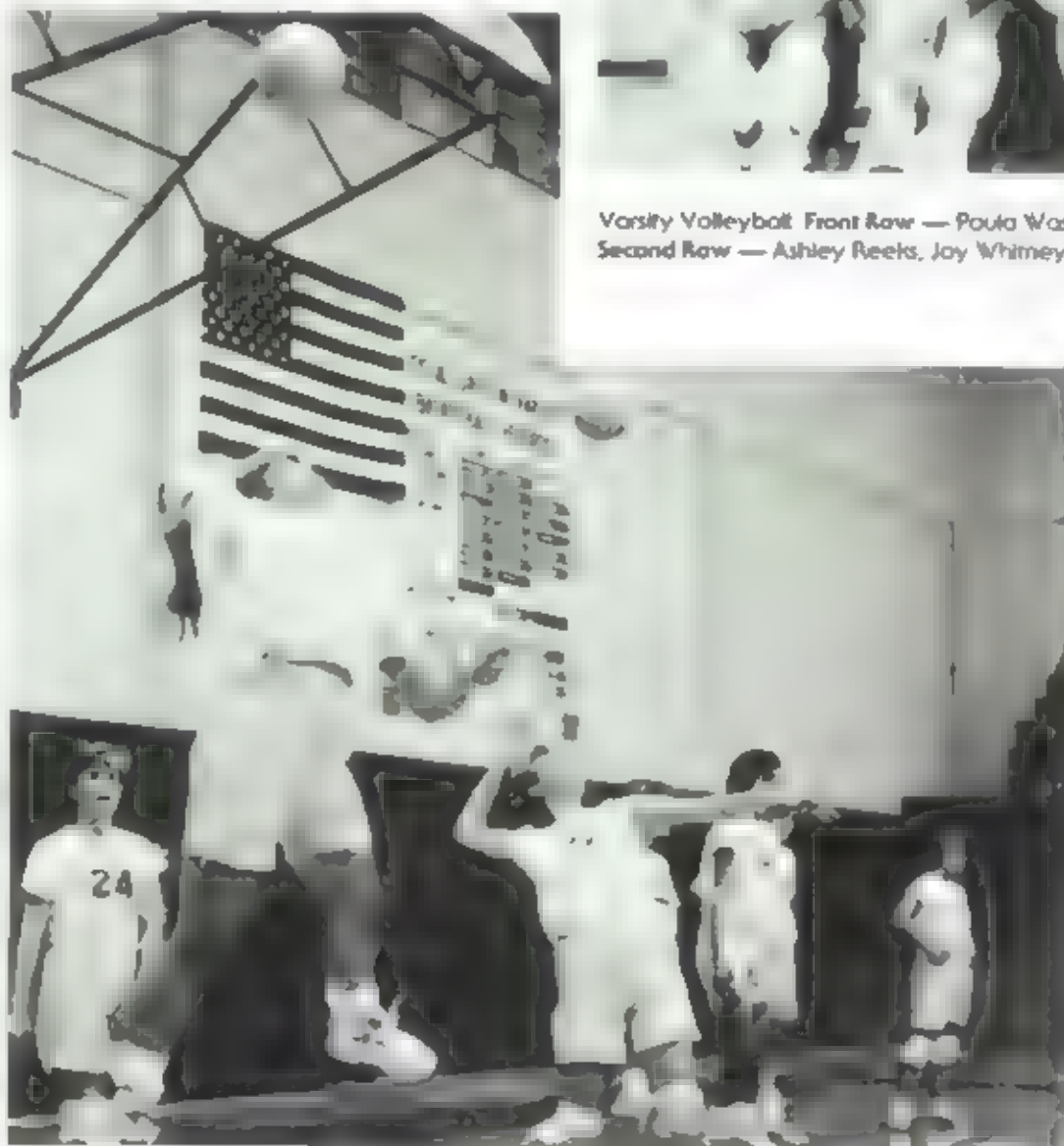


## VOLLEYBALL SETS UP FOR VIVACIOUS YEAR

Volleyball is a very demanding sport it requires physical and mental agility. The girls' varsity volleyball team achieved many personal and team goals this year. The varsity squad consisted of only five Seniors and five Juniors. The varsity team finished second in the league and went on to CIF and proved that they had what it took to make a good volleyball squad. Coached by Mrs. Bohannon and JV coached by Jamie Moore, all the teams pulled together and enjoyed a fun and exciting season.



Varsity Volleyball Front Row — Paula Wasakowski, Nancy Clark, Barrie Dafforn, Jeanne Allard, Diane Sands. Second Row — Ashley Reeks, Joy Whitney, Laurie Navarro, Terri Hubert, Candi Cheesbro.



Learning how to spike the volleyball takes not only practice but patience too. Barrie Dafforn and Nancy Clark demonstrate how well they can perform this move during one of their many hours of practice.



Terri Hubert is positioning herself to retrieve a hard spiked ball from the opposing team. This is a difficult move and takes deep concentration.

Volleyball Team Members Jeanne Allard, Paula Wasakowski, Joy Whitney, Ashley Reeks, and Terri Hubert gather around Barrie Dafforn to decide on what strategy they should use for the next game.





Wash Soph Volleyball Front Row — Kim Enges, Mary Ross, Michelle Reyes, Zoe Syrengeles, Lisa Coudillo Second Row — Julie Perkins, Terri Larchione, Erin McGlone, Kelly Achziger, Tanya Werh, Kristi Moretto



Terri Hubert spikes teammate Barrie Dafforn's hand in order to avoid injury. Helping each other is essential in volleyball.



Jon Navarro practices setting the ball. A good set is important in order to have a successful spike.



JV Volleyball Front Row — Nancy Sands, Nicole Figueira Second Row — Tracy Doyle, Janna Amukovich, Lauren Reeves, Kirstin Shaw Third Row — Robin Lindsey, Jennifer Ensey, Eli Exaloustos, Keri Palewek



## CROSS-COUNTRY RUNS AHEAD OF THE PACK AND ONTO C.I.F.

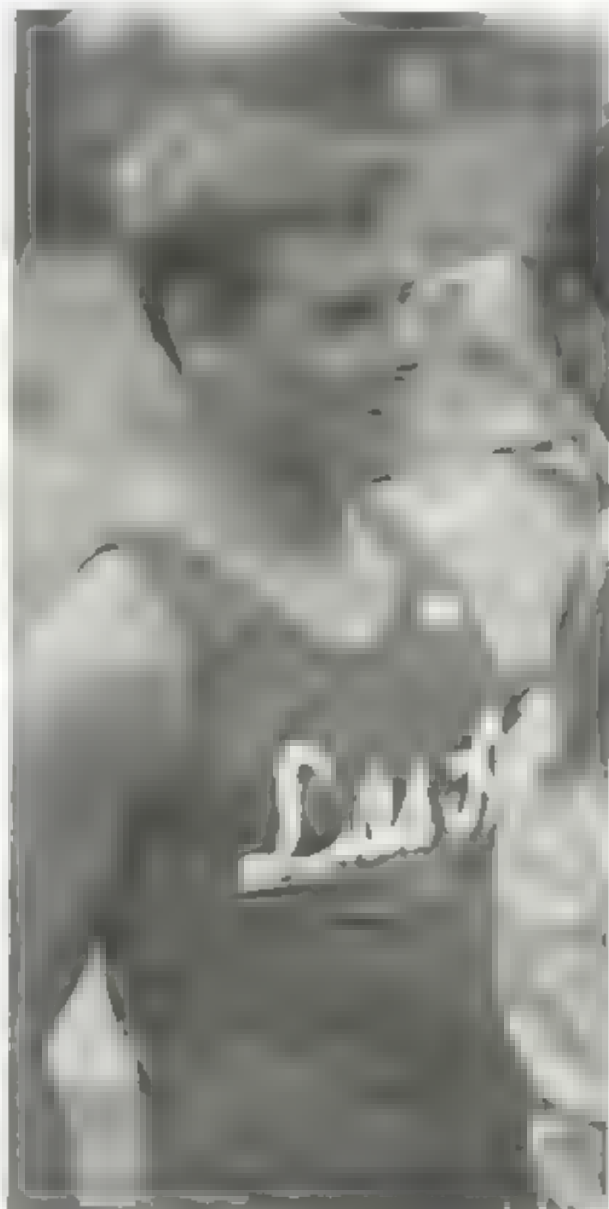
The men's cross-country team, led by captains Doug Fatone and Gene Lyon, enjoyed an inspiring year, finishing second in league competition. The Griffins completed the season with a record of five wins and two losses. They went on to CIF competition for the first time since 1980.

Highlights of the season included the team's third place finish in the Woodbridge Invitational, and second place finish in the Fountain Valley Invitational. Junior Gene Lyon and sophomore David Sanford were chosen for the All League second team.

The women's varsity team was led by sophomore standout Lara Swann and junior Melissa Maloney. The girls finished with a record of four and four at the season for fourth place. Lara Swann was chosen most valuable runner for the women's team and was chosen for all All League second team. Captain Melissa Maloney finished first in the Laguna Hills Invitational, while teammate Janet Murphy was chosen most improved.



Men's Varsity Cross-Country Front Row — Dave Carlin, Carl Wenz, Eric Prusse, Roger Mike Martinez. Second row — Coach Gregnanno, Greg Reyes, Greg Lyon, David Sanford, Doug Fatone, John Lasy, and Coach Celestin.



Dave Carlin gives a reassuring smile to a teammate before the meet begins. He knows the team will do well.



Dave Sanford listens closely to Coach Celestin's pre-meet pep talk. The team's excellent status must be upheld and will be determined by the results of this meet.



Girls Varsity Front Row — Denise Kaneko, Kelli Hall, Brenda Bosanko, Melissa Maloney, Janet Murphy Second Row — Rachael Starkland, Linda Alvarez, Kim Abie, Jill Sharmley, Brooke Mabe, Amy Merchant Third Row — Coach Celestin, Susan Collins, Carolyn Patton, Cynthia Albert, Laura Swann, Holly Watson, Kristin Parker Coach Gregnanno

#### CROSS-COUNTRY

Los Alamitos, Fullerton at Anaheim  
Los Alamitos at Magnolia  
Los Alamitos at Laguna Hills Invite  
Kennedy at Los Alamitos  
Los Alamitos, Laora at Pacifico  
El Dorado, Cypress at Los Alamitos  
Los Alamitos at Fountain Valley Invite  
Los Alamitos, Esperanza at Katella  
Los Alamitos at Costa Mesa Invite  
Los Alamitos at Mt. SAC Invite  
Empire League Finals at Esperanza



Cynthia Albert and Ron Muir prepare themselves for the meet against El Dorado. The look of determination on Cynthia's face shows her dedication and the intensity that she must feel before running the race.



Men's JV and Fresh. Soph. Front Row — Max Nishi, Chad Colhoun, Dave Banning, Toni Blasing, Sung Up Chun Second Row — Joe Millar, Darren Farone, John Phan, Bill Orvis, Ron Muir, John Martin Third Row — Kyle Ledesma, Greg Murphy, Dave Horowitz, Carl Wenz, Aaron Pedraza Coach Celestin



Greg Reyes looks over his shoulder and grins at a fellow team member who is stuck in a hurdler's stretch.

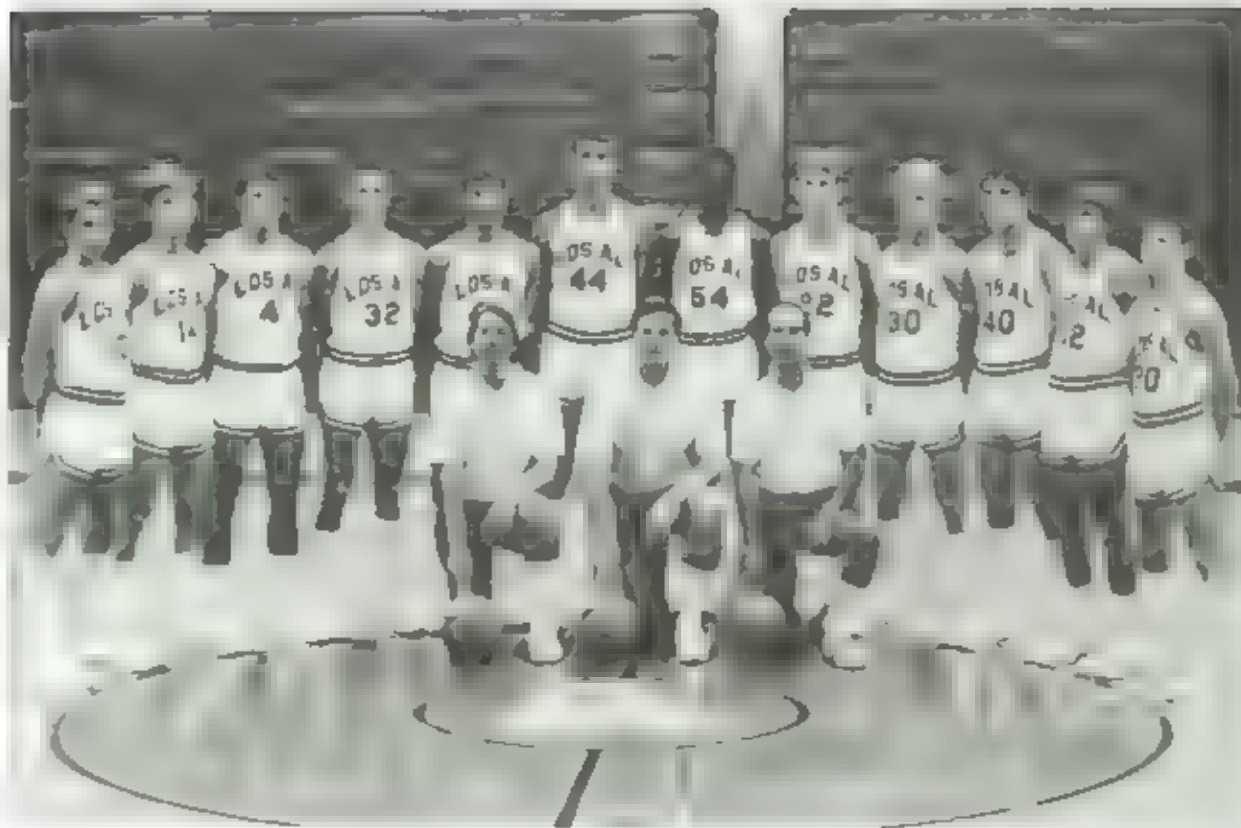


## GRIFFINS JUMP UP TOWARDS VICTORY



Coach Brooks

It was no surprise this year when Coach Brooks led the Los Al Griffins to a fantastic season. They were ranked sixth in Orange County and tenth in CIF. Halfway through the season, the Griffins were 5-0 in league and 11-3 for the year. Star player, J. T. Snow lead the team with 18 average points per game. Ryan Blosssey and Mo Warner followed with averages of 11.2 and 10.6. Hard work, commitment and consistency is what the players need to continue performing well throughout the entire season.



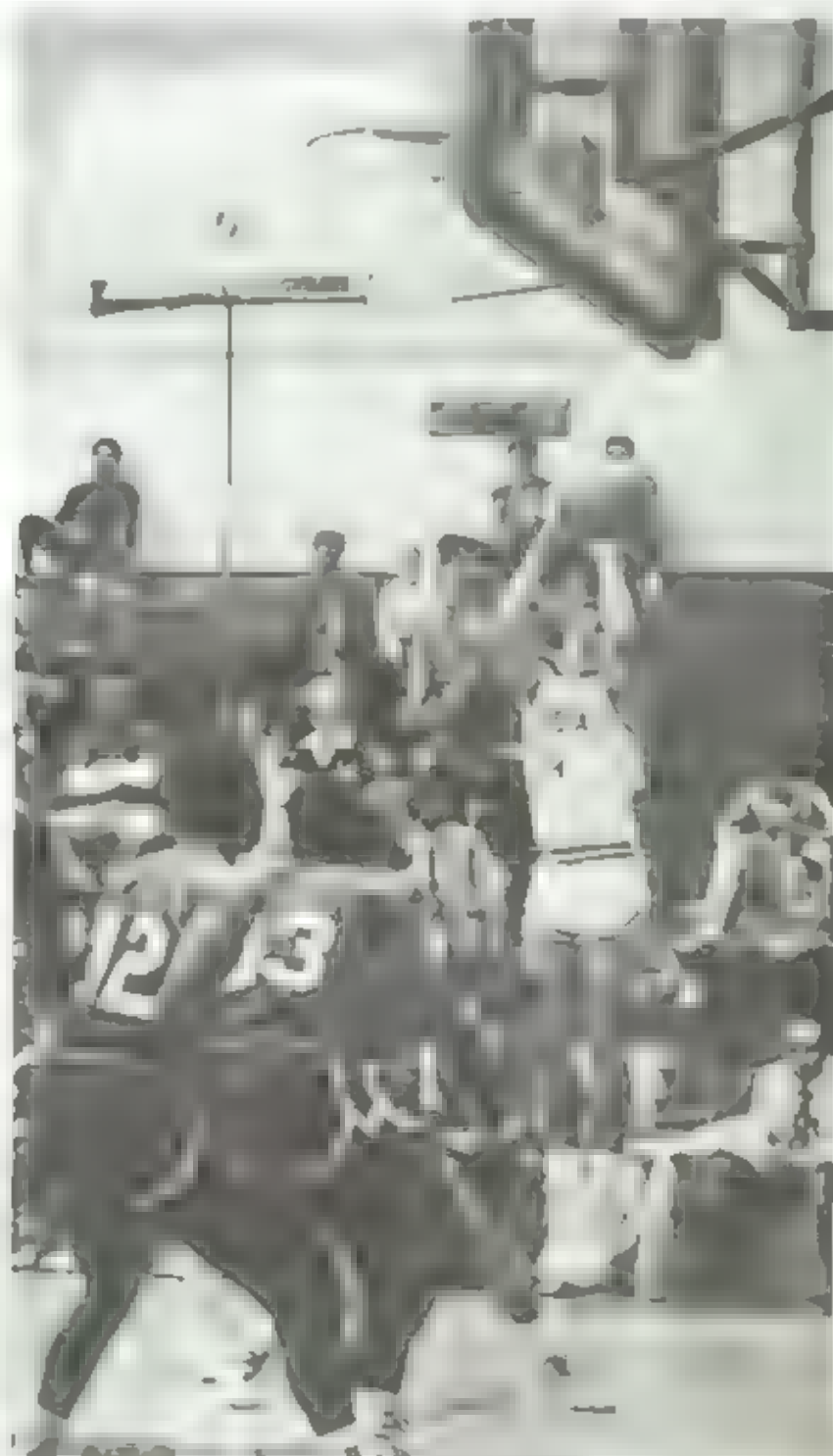
Varsity Basketball: Brett Pagett, Tommy Foster, J. T. Snow, Derek Bowen, Mark Schmitz, Chris Anderson, Mo Warner, Gary Lee, Ryan Blosssey, Mark Trachtman, Matt Teece, Mark Parkinson, Coach Nicolson, Coach Brooks, Coach Mahoogian.



Mo Warner practices his free throw shot very hard and with concentration. When it comes down to that final tie-breaking basket, Mo is assured he will make it.



Mark Schmitz reaches high to catch the rebound in order to pass the ball to J. T. Snow so he can run down court and make the winning basket against E. Dorado.



J. T. Snow takes a jump shot to widen the gap between us and Kennedy. J. T. has been a varsity member for three years and this year he is the co-captain.



J. T. Snow dribbles the ball low in order to figure out a way to get around the guard that is blocking him. J. T. is well known for the fabulous control he has of the basketball.

SCORES		
HOME		VISITOR
71	Loara	51
80	Esperanza	44
65	Cypress	59
66	Kennedy	61
90	Pacific	57
59	Karelia	69
81	El Dorado	86
59	Esperanza	57
64	Loara	46
72	Kennedy	68
83	Cypress	69
56	Karelia	65
73	Pacific	71
71	El Dorado	59



During warm-up, Mark Schmitz practices his jump shot. As a forward, being able to shoot from outside of the key effectively is important.



Tommy Foster concentrates on the court and visualizes the plays that Coach Brooks has drawn up for them to execute.



At warm-up Mark Parkinson and Mark Schmitz practice their jump shots. Afterwards, Mark Parkinson shows off his talent of spinning the basketball on his fingers.



## J.V. BASKETBALL STRIKES GOLD PULLING OFF THE CHAMPIONSHIP

The Incredible Los Alamitos J.V. basketball team was the Empire League champions for this year. It took much concentration, teamwork, and the devotion of team members to achieve this goal. With the help of some of the most valuable players, Rick Helms, Bernard Peters, and the leadership of Coach Conlin, this year's junior varsity team finished with a stunning record of 13 and 1 in league. With a record like this, the team will undoubtedly have a lot of confidence next season.



Junior Varsity Basketball: Front Row — Frank Quanga, Coach Conlin, Scott Omahundro Second Row — Bill Lansford, David Stanford, Greg Irwin, Rob Lester, Rick Helms, Nick Woods, Doug Wadleigh, Doug Davidson, Deron Scott, Bernard Peters.

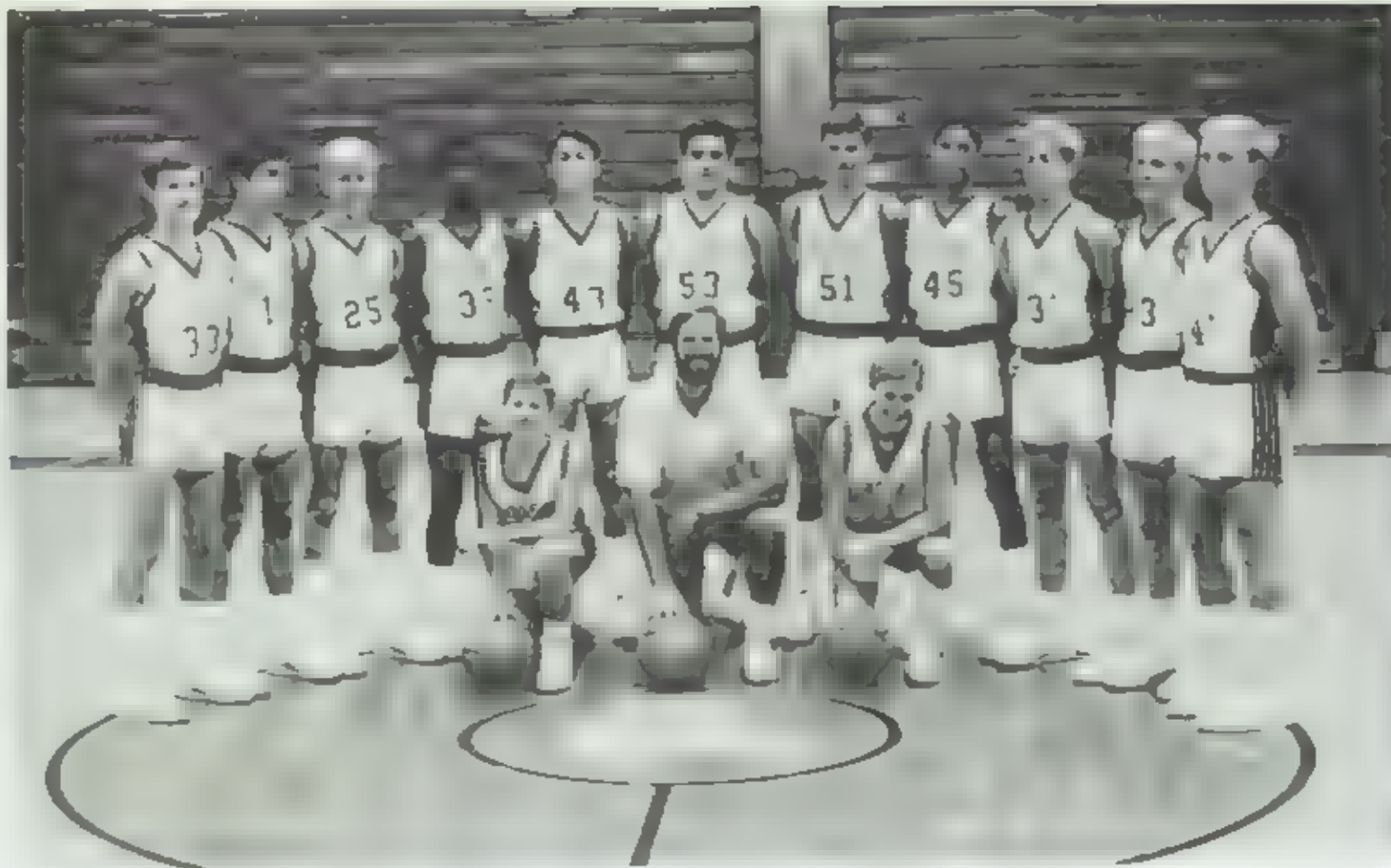


Sprinting down the court, Rick Helms glances back to his teammate to estimate which direction the ball is coming. The team is depending on him to make those vital points.



With a quick flick of his wrist, player 44, Rob Lester, slaps the ball away from his two foes. Both players were so stunned, that they never knew what happened.

Junior Varsity Basketball players, Deron Scott and David Stanford, watch the moves of their teammates from the sidelines. Even though they are resting they are still involved in the game.



Sophomore Basketball First Row — Brian Parkinson, Coach Ploessel, Steve Pawlacyk Second Row — Randy Blacq, Steve Mharov, Robert Callaway, Geoff Harper, Greg Reyes, Adam Melovitz, Craig Edmunds, Tony Ware, Steve Rubenacker

## FROSH SOPH BASKETBALL BRINGS ANOTHER EXCITING SEASON TO LOS ALAMITOS

This year's Sophomore basketball team consisted of a group of well oriented, high spirited young men who had had quite a successful season. The Sophomore team finished with an exciting record of 11-3 in the league. These diligent young men were co-champs with Katella High. Coach Ploessel was very pleased with the team and hopes for the team to excel in future games.

The new Freshman team finished 8-6 in the league standings. The most difficult foe they went up against was Sunny Hills High. Team leaders Mark Wasikowski and Tim Glaudini, along with the rest of the team, fought hard this season to maintain the level of intensity. Coach Anderson teaches his players to do well as they can as the season goes on and to keep working hard.



Freshman Basketball First Row — Joe Sweeney, David Vale, Todd Anisman, Coach Anderson, Steve Vas, Rick Adams, Brett Rinella Second Row — Todd Browne, Brent Bacher, Brent Overbeek, Scott Reid, Robby Farrel, Mark Wasikowski, Tim Glaudini, Cole Blassey, Brian Haub, Ken Goodman



## **GRIFFINETTES SCORE POINTS INTO BASKET**

The 1985-86 season proved to be successful for Women's Junior Varsity Soph-Frosh, and Varsity basketball teams. The Soph-Frosh team finished in third place with the assistance of Coach Mark Celestin.

With the team's hard work and the help of captains Deanna Blythe and Kim Taylor, the junior varsity team was crowned second place for the season.

Leading the varsity team into their second round in CIF were captains Mary Reis and Anthanasia Syrengalas. "Individual talents in hand with improved skills directed the team through a successful season. Coach Robin Farrington proudly remarked. The team strode on the court into second place in Empire League.



Women's J.V. Basketball Front Row — Shriene Miyake, Tinika Barrs, Kim Engle, Michelle Reyes, Cindy McSeturny. Second Row — Coach Lori Ruenstra, Monica Fett, Marcy McDannel, Kim Taylor, Deanna Blythe, Lara Swann, Stacy Thomas.



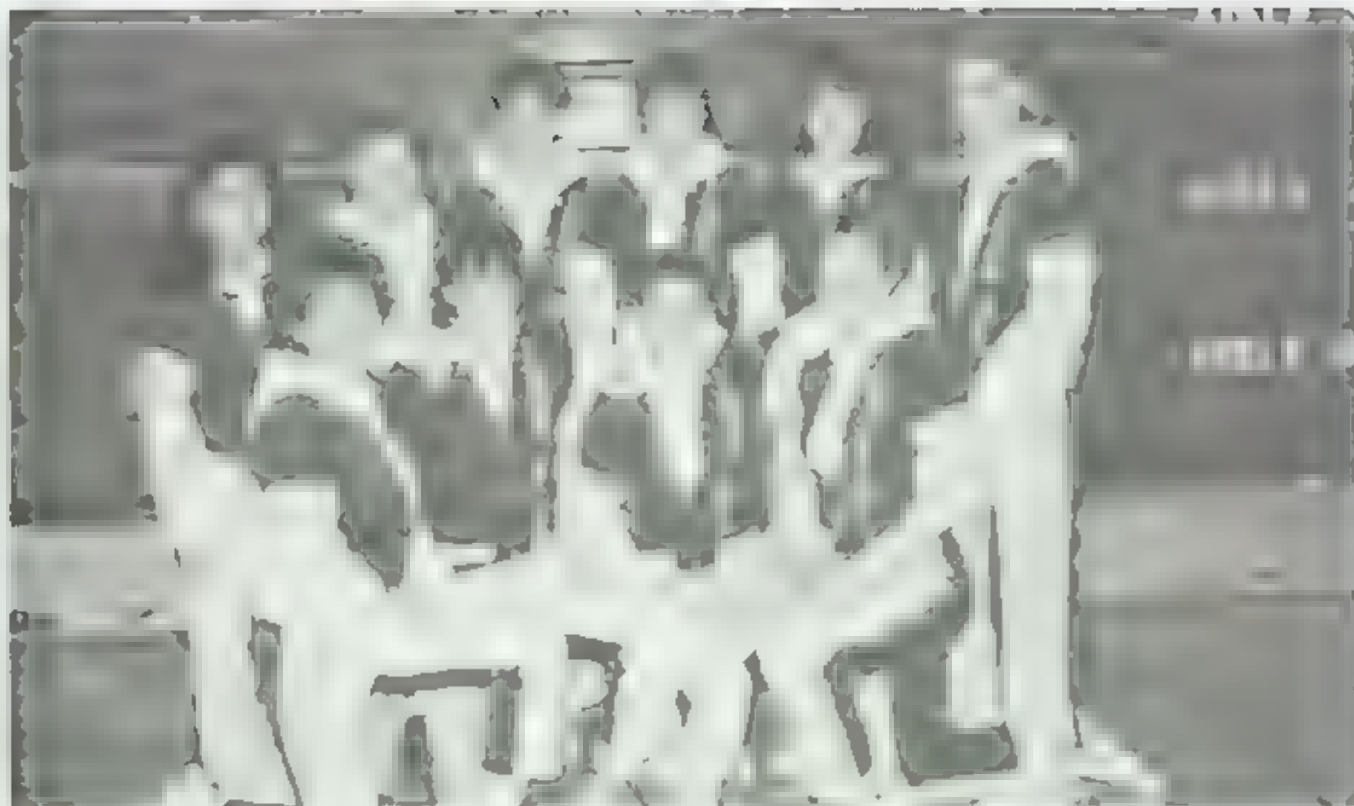
During the game against El Dorado, Stacy Thomas, Monica Fett, and Tinika Barrs sit on the side lines watching and smiling as one of their teammates steals the ball and makes a basket.



Women's Fresh/Soph Basketball Front Row — Paulette Jones. Second Row — Lisa Reddick, Kristen Anderson, Cheri Stephens, Lara Swann, Judy Davis, Sarah Sretes. Third Row — Coach Celestin, Michelle Reyes, Angelo Craven, Grace Falkin, Kathy Flier.



Dribbling down court during warm-ups, Paulette Jones gets serious as she prepares herself for the game against El Dorado.



Front Row — Traci Engel, Diane Sands, Elli Exacoustas, Jennifer Ensley Second Row — Gina LaNueva, Kelli Moore, Mary Rels, Tricia Hatfield, Anthanasia Syrengelas, Jeannette Dorsey

## SCHEDULE

Los Al vs Loara  
 Los Al vs Esperanza  
 Los Al vs Cypress  
 Los Al vs Kennedy  
 Los Al vs Pacifica  
 Los Al vs Ketello  
 Los Al vs El Dorado  
 Los Al vs Loara  
 Los Al vs Esperanza  
 Los Al vs Cypress  
 Los Al vs Kennedy  
 Los Al vs Pacifica  
 Los Al vs El Dorado  
 Los Al vs Ketello



On a fast break, Kelli Moore, takes an outside jump shot for two points



Mary Rels turns on the radio during warm-ups. Music before the game helps put the girls in the right frame of mind



During warm-ups, Tricia Hatfield, practices her lay-up, which takes a special touch to always make it

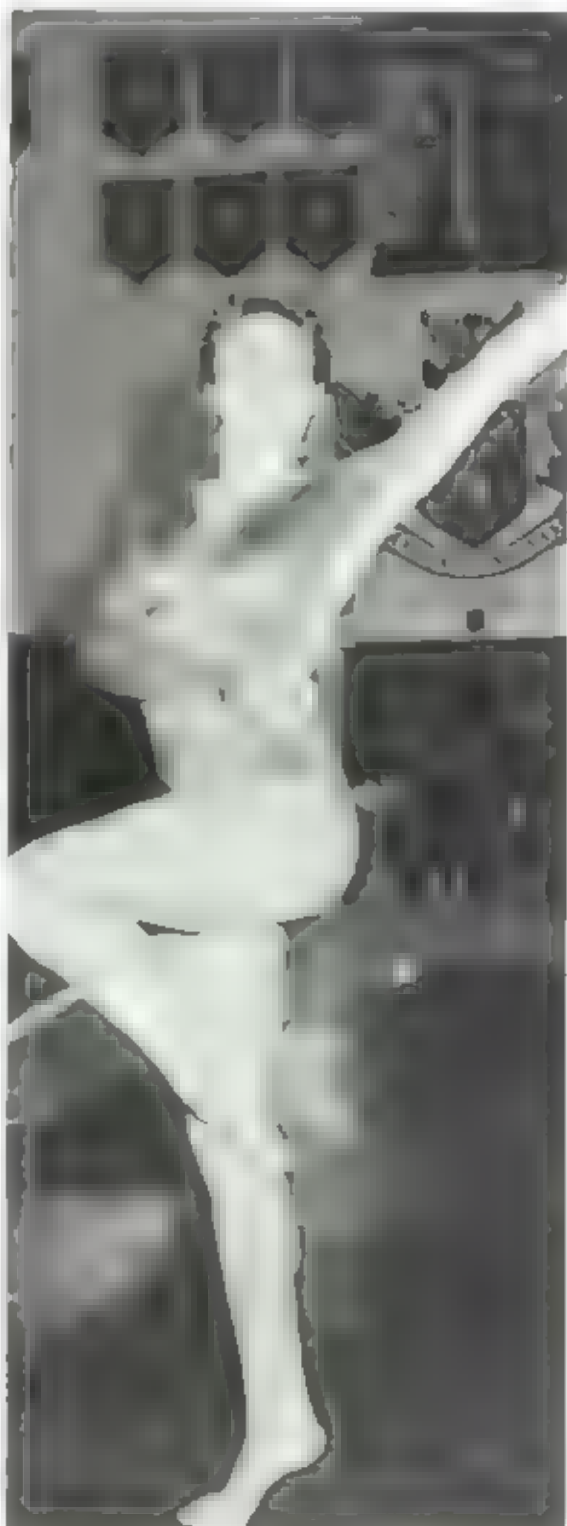


While the Griffins are in the lead against Kennedy, the starters, Traci Engel, Gina LaNueva, Elli Exacoustas, and Kelli Moore, are able to sit on the bench and rest awhile. But they don't get long because basketball is a fast moving game



## LA GYMNASTICS TUMBLE TO WIN

Dedication, hard work, and extra time were utilized in order for the 1985-1986 gymnastics team to come out on top. In the past Los Al gymnasts have won two CIF championships, and eleven out of twelve league championships. The gymnasts strove for excellence, strength, elegance, and endurance. Teamwork, daily practice, and self-discipline kept the team ready for Empire League competitions. Energy and enthusiasm had compelled the team to be one of the best.



During her floor routine, Christine DeGregory playfully poses. Chris has been on the varsity team for three years.



Gymnastics. Front Row — Beverly Kester, Arnie Jenkins, Suzanne Chaves, Sara Latsch, Lisa Bryant. Second Row — Dawn Goldsmith, Julie Williamson, Abigail Koehring, Lara Swann, Kelly Matheney, Kim Ramseyer, Denelle Flynn, Lisa Boyd. Third Row — Mr. Flynn, Kristina Morris, Gina McAfee, Tracy Dolan, Lisa Chaw, Zoe Syrengelas, Kim Sranfield, Daniel Giles. Francesco Tozzi Not Pictured — Chris DeGregory and Kirstyn DeVries.



Gina McAfee practices her split leaps during warm-ups. In order to get a perfect score that everyone would like, you have to make sure your legs are parallel. This is Gina's second year on the Los Al gymnastics team.



Before approaching the uneven parallel bars, Lisa Chow, puts some chalk on her hands so that she will not slip off of them. Keeping a tight grip on the bars is imperative for a good score.



Getting ready to attempt a back walkover, Sara Leesch concentrates. Balance and careful precision are important aspects of doing tricks on the balance beam.



After doing a castrop and going for an eagle, Kim Starfield, reaches for the bar behind her. Timing is the most important part of bars, and if you miss your timing you could miss the bar.



Balancing yourself in a handstand on the beam is one of the more difficult tricks, but Tracy Doland performs this trick like an expert.



# LOS ALAMITOS GOLF TEAM SWINGS INTO ACTION

Although golf is not considered a team sport, a mixture of individual talent, practice, and dedication, created a unified team. This year's golf team proved this through their performance at their tournaments during the 1986 season.

The Griffins golf team had a good season with three people from last year's team. Impressive returners were Jeff Long, Sanford Rose, and Frank Dick. These boys led them to several seasonal victories.



On the putting green practicing his delicate touch, Jeff Long, concentrates on a smooth stroke which will help cut down on his scores.



After a round of golf, Eric Patrick, goes over the game in his mind so he will achieve a lower score next time. Eric is a first year member of the golf team.



Practicing at the driving range, Dan Leonard, looks forward to the round of golf he is going to play and he hopes to do well.



Brad Benkey takes a hefty cut out of the sand which will put him on the green for a chance at a birdie. Brad did extremely well on this year's golf circuit.



Golf Team Front Row — Jeff Long, Brad Benkey, Jon Theriault, Dan Leonard Second Row — Sanford Rose, Ryan Blosssey, Frank Dick, Eric Parrick, Coach Dixon

**OPPONENTS**  
 Long Beach Wilson  
 Fountain Valley  
 El Toro  
 Loara  
 Esperanza  
 Cypress  
 Long Beach Wilson  
 Pacifica  
 Korella  
 El Dorado  
 Esperanza  
 Loara  
 Korella  
 Cypress  
 Pacifica  
 Estancia  
 El Dorado



Coach Dixon gives a few very helpful pointers to Jon Theriault a new member of the Los Alamos golf team



While swinging the club Ryan Blosssey keeps his eye fixed on the ball so it will get to the green

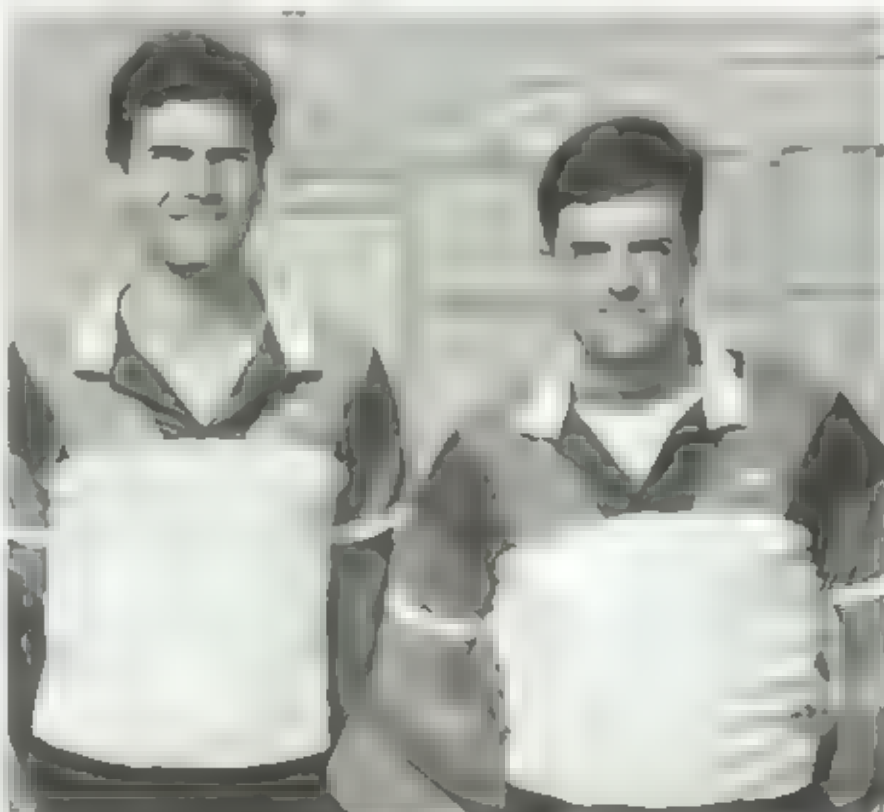


Frank Dick is stuck in the sand trap and needs a good strong swing to get out



## MEN'S J.V. AND VARSITY TENNIS SWING INTO A WINNING SEASON

One of the more popular spring sports at Los Al is tennis. The warm sun encourages many people to come out and get a little exercise while still experiencing the thrill of competition. Tennis is a sport that involves good eye-hand coordination, endurance, and flexibility, all of which the boys' varsity team possess and use to defeat the opposing teams. The team keeps up the Griffin tradition of striving for excellence and giving that extra push needed to make Los Al number one.



Left to Right — Larry Reinking, Matt Bareman



Left to Right — Joaquin Garcia, Chris Cadik, Shubert Koong, Coach Parker



Men's Varsity Tennis Front Row — Anthony Bareman, Hahn Lin, Shubert Koong, Joaquin Garcia, Jason Zommick, Gary Sinclair Second Row — Wing Chen, Kit Cadik, Jon Imel, Matthew Bareman, David Condiary, Jeff Madkewicz, David Schulten, Larry Reinking Third Row — Coach Parker, Jason Binder, Tom Faden, Marco Silva, Cory Chee, Ramchand Partharcha, David Cheng, Mike Sandler, Craig Halker, Mark McCoy, Gary Wisniewski, Rob Wilkerson, Willie Hawthorne, Coach Rubonis Fourth Row — Brian Meckler, Devin East, Ernie Blevins, Gary Cuneen, James Ken, David Jenkins, Tom Nickold, Eric Roberts, Sean Carlson Not Pictured — Chad Calhoun, Robert Leff, Danny Psyzk, Matt Ruckerd, and Darren Smith



Senior Jason Zammick returns a shot to his opponent on the other side of the net. Jason perfects his backhand by listening to the advice of his coaches, friends, and by practicing.



As David Shulton works on his forehand after school at practice, he thinks of the big tournament that is coming up this weekend. Practice is the best way for a tennis player to improve his skills.

#### SCHEDULE

Los Al at Pacifica  
 El Dorado at Los Al  
 Los Al at Loara  
 Esperanza at Los Al  
 Los Al at Cypress  
 Kennedy at Los Al  
 Pacifica at Los Al  
 Los Al at Korella  
 Los Al at El Dorado  
 Los Al at Esperanza  
 Loara at Los Al  
 Los Al at Kennedy  
 Cypress at Los Al  
 Korella at Los Al



Hahn Lin serves up trouble for his opponent as he takes control of the match.



Jon Imel practices his serve while teammates Gary Sinclair, and Marco Silva, give him constructive criticism.



## BADMINTON CONDITIONS

Badminton is a popular racquet sport at Las Al, especially for those tennis players who want to keep in shape and maintain their timing in the off season. It is a sport of coordination, and skill. Many people join the team because it is a way to meet friends. This year's badminton season proved to be a learning experience for all.



Junior Malini Gupta hits the birdie back over the net to her opponent who is awaiting the return shot. Malini is a first year member of the varsity badminton team.



Practicing his serve, junior David Rayburn, plans his left foot to make sure he has good balance. David takes practice very seriously.



Casey Fierce, a member of the J.V. team, warms up before a match by practicing his follow-through on his swing.

Badminton Front Row — Malini Gupta, Johanna Richard, Kristin Shelly, Jon Armijo, Casey Fierce, Coach Giarratano Second Row — Coach Brian Ng, Julie Simmons, Farren Last, Andrea Bloom, Roger Yoh, Julius Ypma, Jake Rayn Third Row — Patri Ivins, Ashley Brooks, Cindy Ludlam, Michelle Perslow, Laura Patterson, Patricia Vaca, Sharon Bordas Fourth Row — Patrick Campuzano, Bonnie Viets, Kristin Gibson, Gary Wang, Jimmy Wu Fifth Row — David Rayburn, Shih-hun Wu, Angel Fogardo, Patrick Stenberg Sixth Row — David Banning, Brent Bolton, Aaron Simmons, Sean Aldridge



## LOS ALAMITOS TRACK TEAM JUMPS INTO THE GROOVE

The 1986 track season was one of many triumphs. But bad weather conditions early on in the season prevented the staff from getting a team picture. We would like to acknowledge the following people as members of track team for 1986: Chantia Adle, Cynthia Albert, Sheryl Albert, April Allen, Todd Anaman, Tineka Barrs, Gene Blackmun, Vanessa Blanco, Jeremy Blomgren, Drenna Bosanko, Cameron Briggs, Danelle Burick, William Burkett, Morgi Campbell, Kenny Conardsky, Howard Chalowsky, Sung-Lip Chun, Ján Cisneros, Vince Cisneros, Susan Collins, Stephen Covall, Gary Covington, Barrie Dafforn, Kedia Davis, Jacquelin Daxey, David Dubourdieu, Reginald Dunn, George Eaton, John Espinoza, Jeffrey Fairbanks, Darren Fatone, Kriston Fett, Monica Fett, Mark Finkenhagen, Daniel Foster, Timothy Fritcher, Anjoletti Fruhan, Nicole Furguele, Donald Gerber, John Guest, Kelly Hall, Geoffrey Harper, Erik Henriksson, Ray Herring, David Horwitz, Jennifer Hunt, Lori Jack, Leanna Jay, Steven Johnson, Paulette Jones, Emil Jorge, Lance Jorgensen, Neils Jorgensen, Jarrett Keck, Tammy Ketsio, Holly Kunst, Janis Kurela, John Lady, Andre Lamoureux, Kyle Ledesma, William Libby, Yvette Lugo, Gregory Lyon, Brooke Mabe, Cynthia MacSelwney, Melissa Maloney, John Marks, Michael Martinez, Roland Marni, Amy Merchant, Joseph Millar, Patricia Montoya, Ronald Muir, Gregory Murphy, Janet Murphy, Jim Nguyen, Max Nishi, Denise Navack, William Orvis, Alan Padua, Eva Paine, Kristin Parker, Aaron Pedrosa, Bernard Peters, John Phan, Matthew Phillips, Mark Plot, renberger, Mary Rous, Royal Reed, Jeffrey Regnier, Gregory Reyes, Michelle Reyes, Steven Rogers, Mike Rosetti, Roger Ross, Mark Salamon, Michael Sanders, Brian Sandoval, Glynn Sanford, Donald Santos, Scott Sergeant, Eric Schwandt, Kim Sederstrom, Karen Sell, Ilana Sendia, Neil Sorenson, Scott Sorenson, Robin Southerland, Robert Stamer, Konstantino Syrengelas, Undreal Todd, Suzy Triplet, Robert Tuttle, Michelle Vergara, Alex Vidal, Michael Woehler, Chevelle Waker, James Weber, Kent Wells, Todd Welsh, Carl Wenz, Natalie Wenz, Scott Willford, Hsiao Win, Erik Wood, Gina Young, Marcus Garcia, Duncan Davidson, Leonard Fariñez, Jim Devlin, Grace Faron, Peter Kropp, Matt Farnelaro, Stewart Murry, Roger Roadstrom, Parker Pollock.



Upper left: Running hurdles requires speed and endurance of the part of the athlete. Senior Lori Jack demonstrates this combination which makes her a valuable part of the track team. Below left: Pole vaulting is one of the most demanding track events. The vaulter must not only have the speed to get him off the ground but the agility to maneuver himself over the bar. Gary Covington demonstrates his ability to force his body and mind to work together to excel in this difficult event. Lower left: A relay team is a combination of individual talent. Each member must move with the precision which makes the four members perform as one. John Castro hands the baton to Neil Sorenson in their practice before the race. J. J. Cisneros and Jim Devlin watch intently waiting for the hand-off. Above: Emil Jorge demonstrates the mental concentration and muscular strength needed to hurl a twelve pound shot-put.



## VARSITY WOMEN SWIM WITH STYLE

The Women's Varsity Swim team had a very outstanding 1985-1986 year. The team had many returning members which helped lead them to their victory. In addition, the players experienced many hours of vigorous practice, which were obviously worthwhile. The women swimmers were well prepared for the competition brought to them from the other schools. The team won many meets therefore, making our school extremely proud of them.



First Row — Captain Shari Corli, Jeni Buys, Susan Guthrie, Kristine Ogle, Toodie Sanderson, Rebecca Copeland, Stephanie Welch, Allison Cook, Nancy Sands. Second Row — Janet Buys, Lisa Lerno, Amy Holzgang, Patty Jett, Peggy Grass, Karen Rothery, Kelly Chades, Tina Alvarez, Holly Watson, Kim Browne. Third Row — Amy Whitlock, Misty Parz, Jill Ensley, Lori Garcia, Sonet Sierz, Corinne Haskins, Maiken Emmerich. Fourth Row — Melinda Murphy, Julie Meadows, Catherine Gaw, Joey Kleinman, Chalyce DeVries, Jennifer Marken, Stephanie Schweig, Kristin Shurvik. Fifth Row — Denise Kaneko, Jennifer Nunes, Lisa Craddock, Jill Simundza, Rachel Corley, Cheran Harville.



Swim team members Peggy Grass and Shari Corli take a breather before beginning another set of grueling laps across the pool.



Shari Corli relaxes and slowly backstrokes across the width of the pool grateful that her many hours of practice are over.



Coach Debbie Fleming, of the Girls Varsity Swim team, pauses for a brief moment as she explains the proper swim strategy and gives extra helpful hints to the Varsity members.



# SCHEDULE

Los Al or Milkon  
 Los Al Invitational  
 Los Al Invite Finals  
 Loara at Los Al  
 Esperanza at Los Al  
 Los Al at Cypress  
 Kennedy at Los Al  
 Pacifica at Los Al  
 Los Al at Kotelio  
 Los Al at El Dorado

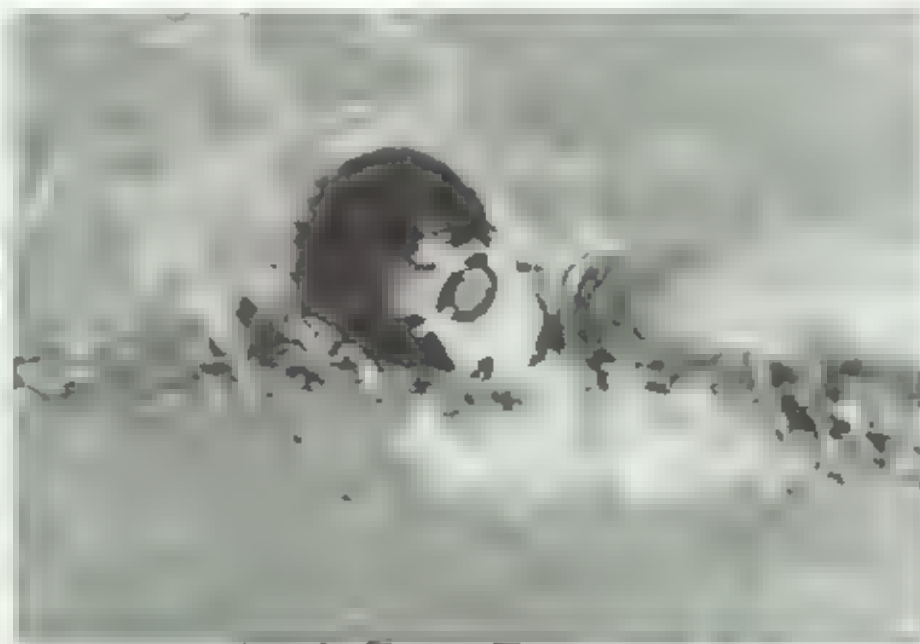
Freshman Sonet Stetz and sophomore Lisa Lerne rest on a starter's block before their afternoon practice. Since the beginning of the year, they have learned that endurance and strong arms are the sure keys to victory.



In the number one spot, Peggy Gross prepares to take the dive that would mark the beginning of the challenging freestyle race.



With a smile of contempt, three-year swim-team member Susan Guthrie reaches the end of the pool before the other swimmers.



Coming to the surface for a quick breath of air, senior Shari Carl pushes for the finish line. Shari has been a member of the varsity team for four years.





Going in for the pitch, Lori Halbig smiles with joy. Lori is a two year member of the J.V. team.



Junior Varsity Girls: Candi Chesebro, Tracy Doyle, Traci Engel, Trista Escudé, Jennette Gormar, Lori Halbig, Julie Jones, Vickie K. Junt, Phyllis Long, Kevin Reekes, Cheryl Rutledge, Kim Engel, Lisa Reddick, Mar. M. Junt. Coach: Lorie Riestra. Managers: Shirene Miyake and Lona Makim.



Feeling proud to coach the Girls J.V. Softball team, Coach Riestra waves happily to the camera. She knows that her team of diligent young women will do just fine in this year's league.



J.V. Girls' Softball player Tracy Engel sits on the side lines waiting for her turn to bat. Tracy is one of the many players who work hard to help the team win.



Kevin Reekes takes a rest after a long hard game. Kevin enjoys being a member of the J.V. Girls' Softball team.



Junior Teri Hubert, positions herself at the plate anxiously waiting for the pitch so she can improve her batting average. Teri is a three year member of the softball team. She acts as catcher on the offensive side.



Varsity Girls: Jeanne Allard, Leslie Baker, Mara Bloom, Lisa Caudillo, Dana Cipollone, Nancy Clark, Jeannette Dorsey, Geri Glover, Lisa Hubert, Teri Hubert, Laura Junkermann, Margie La Costa, Kelli Moore, Diane Sands. Coach: Jami Moore. Manager: Harold Garlieb.



Two year member, Geri Glover, meets with her teammates and her coach to have a last minute pep talk for their game against El Dorado. It is an honor to be on varsity softball as a sophomore since varsity is such a prestigious team.

#### SCHEDULE

Esperanza at Los Al  
Kennedy at Los Al  
Los Al at Pacifica  
Kateila at Los A  
El Dorado at Los Al  
Los Al at Loara  
Los Al at Cypress  
Los Al at Esperanza  
Los Al at Kennedy  
Pacifica at Los Al  
Los Al at Kateila  
Los Al at El Dorado  
Loara at Los Al  
Cypress at Los Al

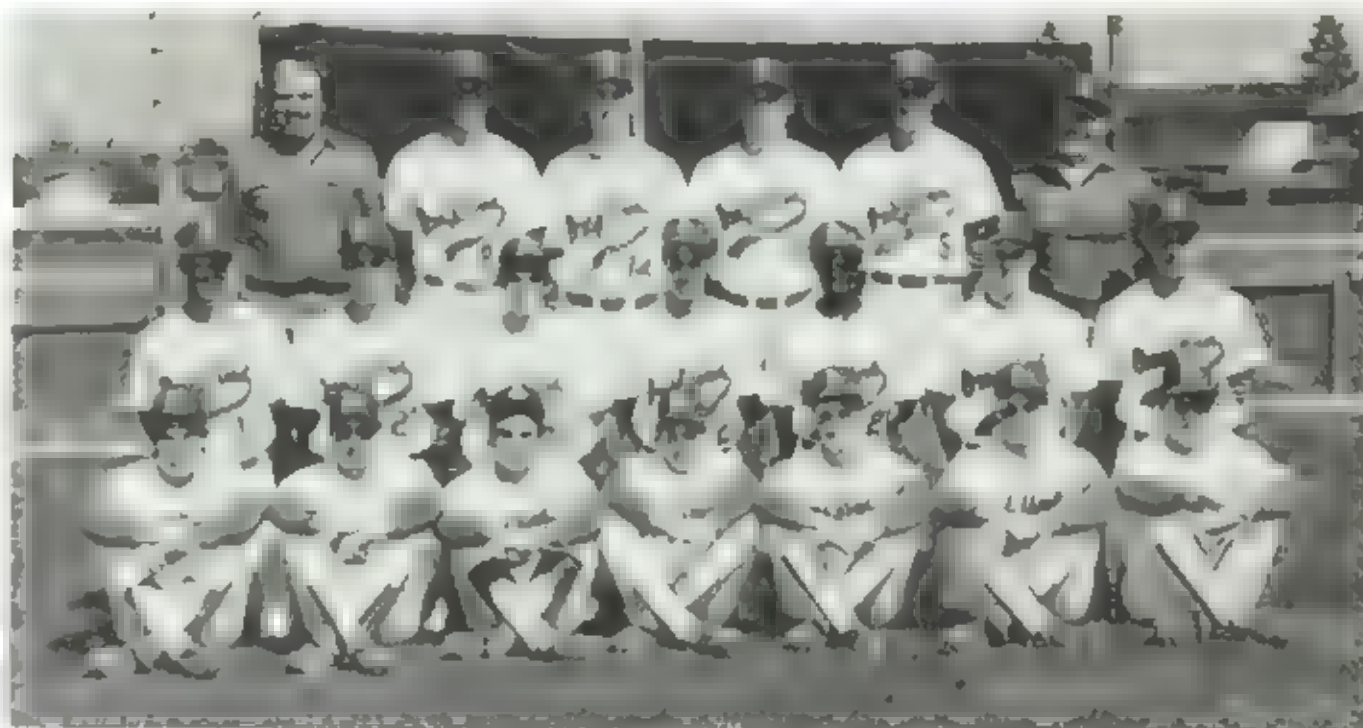


Coach Jami Moore reviews the signs with the players inbetween the innings of the game against Esperanza.



## BOYS CELEBRATE A GREAT SEASON

The 1986 Griffin Baseball season started off with a bang in a double header scrimmage against Hunnington High School in a non-league game. Their win proved to be the start of a great season. With Randy Hacker as pitcher and Mark Wolfe catching, the offense had no chance. Lead hitters, J. T. Snow, Robble Katzaroff and Kevin Jeanotte brought in many of the runs that lead the Griffins to victories.



Men's Varsity Baseball: Front Row — Kevin Jeanotte, Randy Hines, Robby Katzaroff, Tony Muser, Ron Scanlon, Darren Scott. Second Row — Randy Hacker, Tom Williamson, Matt Treece, Dale Lane, Mike Kelly, J. T. Snow, Mark Wolfe. Third Row — Coach Loftus, Brooks Peters, Gary Lee, John Olsen, Robby Nen, Coach Gibson.



Varsity Strat Girls: Dawnielle Congiardo, Stephanie Snow, Ann Marie Hogman.



Coach Kevin Loftus



Coach Mike Gibson



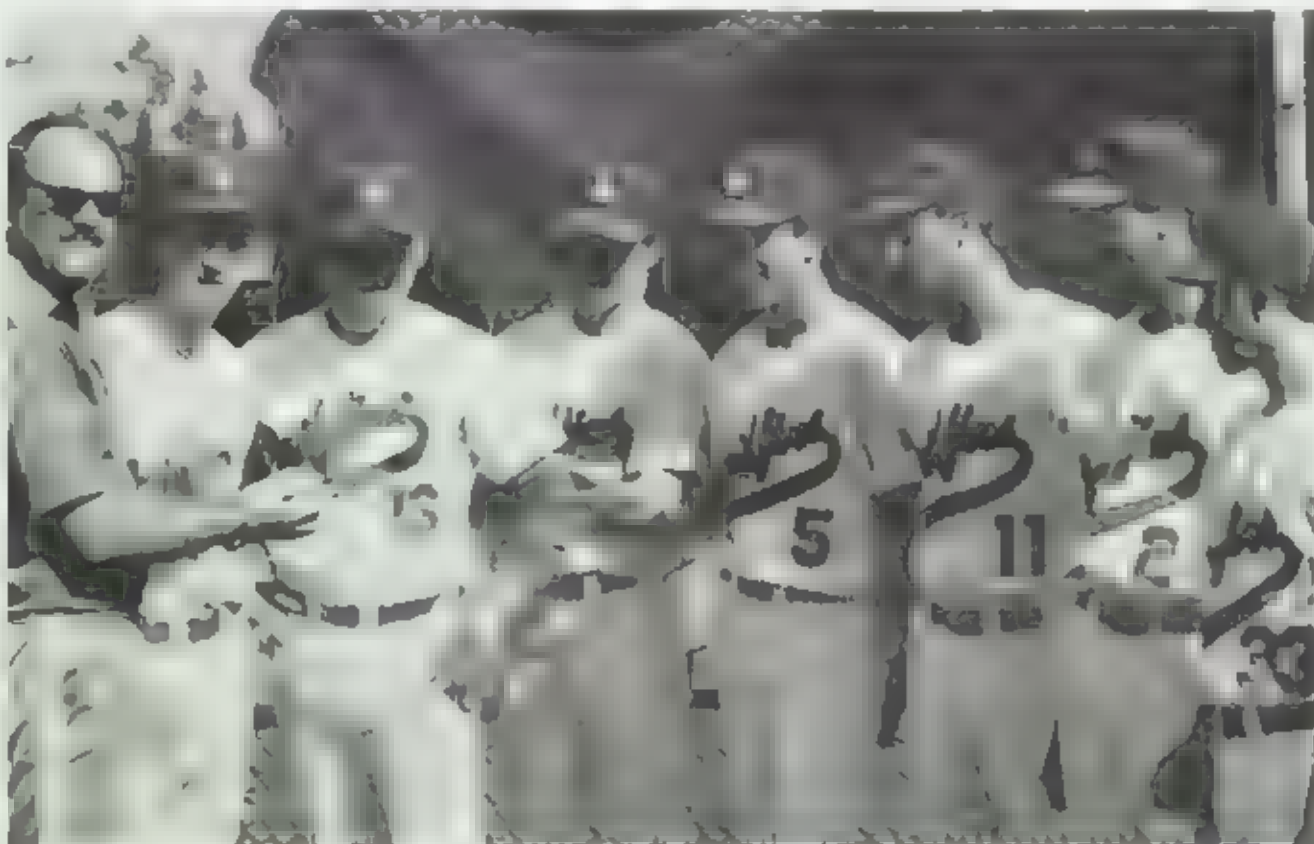
Varsity Captains: Rob Katzaroff, J. T. Snow



## SCHEDULE

Los Al at Cypress  
Kennedy at Los Al  
Pacifica at Los Al  
Los Al at Karela  
Los Al at El Dorado  
Los Al at Esperanza  
Loara at Los Al  
Los Al at Kennedy  
Cypress at Los Al  
Karella at Los Al  
Los Al at Pacifico  
El Dorado at Los Al

Catcher Mark Wolfe puts his face mask back on after picking a man off at second base. A catcher must have quick reflexes and a strong arm to repeatedly make the throw out to second.



John Olsen congratulates his teammate Matt Treese for a good game with a jubilant smile and a handshake.

Coach Loftus reviews some of the basics of baseball with some of his players. From L. to R. — Gary Lee, John Olsen, J. T. Snow, Rob Hen, Randy Hacker, Brooks Peters, and Randy Hines.

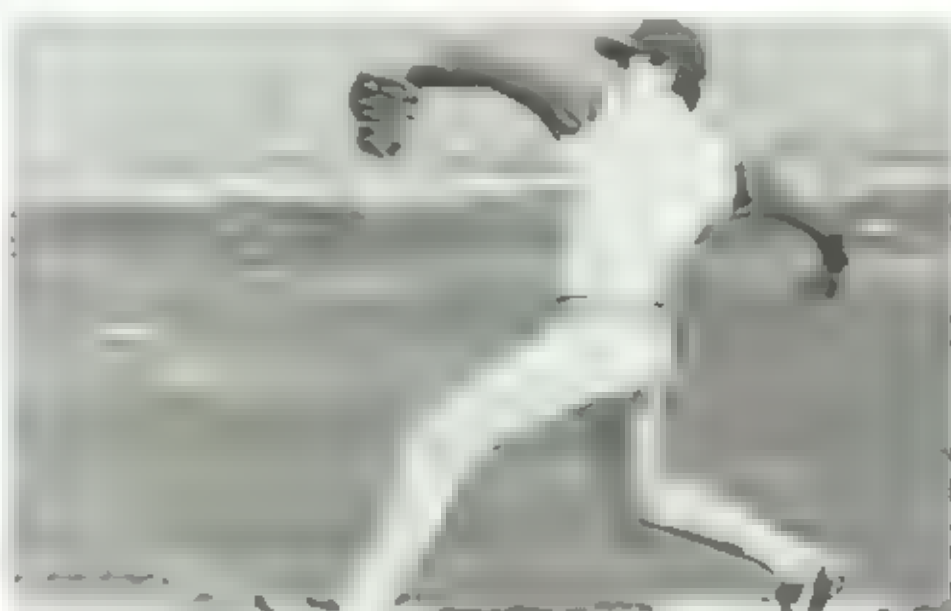




Men's J.V. Baseball. Front Row — Tony Fusco, Winnie Wolf, Steve Pallock, John Caudillo, Brett Pagett. Second Row — Josh Musselman, Steve Rubenaker, Pete Scanlon, Mike Falbo, Nick Beljoe. Third Row — Coach Brooks, Mark Wasakowski, Doug Davidson, Greg Pirkl.



Catcher Pete Scanlon stands by himself at home plate thinking about his last throw to second base.



Throwing a difficult pitch, Greg Pirkl, of the J.V. team lets his form show through.

Winnie Wolf, fields a sharp grounder and throws it back to home plate. Winnie is one of the few freshmen on junior varsity baseball.



During a practice game, outfielder Tony Fusco takes a break from the scorching sun, finding refuge in the dugout.



Men's Fresh/Soph Baseball: Front Row — Philip DeMareo, Jeff Blank, Trey Gorman, Bobbie Sylvia, Craig Olrich, Max Moore Second Row — Dave Wilkins, Randy Blank, Joey Croce, Chuck Miller, Mike Barla, Craig Sugiyama Third Row — Coach Treece, Scott Reed, Mike Scott, Bobby Callaway, Thad Mumford



Men's Freshman Baseball: Front Row — Mike McAfee, Todd Gibson, Adam Musi, Mike Gallagher, Todd Brown Second Row — Kenny Jayeski, Phil DeMareo, Joel Fischer, Brent Blocker, John Hyatt Third Row — Coach Eddie Foster, Bobby Farrell, Chris Park, Sal Mancuso, Eric Coeser



Racing to home plate hoping to score another run for the Griffins, shortstop for the Fresh/Soph team, Darren Sugiyama, looks up to make sure he can beat out the throw to home



Craig Olrich, pitcher on the Fresh/Soph team winds up to throw his fastball



Freshman Trey Gorman keeps his eye fixed on the pitcher while he waits for the pitch

## MEN SWIM TO CONQUER ALL

The Los Alamitos Men's Swim Team, headed by coaches Dennis Plossel, Bob Turner and Phil Malone, started off the season with a bang. Such competitors as Laora and Esperanza proved to be victorious for the team.

Practices were held Monday thru Friday, before and after school. Participants were required to swim from 5,000-8,000 yards a day. Such conditioning was needed for the tough competition they faced at the many meets during the season.

Los Alamitos continued to remain one of the top competitors among the surrounding schools and always strove to be the best.



Men's Swimming First Row — John Downs, John McMahon, John Stevenson, Marc Alpert, Dave Fusco, Scot Listavich, Jeff Dressel Second Row — Jimmy Obrecker, Chris Silver, Jack Souders, Daved Maher, Mike Broderick, John Caughlin, Eddie Scandleberry Third Row — Eric Prussell, Chris Geer, Cliff Khoss, Tom Anderson, Craig Agosta, Craig Malone, Brian Lawrence Fourth Row — Andrew Schiemer, Lance Schiemer, Andy McMahon, Sean Patrick, John Chomin, John Fisher, Dru Bazz Fifth Row — Jeff Ahmad, Kevin Welch, Steve Evans, Rocky Parks, Matt Carter, Kevin McIntyre, John Wimbish, David Smith



Varsity Team: First Row — Andy McMahon, Mark Alpert, Dave Fusco, Andrew Schiemer Second Row — Craig Malone, Jimmy Obrecker, Scot Listavich, Lance Schiemer Third Row — Jon Wimbish, Matt Carter, John Chomin, John McMahon Fourth Row — Jeff Wimbish, Brian Lawrence, Kevin McIntyre Fifth Row — John Downs, Tom Anderson, John Caughlin

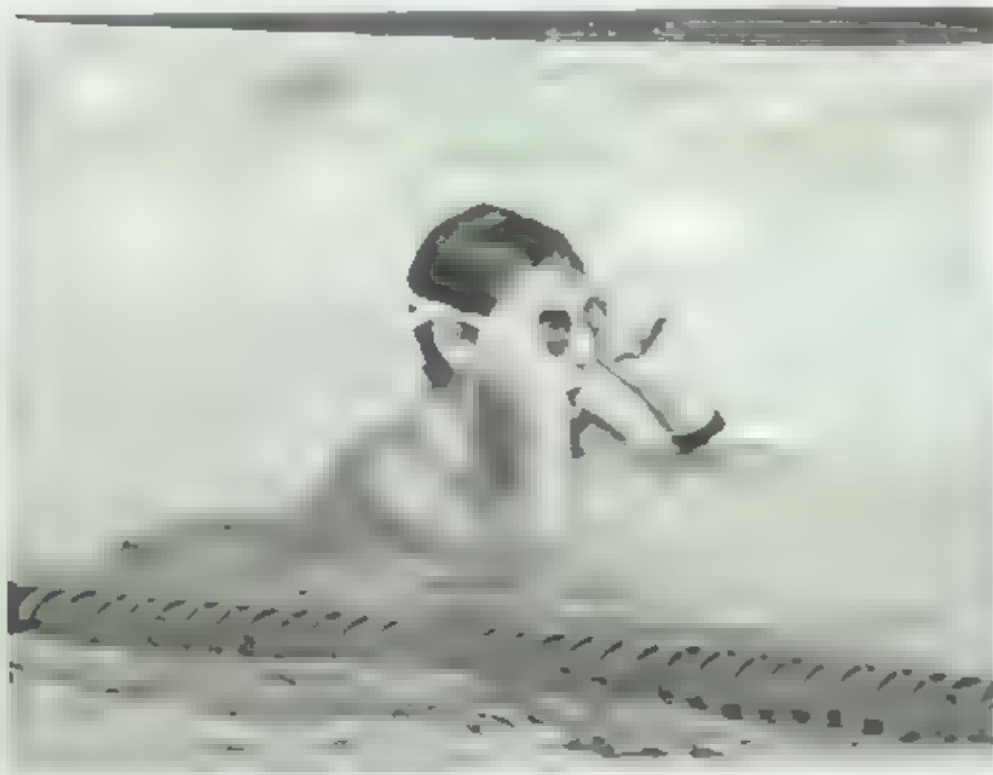
Discovering a leak in his goggles, John McMahon displays a face often seen at practices. Not even goggles can keep the chlorinated water from irritating his eyes.







Men's swimming participant Brian Lawrence, puts forth all his effort while competing in the 1000 meter butterfly against Loara. Swimming continues to be one of the many sports that Los Al excels in.



Pausing to adjust his goggles during early morning practice, John Chomin thinks about the tough competition at the upcoming meet. Such competitors like El Dorado give cause for the many long practices.

#### SCHEDULE

Los Al vs Loara  
 Los Al vs Esperanza  
 Los Al vs Cypress  
 Los Al vs Kennedy  
 Los Al vs Pacifica  
 Los Al vs Katella  
 Los Al vs El Dorado



Exhausted after a rough competition, Matt Carter walks over to join the rest of the team. Practices before and after school help to condition the team.



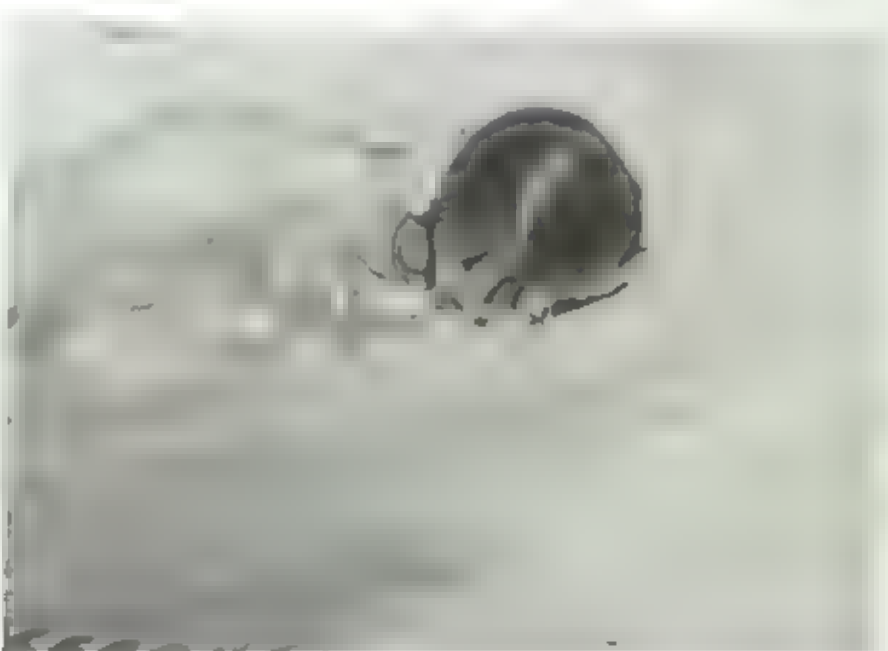
Varsity swim team member Scott Listavich watches his coach and waits for some instructions. Many hours of practice are spent to make team members like Scott fine, competitive swimmers.



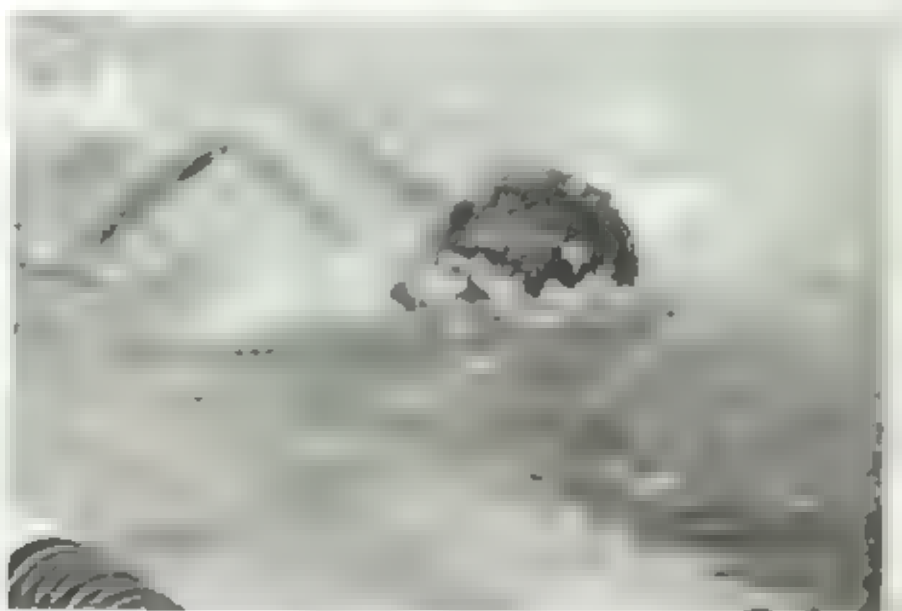
After one of the many varsity swim team practices, members of the team take time out to enjoy the sunny day. A chance like this doesn't occur very often.



While doing his daily warm-up exercises, a swimmer shows the perfect overhand form. Good swimming techniques are vital for each swimmer to get the most out of each workout.



After many long laps across the length of the pool, a varsity swim team player is thankful to finally be reaching the end of his strenuous practice for the day.



James Oberocker, a dedicated swim team member, forces himself forward with great diligence and passes a fellow swim team member. Such simulated races help swimmers see how well they're performing.

faculty



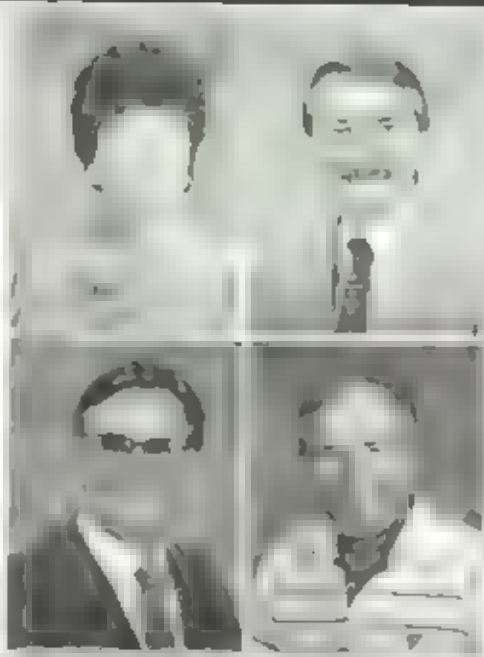


Carol Hart: Principal  
UC Berkeley MA

Tom Anthony: Assistant Principal  
JSC MA

Gary Rutherford: Dean of  
Attendance  
Pepperdine University BA

Larry Thompson: Assistant Principal  
JSC MA



As the new activities coordinator Mr. Kelly Godfrey schedules school assemblies throughout the year. He is often seen attending the various assemblies as well as the sports events at Los Al.

## LOS AL WELCOMES NEW PRINCIPAL

In the school year of 85-86, Los Alamos had a new principal enter its doors. Mrs. Carol Hart sought the role as principal of Los Al due to the outstanding reputation of the school.

Mrs. Hart had attended UC Berkeley where she majored in history, English and political science served as her minors. She taught social studies and English at the junior high level at McGregor Intermediate School. Mrs. Hart served as an assistant principal at Newark Memorial High.

Mrs. Hart has gained knowledge through her experience as a school administrator. Master schedule building, curriculum development and community relations are only a few of the tasks she has in her weekly schedule.

Improved test-taking skills and implementing the increase of critical and creative thinking in the classroom are two Board goals being strived for.

Mrs. Hart welcomed the parent community to become involved in the Parent Teacher Student Association organization. She also encouraged parents to be involved in the various booster club organizations.

Mrs. Carol Hart has strived to make Los Al an active, academically fulfilling, and enjoyable high school. In return, Los Al thanks her for becoming a part of our school. Mr. Gary Rutherford, dean of attendance, lassoed truancy into a tight minority. As truancy was kept at a minimum by Mr. Gary Rutherford, Mr. Tom Anthony, Mr. Larry Thompson, and Mr. Kelly Godfrey all joined in improving Los Al.



Before opening the door to his green Porsche, Mr. Tom Anthony gazes into the early morning traffic on Cerritos Avenue on the way to an early board meeting. Trekking to early meetings is one of many things done by Mr. Anthony.



A low truancy rate is one of many things that makes Los Al a proud high school. The Dean of Attendance, Mr. Gary Rutherford, often makes room in his busy schedule to discuss problems with the students on campus.



As the cheerleaders perform a routine, Mr. Kelly Godfrey attentively watches. As a new principal, he attends and enjoys the various performances at the pep assemblies.



Surrounded by papers as the school day progresses, Mr. Larry Thompson pauses for a brief moment to relax. Constant paper work keeps Mr. Thompson active.

## AIDS AND SECRETARIES



Lue Adamson: Attendance Clerk



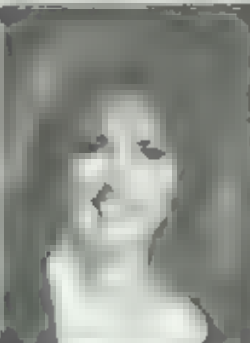
Olga Alvarez: Career Center Assistant



Connie Anderson: On Campus Aide



Patrick Barr: MC Audio Visual Assistant



Julie Crumpton: Activities Secretary



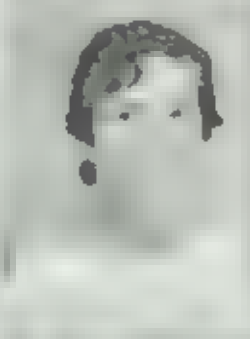
Carol Dalton: Library Media Specialist



Margaret Dechko: Clk., Asst. I English



Don Dusterhoff: Day Custodian



Nola Ezell: School Nurse



Herman Fisher: Head Day Custodian



Kathy Fass: Library Media Specialist



Colleen Golden: Clk. Asst. II



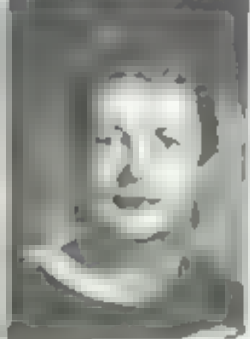
Mary Haas: Dist. Switch Operator



Sharon Martin: Stud. Records Clk.



Chris Mazet: Clk. Assistant II/Social Science



Gail McGill: Attendance Clerk

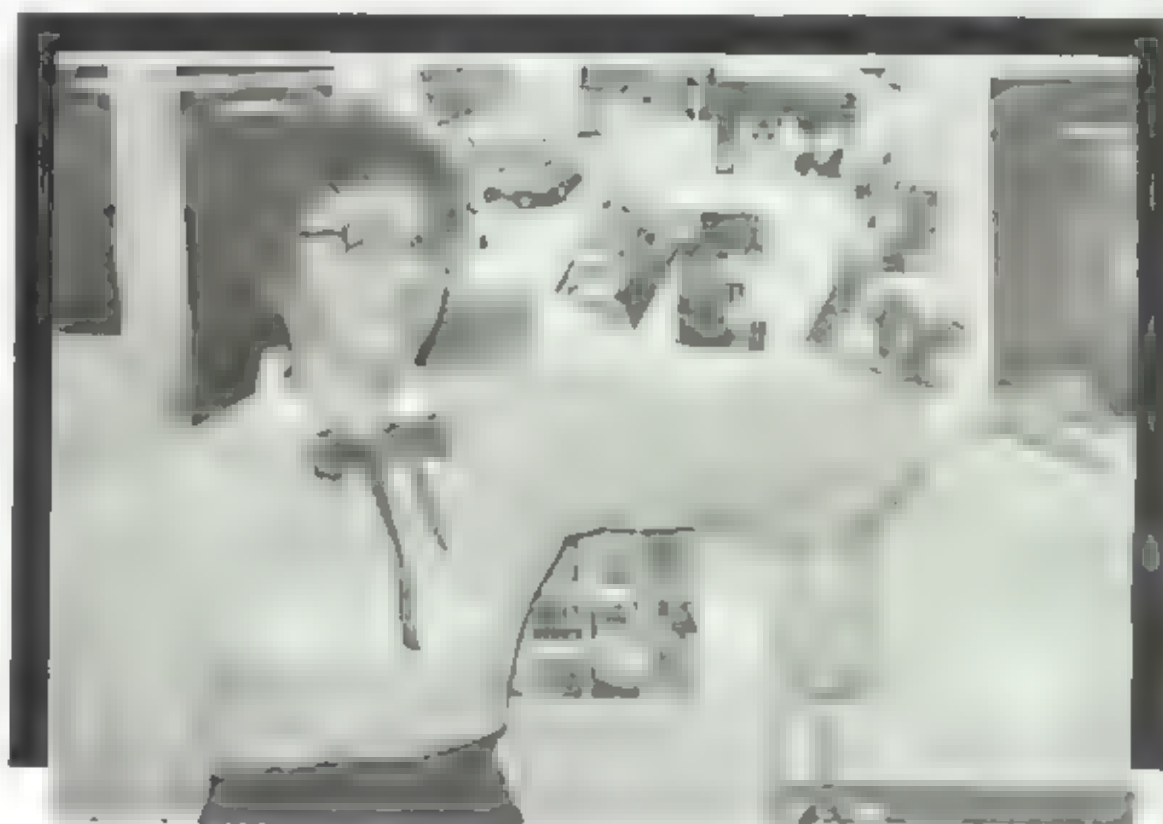


Displaying her friendly and helpful attitude, Librarian Kathleen Foss smiles enthusiastically as she informs an inquisitive student of the reference materials available in the library.

## MEDIA CENTER MEETS NEEDS

The school library has been a homework escape route, a meeting place for clubs, and a place to hit the books for many of Los Altos students. When term papers and book reports were assigned weeks ago and the due date was coming up, students flocked into the library and utilized the information found there. Mrs. Carol Dalton and Mrs. Kathleen Foss were followed around for much needed help during those particularly stressful cram sessions.

Microfiche, videotapes, and floppy disks contained potential information for oral reports. Mrs. Patrick Barr often assisted those who sought his help. Dr. Jean Cross and Mrs. Olga Alvarez contributed their help with career guidance and occupational opportunities. As the school year progressed, sounds of microfiche machines, computers, and typewriters combined with the noises of pages turning in books indicated that students were working hard.



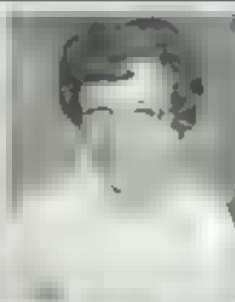
Mrs. Olga Alvarez posts the latest job offers in the community of which interested students may take advantage. When interested in a particular occupation offer, the student may simply enter the career center and ask Mrs. Alvarez how to apply.



## SECRETARIES AND AIDES



**Jeanne McMahon:** Principal Secretary II



**Anna Pockard:** Ctk Assistant Math



**Sherill Razor:** Act Ctk 1/Student Activities



**Carol Scott:** Clerical Assistant I



Dr. Jean Cross is a busy woman. She is always working hard and trying to help her students. A good teacher, Dr. Cross is always setting a good example for her students. She is always setting a good example for her students.

Just knowing that there are various alternatives to attending colleges relieves the anxiety of many students and that is what vocational courses are for

— Dr. Jean Cross

Often times, students may need employment for personal expenses. The ROP courses fulfill those needs as well as rewarding high school credit

— Mrs. Olga Alvarez



Ms. Jean McMahon pauses from scheduling appointments with Mrs. Hart. As the new principal's secretary, Ms. McMahon can often be spotted typing letters for Mrs. Hart in the office. She answers important phone calls concerning Mrs. Hart's plans, and sees to it that the paperwork is complete. She likes to chat with the faculty on her break.



Not quite positive about his grammar usage, freshman Jerry Blomgren asks for Ms. Norma Barger's assistance. As a new teacher at Los Al, she meets many new students.

## NEW STAFF ADDS CHARISMA

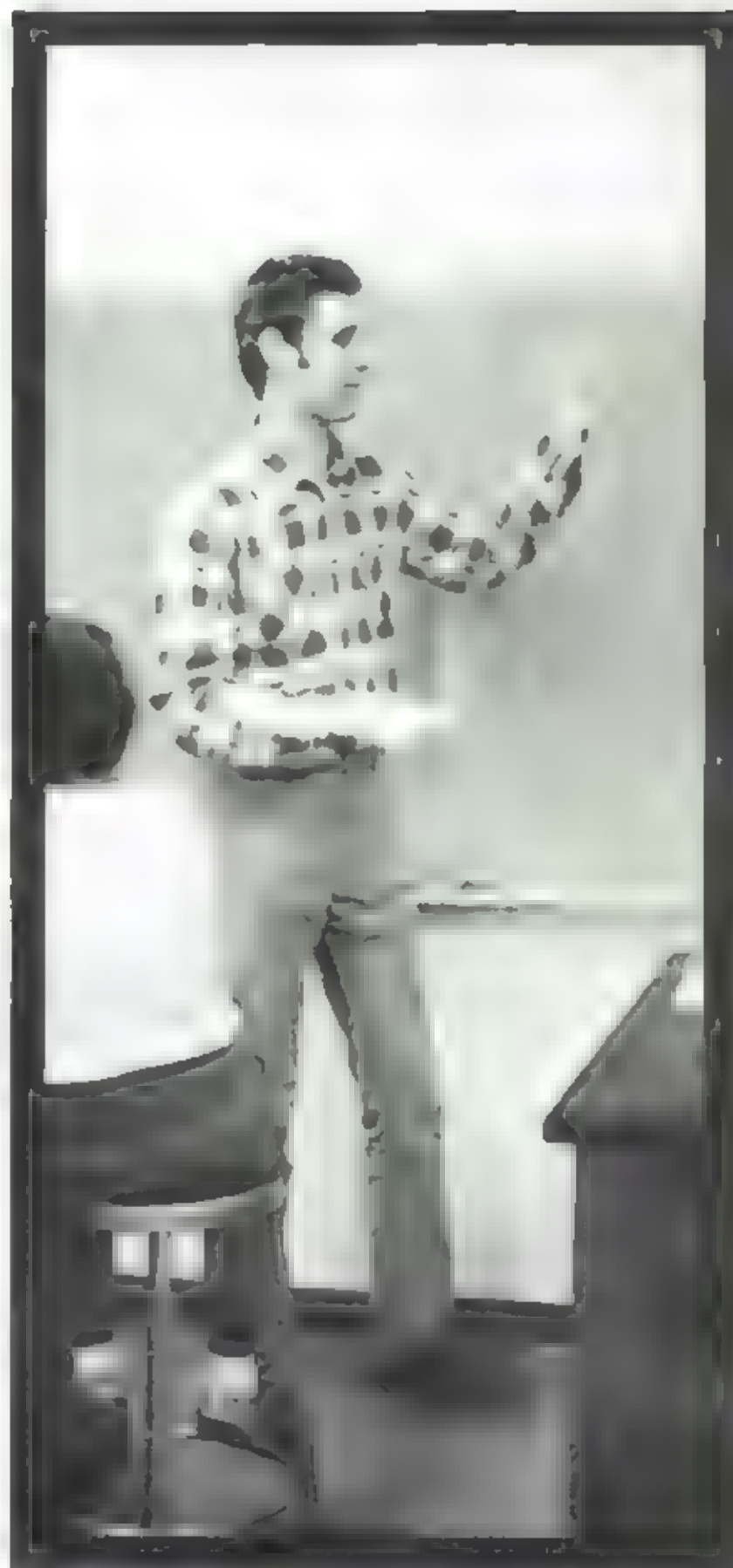
As the new school year opened at Los Al, eight new teachers entered through the doors. Two of the teachers are Carina Jackson and Norma Barger who are both foreign language teachers. In the science and math area, Stuart Nowinski, Sherry Krupp, and Jeri Karasik are all new teachers. Janet Fitzgerald teaches English and Michael Pazeian instructs social science classes. Special education had the privilege of having LaRae Dillman teach the section. This past year at Los Al has been an exciting teaching year for the new staff members.

Los Al has a great deal of school spirit, cheerful students, and concerned faculty members.

— Mr. Stuart Nowinski

This school year has been unpredictable, successful, and extremely busy. Last but not least, it was fun.

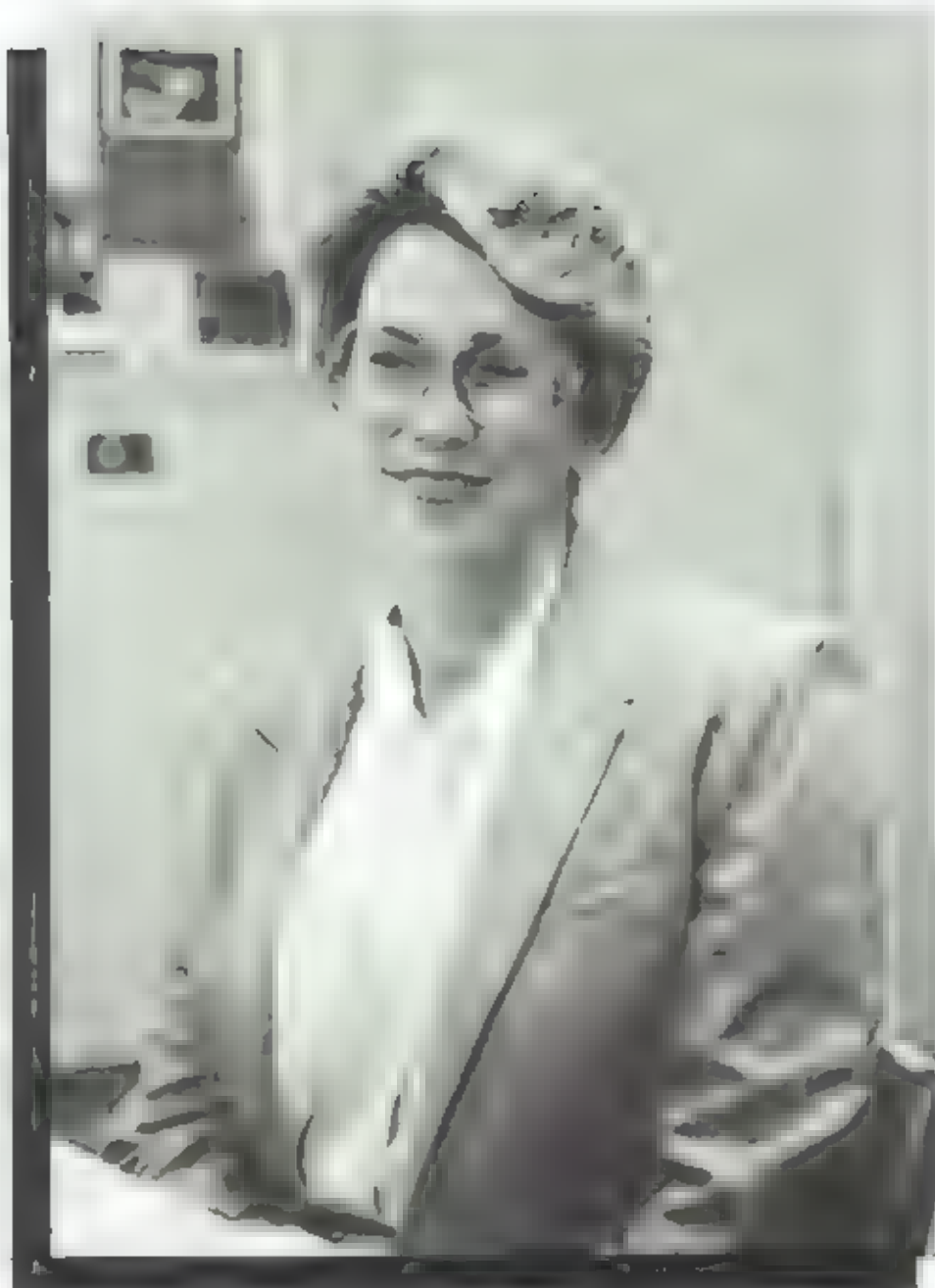
— Ms. Sherry Krupp



Explaining how to compose a chemical recipe, Mr. Stuart Nowinski shows how a formula resembles a Betty Crocker recipe. This way, students can see the simplicity of chemistry.



Mrs. Hemmeter watches a puppet show put on for the preschool children. When grading, she looks at the enthusiasm of the presentation.



As a new member of the Los Alamitos School Board, Mrs. Jeannie Flynt smiles happily during a regular meeting of the board. Mrs. Flynt is honored by her new prestigious position.



Los Alamitos School Board: Arthur Genet, Nancy Landers, Virginia Wilson, Jeannie Flynt, Mary Holzgang.

## BOARD RECRUITS NEW MEMBER

The school board meets on a regular basis to set policies in the school district. These range from mandatory course offerings to the types of books to be used in certain classes.

Jeannie Flynt has been accepted into the school board as a new member. As a parent, Mrs. Flynt is concerned with her children's future education. Contributing in determining school policies is one of Mrs. Flynt's tasks as a member.

"The education system will improve as the children grow older," states Mrs. Flynt. Set goals were accomplished by the board.





After hearing the definitions of Johannes Kepler's three laws, juniors Denise Homer and Lara Obradovitch are still in utter confusion. They seek Mr. Steve Wagner's advice on how to apply the formula in order to find time. The study of Physics may seem less confusing to students after the lecture notes are applied to the problem; assignments then seem less complicated.

## SCIENCES ADVANCE INTO FUTURE

Twenty units of science courses must be completed in order for a student at Los Al to graduate. A variety of science classes were offered to fulfill this graduation requirement. A student could choose classes from Life Science, Physical Science, Biology, Physics, Chemistry, and A.P. Biology.

The science department is a dynamic and energetic department, stated Ms. Jean Sleeper, head of the science department. New faces have shone through at Los Al. Mr. Stuart Nowinski, chemistry instructor, is a new faculty member at Los Al.

"I would like to start an AP Chemistry class," expressed Nowinski. "I feel those who are ready to advance into a higher level of Chemistry should be able to take this class now rather than wait until college." A student himself, Mr. Nowinski knows the frustrations of not being able to take a desired class.

"I have always excelled in Physics rather than my Chemistry."

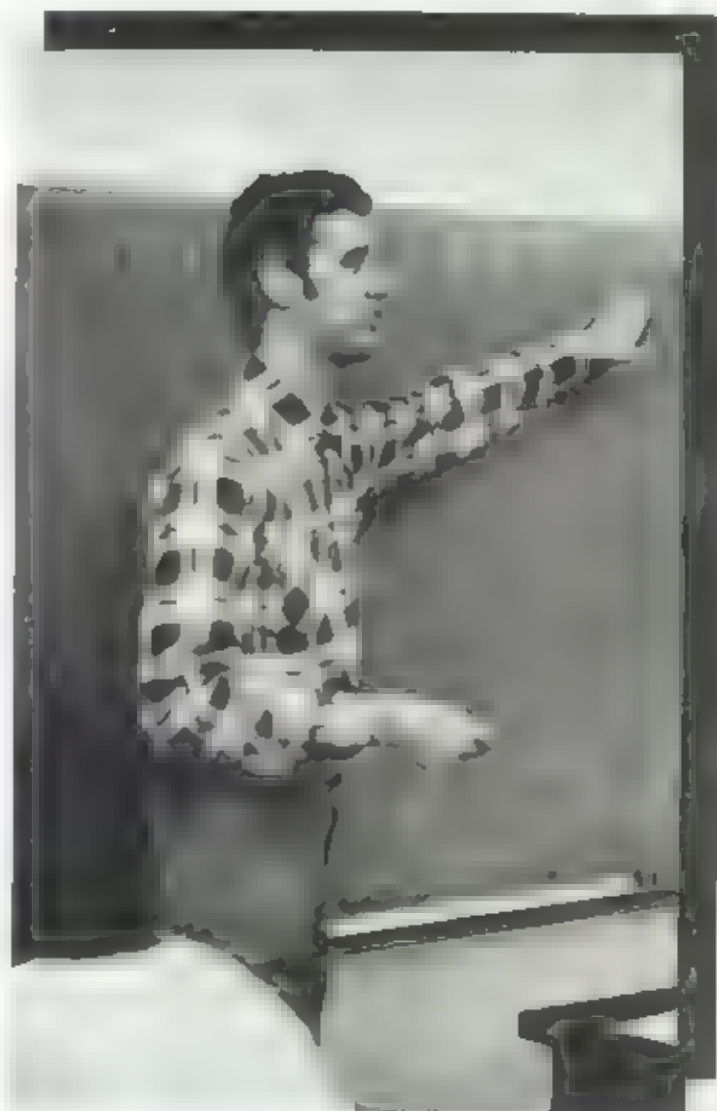
— Mrs. Diane Johnson

Chemistry is everywhere and one can not escape from it."

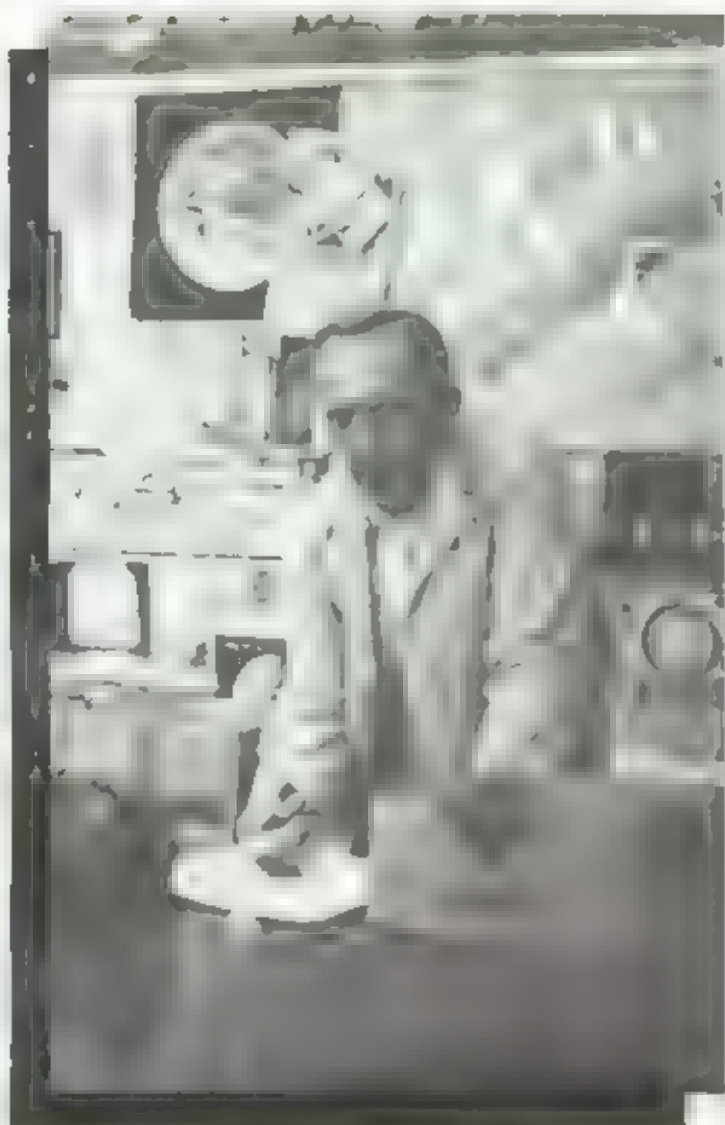
— Mr. Stuart Nowinski

"There is more to science than equations and formulas."

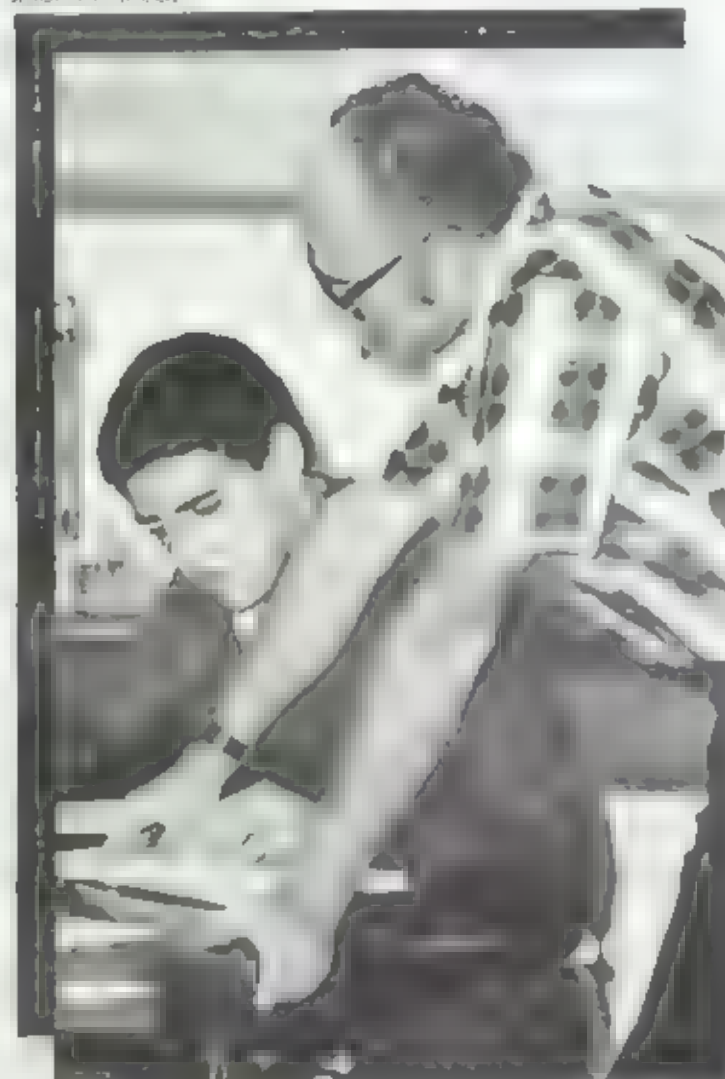
— Mrs. Jean Sleeper



Chemistry instructor Mr. Stuart Nowinski demonstrates how to isolate a single mole of oxygen gas compound to his fifth period class.

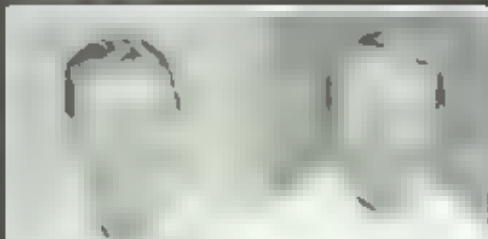


Mr. Chuck Scott, a Physics Instructor at Los Al schedules his lesson plans for the week. Mr. Scott always dedicates ample time for his students' needs.



Mr. William Schneider assists a budding scientist in his fifth period Biology class. Most students consider Biology class easy because there is no math involved.

## SCIENCE



**Al Davenport:** Biology/Life Science  
CSULB BA



**Mike Gibson:** Health/Varsity  
CSULB BA MA



**Bob Gilchrist:** Biology/Pre-Algebra  
CSULB MA



**Diane Johnson:** Physics/Biology  
UCLA BS



**Sherry Kropp:** Physical Science/Math/Pre-Algebra



**John McManus:** Biology/Life Science  
UCSB BA



**Stuart Nowinski:** Chemistry  
CSULB BS



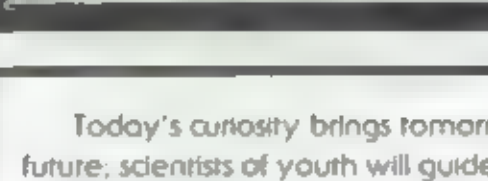
**William Schneider:** Biology/Physical Science  
USC BS



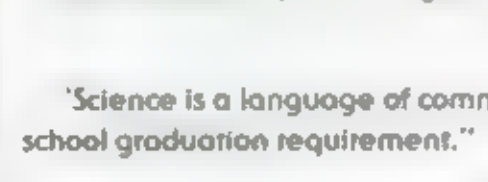
**Charles Scott:** Physics  
Georgia Techn BS MS



**Jim Van Gorder:** Health  
USF BA MA



**Steve Wagner:** Biology/Life Science  
CSULB BS



**Jean Sleeper:** Biology  
College of New Rochelle MA

Today's curiosity brings tomorrow's technology through the future; scientists of youth will guide us

— Ms. Sherry Kropp

"Science is a language of communication and not just a high school graduation requirement."

— Mr. Bob Gilchrist

## MATH DEPT. STRIVES TO EXCELLENCE

Many improvements have taken place in both the Math Department and the computer science classes during the past year at Los Alamitos High School. Students in computer classes, taught by Mr. John Leonard, have learned how to use Basic or PASCAL and how to solve a wide variety of problems on the computer including accounting, physics, and mathematics. In addition they have learned how to organize information to be saved and recalled on a later date. Knowledge of computers can be useful in applying for a summer job, during the school year, or to help a student financially through college.

Math classes are important for those who either want to have a career in business or wish to attend a major university. Now that the requirements for math have been raised to a minimum of three years, a higher demand for classes has brought new additions to the Math Department. In the last year Mrs. Sheri Krapp, Mr. Robert Logan, and Mrs. Jeni Karasik became new assets to both their students and the department.

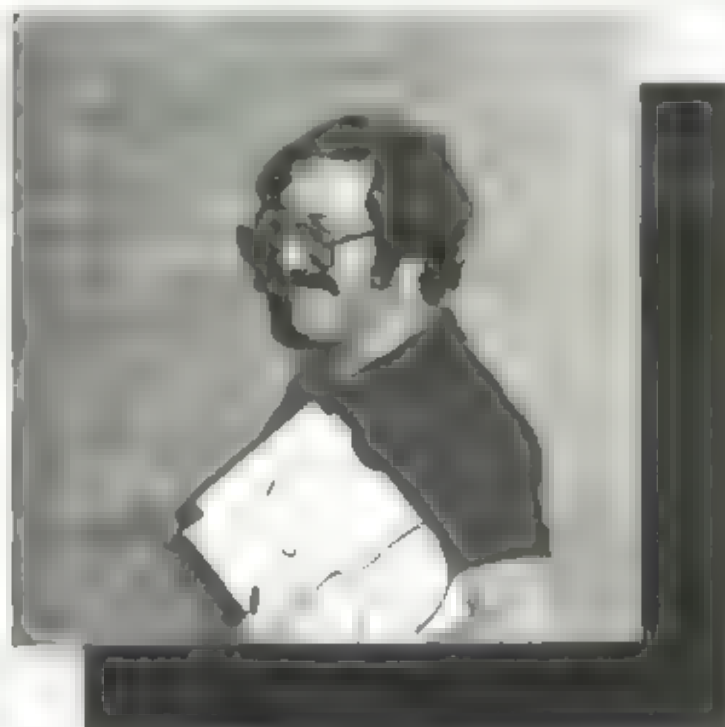
Mrs. Haas, as the head of the Math Department, described the staff as a group of excellent and dedicated teachers who are qualified to teach the full spectrum of mathematics including the complex courses of analytic geometry and calculus. Because of its great dedication and quality teaching, the Math Department remains one of the best and strongest departments on campus.



While correcting an Algebra test Mrs. Kincaide smiles when she sees that one of her students received a perfect score. She realizes that teaching pays off.



Always willing to help, Mr. Joeger looks up from his work to answer questions that a few of his math students have.



Going over the homework on the chalkboard, Mr. Isaac listens to a suggestion from a student on an easier way to solve the problem.



## MATH DEPT.



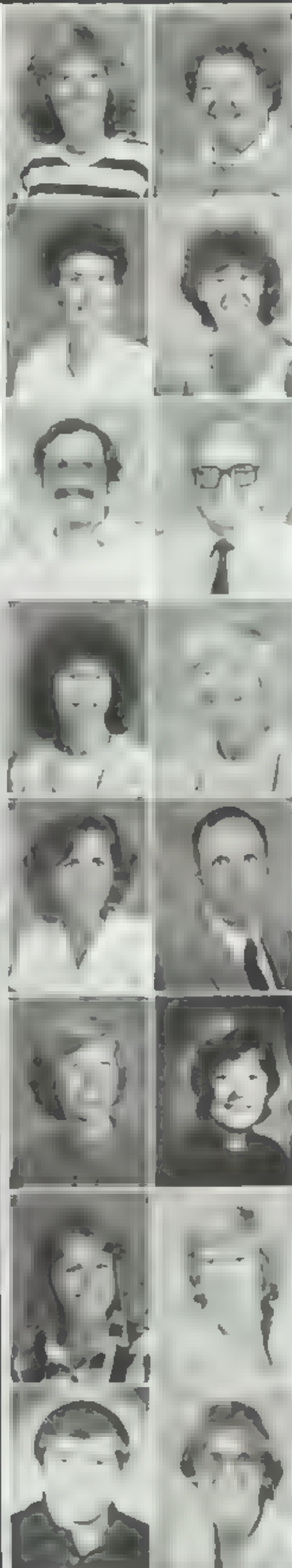
**Gerry Beach:**  
Analytic  
Geometry/  
Trigonometry  
UCI MA

**Ken Becker:**  
Woodworking Math  
CSULB BA  
"Never give up  
Don't be a quitter or  
a loser"

**Steven P. Brooks:**  
PE Math  
SCULB BA



Looking over her math students' work, Miss Krupp is willing to help with any problems. As a new teacher at Los Al she has met many enthusiastic students



**Debbie Flemming:** PE/Math  
CSULB BA  
"Let's go we can do it!"

**Doris Gerry:** Algebra II/Geometry/  
Pre-Algebra  
Kent State University BA MA

**Patricia Gioratano:** PE/Pre-Algebra  
CSULB BA  
"Go for it!"

**Dorothy Haas:**  
Trigonometry/Algebra  
University of Arizona BS  
"Choose to be up instead of  
down"

**Edward Isaacs:**  
Trigonometry/Calculus  
JC Berkeley AB MA  
"Don't sit on the desk"

**Gene Jaeger:** Algebra/Geometry  
University of Minnesota BS MSED  
CLU

**Jeri Karasik:** World Culture/Math  
CSULB MS BA

**Myra Kincaide:** Math  
University of South Mississippi BS

**Sherry L. Kropp:** Pre  
Algebra Practical Math  
Washington State University BA  
"Be the best that you can be"

**John D. Leonard:** Developmental  
Algebra  
PASCAL CSULA BS MA

**Erna Ann Lowe:** Algebra  
I Geometry  
CSULB BA

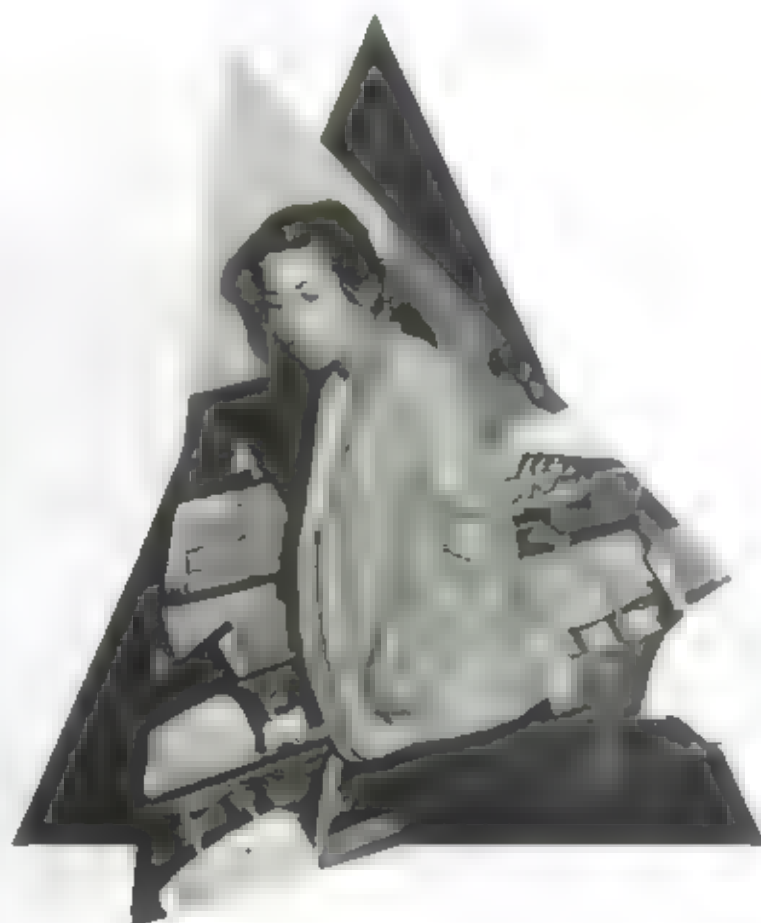
**Gladys Stough:** Math  
CSULB BA

**Mariann Walker:** Geometry  
University of North Dakota BS  
"Give me a BREAK"

**Sue Willard:** Algebra Pre-Algebra  
Cal State University-Fullerton BA

**Robert Willison:** Pre  
Algebra Practical Math  
Providence College BS

**Susan Worral:** Art/Math  
JC Berkeley BA



Mrs. Norma Barger finishes instructing her class before letting them begin working on their own. Her students realize that she is there to help.

## ENGLISH TAUGHT THE RIGHT WAY

The English Department is the largest department in our school. A large variety of classes are offered that will suit each individual's abilities and interests. Because four years of any English course are required for graduation, over fifteen different classes are available so choosing an elective is not such a difficult task.

But the courses taken are, most definitely, not easy. Each course is geared toward these three aspects of the English language: spelling, grammar, and usage of vocabulary. For the underclassmen, there are Basic English courses or Honors I and II. But for Juniors and Seniors, there are over fifteen one-semester courses to choose from. Classes such as American Short Story, American Literature and Composition, Thanatology, and Creative Writing are quite popular. Each of these courses stress writing good compositions.

These classes and their teachers make up only a small part of the department that is determined to make their department the best.



Judy Trujillo, one of the busiest people on campus, pauses between lines in a play. Because she's the drama coach and Cheer advisor she's very involved in extra-curricular activities.



Mrs. Fitzgerald, helping sophomore Brian Raki, explains the assignment. Knowing that not all students will understand, Mrs. Fitzgerald allows time for her students to ask questions.



Mr. Al Gragnano teaches both English I and Tennis. Such multi-talented teachers make Los Alamitos one of the most competitive schools both academically and athletically.



Carefully explaining yesterday's lesson, Mr. Wayne Schroeder dictates the meaning behind a story. Students are encouraged to add their comments in class discussions.

## ENGLISH DEPARTMENT



Sabrina Arney: English/Yearbook  
CSULB BA  
OK class. Be quiet! We have a lot of work to do today!



Norma Borgen: English 9  
CSULB BA  
Do your best, have FUN and remember the GOOD times



Joyce Bennett: English Honors/Mythology  
CSULB BA  
Don't procrastinate!



Ann Busenkell: English  
CSULB BA



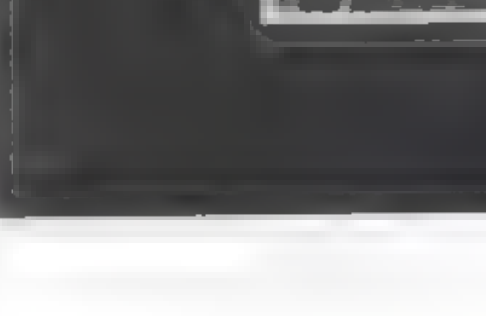
Merrilee Desatoff: English 10  
Cal State University Fresno BA



Phil Doran: Ceramics/English/Photo  
CSULB MA



Martha L. Durham: AP English: Creative Writing  
Cal State Fullerton BA MA



Diane K. Eastman: English II/Composition  
UC Santa Barbara BA  
Worksheets are due TOMORROW

Janet Fitzgerald: Reading/English  
CSULB BA MA

Sharon Marie Flynn: English 9  
Eastern Washington University BA

Al Gragnano: English/PE  
CSULB BA MA  
Study hard and plan for the future

Jan Kenny: English/Yearbook  
Cal State Fullerton BA

Brad Lane: English I & II  
Indiana University MAI





Inspecting a layout that one of her students created. Mrs. Kenny makes improvements where they are needed. Her expertise in the field of journalism aids in the making of a terrific yearbook that becomes a memorable piece of one's life in High School.



Reading a meaningful and symbolic passage out of a book. Mrs. Fitzgerald tries hard to make her students understand the intent of the author.



While reading one of her student's poems. Mrs. Span stops to contemplate an intriguing line. Her knowledge of poetry aids her students' understanding and comprehension of their own works.



Pointing out one of the more common mistakes in English writing, Mr. Doran shows his student how to correct it.

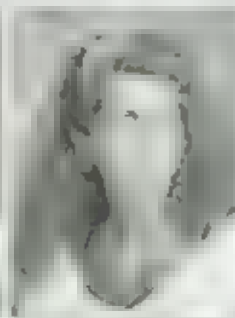


Despite her broken leg, Mrs. Benner looks up from her students' work and smiles knowing that her cast will soon be removed.

## ENGLISH DEPARTMENT



**Linda Lewis:** Typing, English  
CSULB BS  
Listen, Listen! Listen!



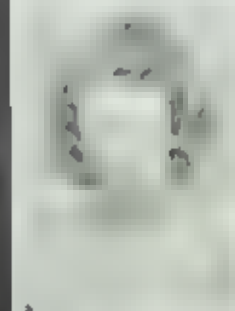
**Patti Long:** English II/English 12  
CSULB BA  
Hey Mouseketeers



**Ralph Opatic:** Vocal Music/English  
CSULB BA



**Wayne Schroeder:** English Literature  
Cal State University Fullerton BA  
BBS



**Patty Seymour:** English American  
Short Story/Composition  
CSULB BA



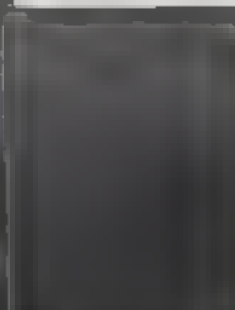
**Ma Linda Sizemore:** English  
CSULB MA



**Marsha Spans:** Poetry, Advanced  
Poetry  
CSULB BA



**Judy Trujillo:** Drama/Yell Song  
Cheer  
University of Colorado BA MA  
I spent 8 years in college to learn  
how to sell Blow Pops



**Kathy W. Ison:** English Newspaper  
Idaho State University BA



Willing to help, Mrs. Eastman listens to the problem presented by Zoe Syrengelas about her English essay. Zoe knows that asking for help from such a qualified teacher aids in writing a perfect paper.



Frustrated with her class Mrs. Pam Steeby is trying to teach her Government students about the levels of courts in the United States judiciary system Mrs. Steeby is a dynamic teacher who has taught at Los Al for several years.

## SOCIAL SCIENCE RISES TO THE TOP

The Social Science department demonstrates what a great selection of classes we had at Los Al. The department fourteen members strong, was headed by Walt Hauenstein who taught three subjects himself. Two of the fourteen teachers were new to the department Mrs. Jeri Karasik, who taught new United States History came here from Oak Middle School where she taught seventh and eighth grade Social Studies. Mr. Mike Pozelan, who taught World History and California History came from Pine Middle School where he taught eighth grade World History. Both teachers were valued assets to the department.

Because the social sciences are so important for scholastic development students are required to take two semesters of Social Science electives. These electives vary anywhere from Futures, taught by Dr. Jim Cross, to Psychology. The department also realized how important the social sciences are, so a great number of electives were offered. Students at Los Alamos usually have no trouble picking their electives. This year we had a really great department that worked hard at making Los Al the best school possible.



World History teacher Mr. Mike Pozelan makes the concluding statement for his lecture on World War II and the Nazis before helping freshman student Brent Balton. Mr. Pozelan, originally from Pine, is new to the Los Al staff this year.





Varsity football coach Mr. Steve Bowers and Head Coach John Barnes discuss the past football season. Los Angeles made it to the CIF Championship this year.

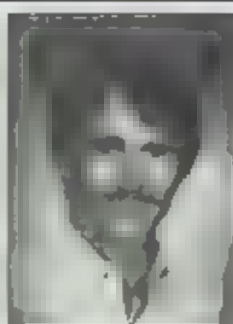


Mr. Mike Pozzani helps one of his freshmen students, Susan Collins, with her history assignment. Mr. Pozzani is new to the faculty this year.

## SOCIAL SCIENCE



**Bob Athenon:** Law, Government  
On your own  
Chapman BA  
Commitment is the key to any success



**David Douchier:** US History  
Cal State University Fullerton BA



**Steve Bowers:** World Culture  
History  
CSULA BA MS  
Have a good day



**Mark Celestin:** Current Issues  
History  
UC Irvine BA  
Everything's going to be O.K.



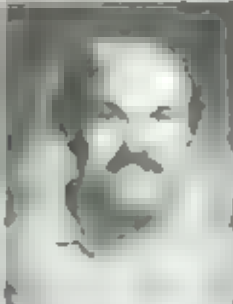
**Dr. Jim Cross:** World Cultures, Future  
Stanford University BA MA  
Love You Jeanne



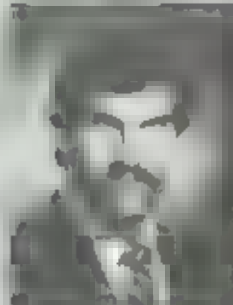
**Don Ellis:** Drafting, Electronics  
History  
CSULB BA



**Walter Hauenstein:** AP US History  
Military  
California State University Fullerton BA MA  
No one passes until their time



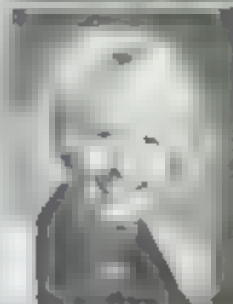
**Kevin Loftus:** World US History  
CSULB BS  
You either do it, you don't



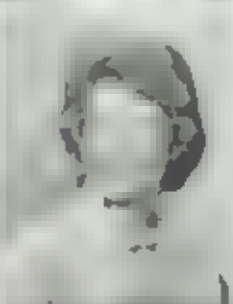
**Michael H. Pazeian:** World Culture  
California History  
CSULB BA MA  
Whoever sells you tickles me  
plains teeth



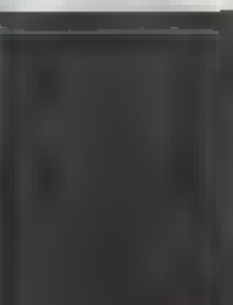
**Frank Petrick:** APT  
CSULB MA



**Pat Ransburg:** AP US History  
Sociology, Psychology  
University of Colorado MA

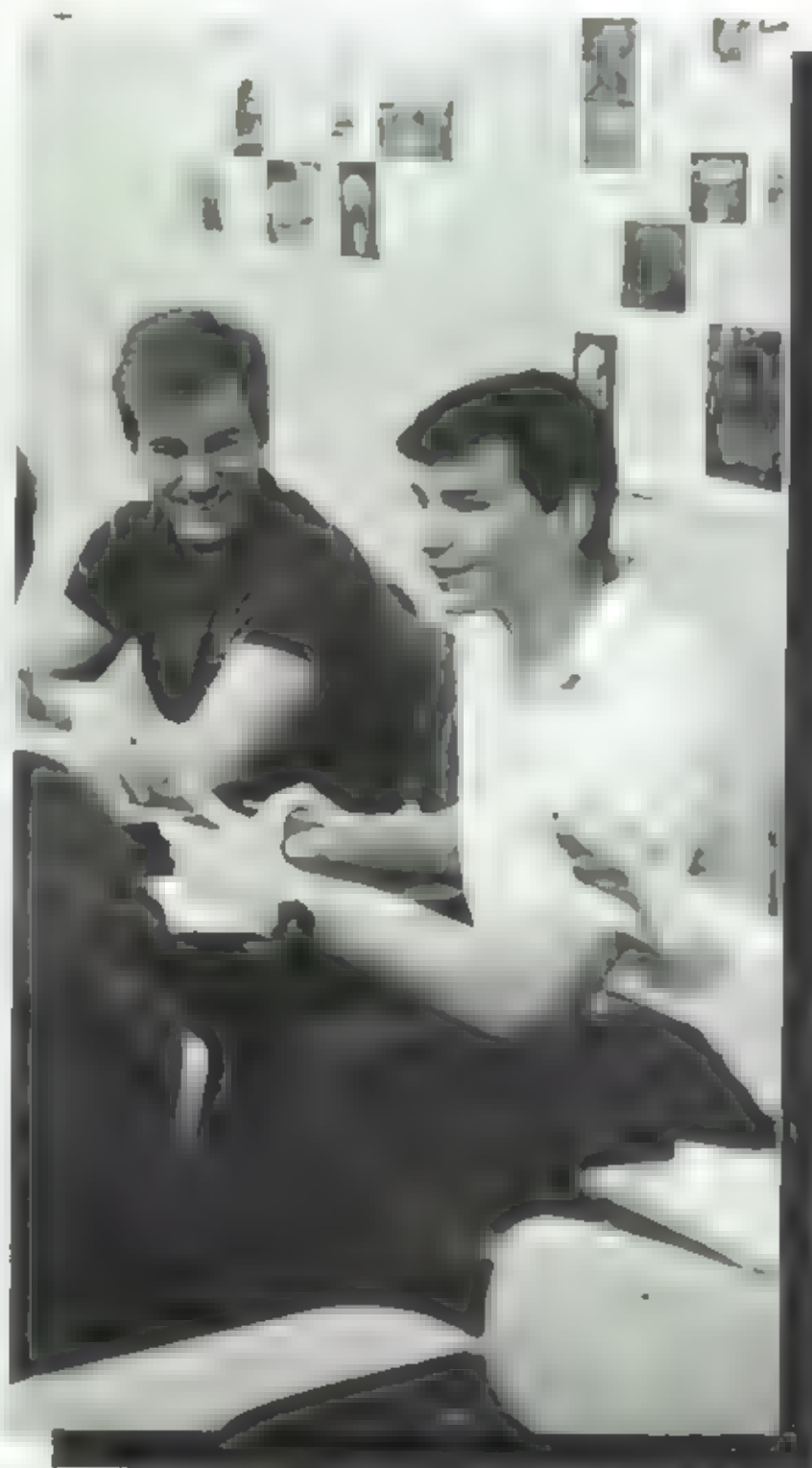


**Pam Steeby:** Psychology, Social  
change  
CSULB BA



**Robert Wilkoff:** European History  
AP/US History  
Colorado University BA MA  
The truth shall make you free





During study time in Mr. Robert Clairmont's fourth period Spanish level four class, senior George Lambroakis discusses uses of the pluperfect tense with junior Matt McCabe.



Stressing the importance of the uses of the preterit verbs, Ms. Murnez Blades gives examples of more common verbs to conjugate. "You must memorize the stems of irregular verbs!" She exclaims.

## LINGOS SHINE

Students may select from French, German or Spanish when fulfilling their two-year foreign language graduation requirements. These courses are helpful in future college enrollments.

Spanish was the most popular foreign language class. This section was taught by eight teachers: Aldana Stanton, Graciela Tynning, Carina Jackson, Norma Barger, Peggy Hernandez, Murnez Blades, Carole Roberts, and Robert Clairmont.

Instructing German classes was Gill Petrol. The French language was taught by Carole Roberts.

Department chairperson Robert Clairmont exclaimed, "The foreign language classes Las Al offers are very much alive and advancing!" Many more activities are in conjunction with foreign language.



Mrs. Tynning helps sophomore Michelle Vergara with her independent review for finals. She takes time to assist students who have difficulty in learning a foreign language. As the semester draws to a close, Mrs. Tynning reviews verb tenses and nouns.

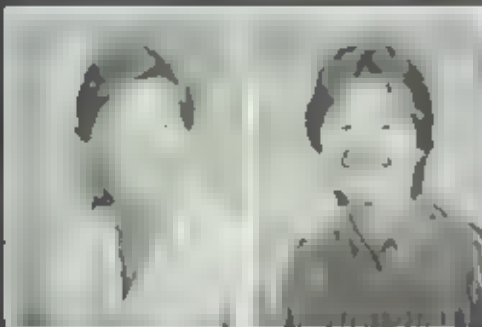


Mrs. Peggy Hernandez verbalizes how to apply regular tense verbs in speaking the Spanish language. The regular tense is commonly used in every day Spanish.

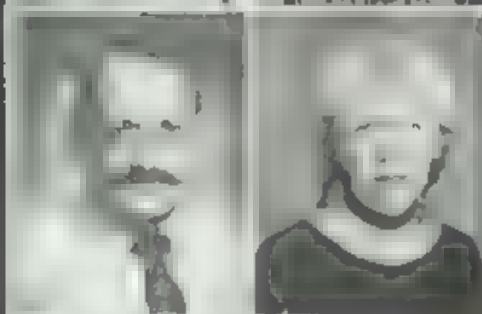


Mrs. Norma Barger utilizes class time to explain answers on the subjective. She often stays after school to give students the extra help they need.

## FOREIGN LANGUAGES



Norma Barger Spanish



Mutnez Biades Spanish  
Boston University MA



Robert Clairmont Spanish  
JSC MA



Peggy Hernandez Spanish  
University of Massachusetts MA



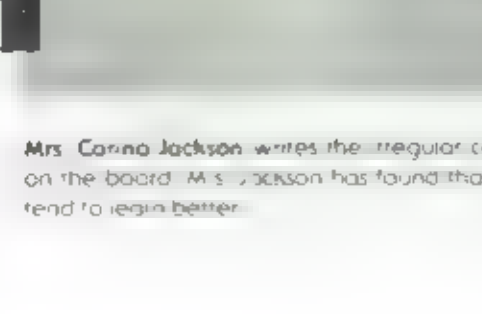
Corina Jackson Spanish



Maureen McCoy Spanish  
Salem MA



Gil Pector Spanish  
Cape Cod MA



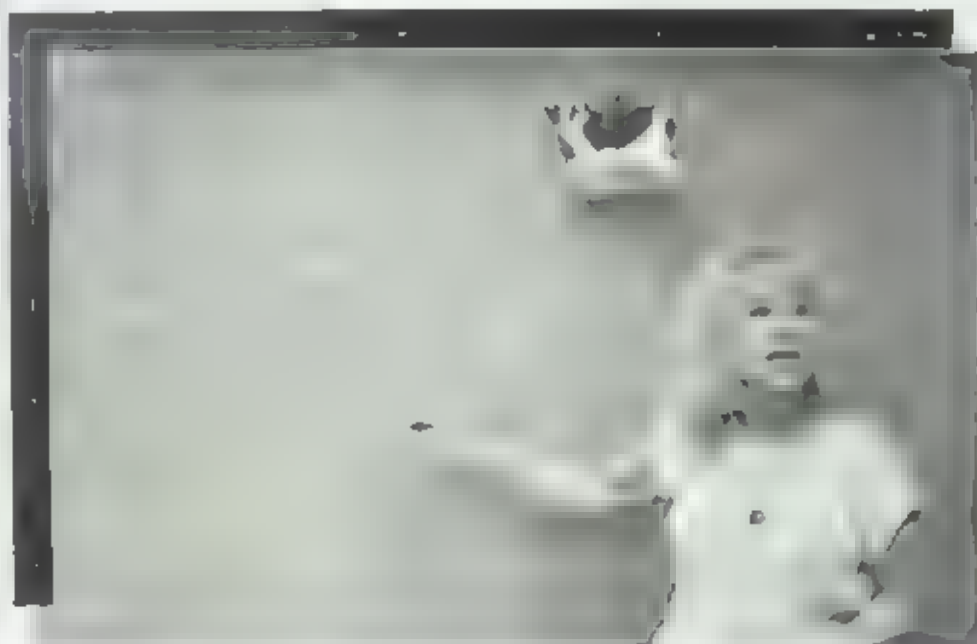
Carole Roberts French  
Worcester MA



Aidano Stanton Spanish French  
University of Connecticut MA



Graciela Tynning Spanish  
University of Maine MA



Mrs. Corina Jackson writes the regular conjugations of verbs and their proper usage on the board. Mrs. Jackson has found that when she writes things down, the students tend to learn better.



## SKILLS IMPROVE

The information processing department consists of four different classes held at various skill levels. Shorthand, typing, data entry and recordkeeping challenge many students.

Jean Dunn, Barbara Grubb, Linda Lewis, and Fran Smallfield guide students in typing classrooms. Two of these teachers also instruct other types of classes in the information processing department at Los Al.

Ms. Grubb instructs recordkeeping classes as well as typing and Ms. Dunn teaches shorthand and data entry in addition to her instructional typing classes.

Taking lecture notes in shorthand saves time and typing term papers saves extra work. These skills learned in information processing prove to be valuable in later life.



Junior Mai Ramsey uses one of the information processing department's many computers to complete her next assignment.



Senior word processing student Sharon Scott listens intently to her teacher who is explaining on what will be today's assignment. Word processing is only one of the many classes available that uses the school's computers and printing machines.

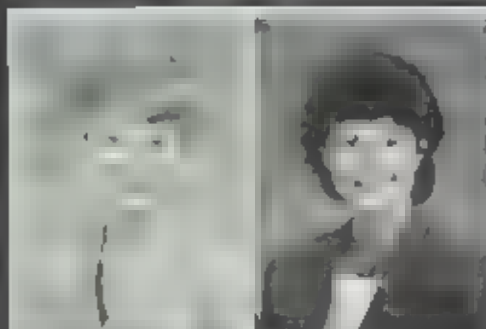


Yearbook student Carolyn Murphy looks over some copy before she types it. The typing skills that she was taught when she was a freshman are put to good use not only in yearbook but in many other classes.



Dawnielle Congiardo asks a fellow classmate how to spell a difficult word. She knows that correct spelling is very important in all crucial essays.

## INFORMATION PROCESSING



Jean Dunn: Shorthand/Typing/Data Entry  
CSUSD DS

Barbara Grubb:  
Typing/Recordkeeping  
Bowling Green State University MS



Linda Lewis: Typing  
CSULB DS

Fran Smallfield: Typing  
Northern State College DS



Mrs. Fran Smallfield takes valuable time out to help one of her word processing students with her work on the computer. Mrs. Smallfield is always readily available to help out any student with her assignments.



Mr. Tom Martinez relaxes and briefly converses with Don Dusterhoft. Time out from auto shop is rare of Mr. Martinez.

## SHOP SKILLS EXCELL

Auto shop, woods, metals, and drafting were class choices in the industrial arts department. Fulfilling elective credits, these classes also taught skills in the art of craft making.

The Industrial arts were taught by four shop instructors, one for each section. Tom Martinez, Ken Becker, Art Broadhurst, and Don Ellis managed the shop classes.

Driver education is a mandatory requirement to graduate from high school and to receive a license. The driver education department at Los Al increased the student's awareness of the rules of the road. Ron Schwandt, Bill Christie, Gary Dixon, and Ron Lung instructed the driver education classes.



Specializing in metals classes, Mr. Art Broadhurst demonstrates proper tool usage in one of his industrial arts classes. He also keeps the shop rooms a safe place to learn by stressing order when tools are put away.



Woods instructor Mr. Ken Becker explains how to sand wood with the grain so that the pores are not exposed after proper sanding. The glue is set permanently and will not wear off easily.



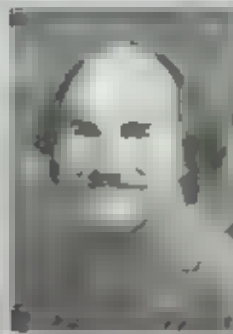


Driving instructor Mr. Ron Ling talks to two students about their progress. Mr. Ling is often seen wandering around and talking to students during lunchtime.



Driver's education is important, as it teaches students the rules of the road. Students also learn how to react during mechanical emergencies, like a flat tire.

## INDUSTRIAL ARTS



Ken Becker, Woods  
CSULB BA



Art Broadhurst, CSULB BA

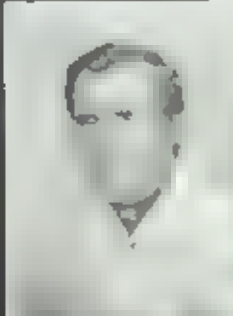


Don Ellis, Draft  
CSULB BA



Tom Martinez, Auto  
CSULB MA

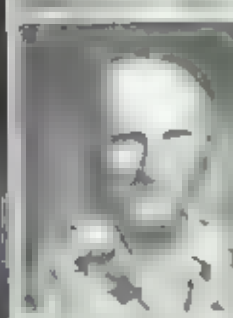
## DRIVER EDUCATION



Bill Christie, Drive Education  
CSULA BA



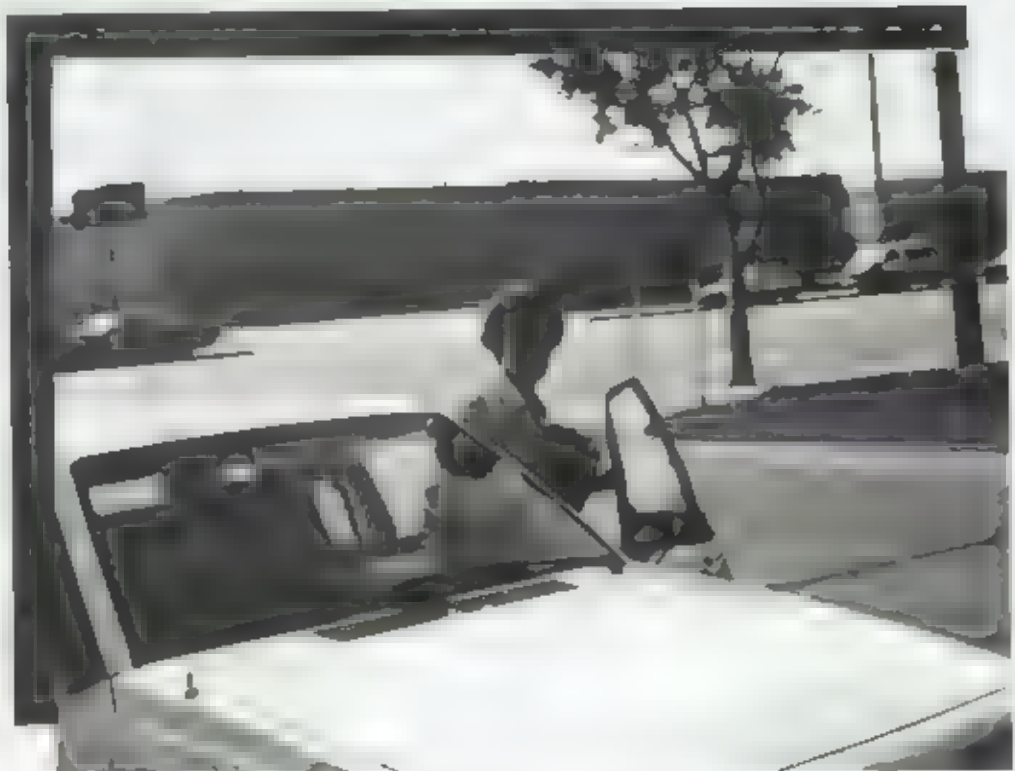
Gary Dixon, Drive Education  
Pepperdine University MA



Ron Lung, Drive Education  
CSULB BA



Ron Schwandt, Drive Education  
CSULB MA



Many teachers, such as this one, feel comfortable knowing that if their car should happen to break down or fail to start, there is always a judge at a car shop who can help.



Sherri Wixom, a member of the flag team, works steadily on her embroidery in her needlework class.



Three young preschoolers wash their hands in preparation for a snack that a student is preparing for them. The preschool assistant class is set up so that high school students can have experience in caring for small children.



A student utilizes her home economics skills by seaming a shirt shoulder onto a fitted bodice. Shirts are only one of the many articles of clothing created in class. Sewing allows students to develop their own individual style.



A sewing student carefully looks over her instructions before beginning a project. Sewing is one of many classes offered in the home economics department.



Ms. Kelakas helps two young children with a craft. The preschool class is offered for students who want more experience in teaching preschool-age children.

## HOME ECONOMICS



Donna Hulen: Clothing  
CSULB MA

Joan Parent: Foods  
CSULB MA



Kelly Lynch, a student in the preschool assistant class, tells a story to an attentive group of children. Several times a week the children gather in the story circle and are read to.

## ECONOMICS FLY

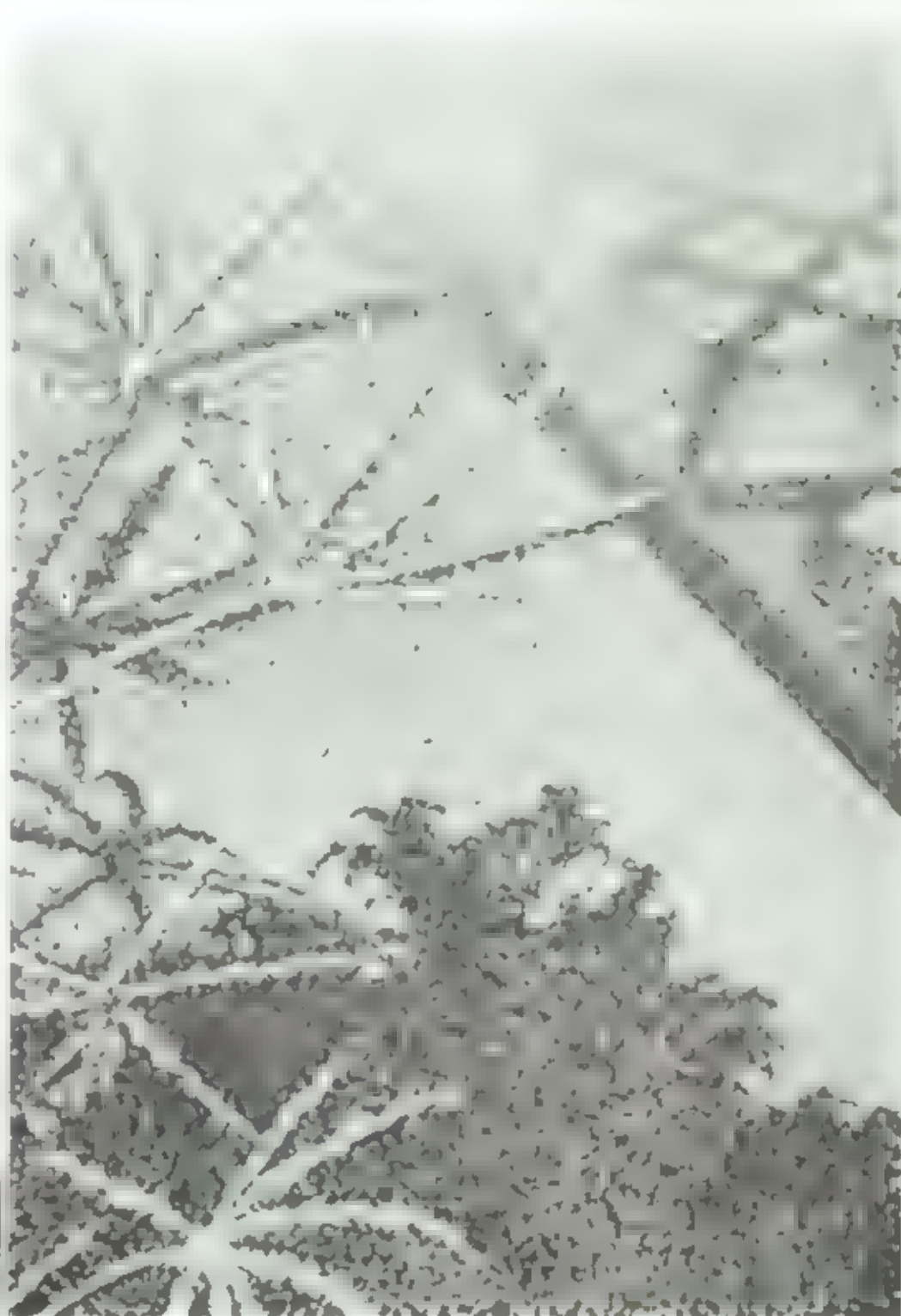
Elective courses are offered at Los Al's home economics department. These classes are taught by Joan Parent and Donna Hulen. The courses are cooking and sewing.

This department teaches skills that are essential to everyday living. Sewing is not limited to reattaching a button and cooking does not mean soup from a can. The home economics classes are detailed and allow students to be creative.



## ARTISTS CREATE THEIR OWN WORKS

Among the many departments at our school, the Los Alamitos Arts Department gave students a chance to express their talent through Ceramics, Photography, Jewelry and Commercial Art. Ceramics, taught by Phil Doran, enabled the students to make their own creations from clay. Students make pots, vases, and other items they might think up. The photography section of the department, taught by Ron Considine and Phil Doran, provided students with a chance to get out of the classroom and complete their assignments on campus by taking pictures of things that might interest them. Sue Worol, the jewelry teacher at Los Al, enjoyed helping in the students' effort to create their own jewelry. Last, but definitely not least, was the Commercial Arts class, taught by the head of the department Judy Hemphill. The Los Al Arts Department continues to join the effort to offer a wide spectrum of classes to the students at Los Al through the help of these four Fine Arts teachers.



Many students take an art class as one of their electives. The pen-and-ink work above was done by freshman art student Alex Chang.



Mrs. Judy Hemphill shows student Dean Moore how to use the paint brush to produce different stroke textures. This technique will help in creating a more interesting effect on paper.



Photography teacher Ron Considine advises Stacey Ray on what shutter speed to use with lowlight film. Mr. Considine is always willing to help.

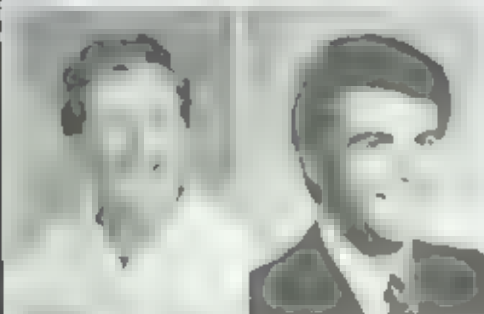


Susan Worral, the jewelry instructor at Alhambra High School, smiles while teaching her students how to make their own jewelry.



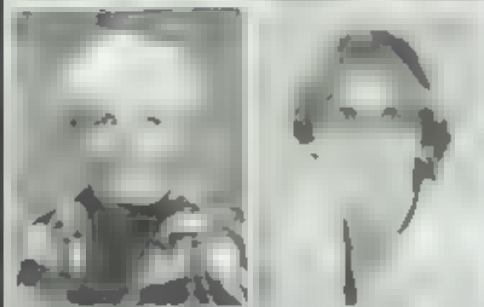
Caroline Howe

## ART DEPARTMENT



Ron Considine: Photography II  
CSULB Redlands MA

Phil Doran: Ceramics Photo  
CSULB BA



Judy Hemphill: Commercial Art  
Painting  
Redlands MA

Susan Worral: Art — Jewelry  
UC Berkley BA

## MUSIC DEPARTMENT

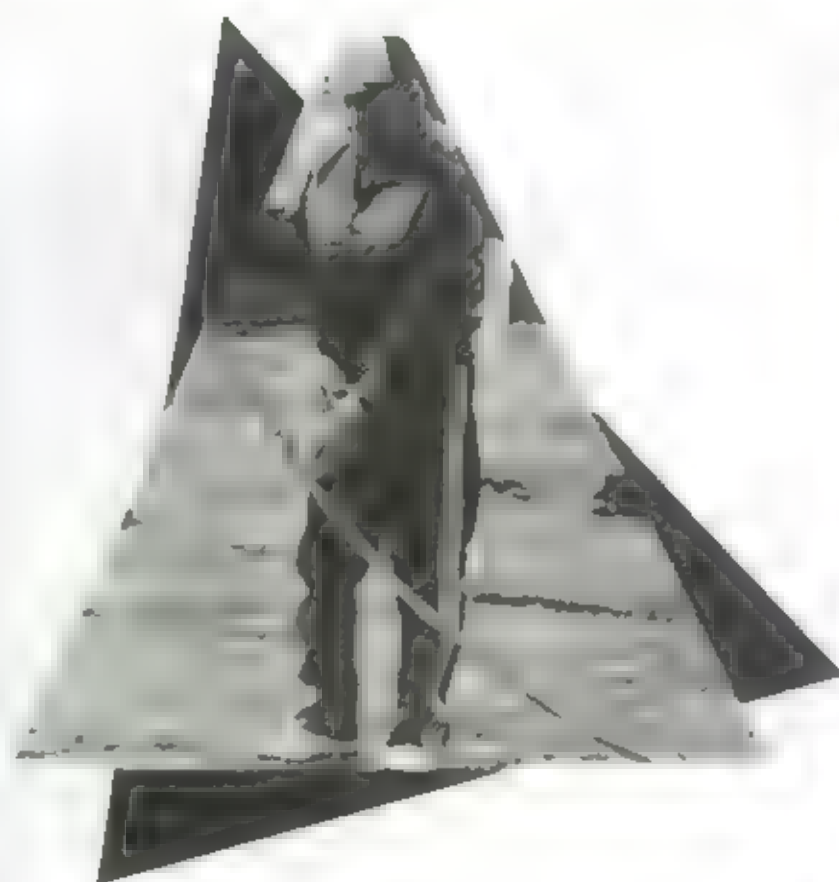


Tom Hrbacek: Band Director  
JCM

Rolph Opacic: Music  
Reading  
JCM



Chuck Wockerman: Jazz Band  
JCS M



Mr. Mike Gibson, the basketball coach, waters the grass before baseball practice while the team behind him listens to an announcement made by the head of the team.

## PHYSICAL ED. SHOOTS THE BEST

Once again this year has proved to be a successful one for the Athletics Department. Along with the devotion of both the coaches and the athletes, Los Alamitos remained one of the top competitors among the surrounding high schools. Every week Los Al provided a variety of sports events that the student body could go to for minimal fee. At any one of the events Los Al spirit groups, students and faculty came to support and cheer on the Griffins to victory.

To encourage participation in these sports, Physical Education is required for both freshmen and sophomores at Los Alamitos. The Athletic Department offered a variety of electives for these students, that included a class that covered a sample of each sport to help the students decide which activity they were most interested in.

Tryouts were available for those who wanted to join one of the many athletic teams. In this way Los Al was able to carry on with their winning tradition.



Mr. Bob Turner, coach of the water polo team stands on the side of the pool giving instructions when necessary to the players in the water. Water polo is a physically demanding sport to coach.



Mr. Steve Brooks, basketball coach, talks to a student explaining that she is not allowed to bring food out to the physical education class. This sometimes becomes a problem.





Basketball coach Steve Brooks looks up from his work. His extra time is used to review basketball plays. This dedication makes Los Al the best.



Physical Ed. teacher Mr. Peraulta finds that student teaching often takes a strong upper hand. Being new to the school he adds new ideas and insight.

## PHYSICAL EDUCATION



John Barnes: Physical Education  
University of Nevada, BS



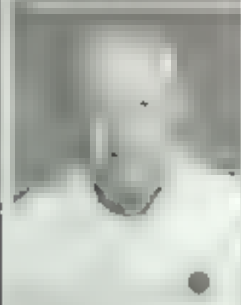
Donna Bahannon: Physical Education  
Cal State Fullerton, MS



Cary Brady: Physical Education  
CSULB, BA



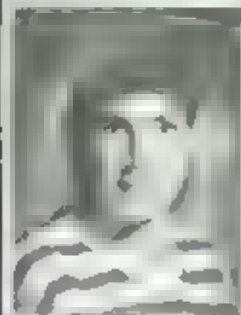
Steven P. Brooks: Math, Physical Education  
CSULB, BA



Frank Doretti: Physical Education  
University of California Berkley, BA  
BS



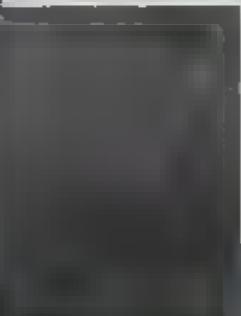
Debbie Flemming: Physical Education  
CSULB, BA  
Thanks a bunch



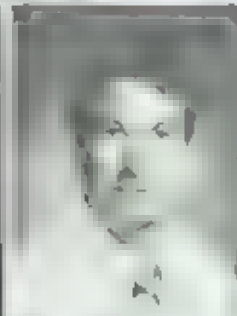
Sharon Marie Flynn: Gymnastics  
Eastern Washington University, BA



Patricia Gattano: Physical Education  
CSULB, BA  
Go for it



Al Gagnano: Physical Education  
CSULB, BA



While slowly driving out to the track field after school was out, Coach Cary Brady explains to Jerry Griffin exactly what he wants done to the field before the next day's practice.

## COUNSELORS AND SPECIAL ED SERVE

Guidance Counselors help decide the future for many students at Los Alamitos High School. Through class planning, the counselors create an individual schedule for each student to insure that proper courses are taken for the desired future profession. Along with the counselors, who are assigned to the students alphabetically, Los Al has their very own psychologist for those who need to talk to someone about certain problems they may have. This provides an outlet for many students to release feelings that they may not want to express to either a friend or a family member.

For remedial students who are not up to par in skills that are necessary to excel in general education classes, Los Al provides a Special Education Department headed by Dolores Kane. The classes objectives are to place students in the least restrictive environment for a successful learning experience. Through the help of both the Special Education and Counseling departments, Los Al continues to produce students that carry on its great reputation.



Mrs. Watson, one of Los Al's counselors, smiles while she replaces one of the files on a student. Counselors like Mrs. Watson are always there to solve student's problems with class schedule changes and future schedule planning.



Discussing a student's academic record with a concerned parent. Mr. Dennis Palmer looks over the file to see if there might be any problems. Dealing with parents and students becomes routine for all the counselors.



Mr. Ferber takes time to reflect on the day's consultations with students needing schedule changes. His academic advice often becomes an asset to students at Los Al.

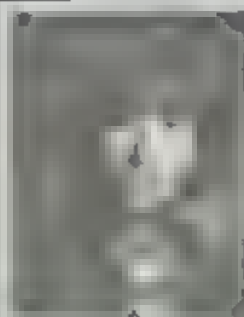


Mr. Tom Anthony, Los Al's associate principal relaxes for a moment during his busy day. His hard work makes our school the best.



Mr. Gary Rutherford, the dean of attendance, looks up from his work and smiles. His voice is on the computer that calls home whenever a student has an unverified absence.

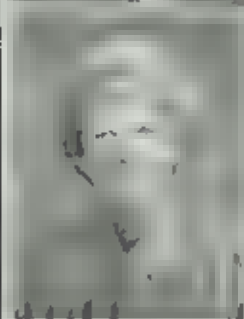
## COUNSELING/SPECIAL ED



Judee Comings: Special Education  
Chico State University BA



Dale Ferber: Counseling A-D  
CSU LA BA MA



Alana Holzman: Counseling  
UCI MA  
"I'll be right back!"



Dolores Kane: Special Education  
Cal State Fullerton BA MA  
"Think before you speak"



Lynda Lockwood: Counselor  
JCSB MA



Dennis A. Palmer: Counseling  
JCSB MA  
"You've got to go through hell  
before you get to Heaven"



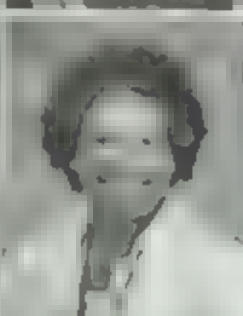
Dennis Proessel: Special Education  
Cal State Fullerton BS



Linda Staskopf: Psychologist  
CSULB BA MS



Betty Thompson: Special Education  
Meredith BA

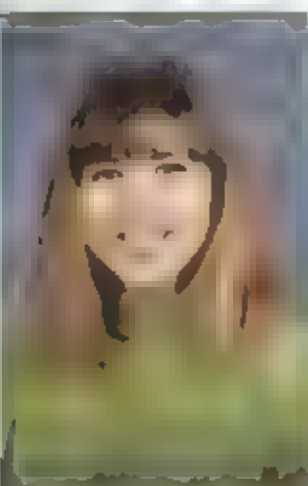


Mildred L. Watson: Counselor  
Cal State Fullerton BS MA MS

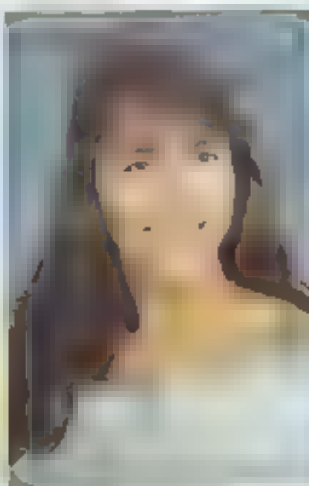


# *seniors*

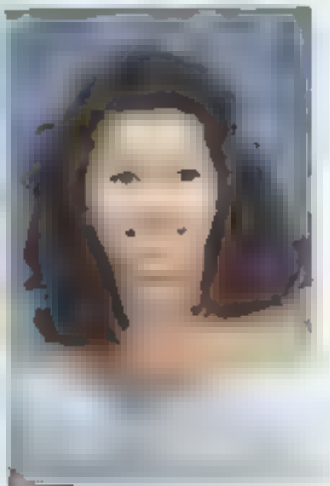




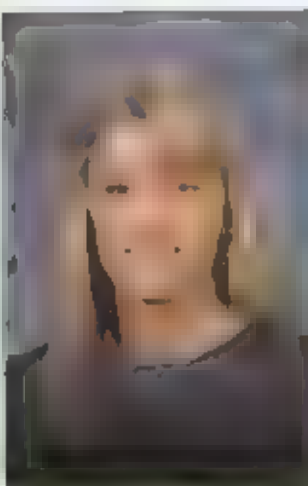
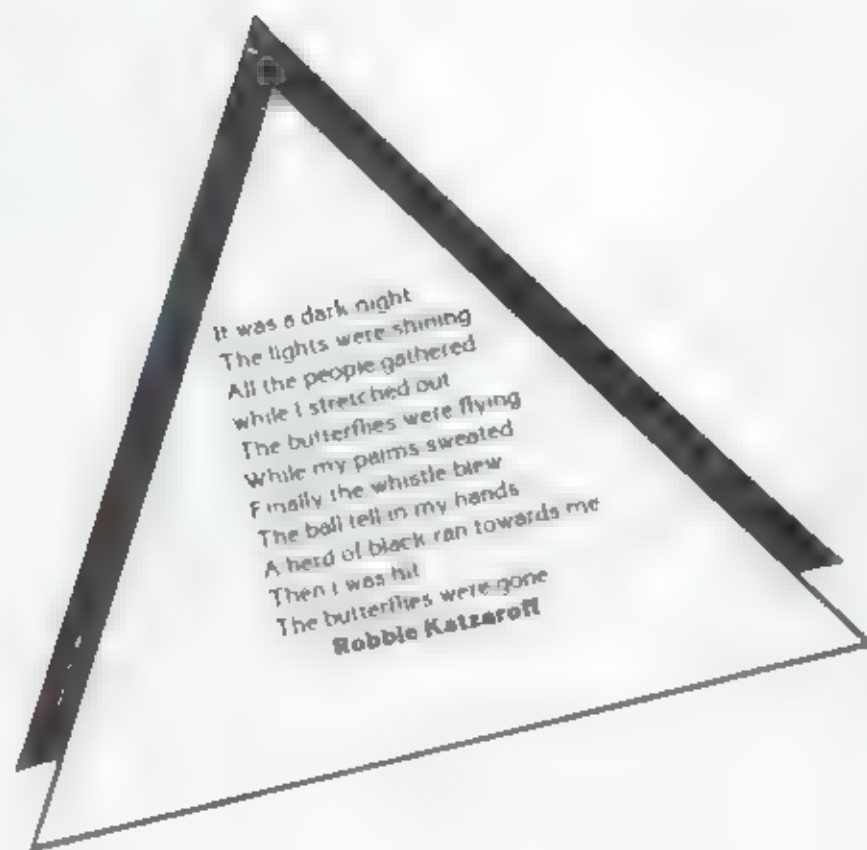
Stephanie Abrego



Charlito Adle  
Womens Soccer, Varsity Track,  
Ski Club, Senior Rebels



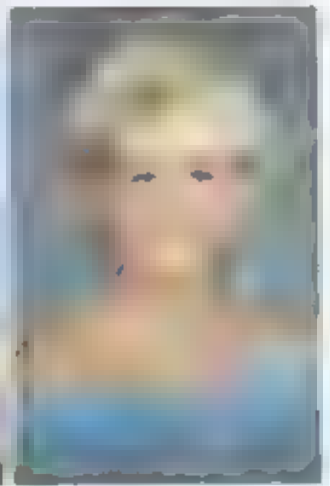
Illino Alones



Jeanne Allard



Marc Alpert



Kirsten Anderson



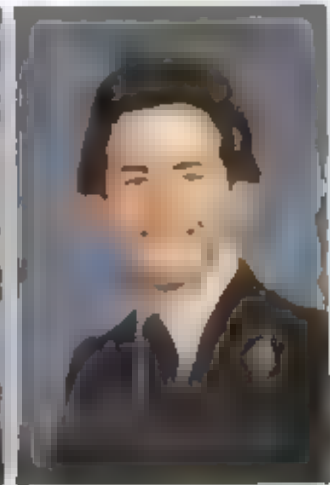
Watching all the crazy beach bums walking around outside Jim Dupuy can't help but laugh. Even with the college applications and achievement testing required, the seniors have high hopes



Chris W. Anderson  
Varsity Basketball, CSF



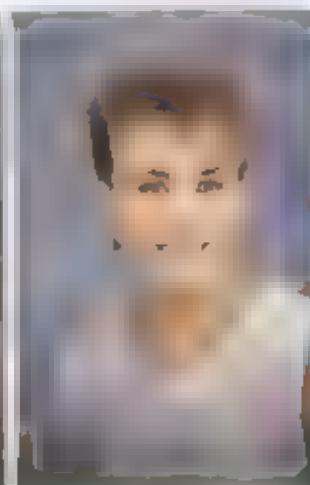
Erin D. Anderson  
Marching Band, Concert Band,  
Senior Screamer



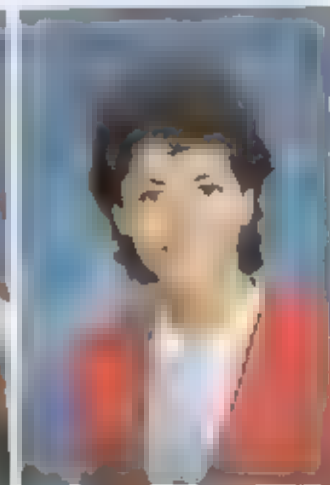
John Armijo



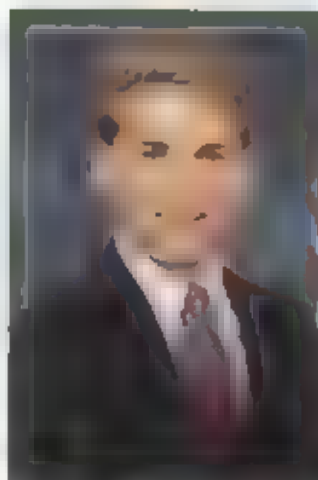
Michael Jon Asher  
Wrestling, Ski Club, LAPD



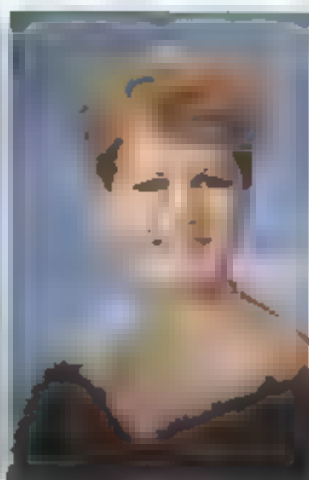
Mario Assad



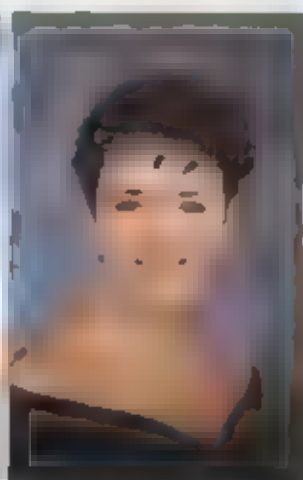
Chiki Aurang



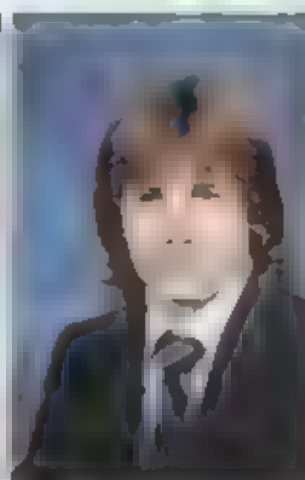
Darryl Baker



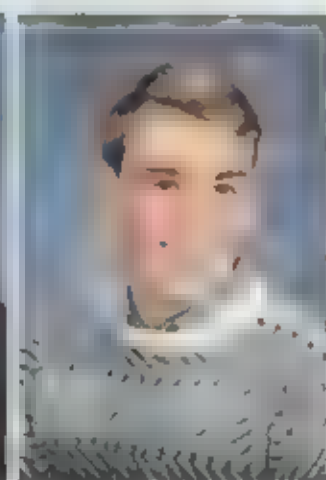
Jennifer Beth Baker



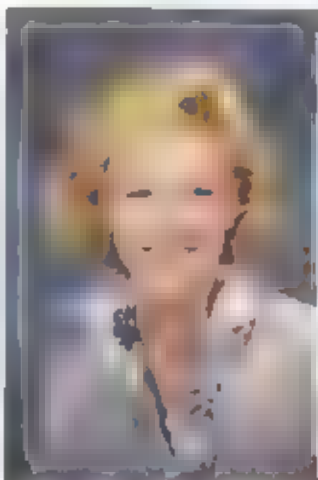
Leslie Baker



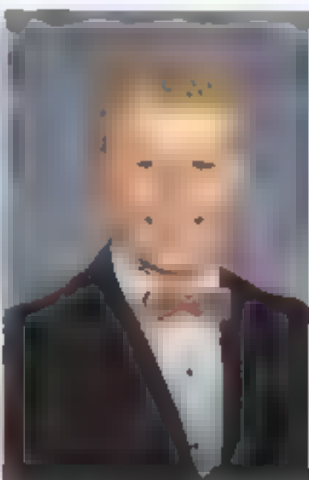
Alan P. Barber



Philip J. Barnes  
Varsity Water Polo Varsity  
Swimming



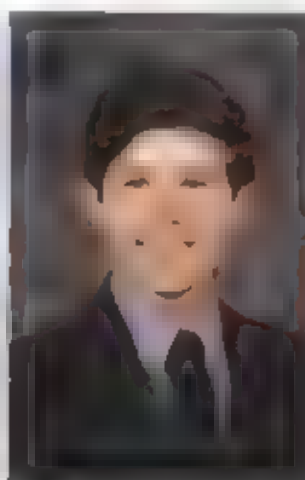
Andrea Susan Barrows  
Varsity Water Polo Varsity  
Swimming



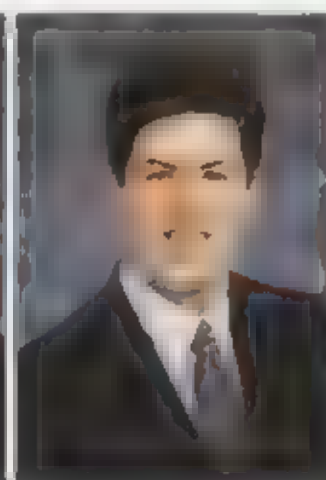
Michael Barton



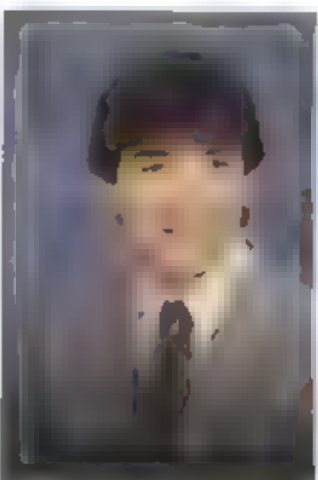
Matthew Bateman



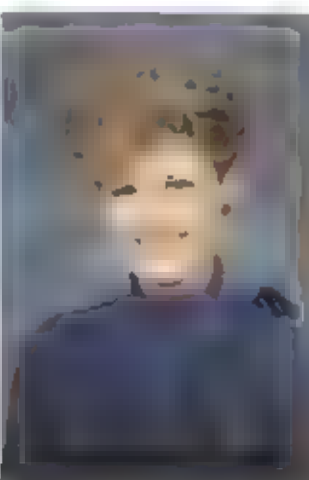
Robert Batey



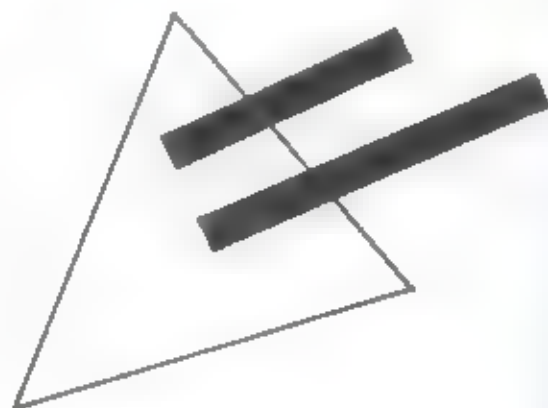
Mark C. Bellwood  
Varsity Water Polo Varsity  
Swimming



Michael L. Bernstein  
Soccer CSF Senior Class  
Committee

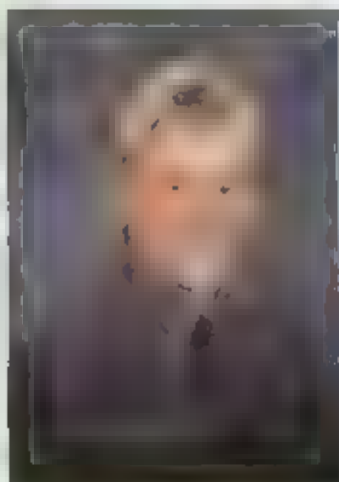


Cassandra Deyer  
Colorguard CSF

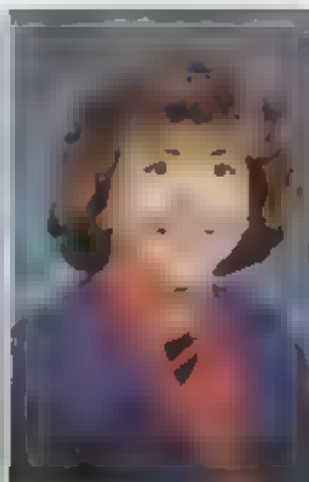


Yearbook photographer Cathy Jenner and Photo Coordinator Kristen Kelder, try to make the best of everything. Cathy laughs as Kristen tries to explain what is going on inside the yearbook.

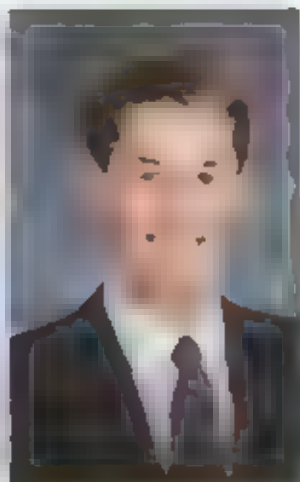




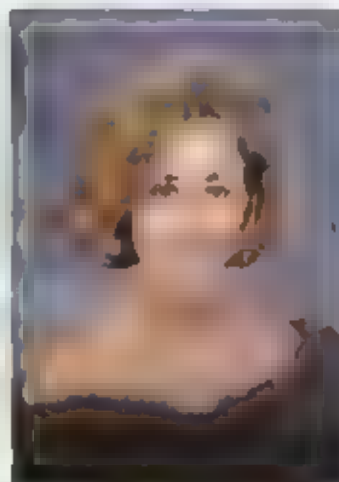
Geoffrey Bichel



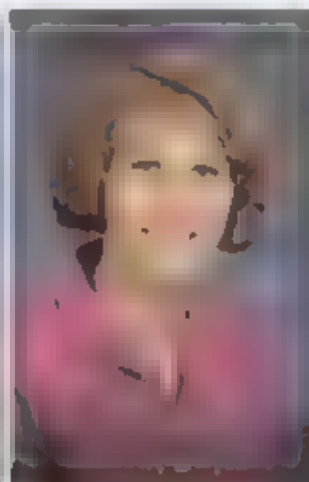
Devora Faith Binder  
Interact, Spanish Club, Senior  
Class Committee, Senior  
Survivors



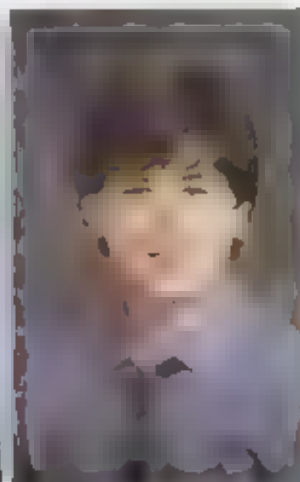
Eugene C. Blackmun III  
Varsity Track, Basketball, CSF



Mary Boland



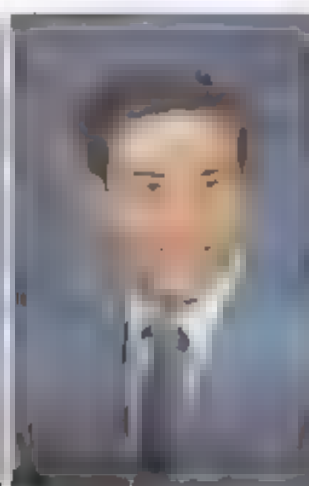
Angela M. Bolling  
Interact, CSF, Spanish Club



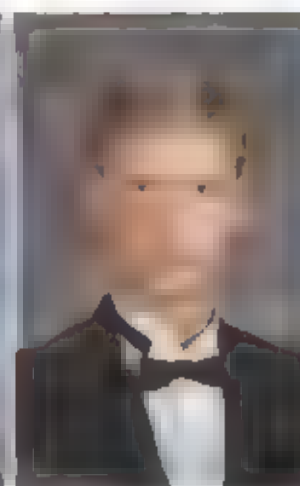
Greg Bolmash



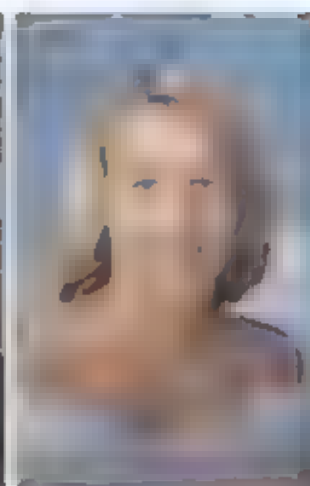
Samyn Boner



Jon Borbon



Derek K. Bowen  
Varsity Basketball, Varsity  
Track, LAPD



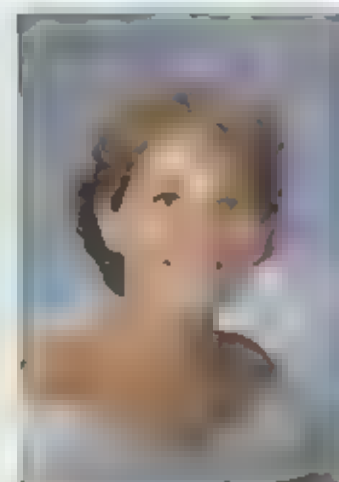
Lisa G. Boyd  
Gymnastics, Ski Club, Senior  
Class Committee, Adventure  
Club



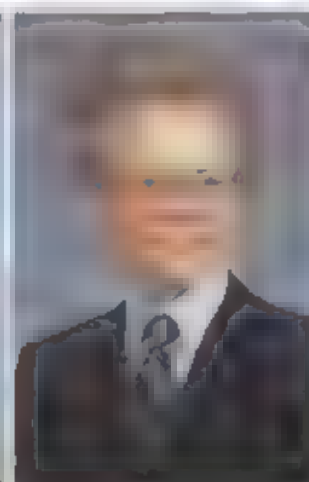
Sara K. Brain  
Varsity Cheer, Senioriores  
Gymnastics



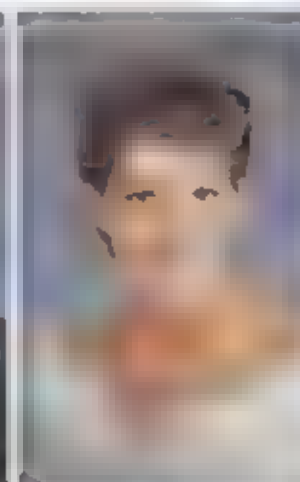
Patrick Brown  
Varsity Football



Leslie Jeanine Bruce  
Rites, CSF



Russell Eric Bugge  
German Club



Danell Francine Burick  
Womens Soccer, Varsity Track,  
Senior Rebels



James S. Burns  
Band



Stacy A. Burris  
Senior Class Committee  
Interact, Senior Sesebriteez



Brooke Mary Burtzell  
Senior Class President, CSF  
Mock Trial, Senioriores

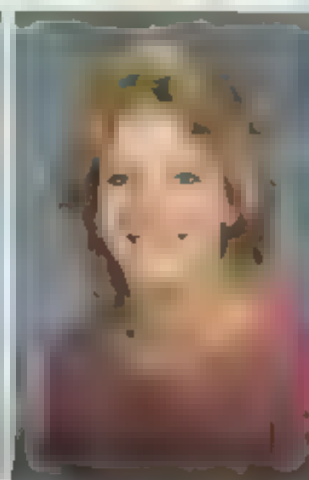
## HOMECOMING

Darlyn Sisemore

You wouldn't believe my thoughts that ran  
through my mind in 1984  
It's Homecoming  
Everyone came back to see their old home  
& be there next year just like them  
dressing back at memories  
that's not important there's a game  
against Esperanza going on  
We'll beat them  
No Esperanza wouldn't oh no!  
It's okay don't worry  
We've still got — oh my gawd  
look at the clock — STOP!!  
It's our Homecoming game —  
Give us the ball!  
C'mon Griffin, go for it  
Do it for the seniors, they don't have  
another chance!  
Oh gawd — we've got 4 seconds  
we're only on our 26 yard line  
No wait — the lights are broken  
The scoreboard is playing music on me!  
9 seconds  
Go Rubble (aren't you Mr. Everything?) Go!!  
We did it — they did it — Thank you Lord!  
Thank you for a perfect Homecoming!!



Timothy Butler



Jill Collison



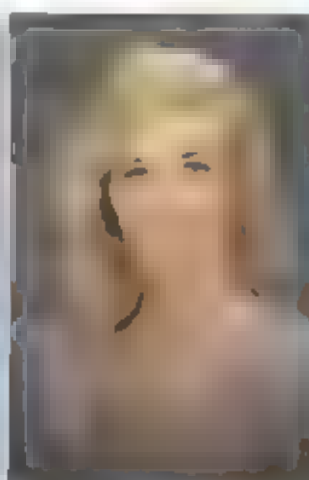
Miguel Combreza



Senior Jennifer Phillips enjoys a relaxing lunch break as she observes the campus life around her. Jennifer prefers a quiet lunch hour sitting on the shady grass.



John Campbell



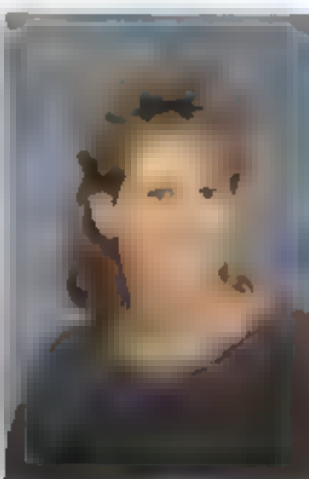
Julie Campbell



Steven Campbell



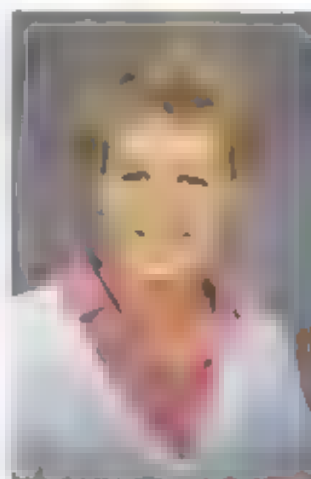
Patrick Campuzano



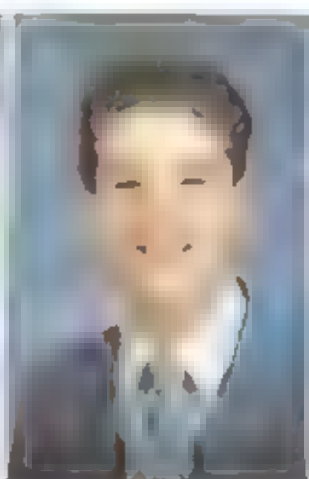
Stefani J. Canin  
Crusader Editor CSF Interact  
Officer



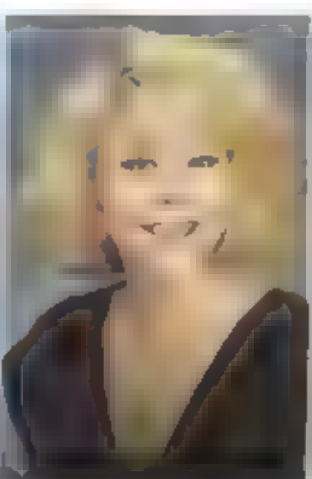
David C. Carren  
Band, Cross-Country Soccer



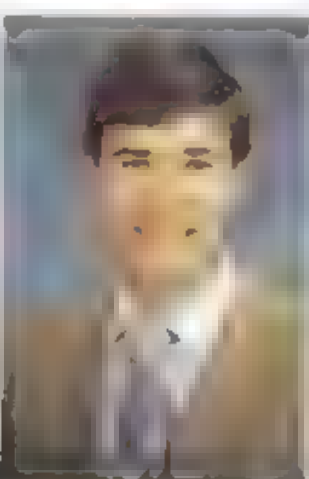
Shari L. Carr  
Varsity Swimming, Sacred  
Seniors



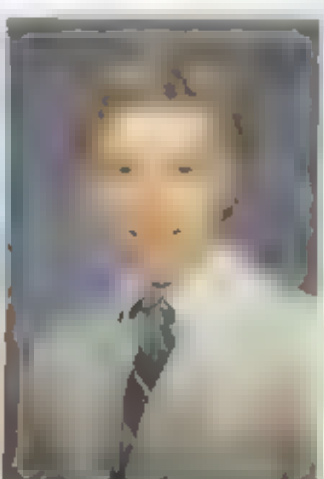
Sean Carlson



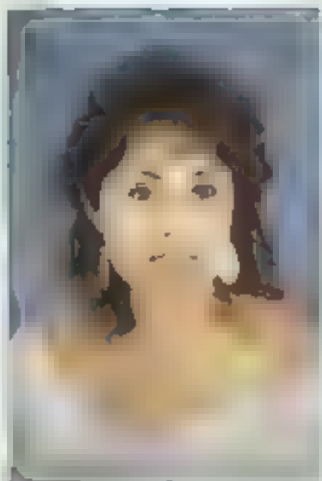
Jennifer Carlton



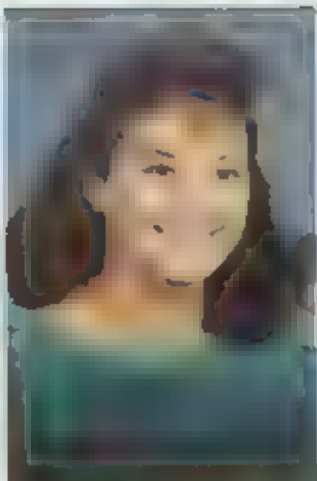
Greg A. Carson  
Band



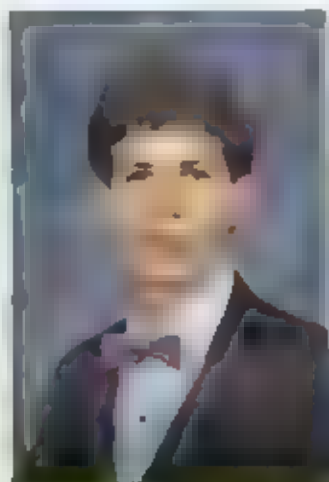
Michael Cassidy



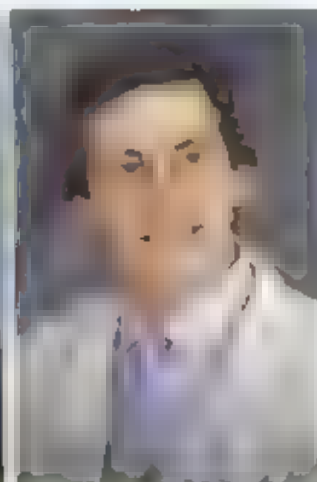
AnnMarie Caudillo



Kelly Chaides



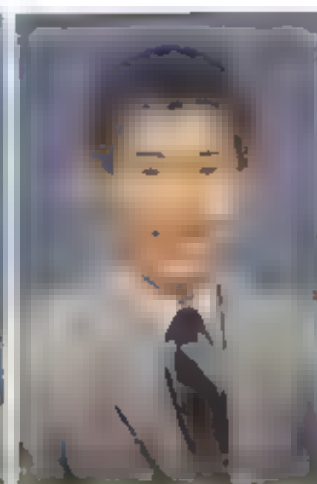
Howard R. Chalcowsky  
Cross-Country, FBLA, Chess,  
Computer Club



Trent Charlton



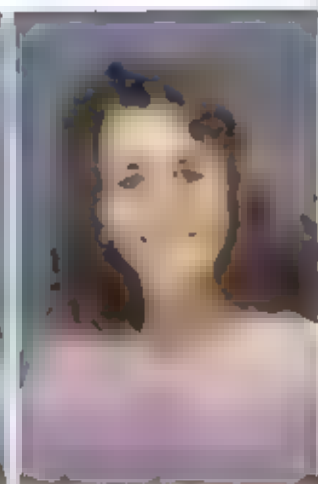
Huey Chen



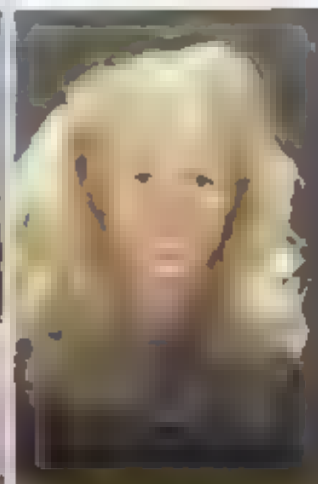
Michael W. Chen  
Editor in Chief, Student Body,  
Tennis, Speech



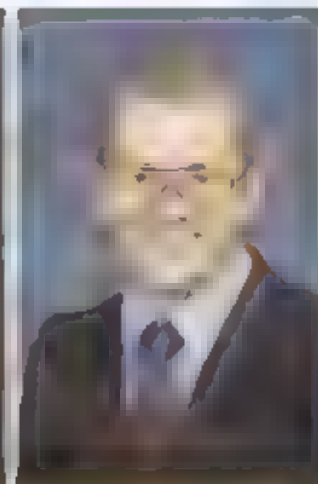
Shirley Chiu



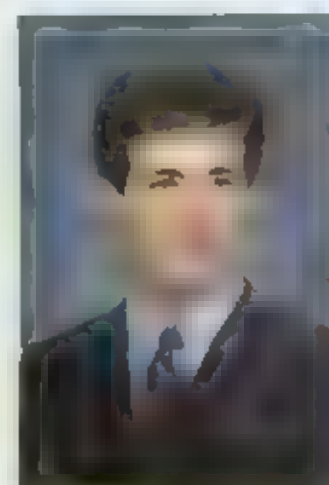
Lisa M. Cimmarusti  
Senior Class Committee



Shawn L. Cordes  
Senior Class, Yearbook, T.S.  
Dodge Club, Senior Class  
Committee



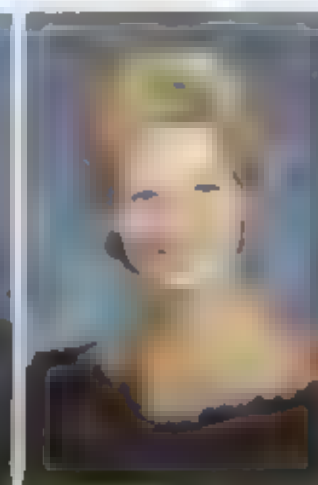
Joe L. Coulter  
Varsity Football



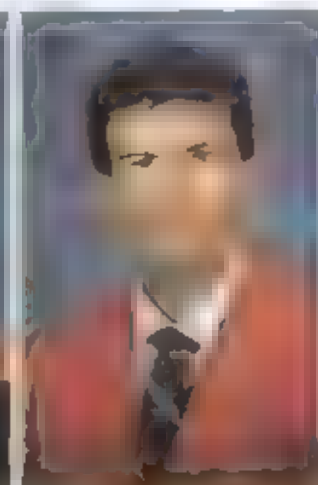
Gary J. Covington  
Varsity Track, LAPD, Ski Club



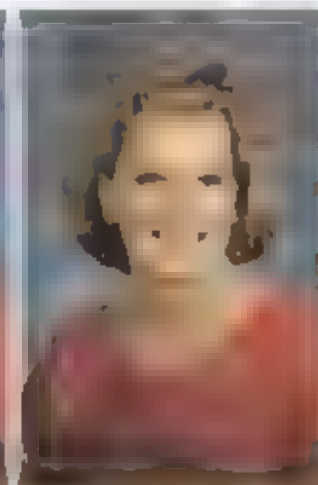
Sean M. Creasy  
Water Polo, Varsity Track, Cot-  
tonwood Staff, Drama Club



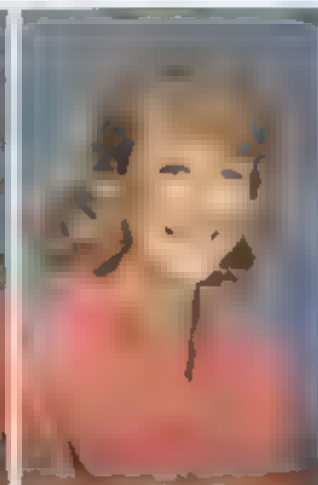
Amy L. Cross  
ASB Cabinet, CSF, Interact



Kenneth Cross



Jody Ann Crum  
Cheerleader 4 years, Seniorators



Jill Cruchley





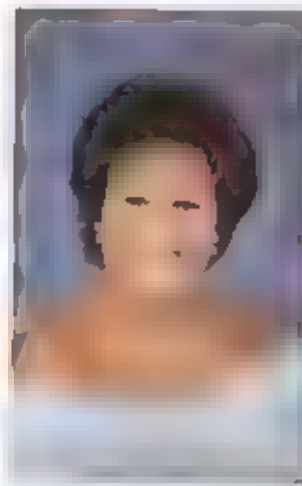
...loudly strumming chords on Hippie Day. Debbie Sitter and Wendy Orr are playing  
ing their guitar. At day is giving them a chance to see how other generations  
dressed.



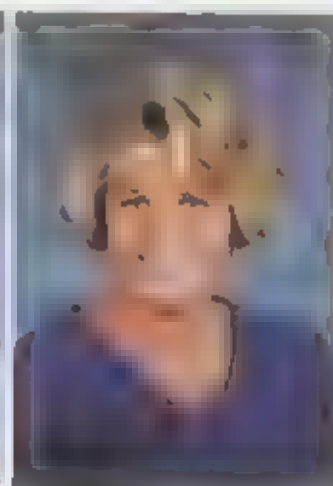
Mario O. Custadio



Maribe O. Custadio



Lisa Cusumano

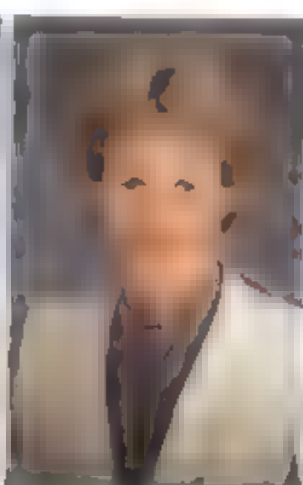


Dorrie Dafforn

...the ...  
...the ...



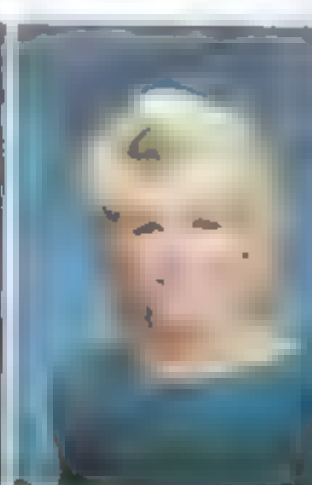
Sean Danks



Casey W. Danks  
...the ...



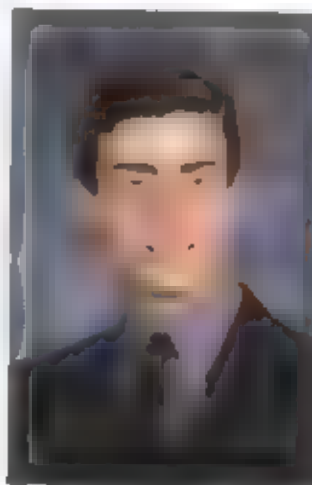
Michael Dawson



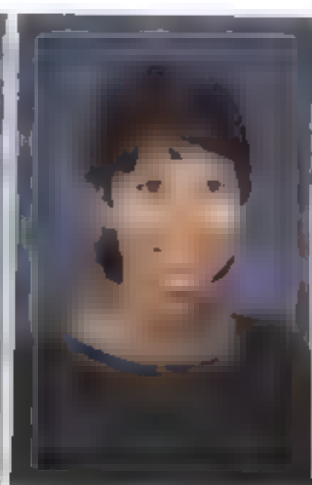
Christine Dennis  
...the ...



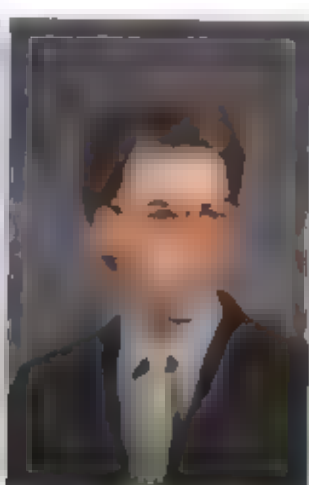
Jim Devlin



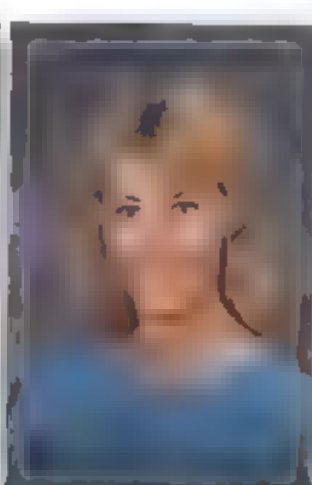
Timothy R. DeYoung  
...the ...



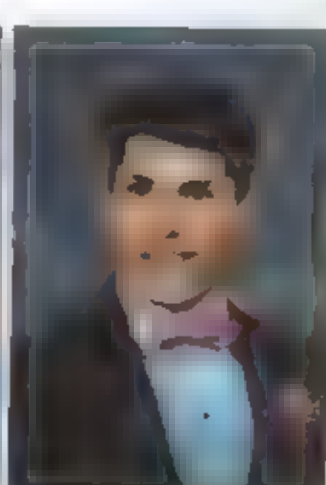
Andrea W. Dickens  
...the ...



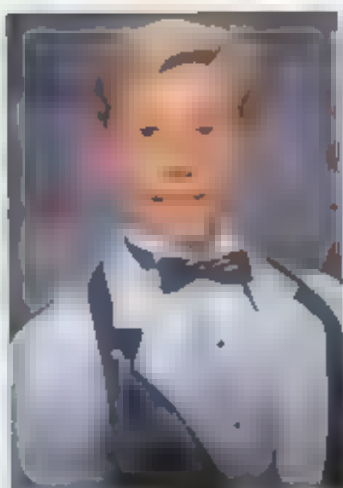
James W. Dorsey



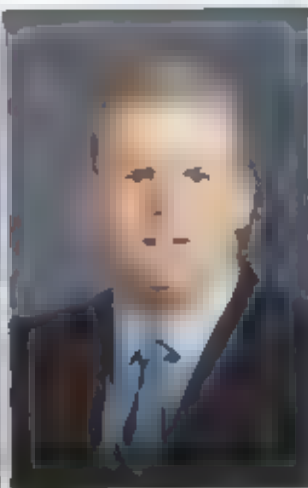
Jeannette Dorsey



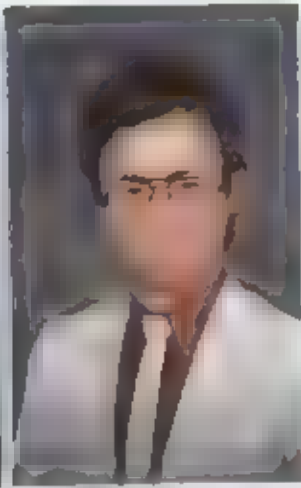
Robert D. Duckenmiller



Deric DuBourdieu



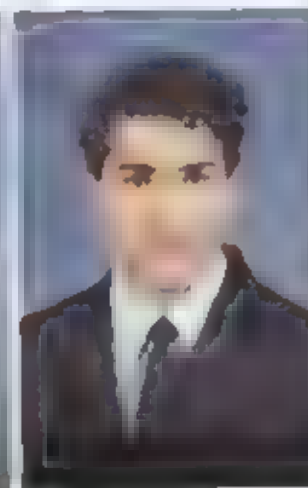
Donald Dubry  
Varsity Football



Johnny C.M. Dunn  
CSF, FBLA, Key Club



Jim M. Dupuy



Jerry Duron

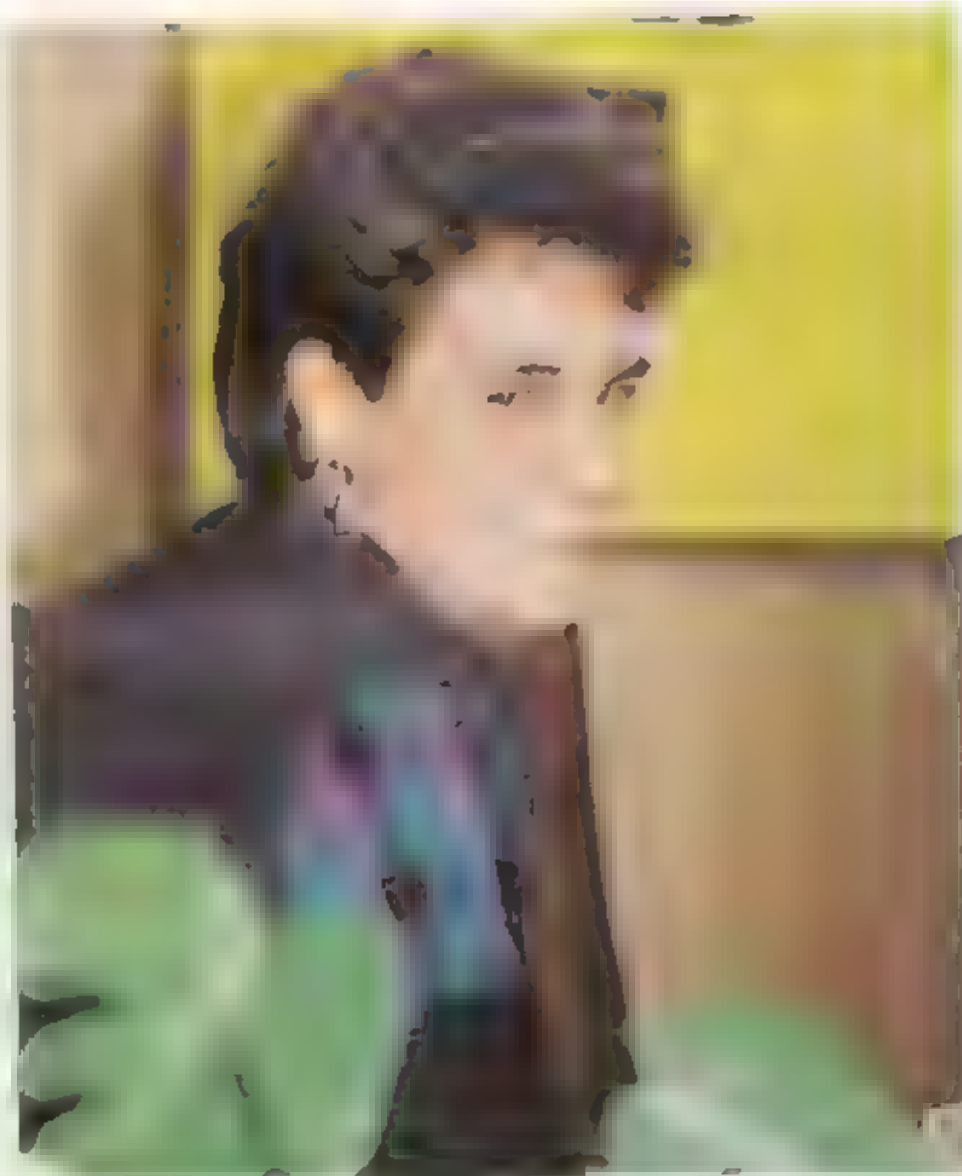


Erik B. Duthie  
Wrestling, Football, F58

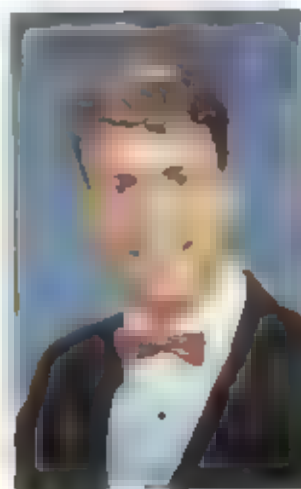
## Thinking Back

Thinking back  
I wish it could be  
like it used to be  
no worries, no cares  
Just going to school and finger-painting  
No gossip, no rumors  
No troubles running through my mind  
No car, no nothing  
Just going over to a friend's house  
to play, or go to the shopping center  
I'm not afraid of growing up  
I think I just need a break

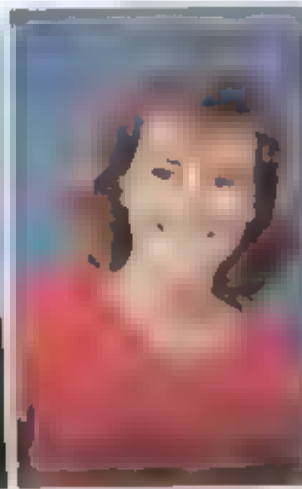
Lisa Kanasi



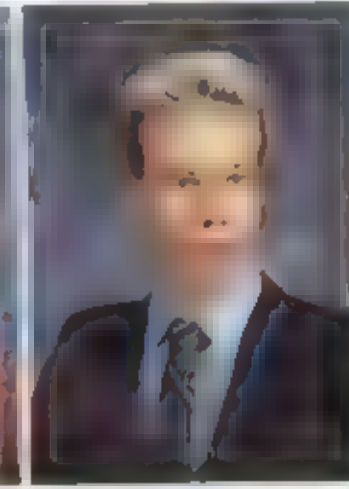
Working in the activities office with other students and teachers, Carol Shane learns many imperative techniques about office work. These techniques will prove to be helpful in Carol's career after college.



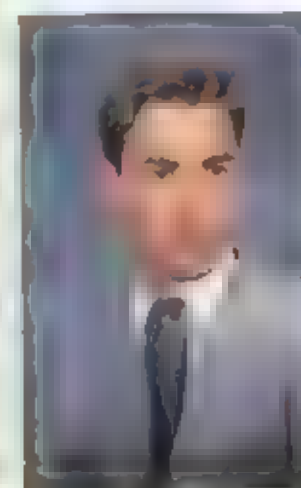
Brian East



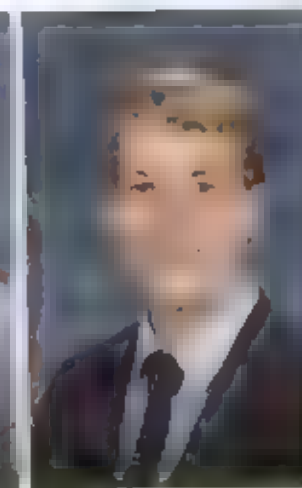
Marianne Jeannine Eaton  
Drill Team, S Club



Dave P. Echles



Christopher Ehler



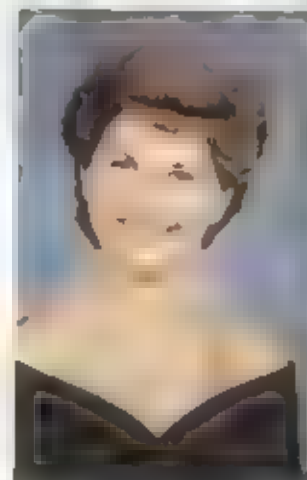
Wayne D. Ellinger



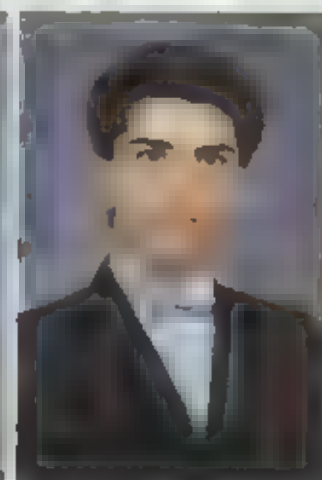
John Englen  
Varsity Water Polo



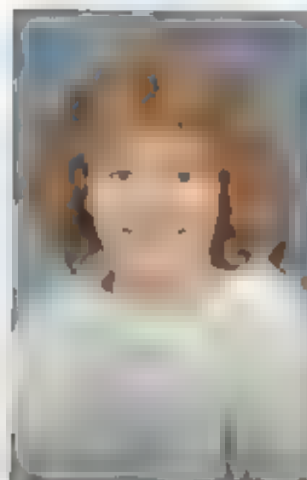
As the convertible Mercedes make their way around the track, Judy Holzgang makes sure that the queen candidates receive their roses. Judy, Student Representative to the Board of Education, assists the Cabinet with organizational skill.



Diane Elaine Errickson  
Dill Team



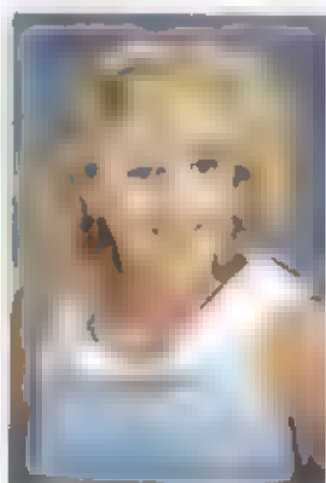
Kaveh Esteghamat



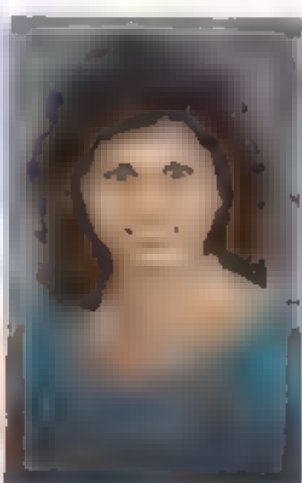
Terri A. Estes



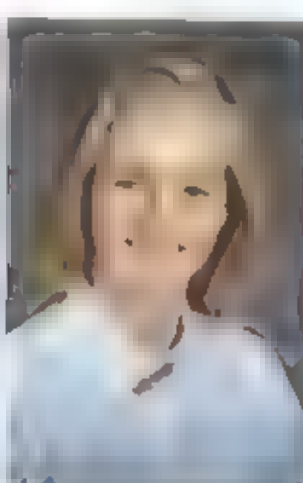
James D. Estrada



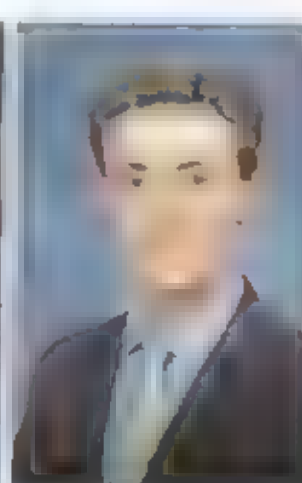
Tricia D. Everson



Suzanne Ewing



Ann Faber



Kevin S. Falsken  
A.L.F.



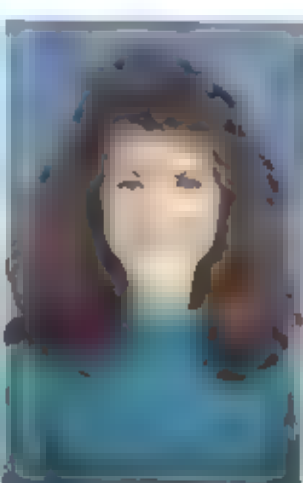
Matthew J. Famolaro



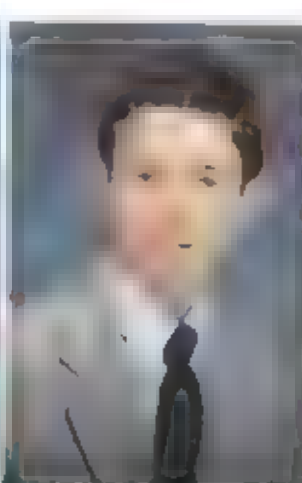
Joseph Anthony Faragl



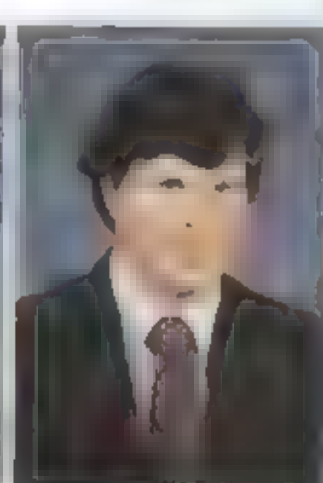
Douglas T. Farone



Jacqueline Fineman

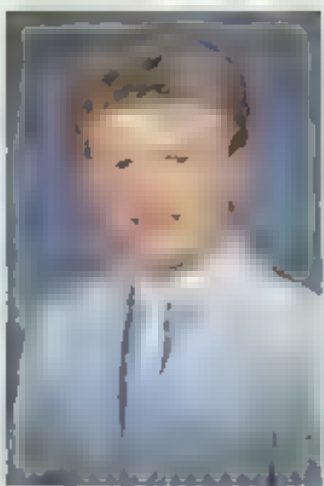


Matthew J. Fisher

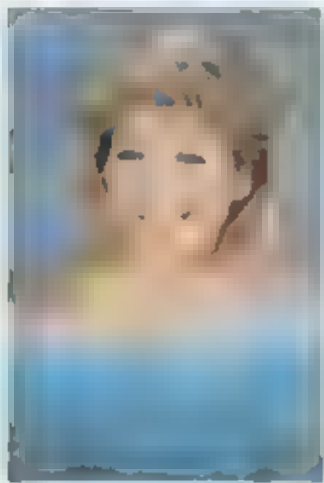


Todd J. Flanagan

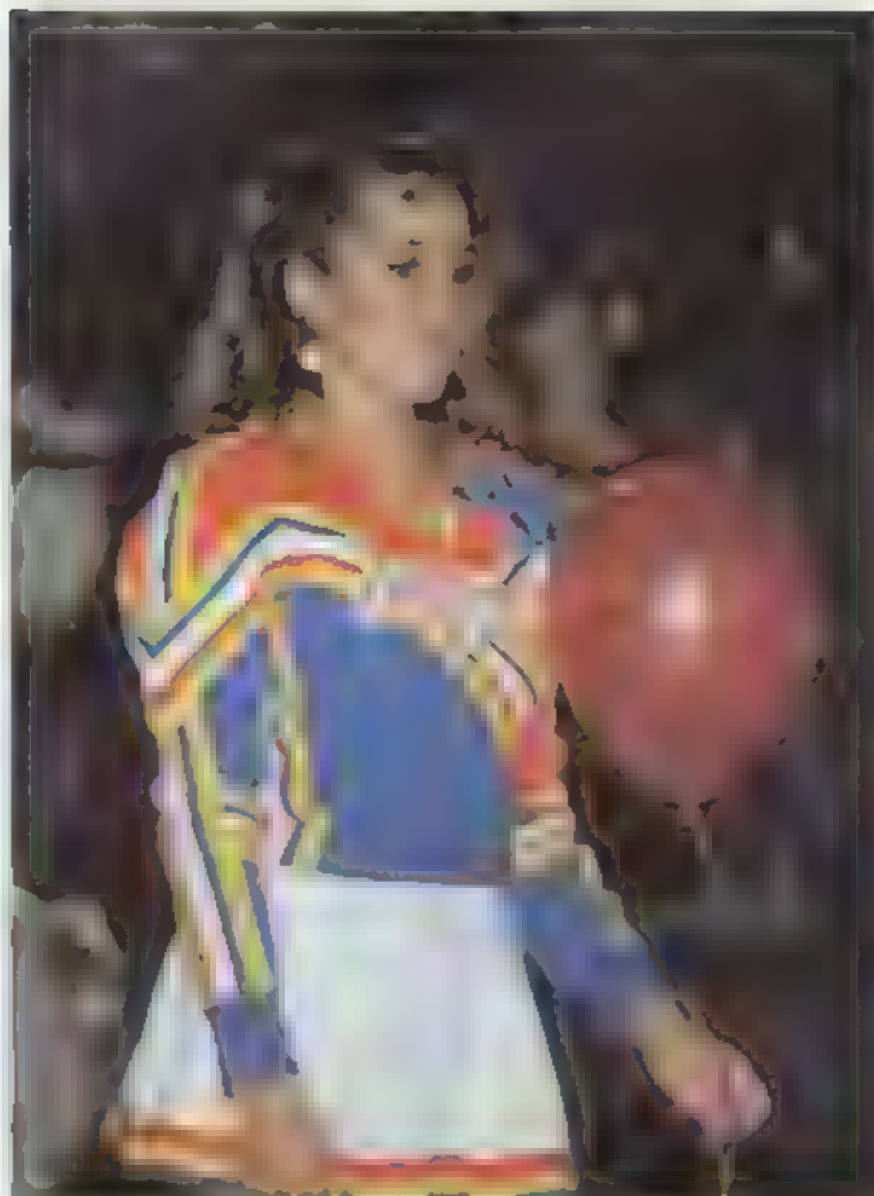




Larry D. Foey  
Wearing a blue shirt and tie



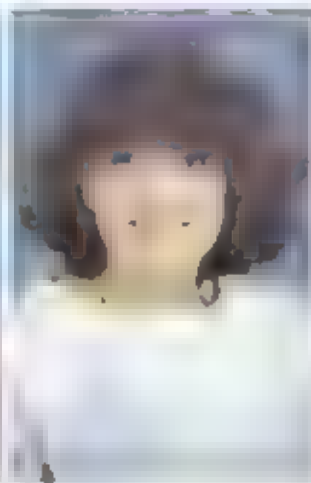
Stacey L. Foster  
Wearing a blue shirt and tie



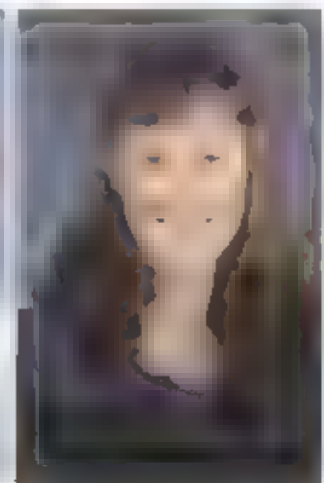
Sara Dora  
Wearing a colorful shirt and tie



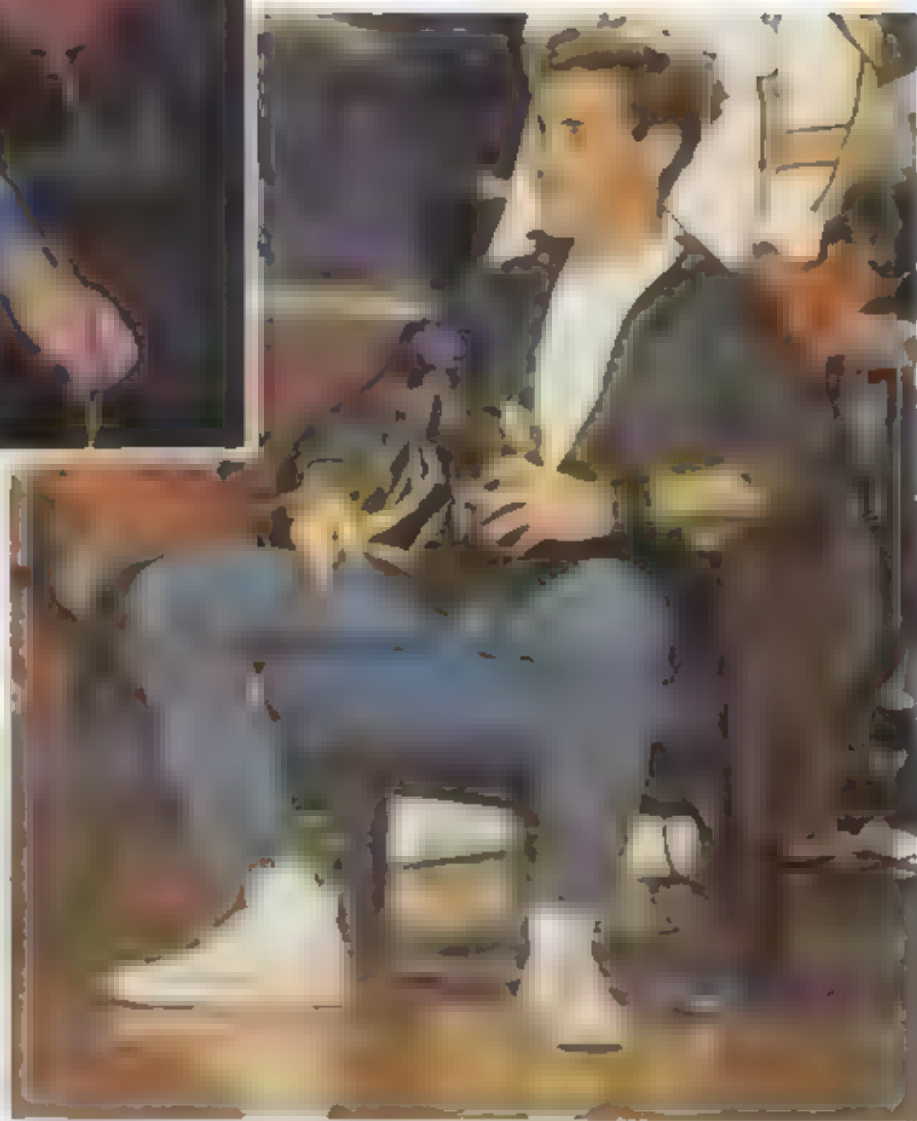
Julie Francis  
Wearing a pink shirt and tie



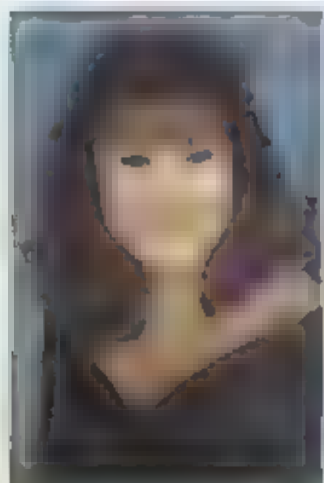
Cheryl Y. Franco  
Wearing a white shirt and tie



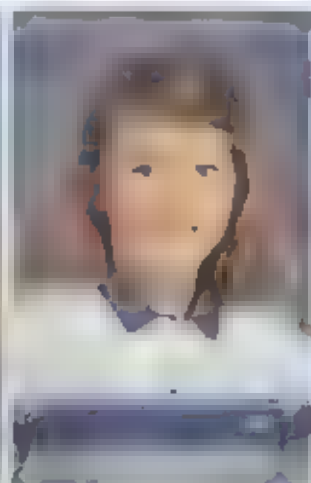
Heather J. Frewin  
Wearing a dark shirt and tie



Chris Ehler  
Wearing a blue shirt and tie



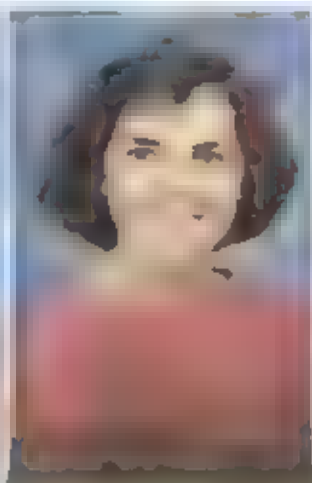
Jill T. Fujikawa  
Wearing a dark shirt and tie



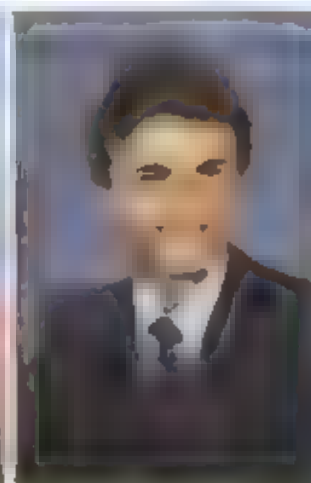
Linda Kuter  
Wearing a white shirt and tie



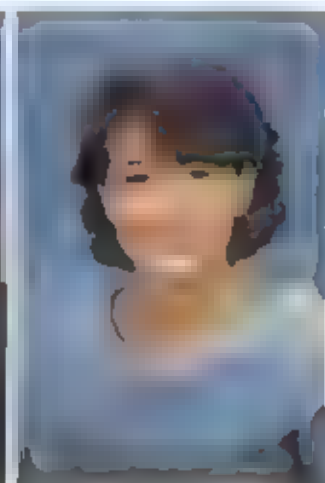
David E. Fusco  
Wearing a dark shirt and tie



Juliana Fusco  
Wearing a red shirt and tie



Joaquin Garcia  
Wearing a dark shirt and tie



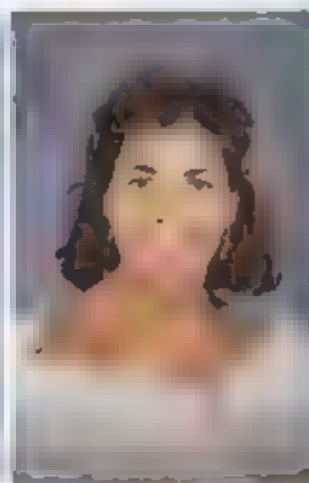
Patricia Dee Garcia  
Wearing a blue shirt and tie



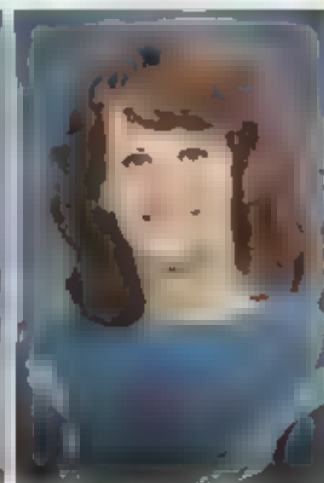
Complete with the glasses and butterfly hair pins, Jay Whitney dazzled the judges and the crowd in her fashion show at home. Afterwards, she sipped into her volleyball uniform to volley and spike.



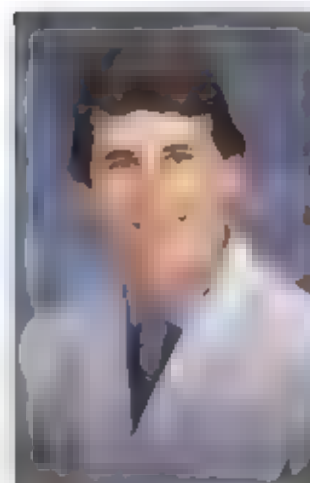
Pat Garcia



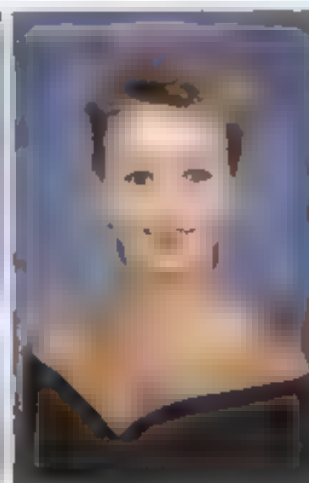
Rosanne Garcia



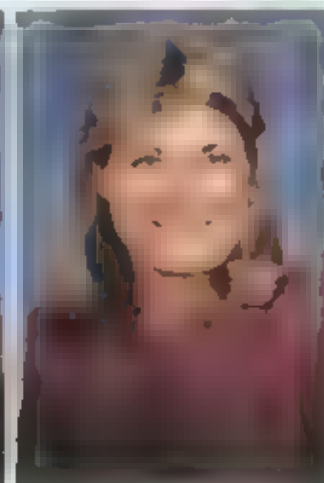
Patricia A. Garvey



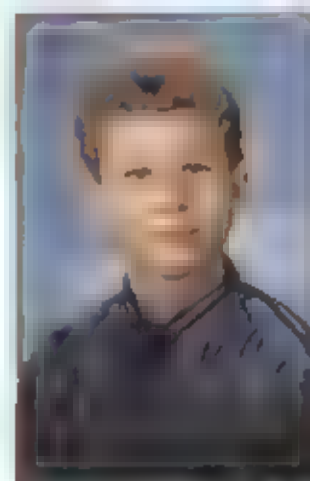
Trevor W. Gaurer



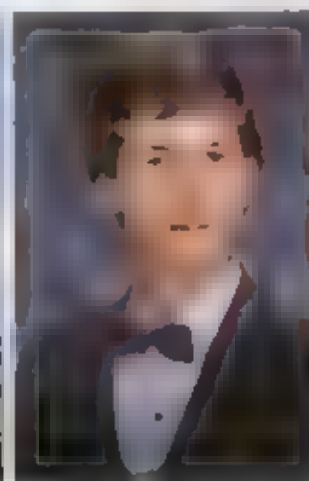
Shawn M. Gettler



Travis K. Gibson  
Varsity Football, Captain  
Basketball



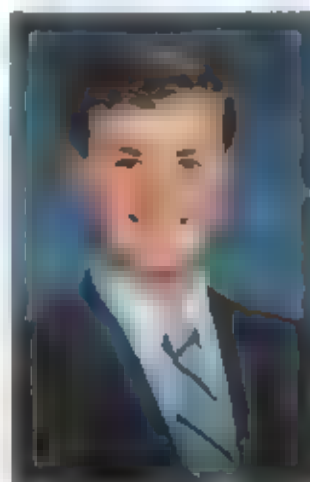
Tony Gist



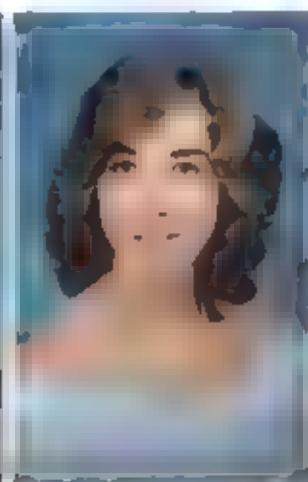
Lester R. Gjerley



Aaron K. Glatman  
Spanish Club, CSF, Interact



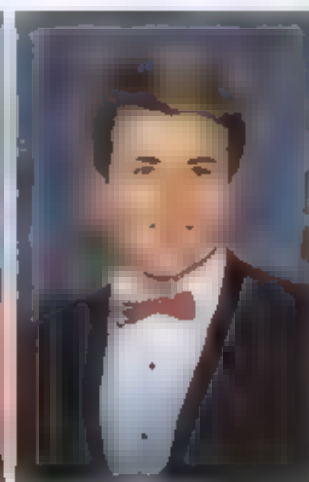
Darren A. Gloudini  
Varsity Football, Captain, Soccer, Basketball, Tennis



Pamela Gold



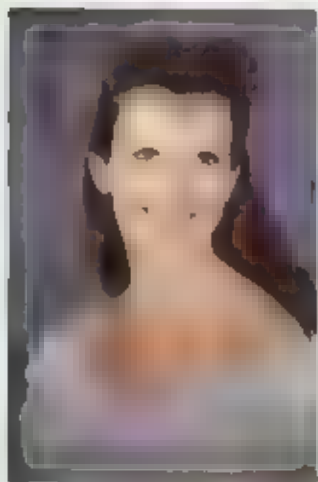
Tina Goldstone



Robert Gordon  
Varsity Football



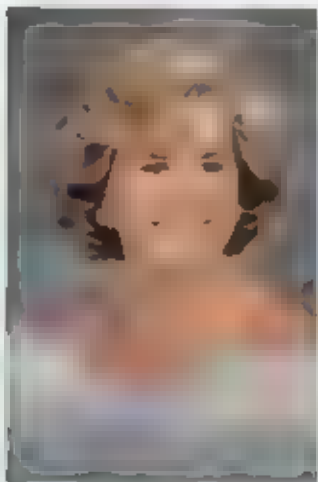
Finlay Gow  
Varsity Football



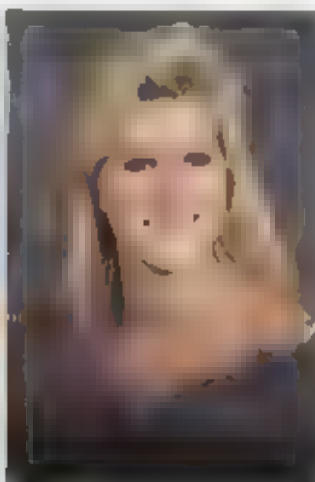
Stephanie Graham



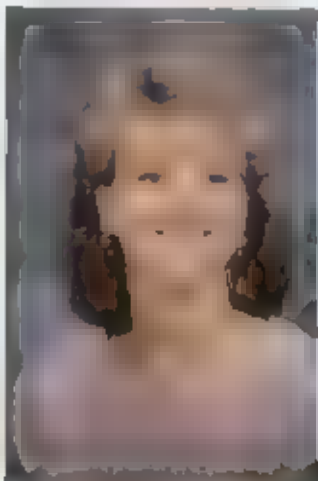
Christopher B. Gray  
Adventure Club, Fishing Club



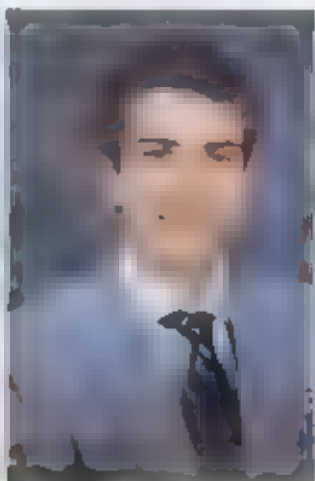
Heidi S. Gray  
Tall Flag Co Captain  
Seniorators



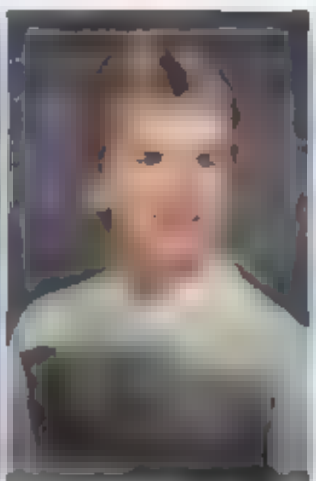
Kristen D. Gregersen  
Softball, Salmity Seniors



Roxanne Chere Griffin  
Keywanettes, Officer Sponsor  
Club, Adventure Club



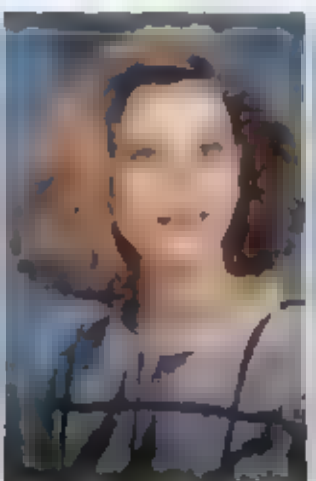
Ralph J. Grasso  
CSF Soccer, LA Underworld



Gayle L. Gundersen  
Color Guard



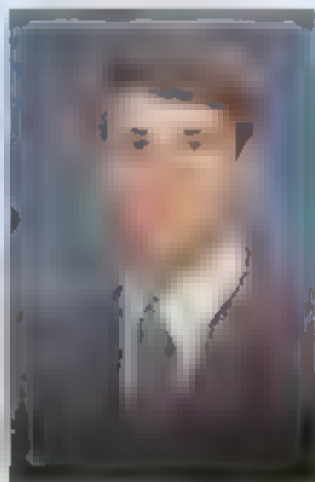
Kieran M. Gunsolus



Sholeh Gupta  
CSF French Club, Science Club



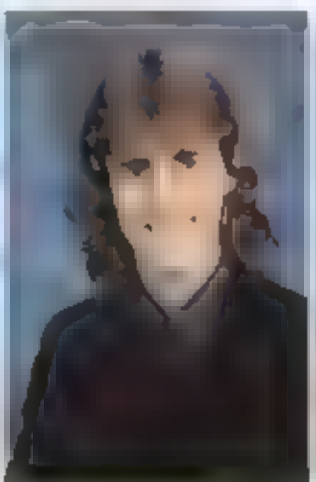
Isaac Donovan Guzman  
Anti Complacency League  
Speech Team, Newspaper



Randy A. [redacted]  
Varsity Football, Varsity  
Baseball



Christopher Halbert



Erik B. Halbig  
Jazz Band

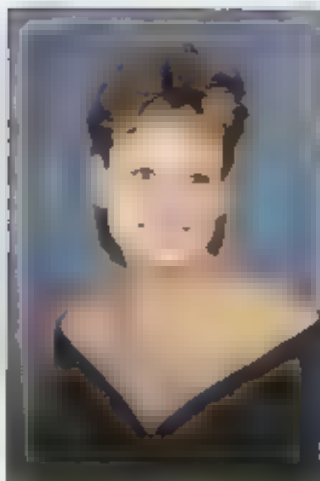


Douglas E. Halpin

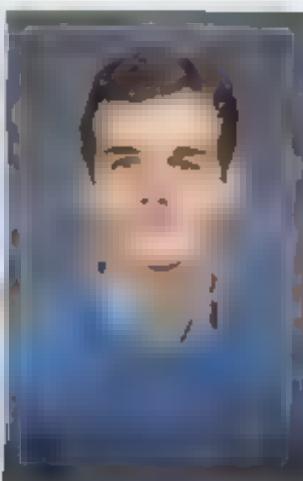


Tim M. Harndorf  
Volleyball





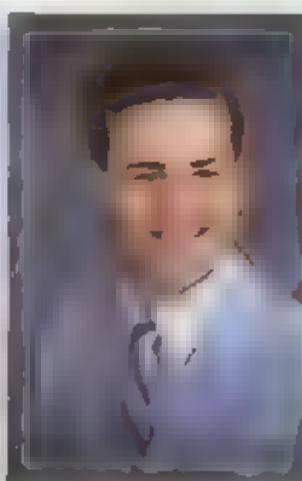
Donna Lynora Mardin  
A student leader and a  
volunteer.



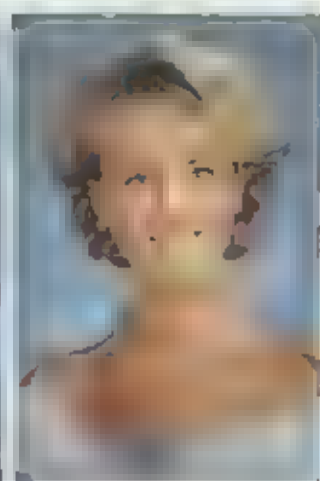
Jeffrey M. Harmon  
A student leader and a  
volunteer.



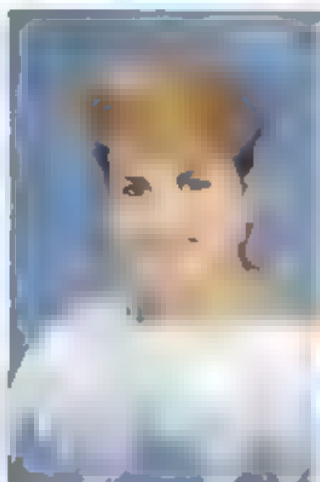
Shahana Masson-Reep  
A student leader and a  
volunteer.



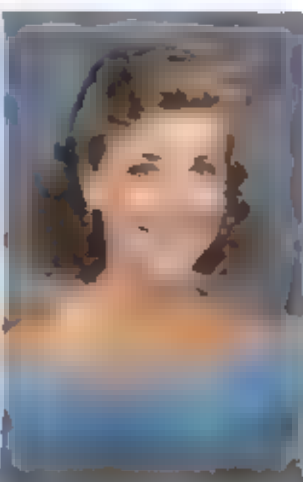
David P. Mashe  
A student leader and a  
volunteer.



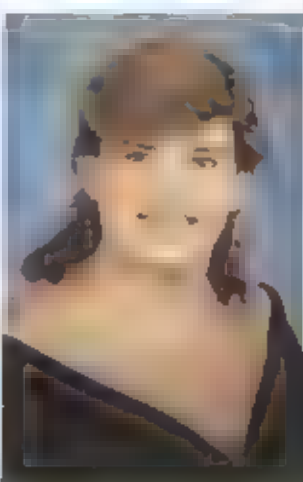
Kellyn Hawkins  
A student leader and a  
volunteer.



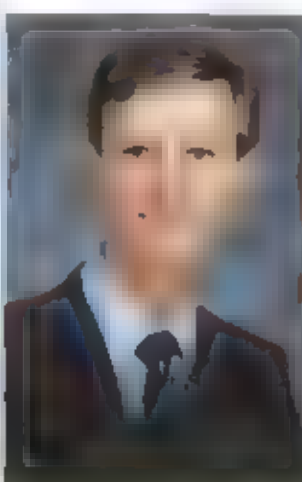
Tina M. Haycox



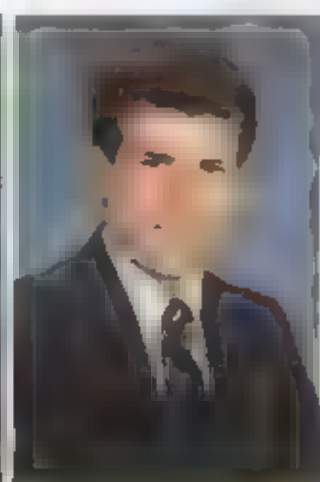
Donna M. Hays



Kathrine Headley



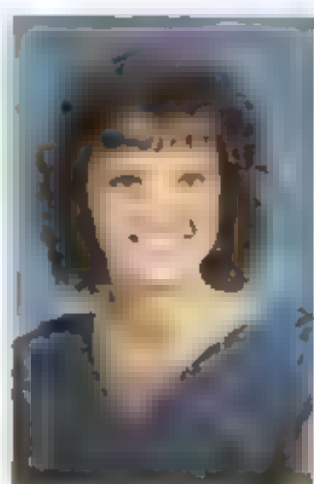
Douglas A. Hein  
A student leader and a  
volunteer.



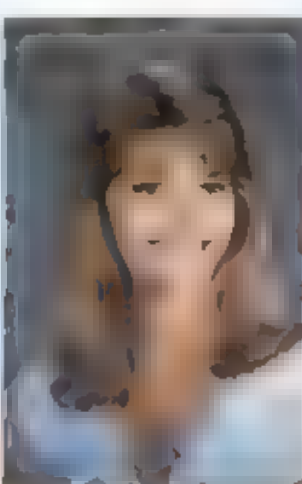
Tim P. Heigeson  
A student leader and a  
volunteer.



To show great school spirit, seniors Jason Zommick and Paula Wasikowski along with other students in the school, dress up as nerds for Los Al's second annual Nerd Day.



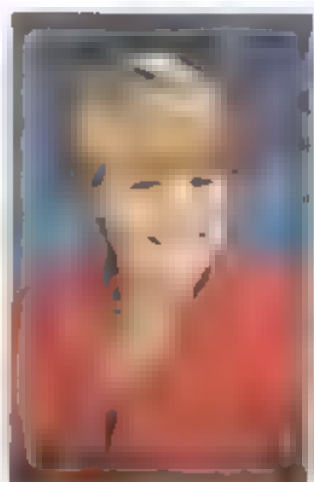
Shanna Hemmings  
A student leader and a  
volunteer.



Julie Herbert  
A student leader and a  
volunteer.



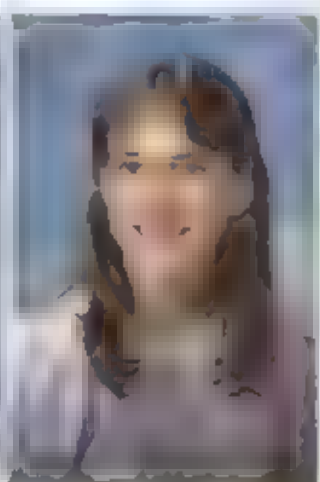
Mike A. Hernandez  
A student leader and a  
volunteer.



Elise L. Herring



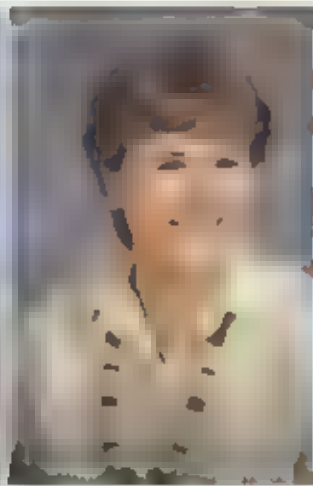
Ray Herring



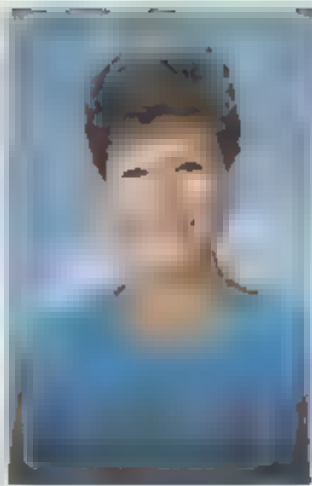
Carolyn Renee Hess



**Scott Hoffman**  
Middieclass Club



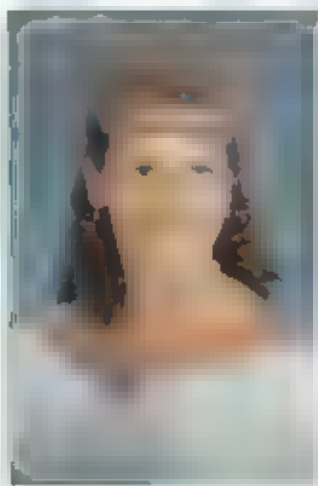
**Karen Lynn Holstein**  
Drama Club, Mergas Club,  
Mock Trial Team



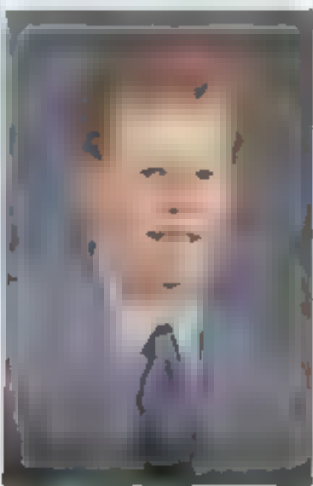
**Judy M. Hotzgang**  
Student Representative on the  
Board of Education



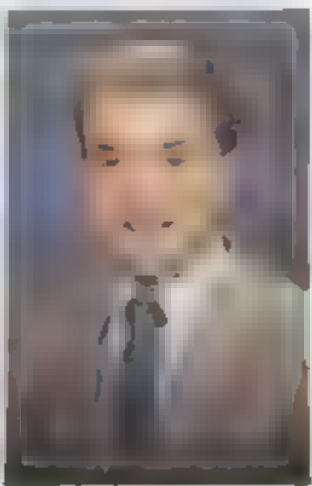
**Scott A. Hooker**



**Heather Lea Hoppus**  
Songleader, Show Choir,  
Drama



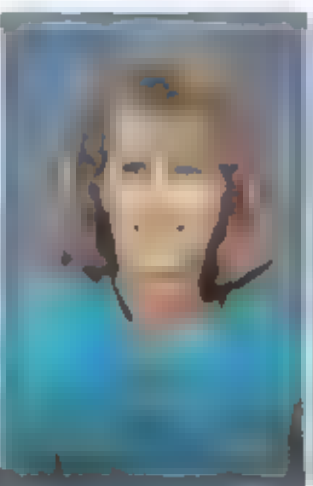
**James Howard**



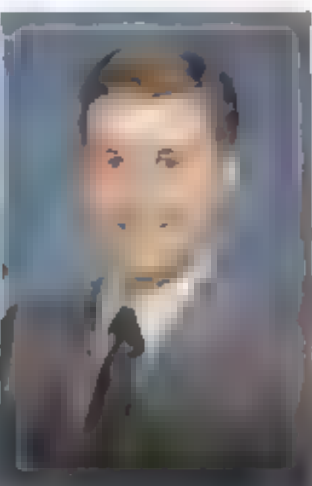
**Steven P. Howard**  
LAPD Basketball



**Alben Howe**  
CSF, French Club, Art Club



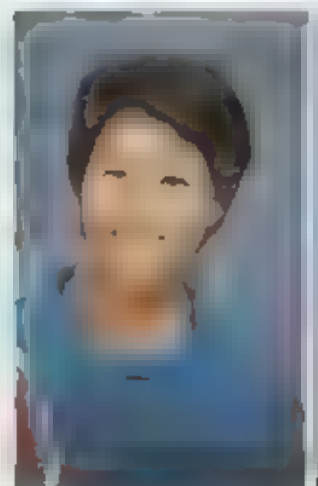
**Christy D. Howe**  
Drill Team, Keywarriors



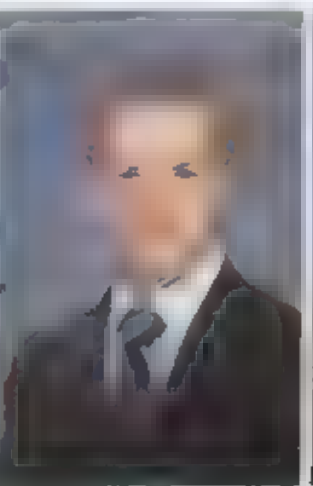
**John S. Hrbacek**  
Band, Drama



Adjoining to their locker for their senior year  
seniors Kevin Folsken and Derek Bowen wonder how  
they're going to fit their surfboard into the locker



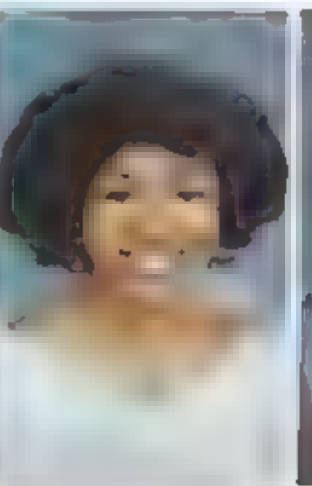
**Erica Huang**



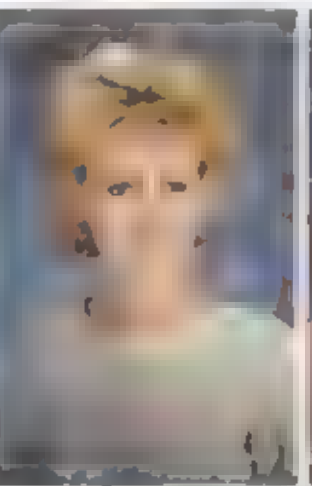
**Mike C. Hudson**



**Paul A. Huff**  
Sophomore Class Committee  
Freshman Class Committee



**Danita Yolanda  
Humphrey**  
Interact Club, Spanish Club,  
Drama Club



**Rebecca L. Hutcherson**  
Yearbook



**D Ann K. Hynd**



Halloween lets students express themselves in various ways. Nicole Welsh shows her school spirit by dressing up as a mermaid. Nicole is also a member of the Saintly Seniors.



Gary S. Iwakoshi



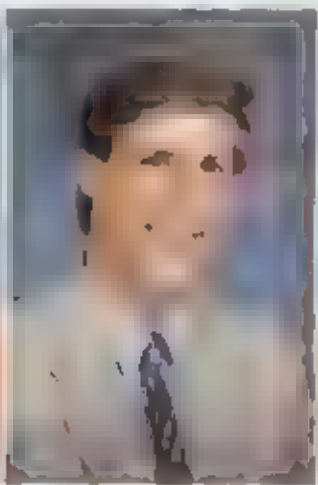
Lori A. Jack

Varsity Track Band Varsity Soccer



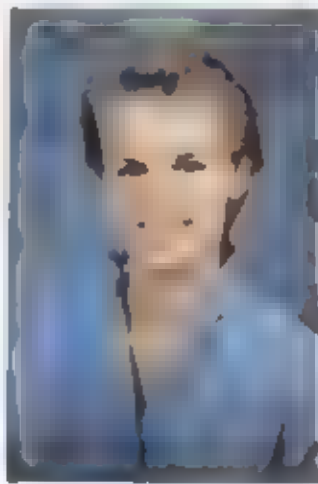
Lisa J. Jasso

Varsity Cheerleader

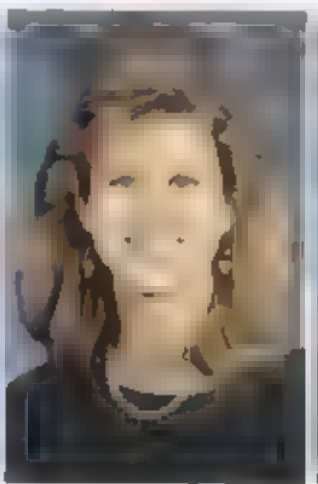


Kevin M. Jeanette

Varsity Football Varsity Basketball

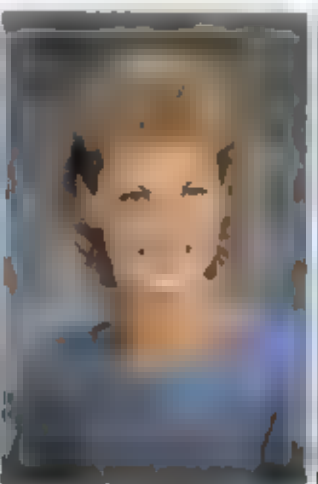


Victoria D. Jenkins



Catherine A. Jenner

CSA Cheerleader Marching Band Student Council

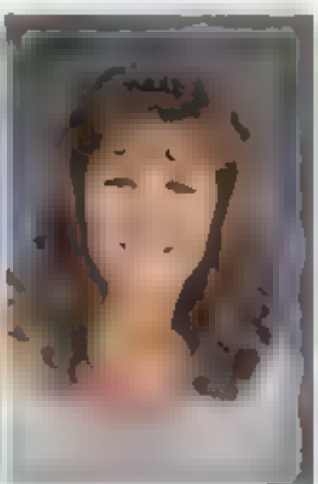


Cynthia K. Johnson

FDCA Cheerleader Student Council



Deron Johnson



Julie A. Johnson

Senior if Married Varsity Cheerleader



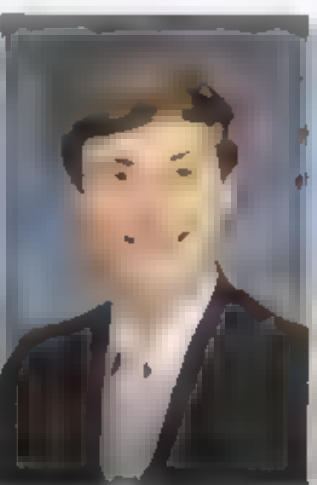
Kristin Johnson  
Colorguard



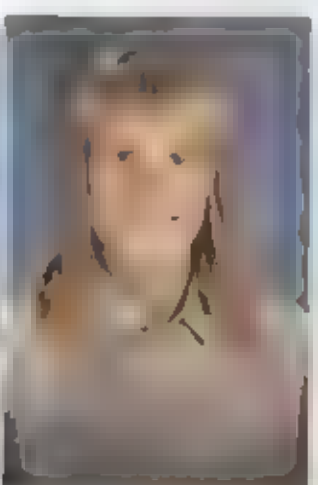
Mark Johnston  
Football



Ray D. Jordan II  
Custom CALs Wrestling Football Baseball Track

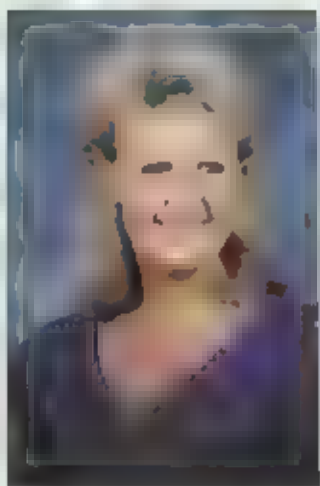


John M. Jost  
Symphonic Band French Club



Darrin Jury

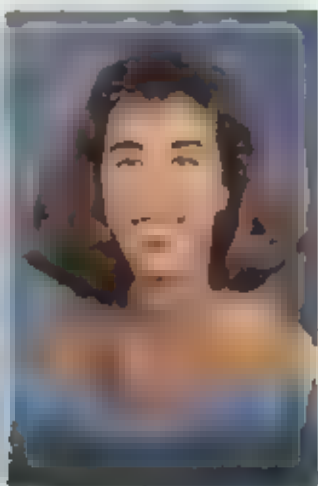




**Lisa C. Kanosi**  
Varsity Soccer, Senior Rebels



**Glenn Y. Kaneko**  
Crusader 4yr, Golf 2yr, Co-Ed, Martial Arts



**Lisa A. Kaplan**  
Drill Team, Inter-Club, Speech



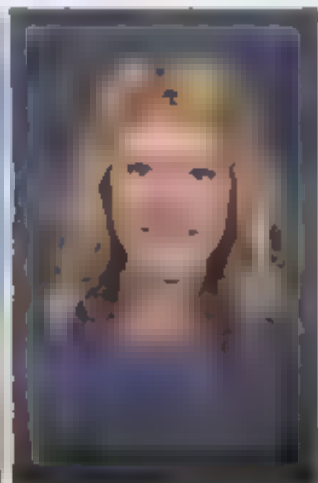
Demonstrating his very  
creative and artistic  
brooke Bursel, is the  
author of the book of the  
year with a special section  
on the history of his studies to  
the history of the



**Robert A. Kotzoroff**  
Varsity Soccer, Varsity, Football, Basketball



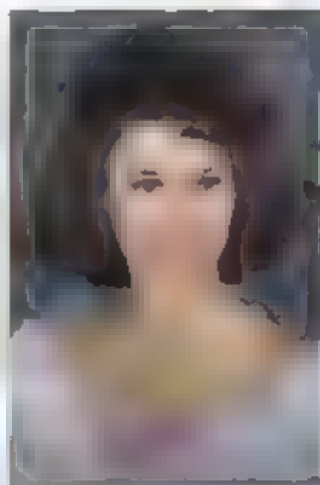
**Patrick Kearney**



**Kristin M. Kelder**  
Football



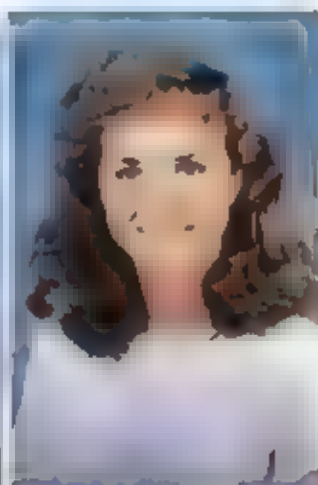
Working diligently to complete the senior section before the quickly approaching  
deadline in four days, Juli Fusto brightens her work and wishes that she has finished  
with his yearbook.



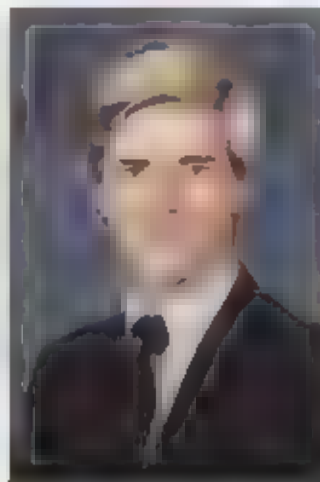
**Shono Kellman**



**James Ken**  
Varsity, Football



**Laurel D. Keigan**  
Varsity, Football, Basketball



**George Kerns**



**Amy Teresa Kukko**



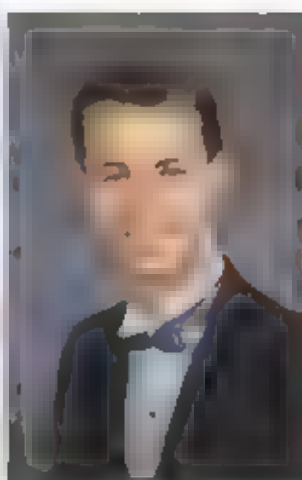
**Jamie L. King**



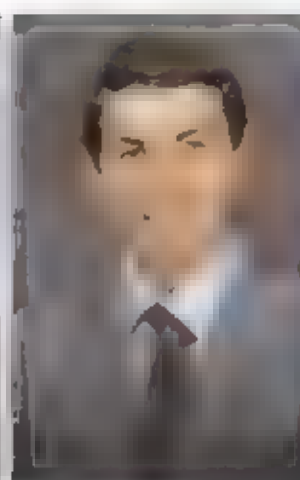
Gen Kaneko smiles with her arms crossed, patiently waiting for a photo.



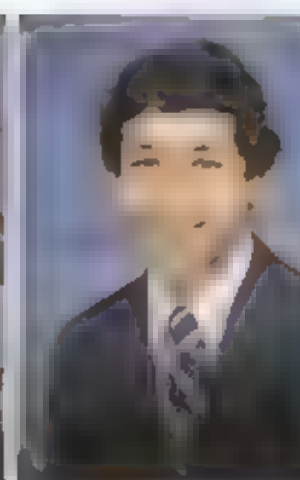
Marcio D. Kingsbury



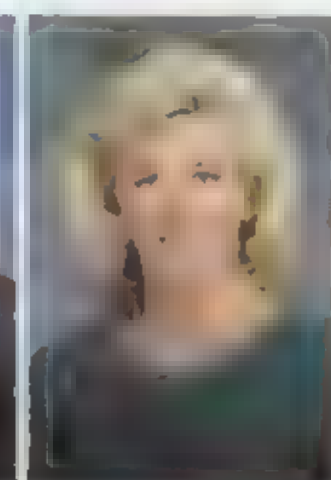
Keith Knittle



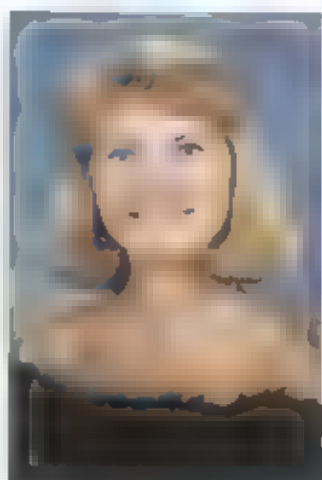
Michael Kolster



Evan C. Kunst



Maren Jan de Kussler  
Drill Team, CSF, Gull, and  
Scroll Seniorities



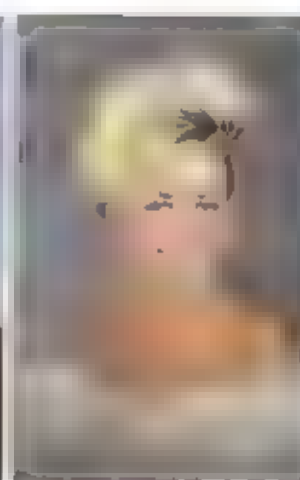
Kerry Kathleen Kyle



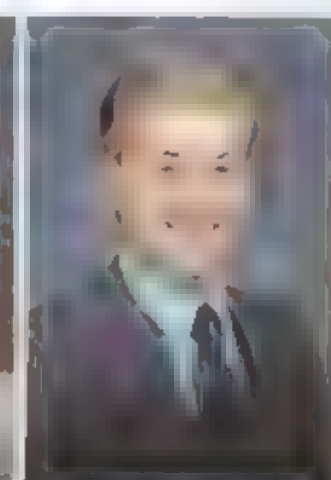
Tim G. Lamance



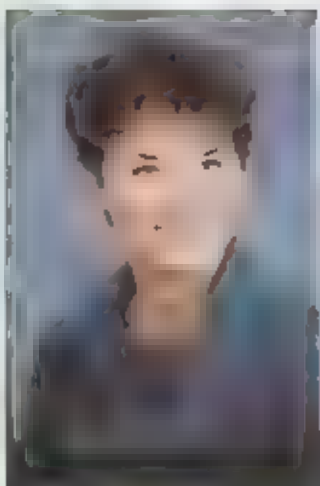
David S. Lamb



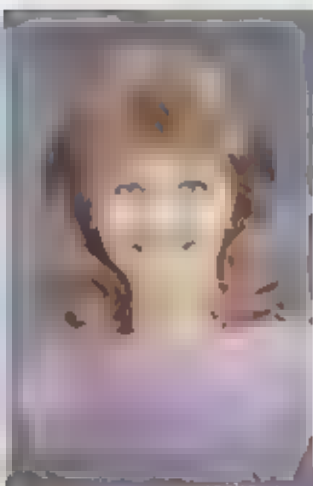
Solly Lamb



George S. Lambrakis



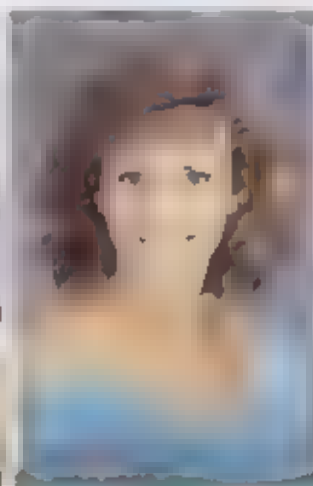
**Elisa Kay Langsam**  
Colorguard CSF Keywanettes  
VP



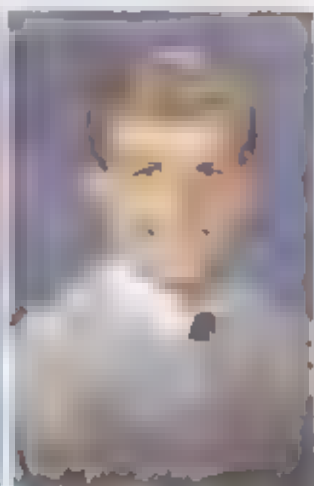
**Sandra Kay Larson**  
CSF Interact Drama Club



**Devin East**  
Varsity Football Interact  
Interact Interact Interact



**Diane Marie Lawrence**  
CSF Basketball Interact

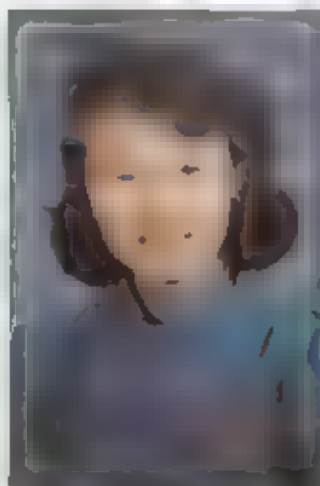


**Lance LeCampre**  
Varsity Football Interact  
Interact Interact Interact

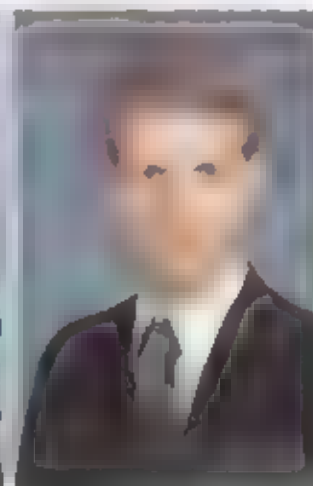
## DON'T LET GO

The light gets lighter  
each time you try  
Don't give up  
Keep on digging  
You'll find me someday —  
I promise —

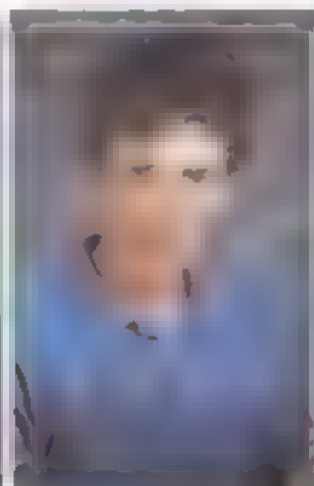
**Dana Siegel**



**Janet H. Lee**  
CSF Interact Spanish/French  
Club



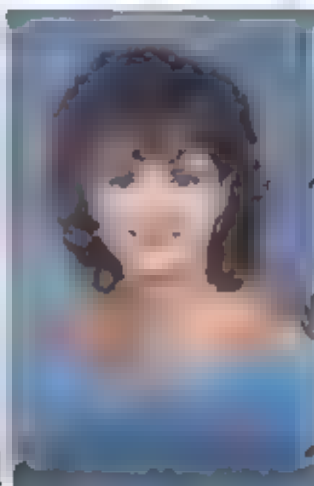
**Robert Leff**



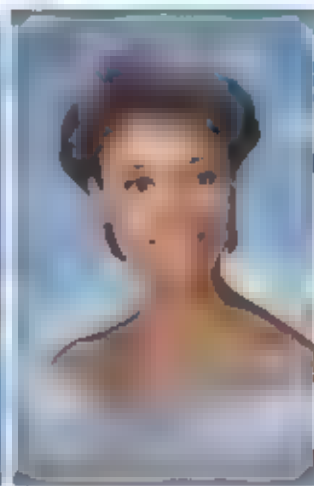
**Marc A. Legros**



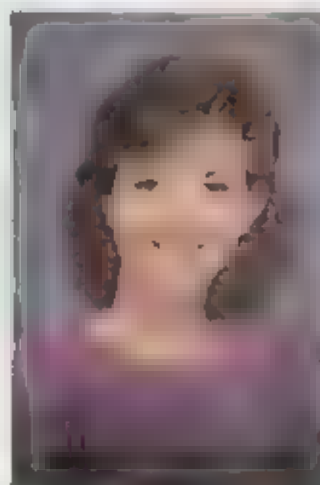
**Ann Leonard**



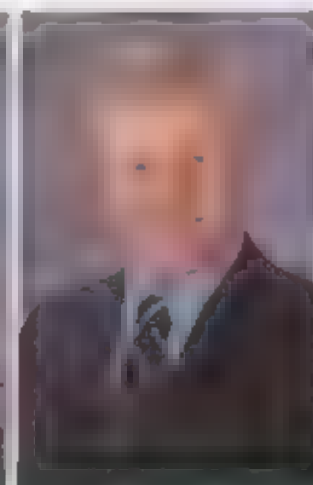
**Michele Levitt**  
SCARED Seniors Crusader  
Staff Senior Class Committee



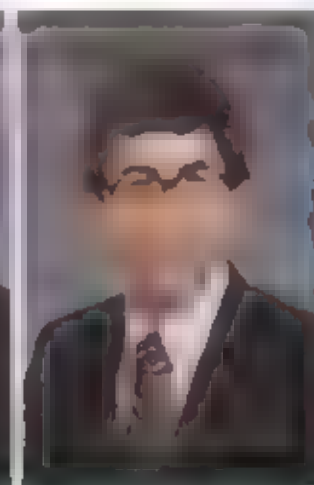
**Kam A. Lewis**  
Drill Team Drama Club Dante  
Club French Club



**Karen S. Lewis**



**William A. Libby**  
Interact Varsity Football Var-  
soccer CSF German Club



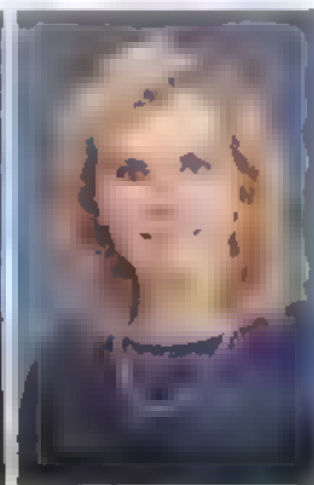
**Adam J. Lief**  
Chess Club CSF



**Jono S. Lifshin**  
Coronwood Staff CT CSF

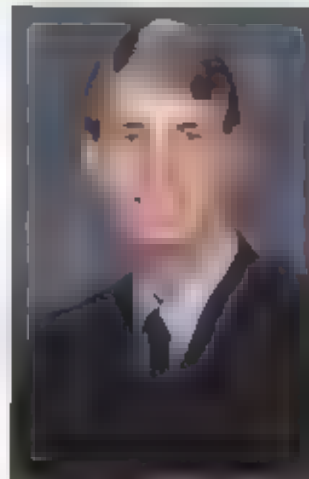


**Geoffrey S. Lindell**

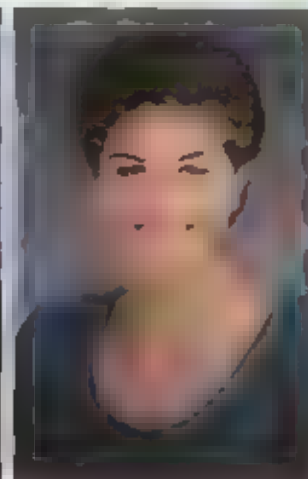


**Lara J. Listavich**  
CSF Drama Club Speech Club

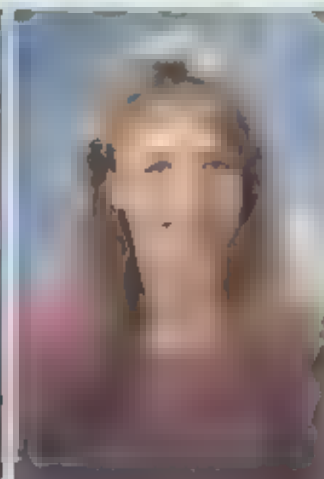




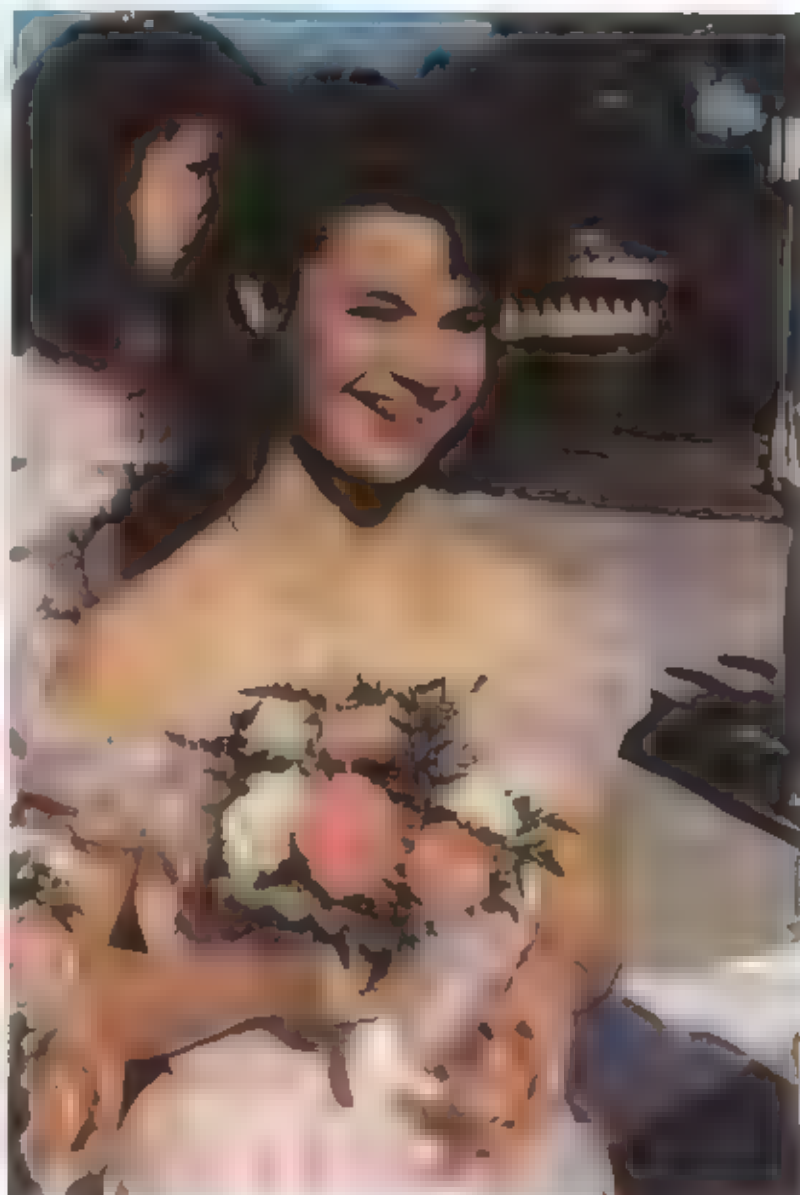
Gary Lee



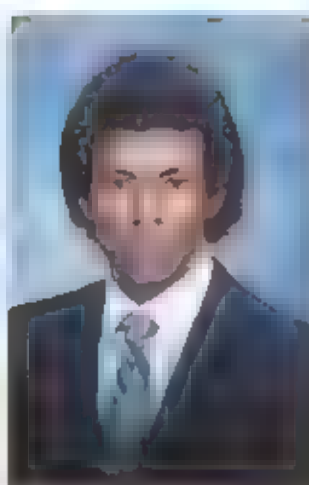
Sherry Jannett Long



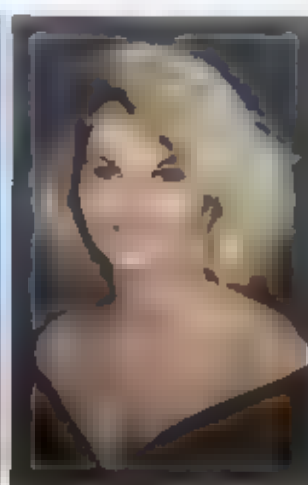
Tina M. Lucas



Minutes before the Mock Wedding begins, Shana Kellman smiles as she gazes across the campus to see the many other attractive wedding parties.



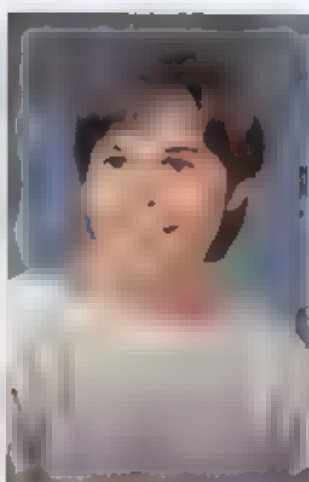
David R. Lyle



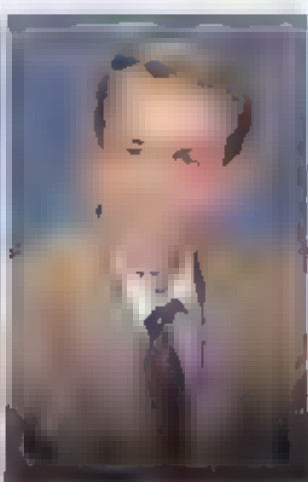
Susan A. Lynsky



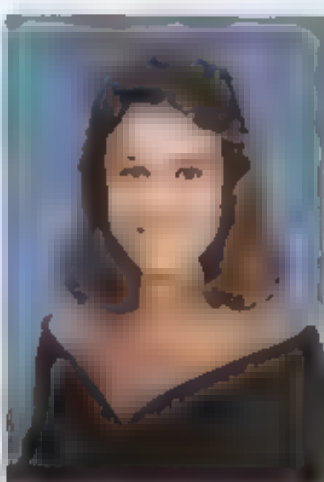
Michele A. Lyich



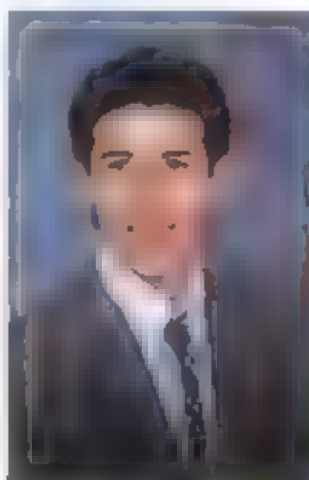
Marisa C. Macris



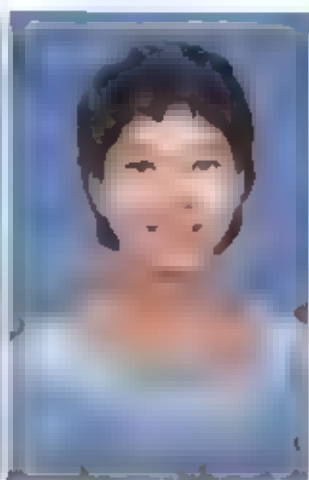
Philip Macy IV



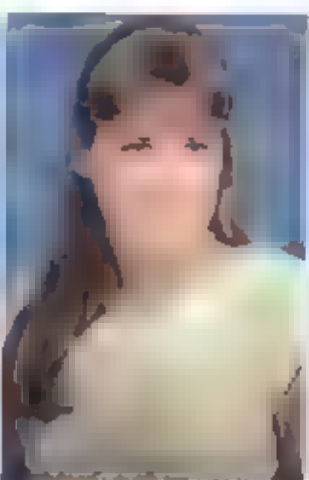
Koryn Cecile Maestas



Mark D. Magana



Thida Mahasucan



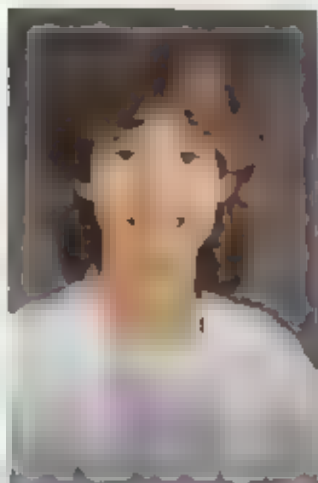
Mel J. Moiohn



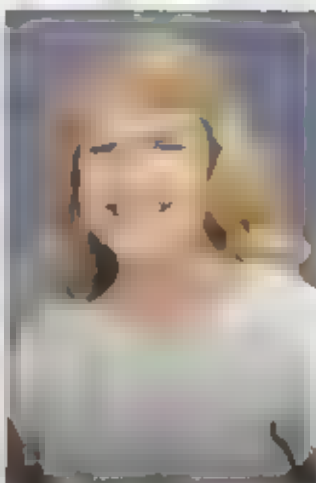
Paul Manson



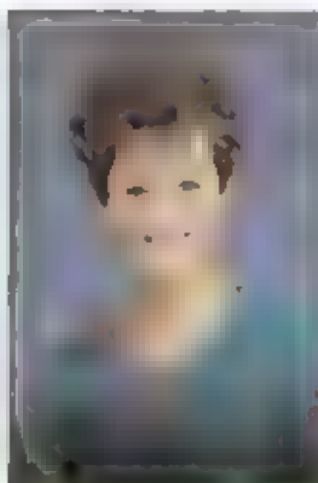
Nicholas V. Marrick



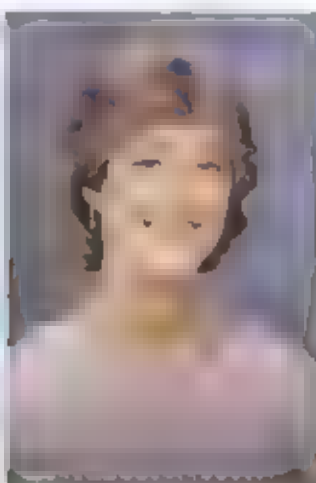
Janice M. Martin  
P. A. C. A. J. E. N.



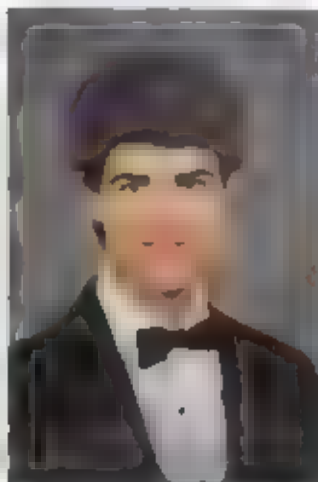
Kimberly Dianne Martin  
W. M. T. F. A. C.



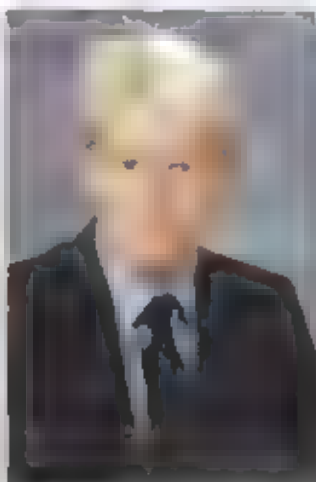
Christina Michelle  
Martinez



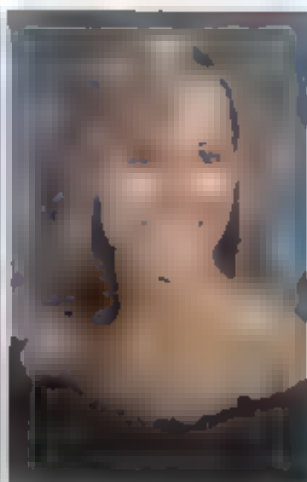
Jon Marie MacLhardt  
A. K. P. J. E. N.



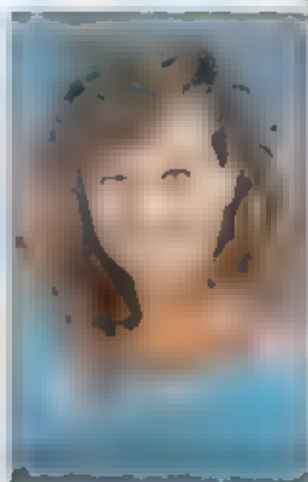
Redge A. McCa



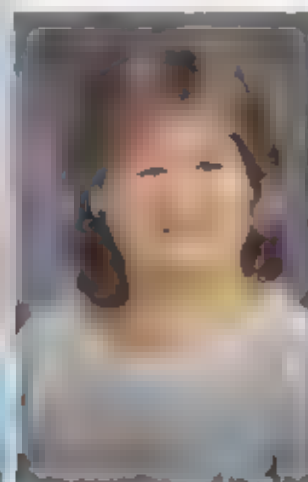
Matt A. McGonn



Patti C. McGlothery



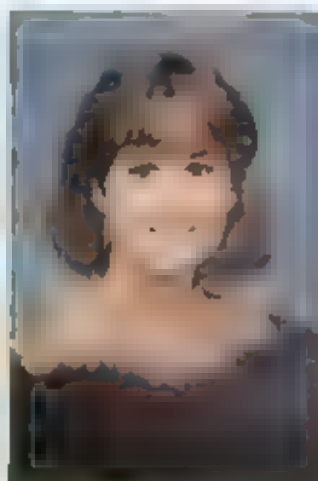
Debra McIntyre



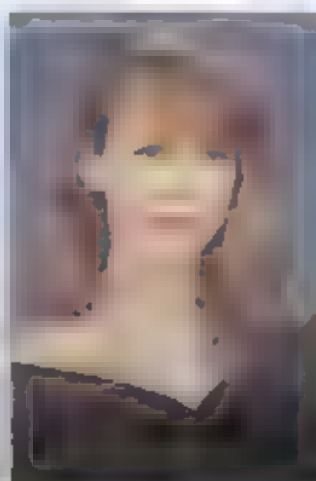
Terry R. McKinney



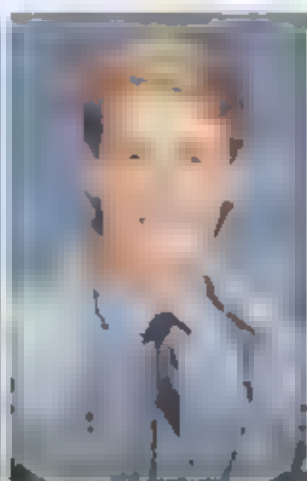
Andrew F. McMahon



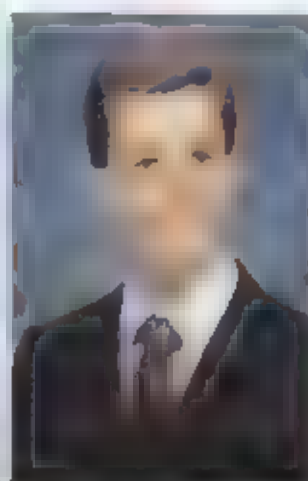
Joni L. McPharlin



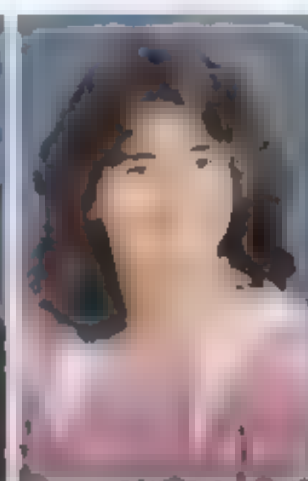
Kimberly C. McKoven



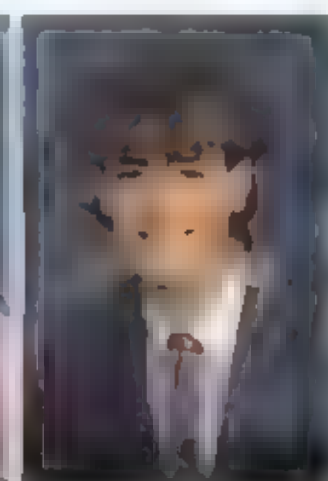
Matthew P. McSheehy



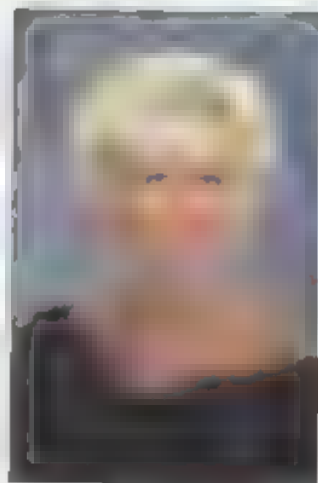
Eric L. Mellencamp



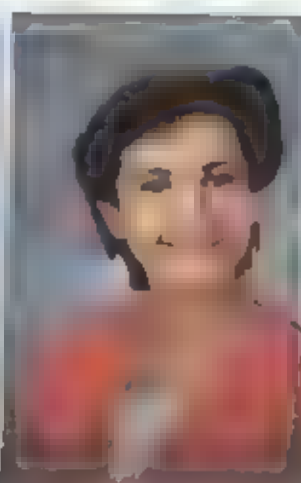
Renee L. Manord



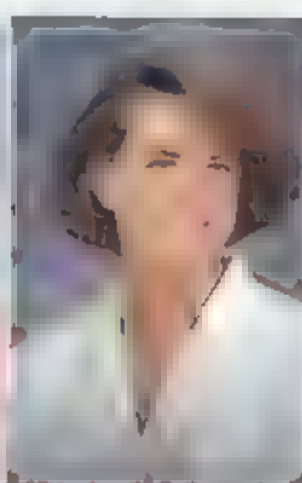
Thomas Metzger



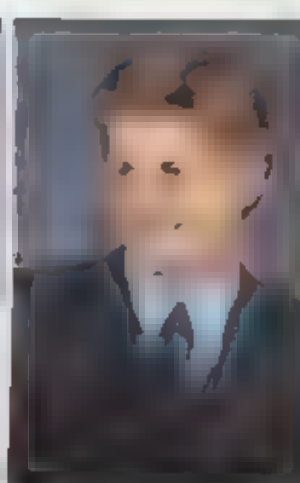
**Sheri Miller**  
Varsity Softball Varsity Cheerleader  
German Junior



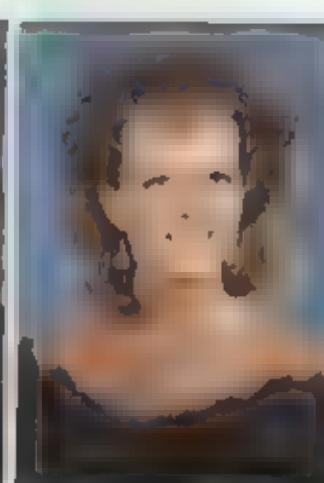
**Kim M. Sultan**  
Varsity Softball Varsity Cheerleader  
German Junior



**Anne Marie Mock**



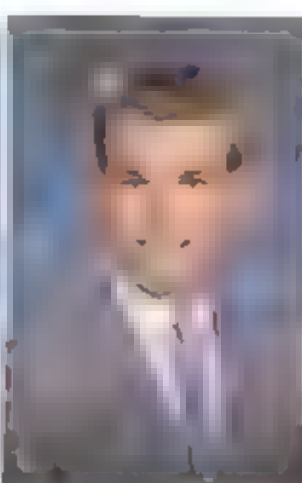
**Brian Molles**



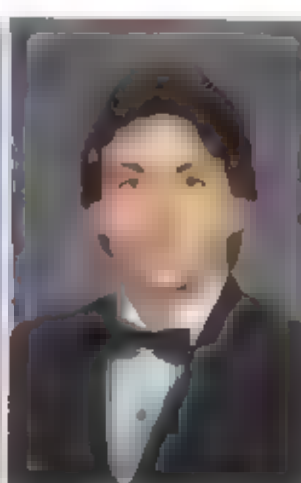
**Maureen M. Montroy**  
Tennis Ski Club Seniors



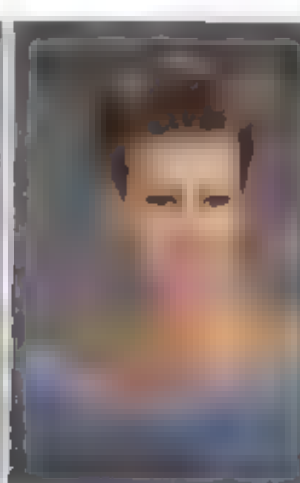
**Donald W. Moore**  
Varsity Football Varsity Basketball  
German Junior



**Michael R. Moore**  
Varsity Football Varsity Basketball  
German Junior



**Alvaro Morales**



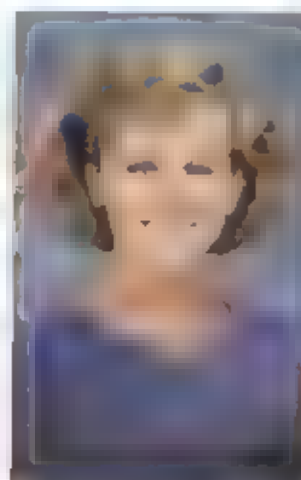
**Cindy A. Morin**  
Varsity Football Varsity Basketball  
German Junior



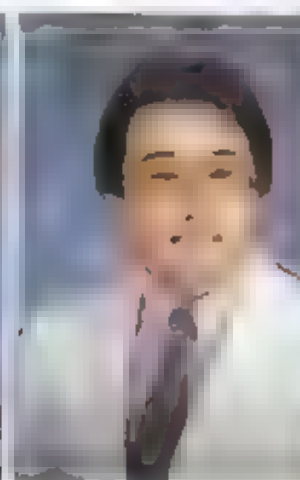
**Steven J. Mucciara**  
Varsity Football Varsity Basketball  
German Junior



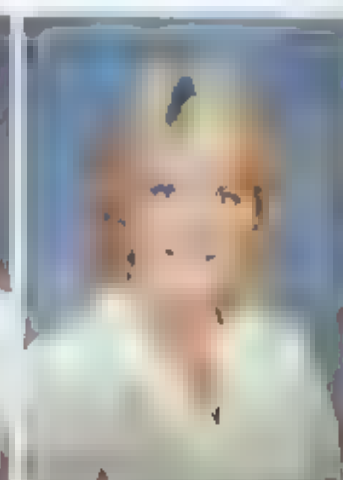
ASB President Jason Zammick poses for a photo in front of the Los Alamitos High School building.



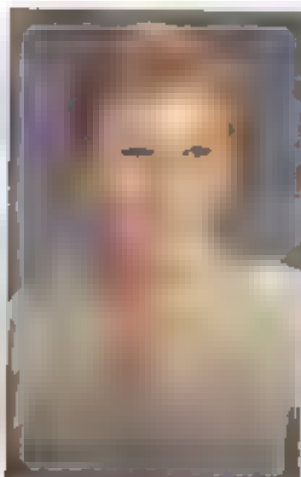
**Melissa C. Munsterman**  
Varsity Football Varsity Basketball  
German Junior



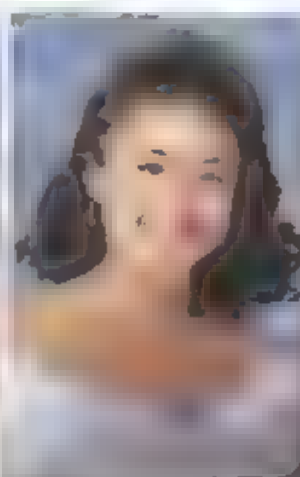
**Kenneth T. Mural**  
CSF



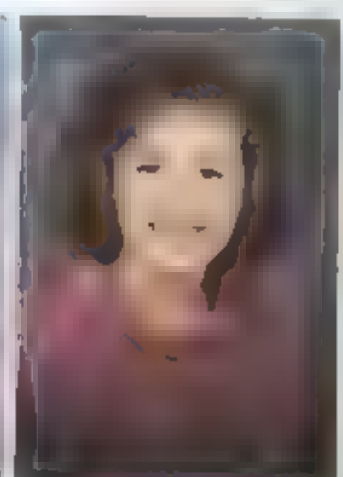
**Laura Kathleen Murray**  
Swimming Team 4th Club  
German Junior



**Dianne Elizabeth M. Myers**  
Varsity Football Varsity Basketball  
German Junior



**Noomi D. Nafarrete**  
Varsity Football Varsity Basketball  
German Junior

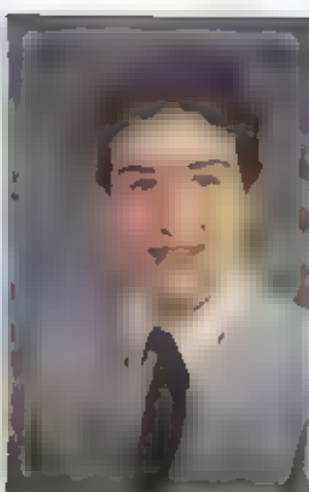


**Deborah Sue Hamm**  
Colorguard FOLA Senior Class  
German Junior

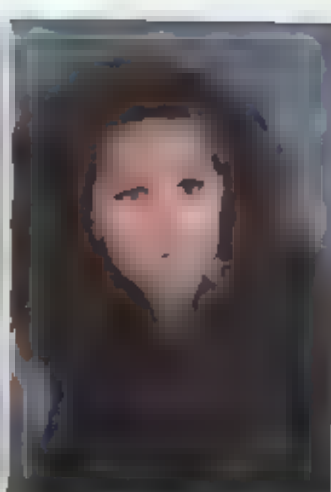




**Robert F. Napoles**  
Wrestling



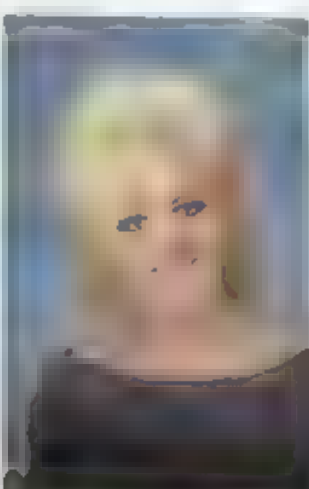
**Carmine J. Napolitano**  
Varsity Soccer CSF Senior  
Class Committee



**Erika Nelson**  
Quilt and Scroll CSF  
Keywanneres



**Cara Newlin**



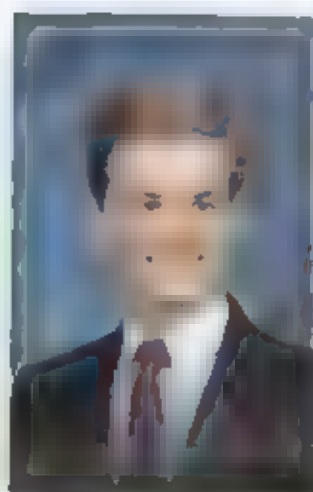
**Cheri L. Nichols**



**Thomas M. Nockold**  
CSF Varsity Soccer



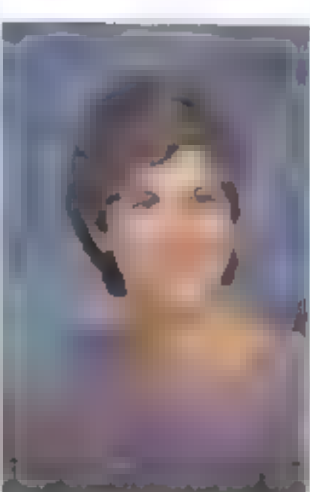
A spirited student is different from a sports fan in that whatever varsity team made should receive Michele Stoll obviously knows the common letter used around campus.



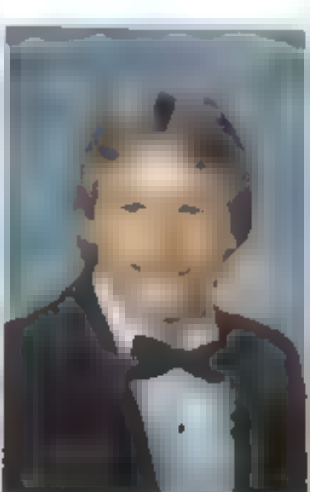
**Kent B. Nordstrom**  
ASB President Mock Trial  
Team Academic Decathlon



**Tim O'Donnell**



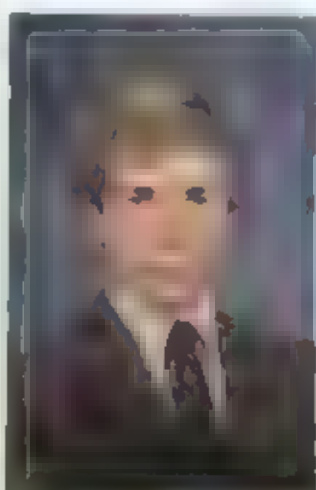
**Sheri A. Orlitch**  
FDLA



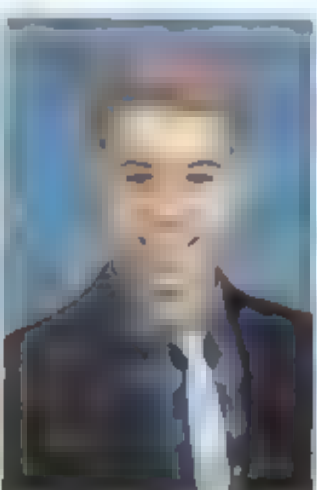
**Brad Scott Olin**



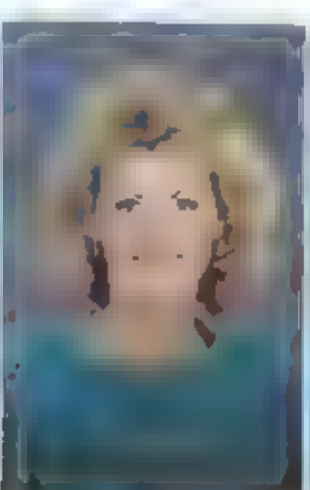
**John G. Olsen**  
Varsity Football Varsity  
Baseball



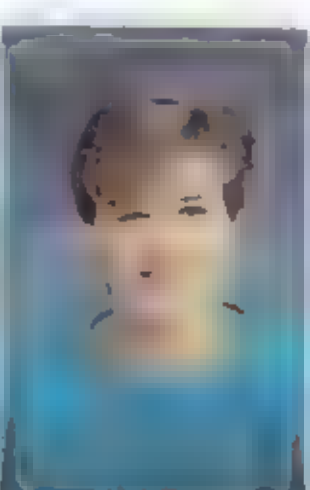
**Tom R. Olszewski**



**Daniel L. Orme**



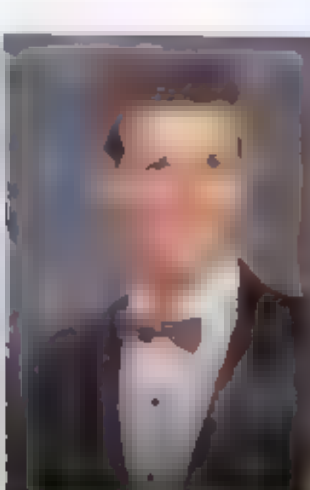
**Wendy Christine Orr**  
Drill Team Co Captain  
Senior Class



**Veronica Lynn Orrick**



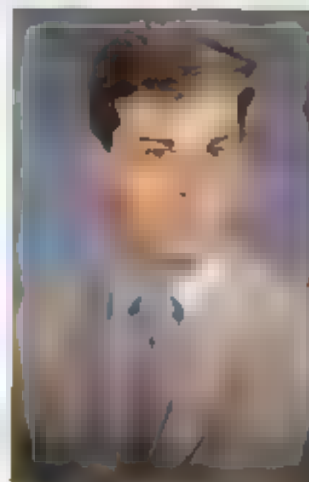
**David Orvis**  
Decathlon Manager Chess  
Club



**Phillip Ottone**



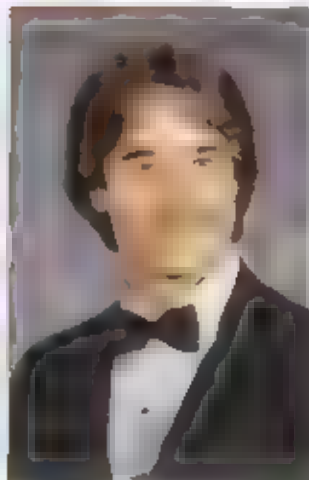
Senior Scott Kolster is a member of the French Club and the French Honor Society. He is also a member of the French Club and the French Honor Society.



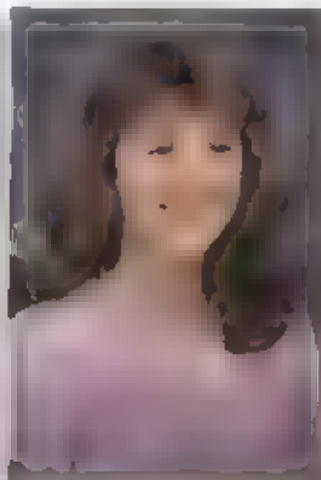
Jeff P. Overstreet



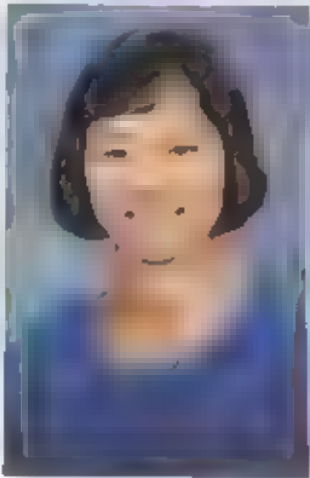
Randolph Adam Palne  
Kappa Delta



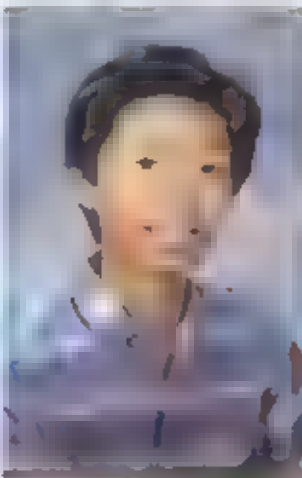
Aaron J. Palogrut



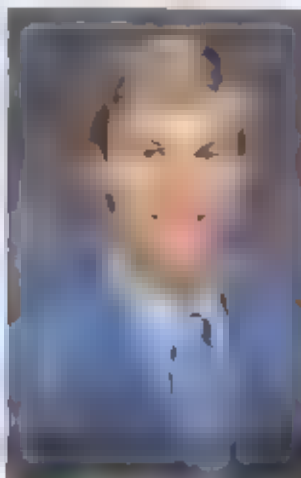
Linda Palmer  
Member of the French Club  
FOIA member



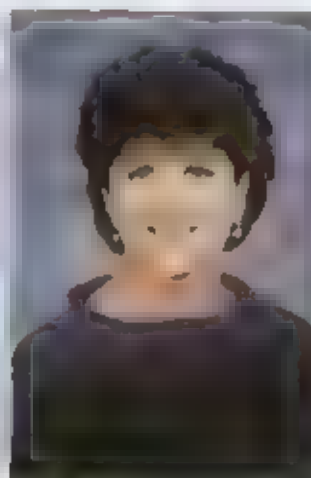
Jeannie Park  
French Club Tennis



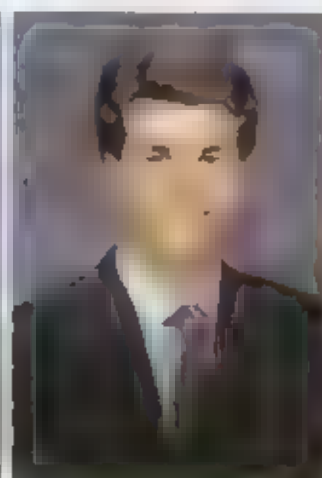
Ramchand Conlas  
Patriarca



Todd Paulus



Kathleen J. Pellegrino  
Varsity Soccer LA Peles Senior  
Kappa Delta



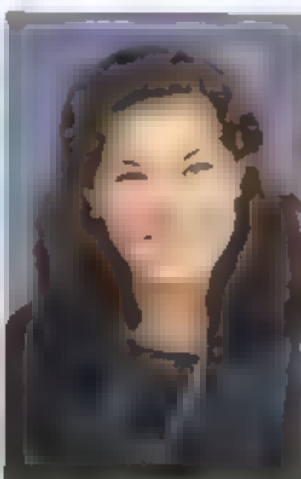
Brooks Peters



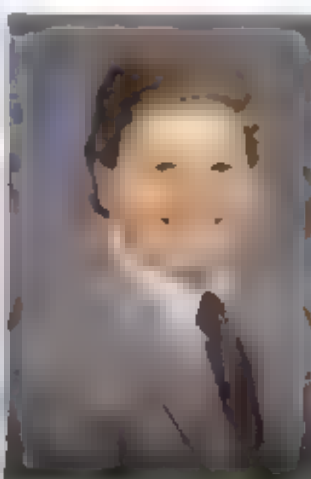
Rhonda L. Peterson  
Kappa Delta



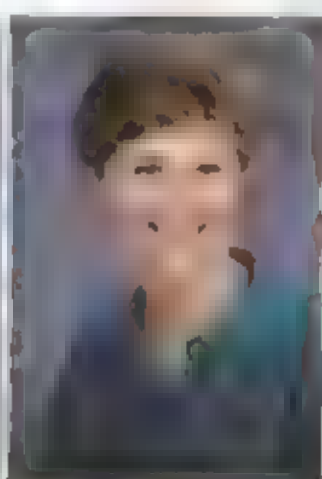
Timothy L. Pettigrew



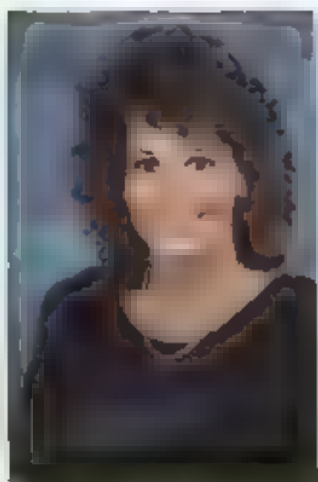
Jennifer S. L. Phillips



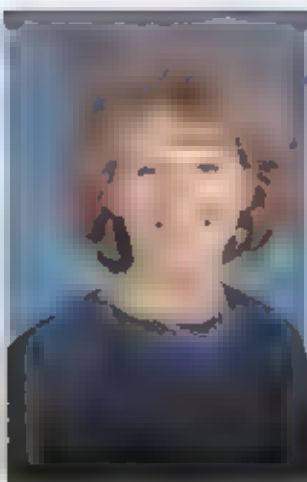
Michael Pilatos



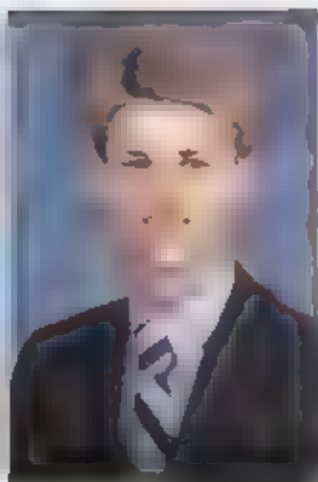
Kristin Marie Piper  
Kappa Delta



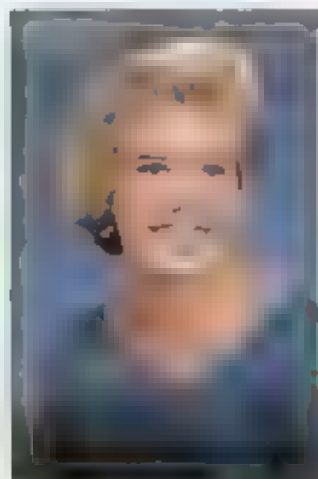
Cindy A. Pittsey  
T D 107 Bissar  
2016-2017



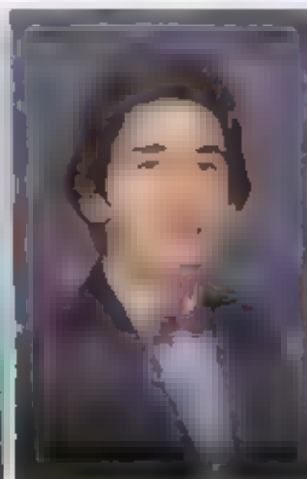
**Cathy Marie Poe**  
Cheerleader, Senior/Jets



**Tom F. Poe**  
Cross-Country



Shannon Polozek



Stephen M. Porras



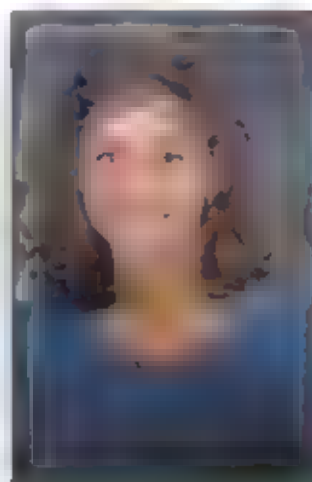
**Kathy Anne Pound**  
Copyright © 2014 by Kathy Anne Pound  
Dallas, Texas



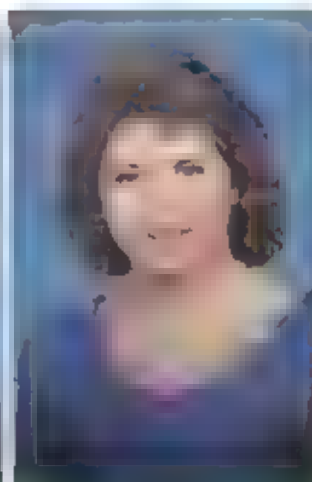
On the 10th of May, 1968, during the same group and pep assembly cause he spoke of the student body Stephen Graham told me before he died, sometime in 1968, that he had a fight with the 4th grade before he was in the 5th grade.



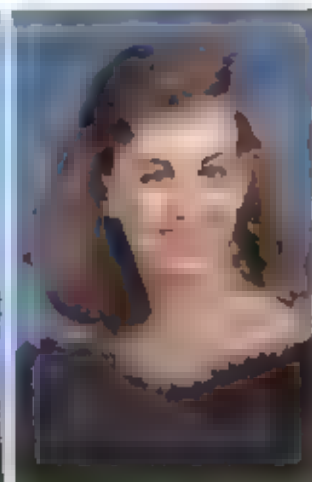
Apart from the football game, another contest is going on. The rowdiest spirit group will be awarded the spirit stick at the fourth quarter. Others like David Mashe join in this crazy contest.



Suzanne Elizabeth Proy



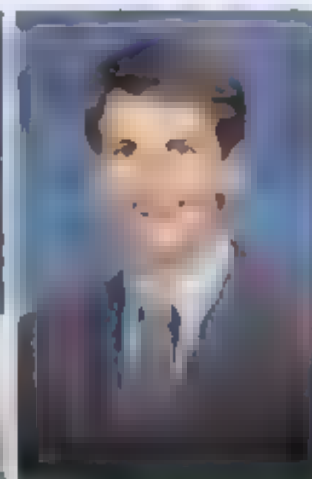
Stephanie Pszyk



Angela M. Puh



Corey D Quinn

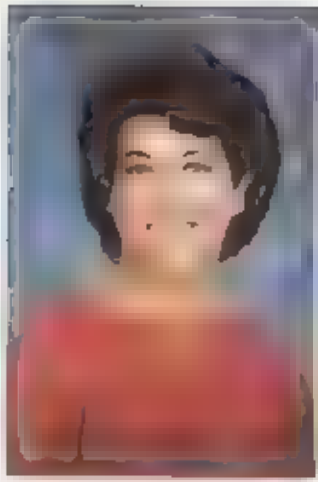


Scott R. Roberts



**Douglas M Ramsey**  
Vice President

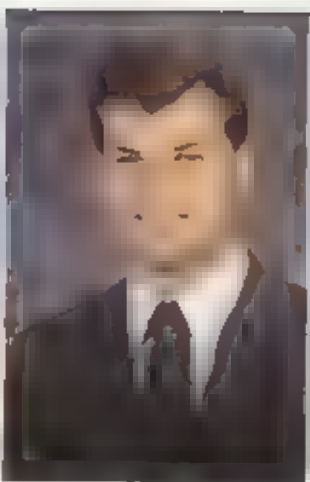




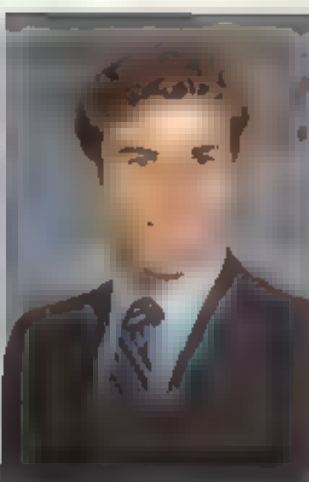
Debra Fron Rattner  
 Varsity Cheerleader  
 Captain



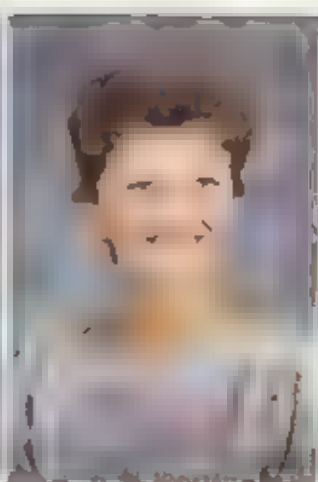
Jacob Raun



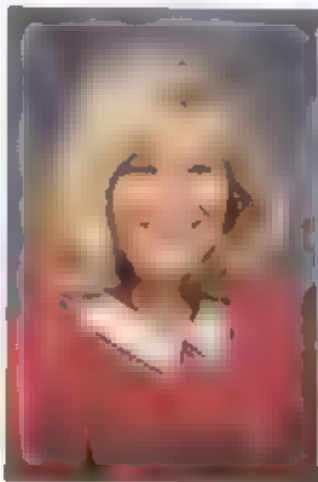
James Brodley Rowls  
 Varsity Football  
 Newcomer



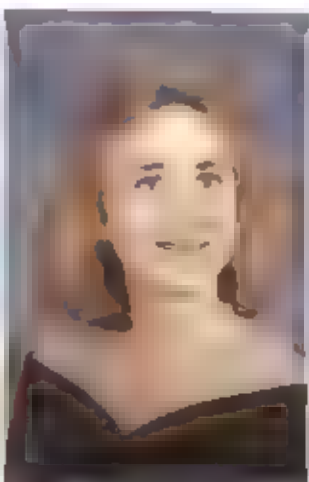
Glenn T. Reasbeck



Carolyn A. Reason



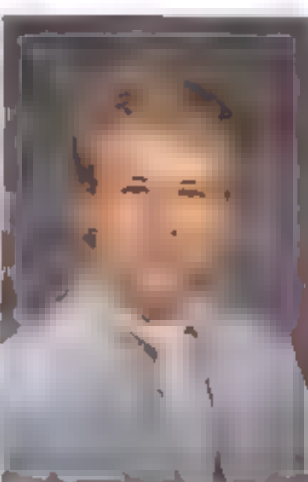
Ashley Cameron Reekes  
 Volleyball, Swimming



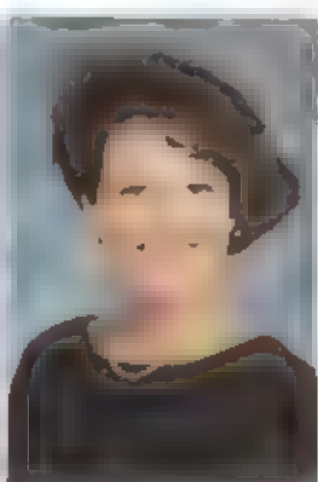
Brenda Reidy



Larry A. Reinking  
 Varsity Tennis



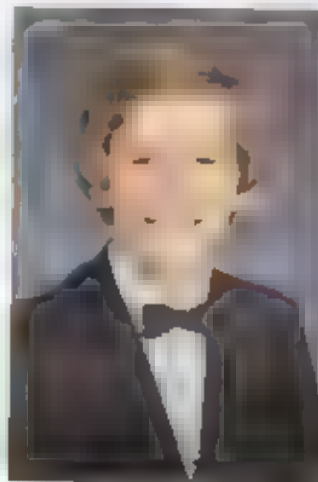
Brian K. Reno



Dina L. Reyes  
 Drill Team, Senioriors



At the Homecoming pep assembly Joe Coulter peeps under the Alma Mater Kappa robe a day on the mischievous Griffins. These pep assemblies entice all the players and fans to prepare for their night ahead.



Greg E. Reynolds



Robert M. Rhyu  
 CSF Crusader Staff



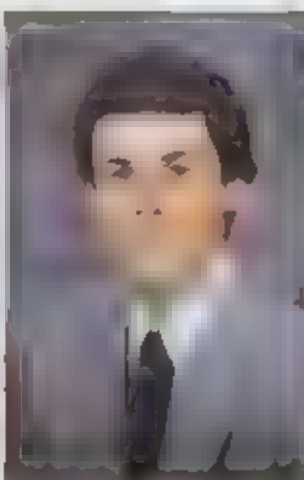
Oscar Ribadeneyra



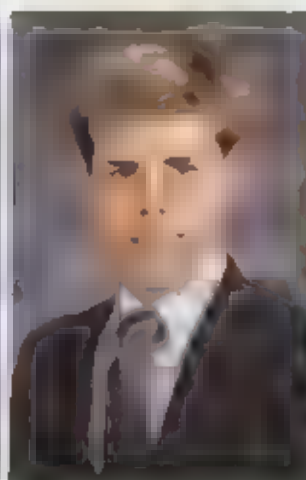
Edward A. Roche



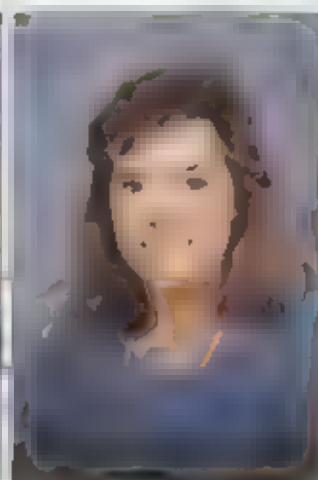
Rachelle Rodriguez



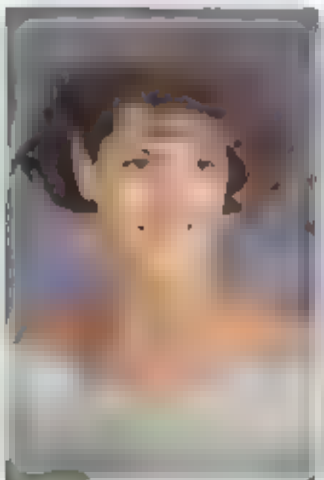
Kevin J. Roe  
CSF French Club



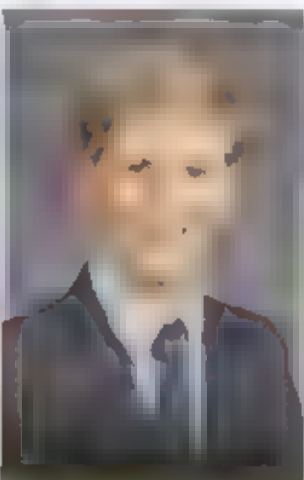
Steven B. Rogers



Yvette L. Rojas



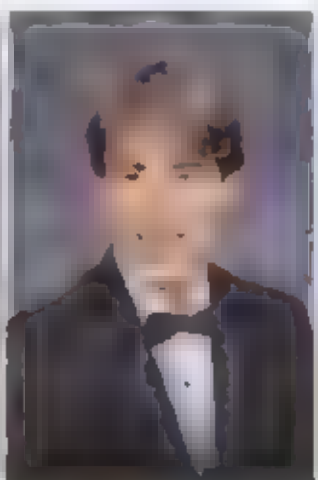
Carlo D. Rosenfeld



Kevin A. Rothery



Monica M. San Vicente  
Chorus Business Club



Kurt M. Sava  
TV Tennis



Scott A. Saxon  
Yearbook Staff Spanish Club  
A.C. Club



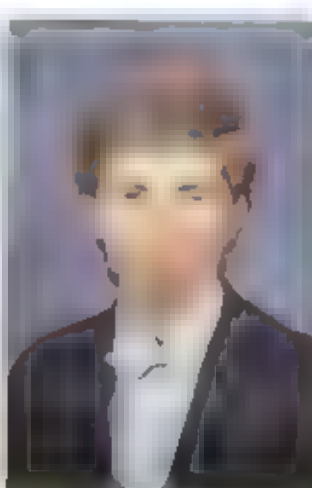
Michelle Soyem



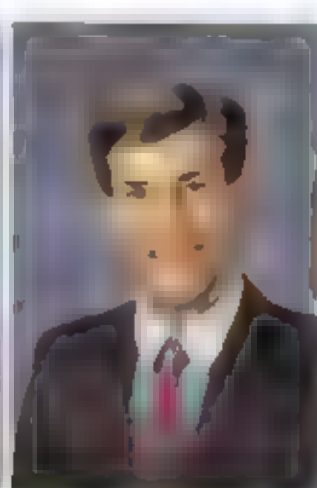
Other than bringing us entertainment through the drama productions, Darren Gloudini finds time to support our winning Varsity Football team. Like the football team, he is making a profound name for himself.



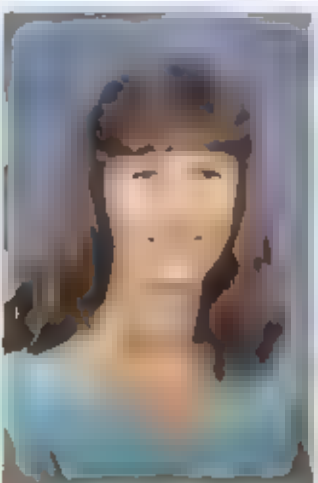
Andrew D. Scheiner  
Varsity Football



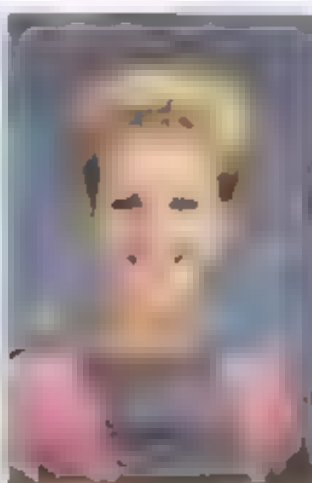
Gregory V. Schenk



Mark C. Schmitz  
Varsity Basketball L.A.P.C.



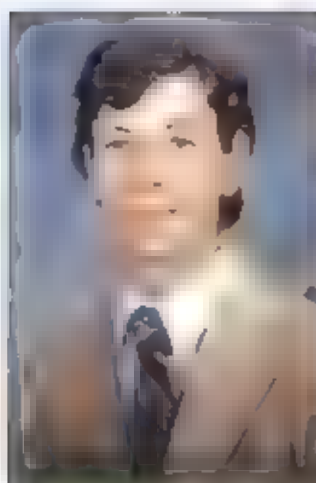
Wendy A. Schwantes



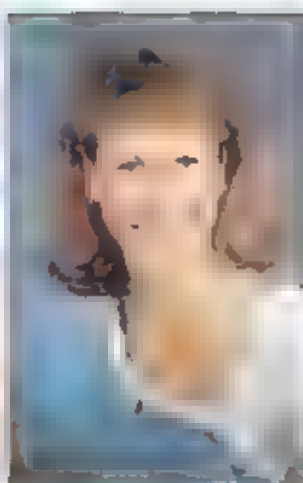
Michelle Scott



Sharen Scott



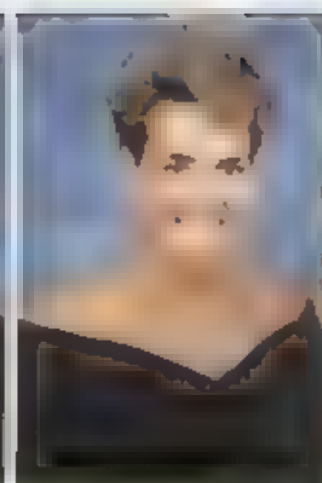
Bradley C. Seligman  
Member of the Student Body



Michelle Beth Shahan  
Newspaper Senior Scribe/Editor  
Senior Class Committee



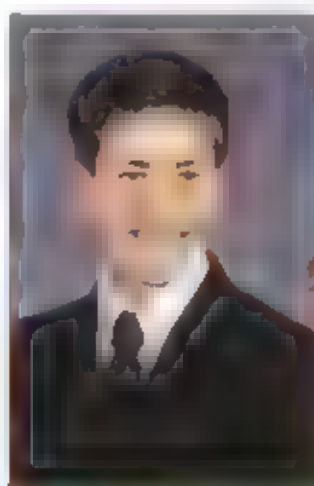
Robert C. Shonberger  
Member of the Student Body



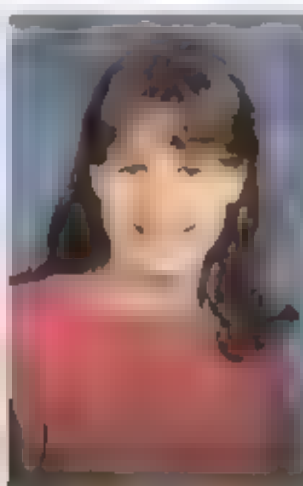
Carole L. Shone  
Member of the Student Body



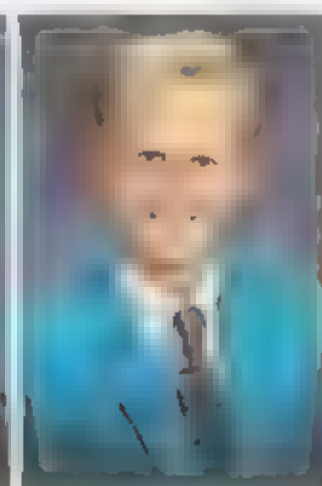
Robbie Katzaroff is shown as he works on his computer assignment. Designing and editing his work, Robbie must dedicate time and effort to his position on the varsity football team.



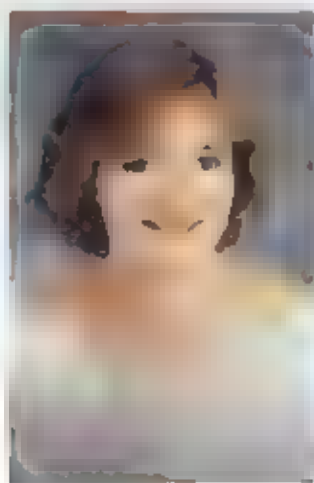
Brian Shew  
Member of the Student Body



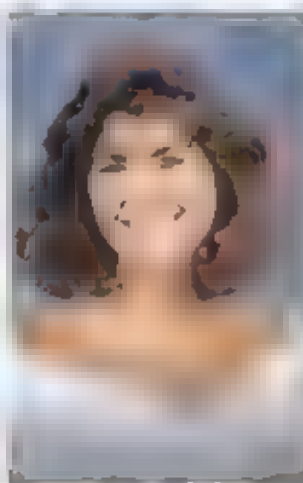
Kelley R. Sherrill  
Member of the Student Body



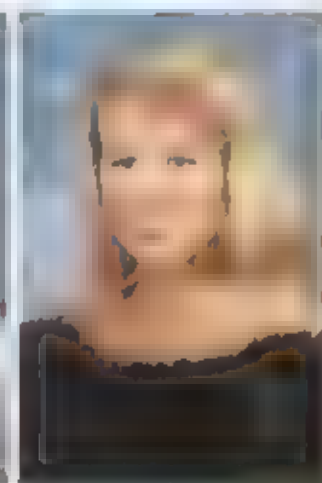
Jason Thomas Shaak  
Member of the Student Body



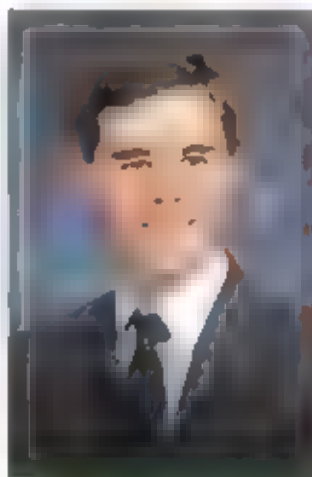
Kathryn M. Sichel  
Member of the Student Body



Dana Lynn Siegel  
Member of the Student Body



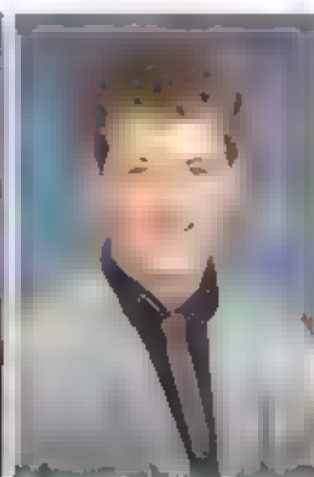
Cathy Ann Siler  
Member of the Student Body



Chester D. Sivers III  
Member of the Student Body



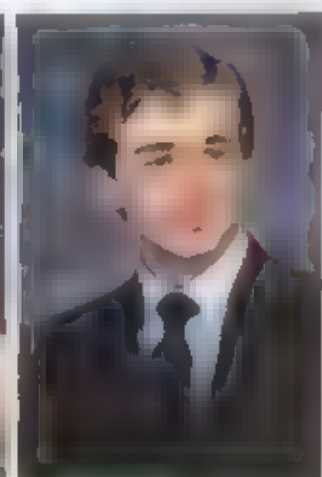
Stacey Lea Simonds  
Member of the Student Body



John C. Simundza  
Member of the Student Body

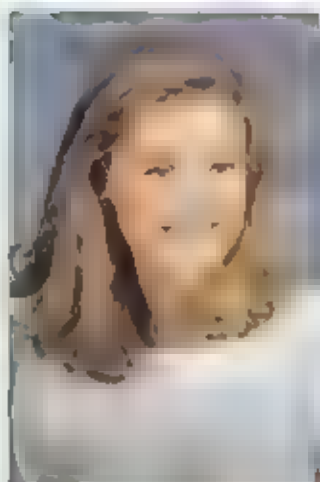


Barry L. Sindle  
Varsity Water Polo Varsity Swimming

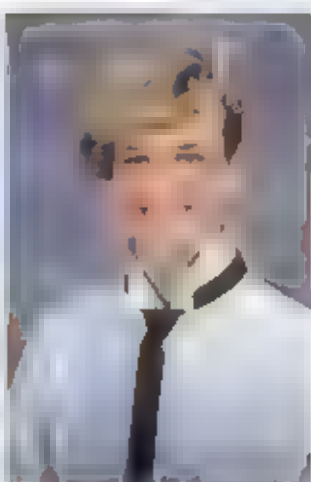


Joel M. Singer  
Member of the Student Body

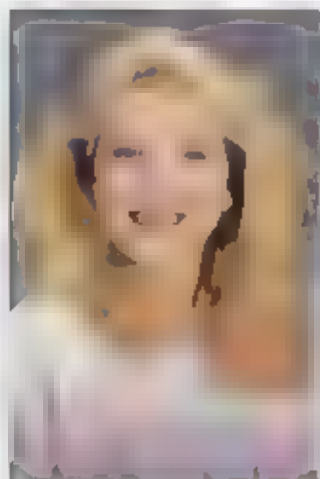




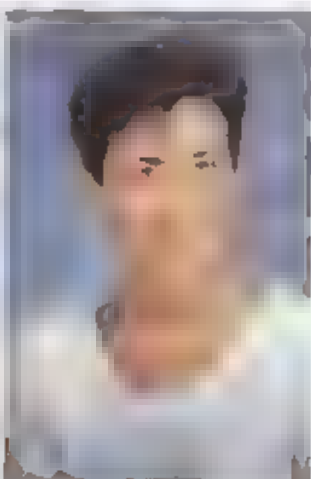
Juliana Sippert



Ellyn Darlyn Sisemore



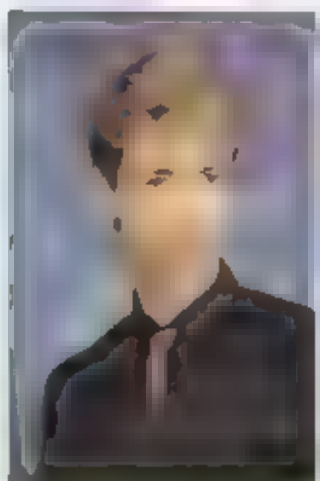
Leikonia A. Sisson



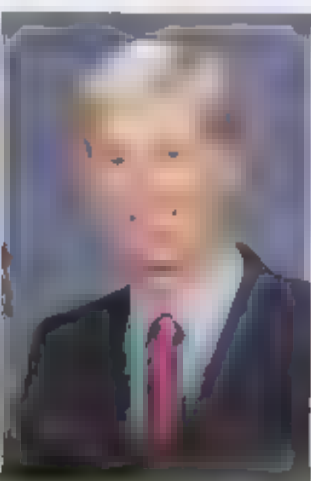
Deborah A. Sittler



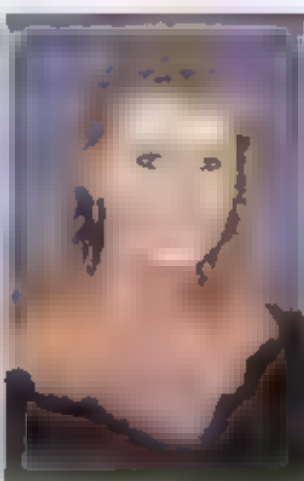
Just after finishing at the end of the class Ray Jordan sighs with relief. Having participated in the morning's mock wedding Ray rounds his unusual yet flattering look.



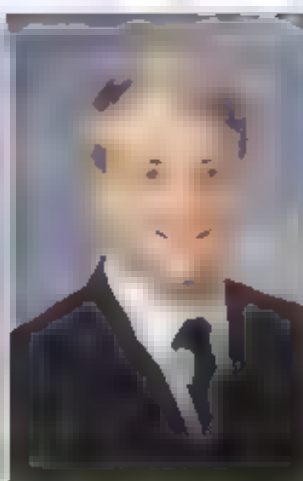
Brian F. Smith



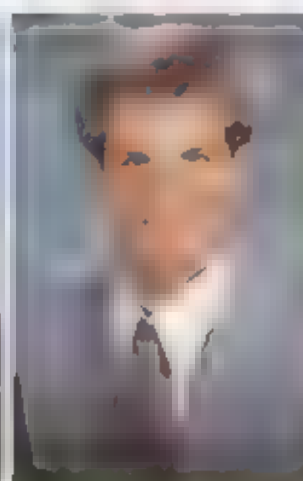
Darren M. Smith



Debi L. Smith



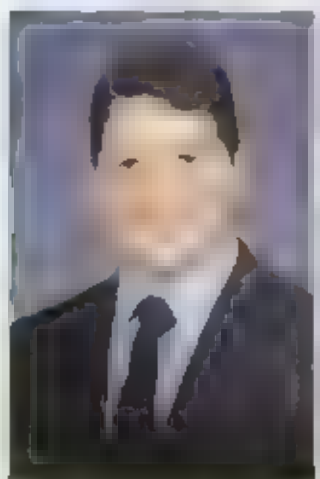
Kevin C. Smith



William E. Smith



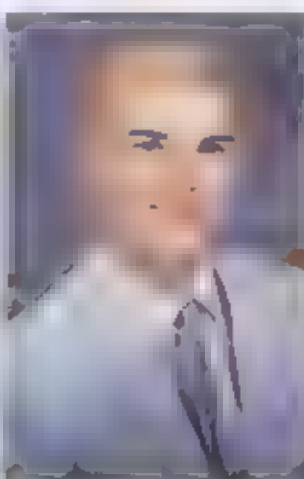
J. T. Snow Jr.



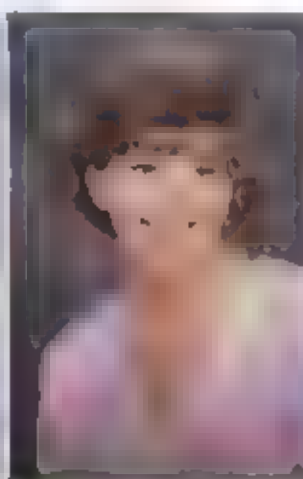
Timothy R. Snow



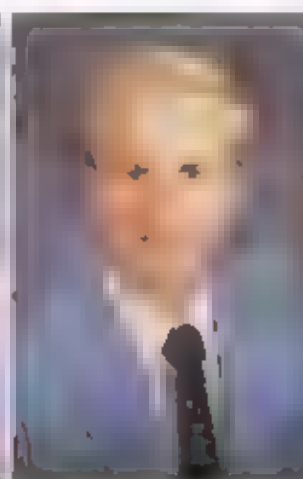
David B. Sohn



Doug W. Sparkes



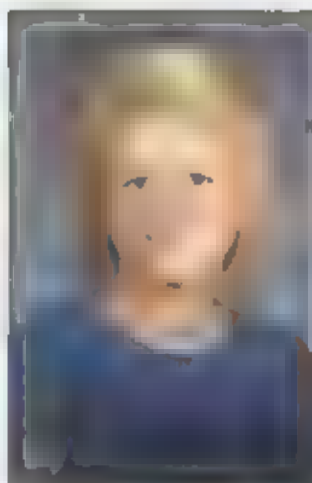
Jonan Springer



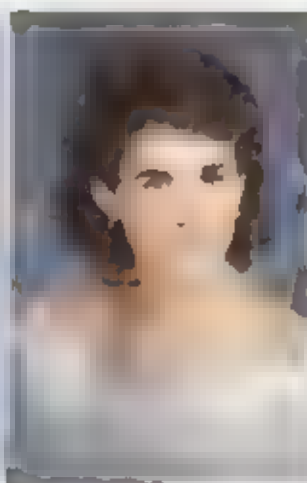
Eric J. St. Martin



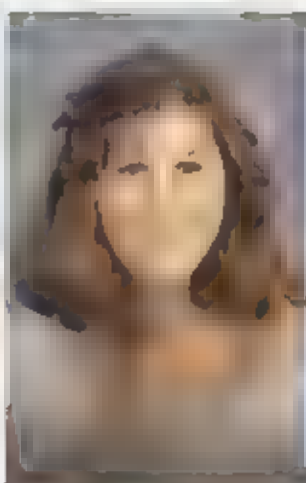
Tania L. Stahl



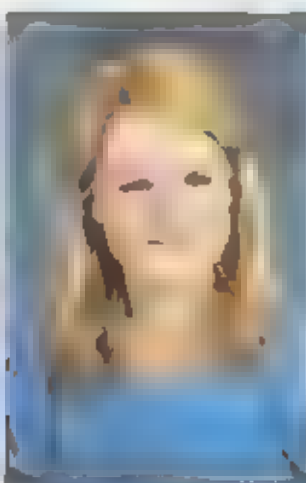
Heidi C. Stauch  
Rifles German Club Live at CSF



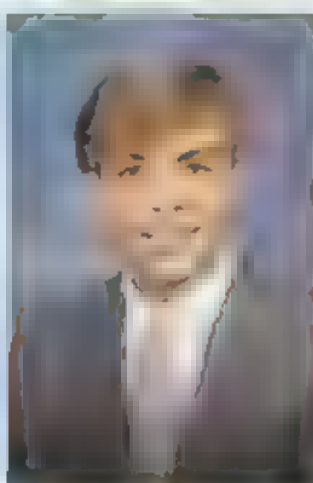
Anne E. Steding  
Yearbook Staff



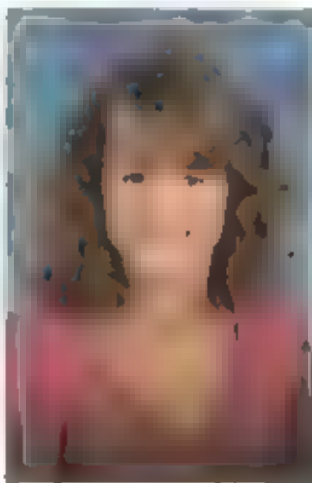
Tracy M. Sternin  
Seniors Junior Bazar Sen-  
sational Sophomores LA  
Pewee



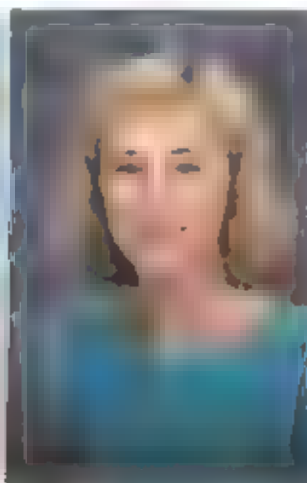
Christina L. Stevens  
JV Softball Varsity Softball



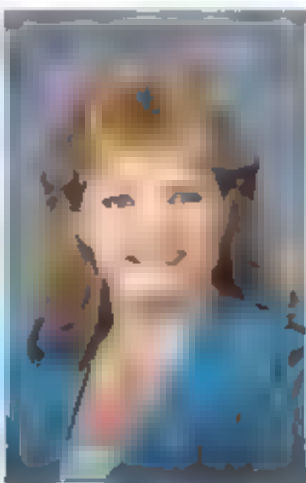
Kenneth A. Stockwell  
Anti-Compacency League  
Show Choir Drama Club



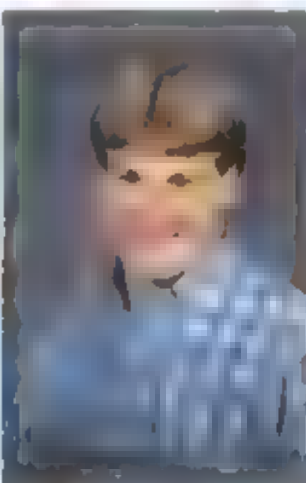
Michele J. Stoll  
Varsity Cheerleader  
Senior



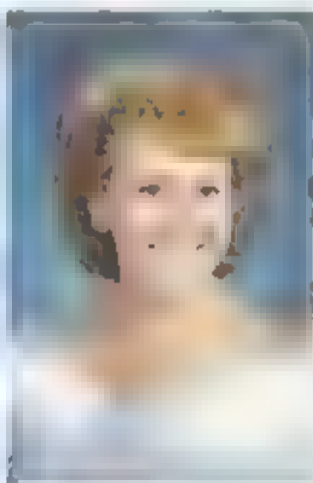
Tracy L. Stowell  
Varsity Cheerleader  
Senior



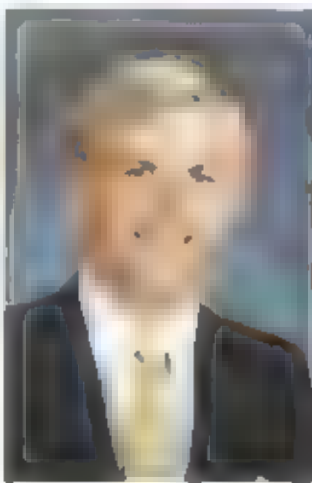
Deborah A. Straub



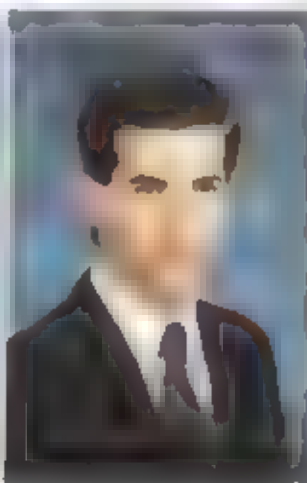
Lance Stumpf



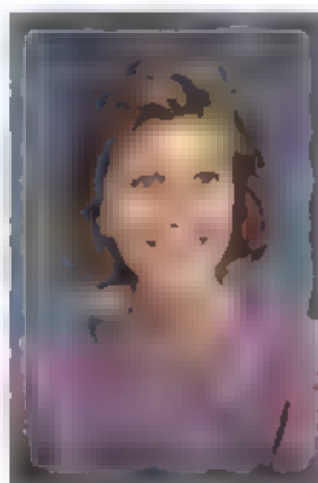
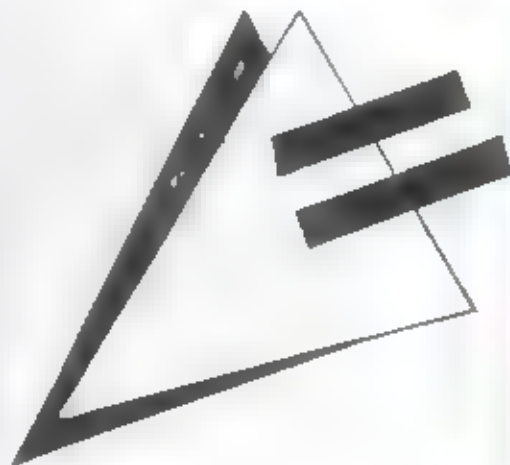
Lori Louise Suttlinger



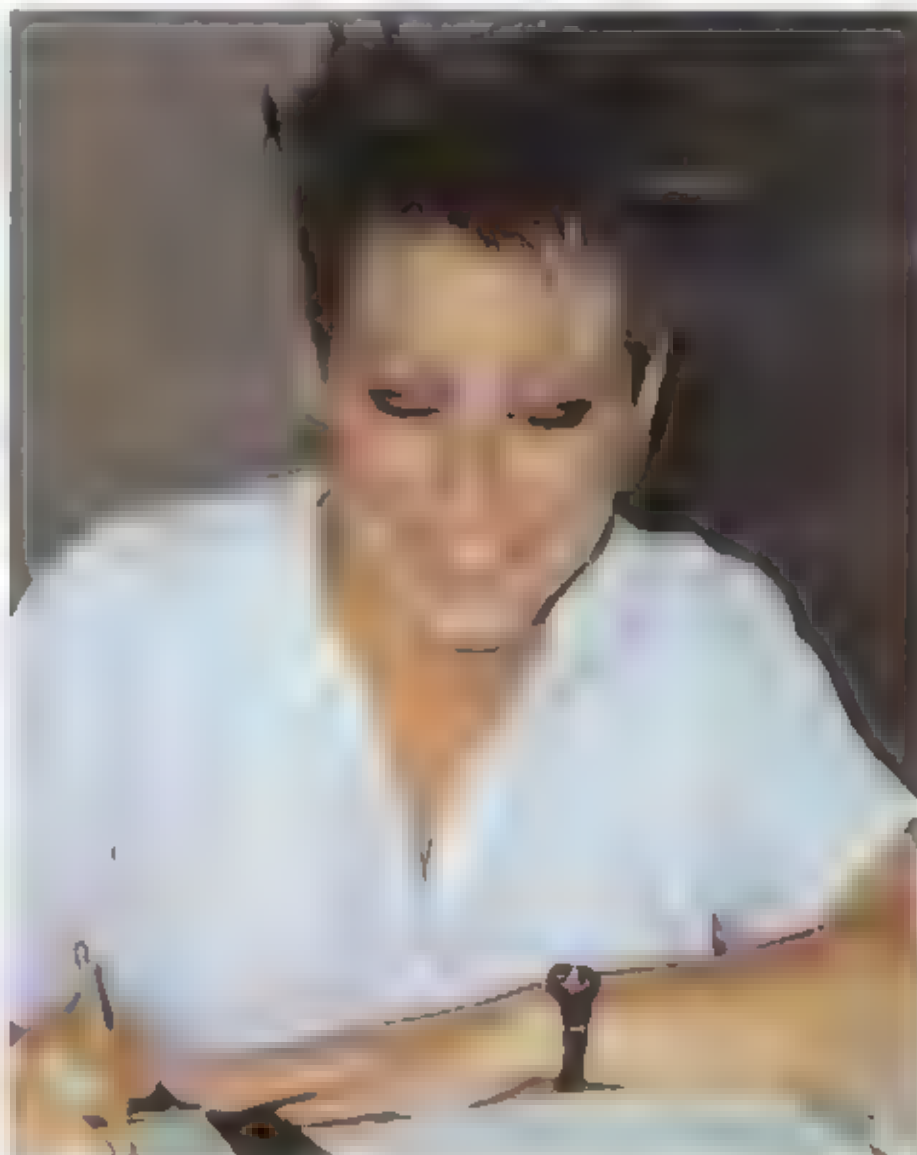
Mike S. Summers  
Baseball



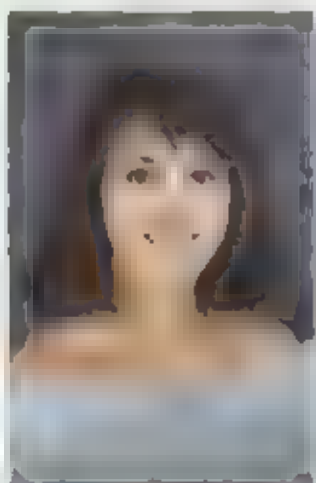
Steven J. Swagel  
Art and Photography



Julie Kristine Swanson  
German Club



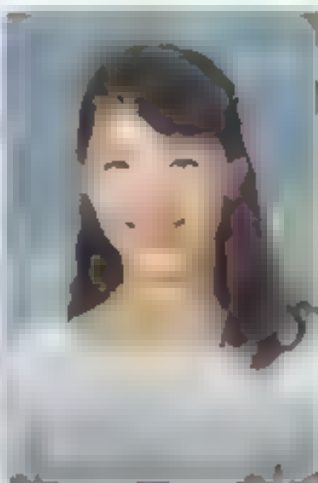
Being the helpful student that she is, Cindy Martin helps her teacher by grading tests. Cindy enjoys being a teacher's aide because it gives her a break from her normal hectic schedule.



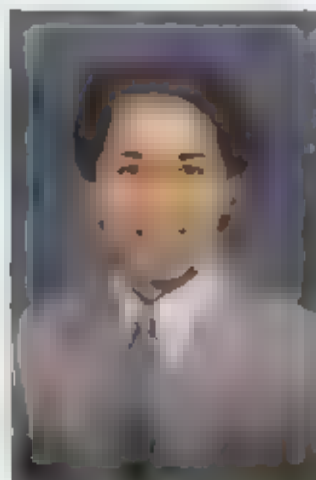
**Athanasia Syrengelas**  
Drama, French, Spanish, CSF, All  
Varsity Football, Soccer



**Konstantino A. Syrengelas**  
Varsity Track



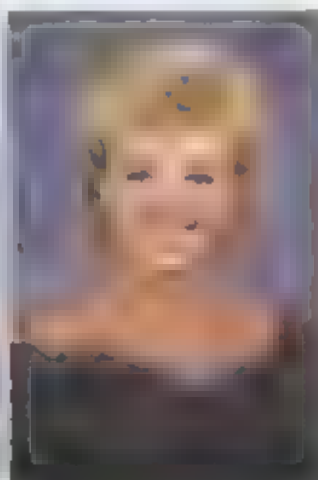
**Thanh-Tam T. To**  
The Cow Club, CSF, French  
Club



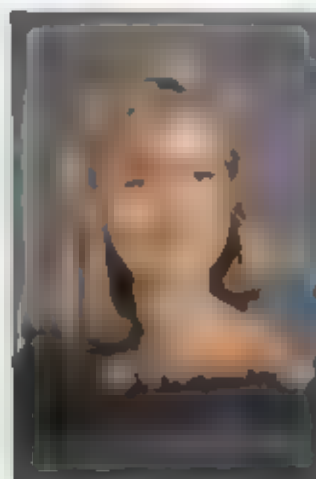
**Michael A. Tamaros**  
CSF



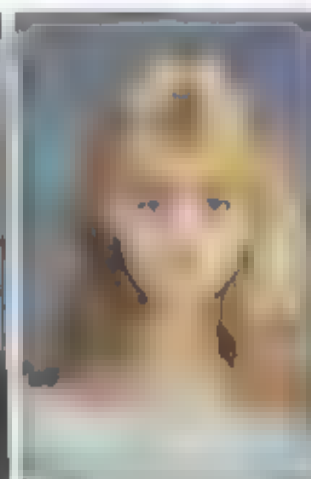
**Christopher A. Theodore**  
Varsity Football Captain



**Deborah A. Theriault**  
Yearbook Editor, Ski Club, Tall  
Flag Captain, CSF Senioriors



**Sabrina A. Thomas**  
Cottonwood Staff, CSF Senior  
Class Committee, Crusade  
Staff



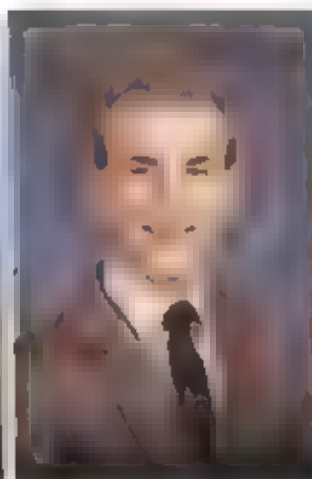
**Sandy C. Tierz**



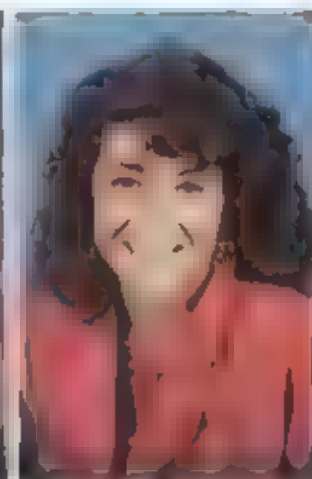
**Sabrina Tifft**



**Todd G. Tischler**



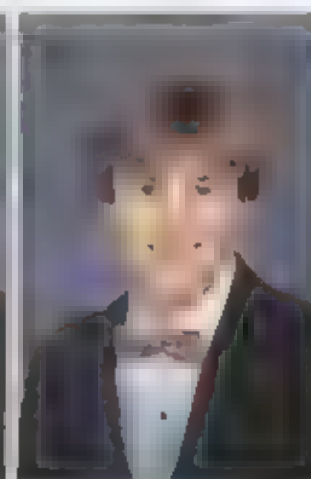
**Michael N. Torquato**  
Varsity Track



**Francesca Tozz**



**Marc A. Trachman**  
Varsity Football 3 yr Captain  
Basketball, CSF



**Matt Treece**



**Robert Mercado Trice**  
Varsity Football



**Traci L. Trombino**  
French



**Richard Truent**

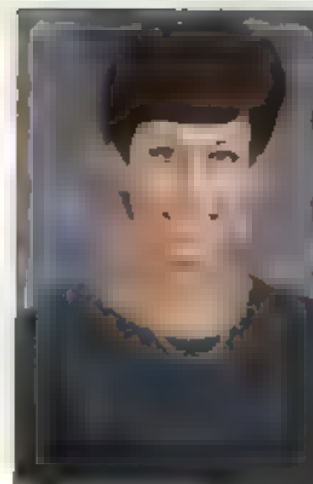


**Mylinh Trong**  
CSF, FDLA, Spanish Club  
S-Club





Finding out that the achievement tests are the equivalent of a Chinese eye is not always a shocking news. Joy Whitney feels the pleasure of seeing the English teacher reminding her.



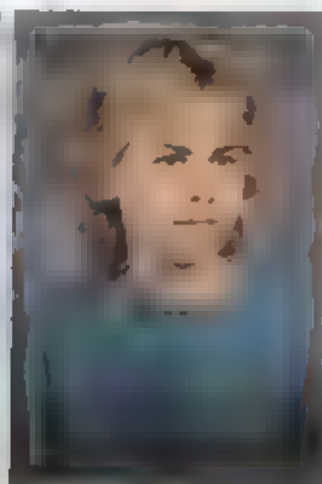
Gino Mahe Tui  
Class President



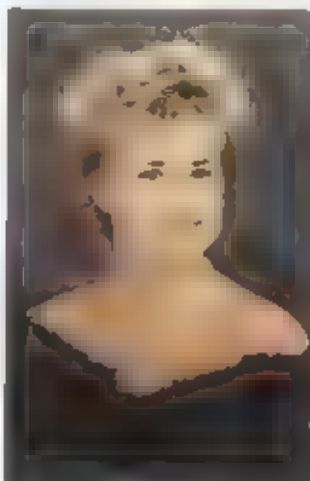
William E. Vero



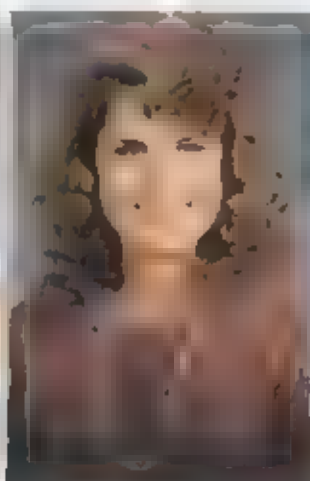
Christian Vesper



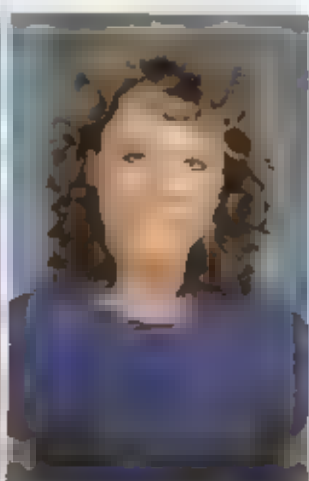
Holly K. Vineyard  
Student Editor



Theresa Viska



Brenda R. Voorting



Dana A. Wadleigh  
Drama Secretary



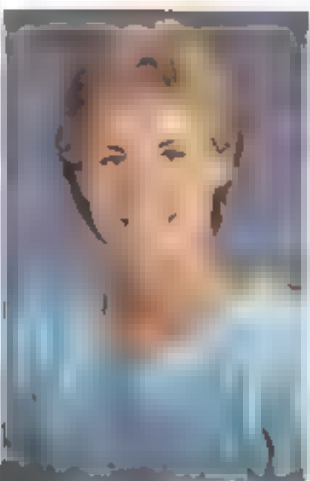
Gary H. Wang  
Chinese Clubs



Grace I. Wang  
Japanese Clubs



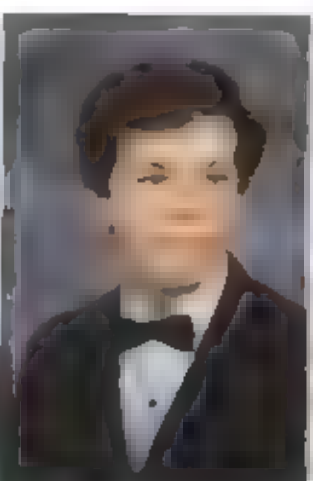
Nancy W. Wong  
Student Body President



Paula L. Waskowski  
Student Body Vice President



Diane P. Watson



Bradley A. Weaver  
Student Body Treasurer



Michael Webb  
Student Body Secretary



James Weber



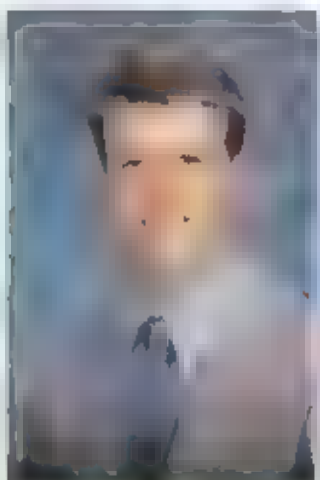
Joel L. Weiss



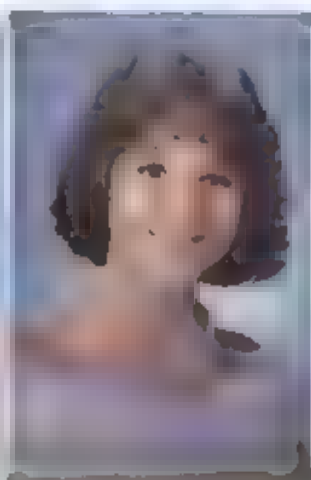
Michael D. Wellington  
Spanish Club, CSF Senior Class  
Committee



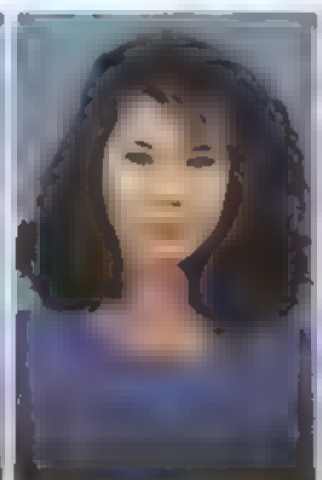
At the lunch competition, Brian East shows everyone that Darren Glaudini knows how to strut his stuff — even in polyester



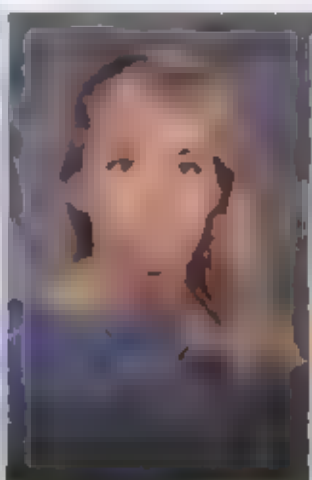
Michael Scott Welsh  
Varsity Football, Varsity  
Wrestling



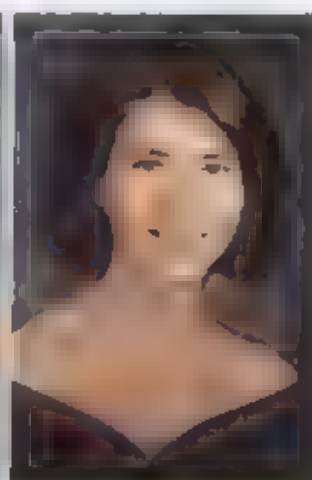
Nicole M. Welsh  
Safety Seniors



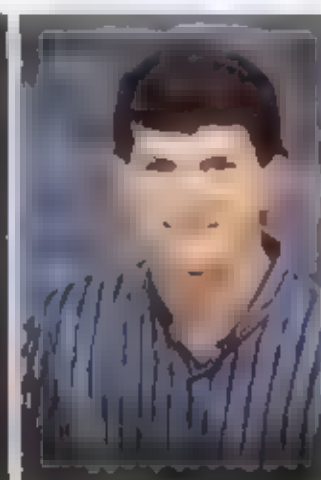
Noreen C. Wenjen  
CSF Ski Club, Senior Class  
Committee



Natalie A. Wenz



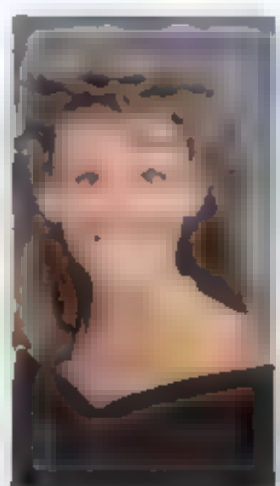
Katharina C. Werner  
French Club



Michael K. Wheeler  
French Club



During a coach's talk, Brian Molles reviews different strategies. Trust and determination are only two important things needed out on that football field, and players like Brian know this brings them victories.



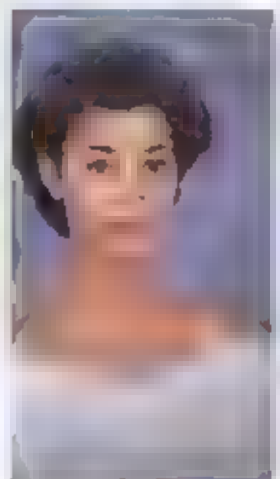
Jay K. Whitney  
Varsity Volleyball, Student  
Government, Fred H. Freda  
Club



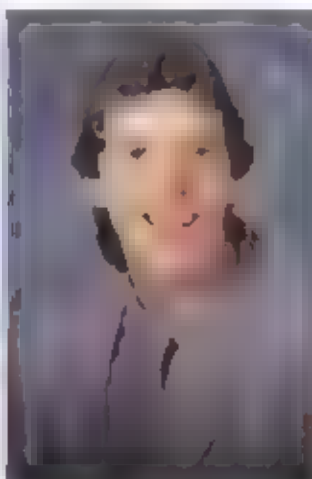
Debbie L. Wieseler  
CSF Ski Club, Senior Class  
Committee



Stacey Willard  
Varsity Soccer, LA Peles



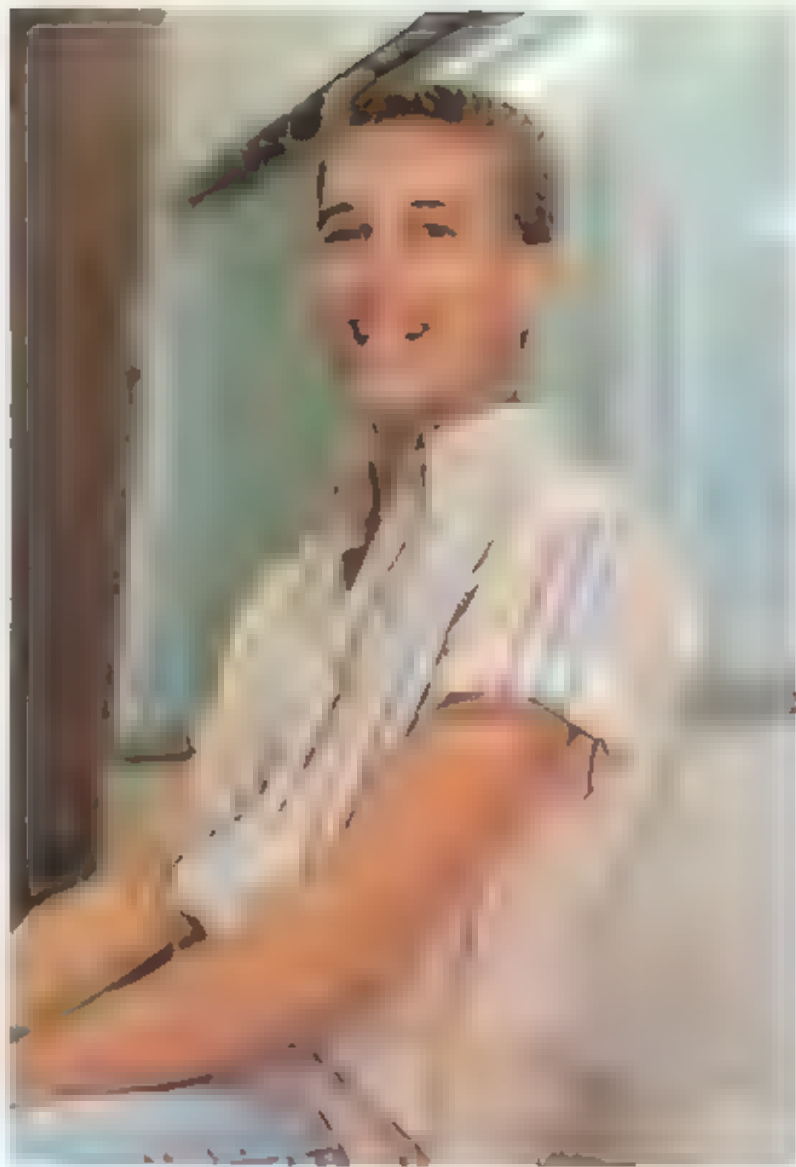
Maria Elena Williams  
JAG



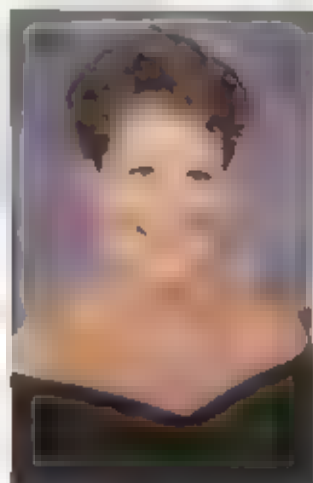
Dave D. Wilson



Peter R. Wilson  
Academic Decathlon, Chess  
Club, French Club



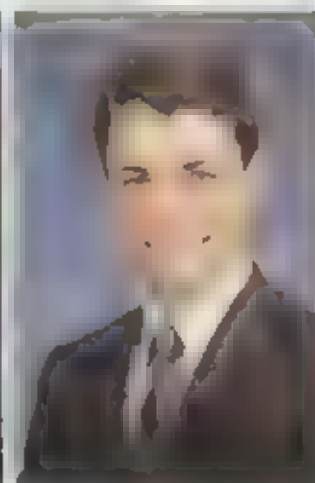
Mike Moore has been a senior for the past year and a half. He was a member of the basketball team and the football team. He was also a member of the student council and the yearbook committee. He was a member of the debate team and the chess team. He was a member of the swimming team and the tennis team. He was a member of the golf team and the soccer team. He was a member of the track and field team and the cross country team. He was a member of the wrestling team and the judo team. He was a member of the martial arts team and the aikido team. He was a member of the karate team and the taekwondo team. He was a member of the judo team and the jujitsu team. He was a member of the martial arts team and the aikido team. He was a member of the karate team and the taekwondo team. He was a member of the judo team and the jujitsu team.



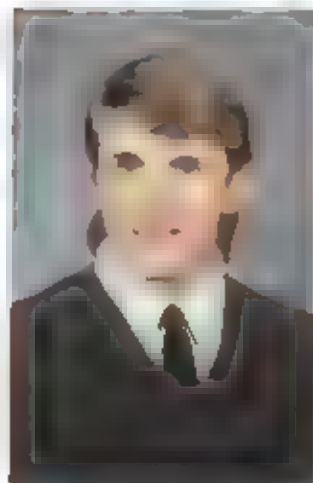
Kathy W. Woronch



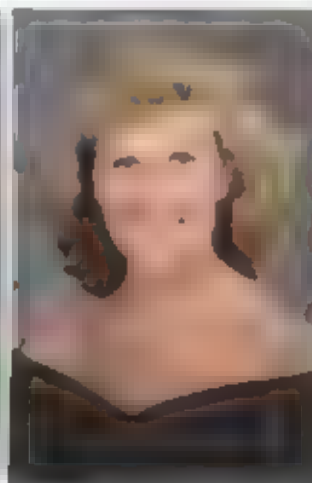
Lawrence Wolf



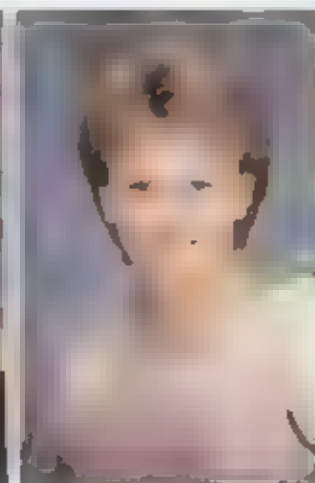
Mark E. Wolfe



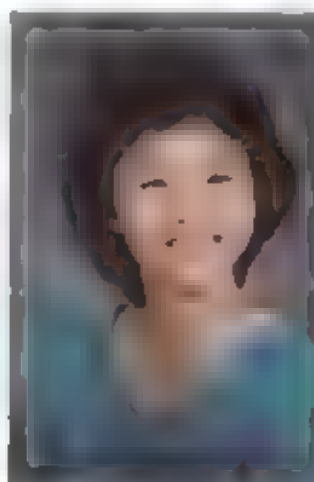
Malcolm Womack



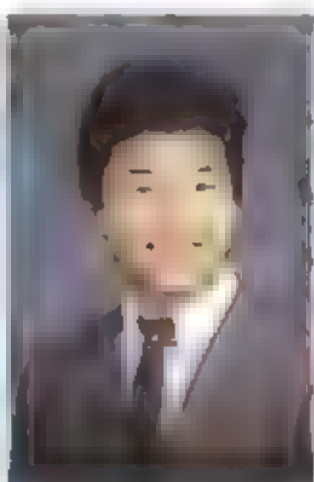
Meane E. Wood



Catherine M. Woods



Dorothy Y. Wu



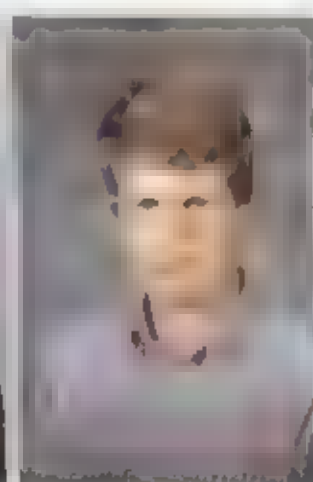
Stuart Yeh



Craig Roger Yockey



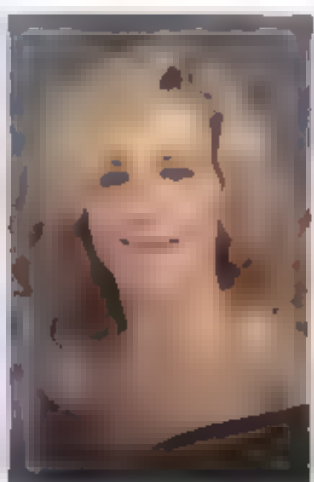
Roger C. Yoh



John E. York



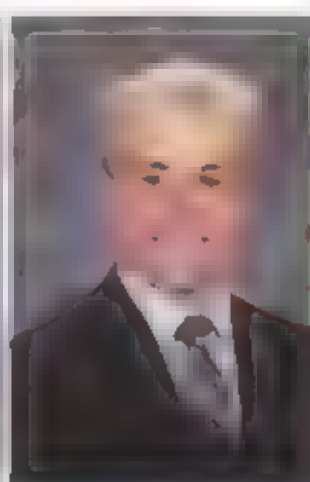
Julius Ypma



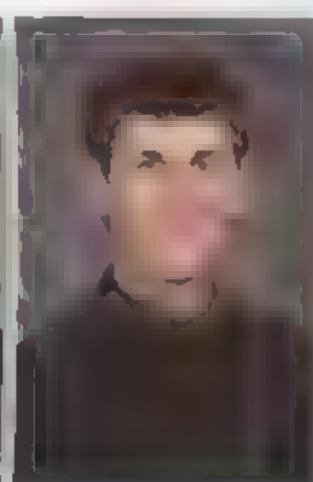
Kristen L. Zandt



Carolyn J. Zeewick



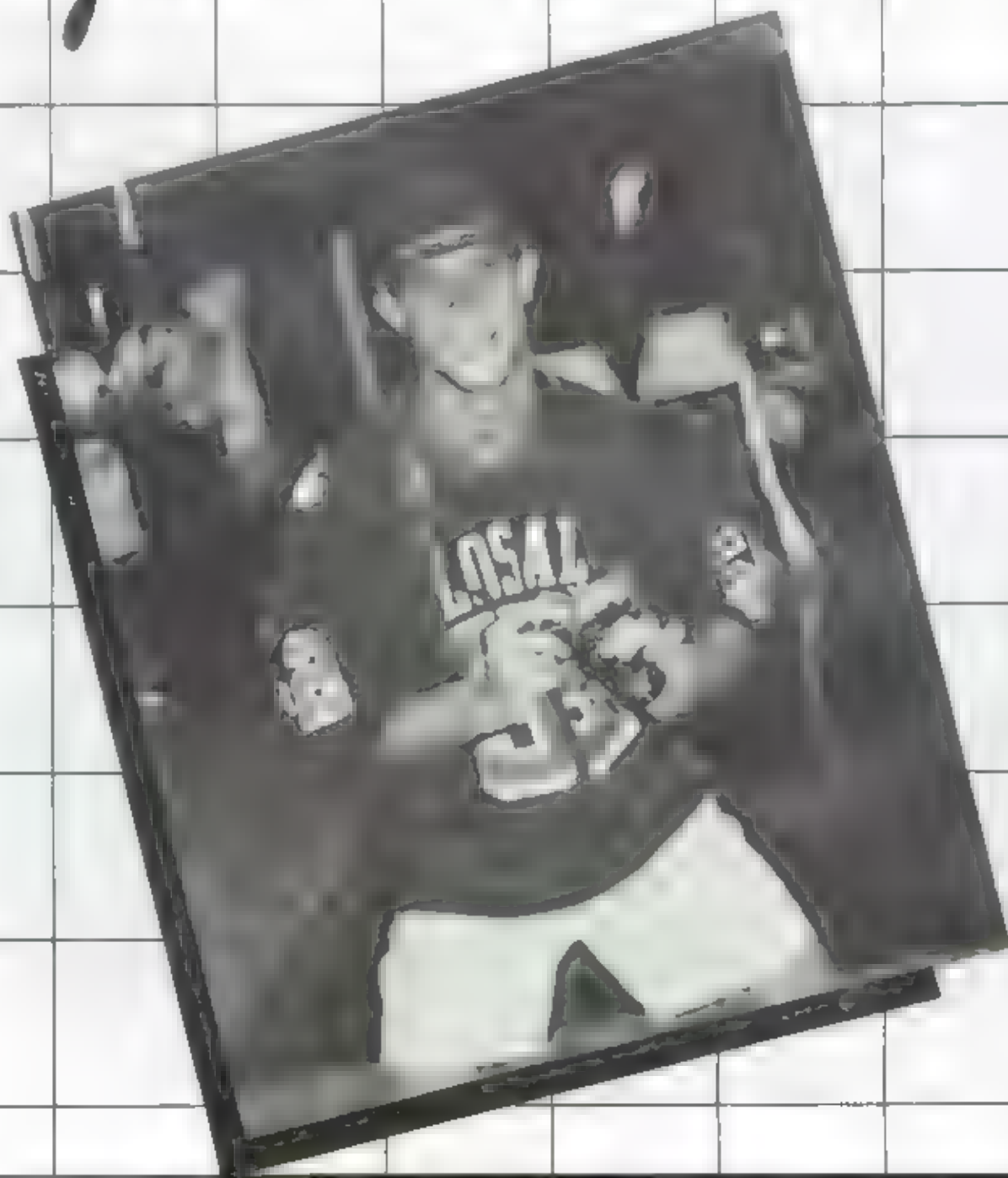
Christain J. Zege



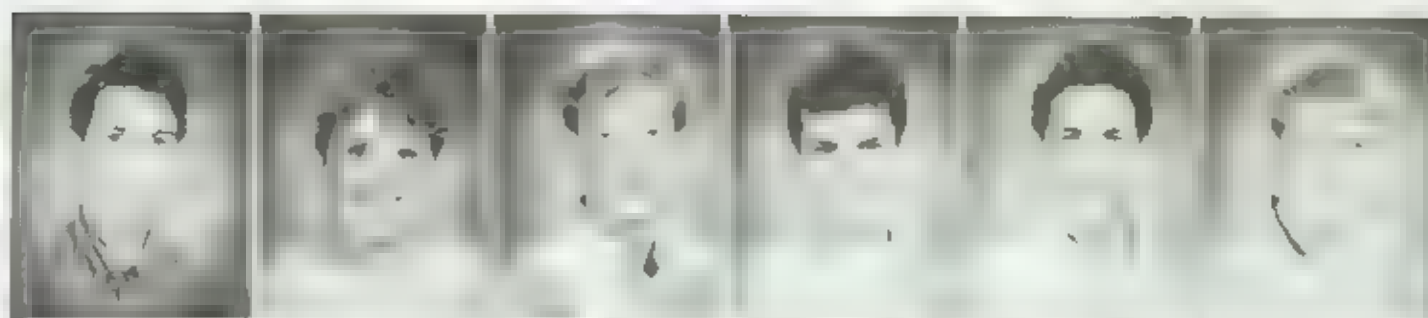
Jason Zemmich



*juniors*



Stanley Abrams  
Kelly Agosta  
Danny Allard  
Edward Allen  
David Alvarez  
Daniel Andersen



Joelle Anisman  
Daniel Lee Archuleta  
Pamela Armstead  
Levon Arslanian  
Charles Ashley



As Richard Ramaglia begins to explain what the lab is about, he is interrupted by another question. Physics seems to be a perfect class to be confused in, during lab it is inevitable. Yet, many friendships grow because you work with different people and learn about them.



After a Physics lecture, Janet Wang explains what centripetal motion is and its purpose to keep an object in motion. Physics is a class that demands time, knowledge of math, and the desire to learn. Those students who are strong in skills relating to math often help those who may be confused.



Chris Avery  
Mike Baker  
Sophia Baron  
Glenn Barrett  
Tineka Barrs  
Jennifer Batey

Cinnamon Becker  
Juliet Bedell  
Cathy Bell  
Kiri Bender  
Payman Bidari  
Michael Bidrawn

Jannis Billon  
Shana Binder  
Keith Bird  
Wayne Bish  
Ernie Blevins  
Mara Bloom

Ryan Blassey  
Deonna Blythe  
Lisa Boardman  
Robert Book  
Beatrice Bourdy  
Laura Bowden



Dale Lane looks up from his classwork for a moment as his classmate Gary Sinclair turns to ask him a question.



Homecoming Week always brings out unique qualities in some students on our campus. Leland Jay, Junior Class Vice-President, demonstrates his spirit by dressing up and supporting the football team.



Ingrid Brian  
Robert Brainer  
Patrick Brennan  
Cameron Briggs  
Kenton Brooks  
Blake Brown



Mark Brown  
Marcus Brown  
Richard Browne  
Shannon Brude  
Paul Bunch  
Annemarie Buonocore



Tally Burkhardt  
Jenni Buys  
Shelli Byrd  
Michelle Calderon  
Kelley Carlaway  
Maria Camarena



Todd Campbell  
Rudy Cano  
George Cappawano  
John Cappawano



Jason Davenport has a look of utter amazement on his face as he cautiously surveys the various items that have made their home in his locker. As the year progresses lockers become accumulated with lost papers, forgotten books, and old lunch bags.



Anne Carasco  
Nydia Cargajal  
Angela Carlson



Alexander Carpenter  
Joseph Carpenter  
Rosa Carila



Erica Carroll  
Julian Carroll  
Marianne Carroll



Thomas Caruso  
John Caudella  
Anson Chafe



Shelly Chandler  
Wei How Chang  
Douglas Chapman



Adrianne Chavez

### One More Night

Why is it so different with me?  
Am I that different from you?  
Not really. It's just in your mind  
Take a closer look and you will see  
that we are one, not two

Tricia Hatfield



Morris Warner smiles hesitantly as he tries to maintain his concentration. With so many students in a class, it is difficult for students to stay on task.

### "Wondering"

Do I belong here?  
It's a good question  
Have you ever wondered?

I often wonder why the grass is  
green, or why the sun always  
seems to rise  
Everyone always seems to have  
all the answers — except me

I often wonder what it would be  
like to be something, instead of  
someone  
Maybe a white snowflake in  
winter or a flower in spring  
It would definitely be interesting  
I guess what I'm saying is  
sometimes I really don't like being

Ann Tarlton

Gail Chekouras  
Anna Chen  
Katherine Chen  
Diana Cheng  
Candice Chesebro  
Lisa Chow



Nancy Clark  
Lynne Clissold  
Christina  
Tanya Cohen  
Michael Cole



Downielle Congiardo  
Allison Cook  
Julie Coontz  
Catherine Copeland  
Stacia Copeland  
Carlo Copola



Junior Class President, Grant Van Cleve takes a break from the pressure that surrounds him. Being president is not easy, especially because he wants to make it a memorable year for his classmates.



During Homecoming Week, Stacey Ray participates by dressing up as a nerd on Nerd Day. She laughs while someone comments her on her spirit week outfit.





Jeff Cosby  
Ronna Coulter  
Jaime Coulter  
Scott Crenshaw  
Laura Cummings  
Gary Gunneen

David Culter  
Michael Damato  
Sandra Daniels  
Jane Davio  
Kenneth Davenport  
Sandra Davis

Terence Dean  
Eric Dubruin  
Andrea Deforest  
Christine Degregory  
Chuy De Lamara  
April Delaney

Cindy DeLeon  
Michelle Dematteo

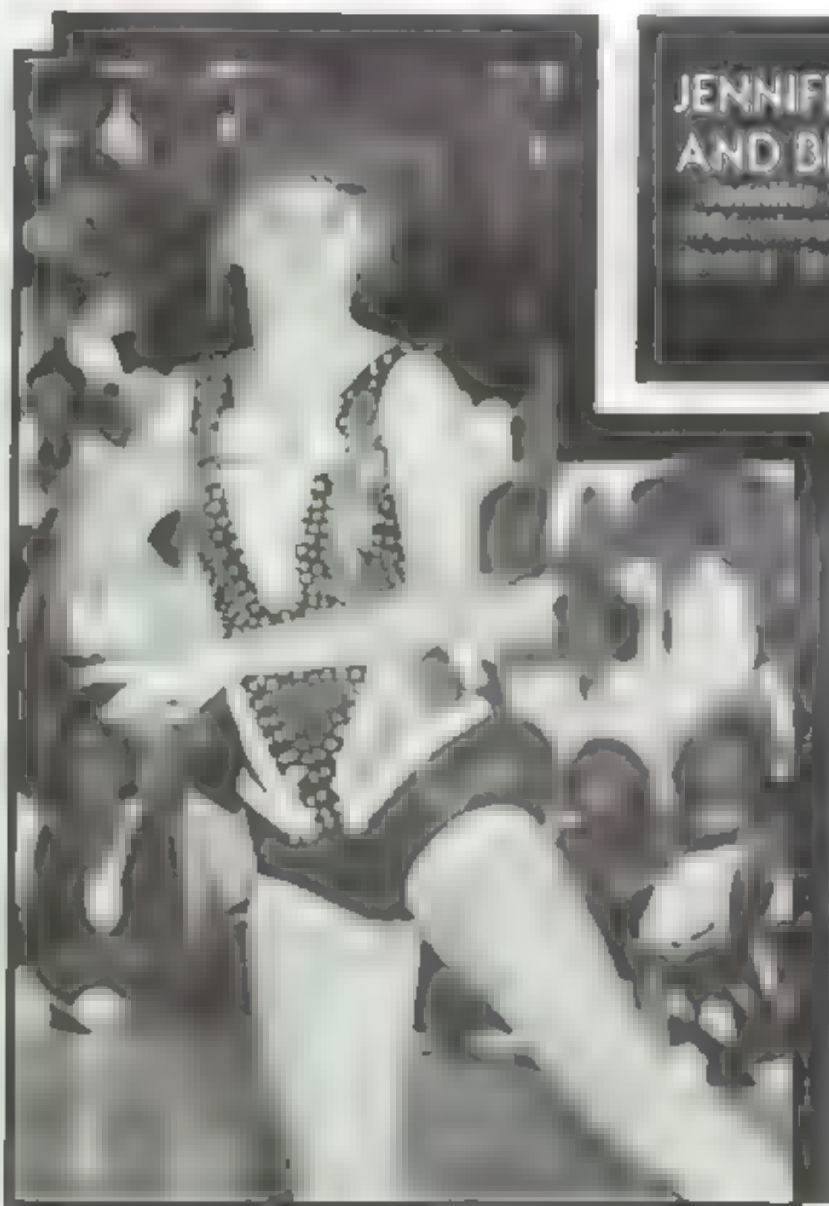
## JENNIFER BATEY, TWIRLER RECOGNIZED AND BECAME LOS ALAMITOS' MAJORETTE

Jennifer Batey, a sophomore at Los Alamitos High School, has been named the 1985-1986 Majorette. She is one of the best twirlers in her age group in the country. Jennifer has participated in many competitions and is ranked number one in Orange County and has taken many first place awards throughout California.

Jennifer spends many hours practicing her routines. She spends each period every day and many hours after school working with the Olympian Marching Band, the Color Guard and Omega Drill Team. Later in the week she would go home and practice an additional two hours. She has also evolved in competitions at least twice a month. It was this dedication which led her to become the number one twirler in her age group in the country.

Jennifer enjoys competition and does not feel nervous when she performs for an audience. She said that during competitions she made many new friends with twirlers across the country. She also said that this made competition seem rewarding.

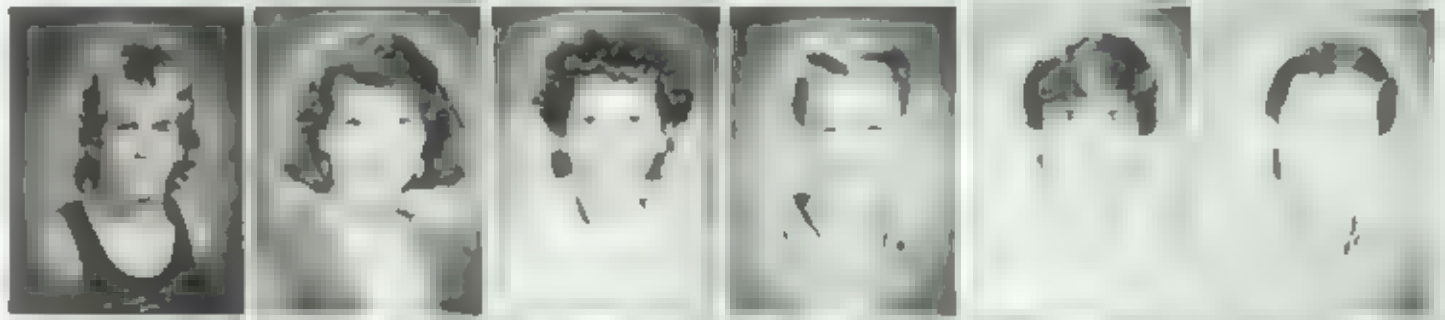
In spite of her very busy schedule, Jennifer does quite well in her school work and gets A's and B's. Los Alamitos has not had a majorette for several years, therefore, Jennifer held a special place in the lives of all the students who saw her perform. All students felt that the dedication and energy she put forth in her routines during pep assemblies and football games made her more exceptional than she was. She always received standing ovations from the crowds.



Peter Denett  
 Marj Dillon  
 Preer Dillon  
 Frank Dick  
 Gary Dingello  
 Peter Dohm



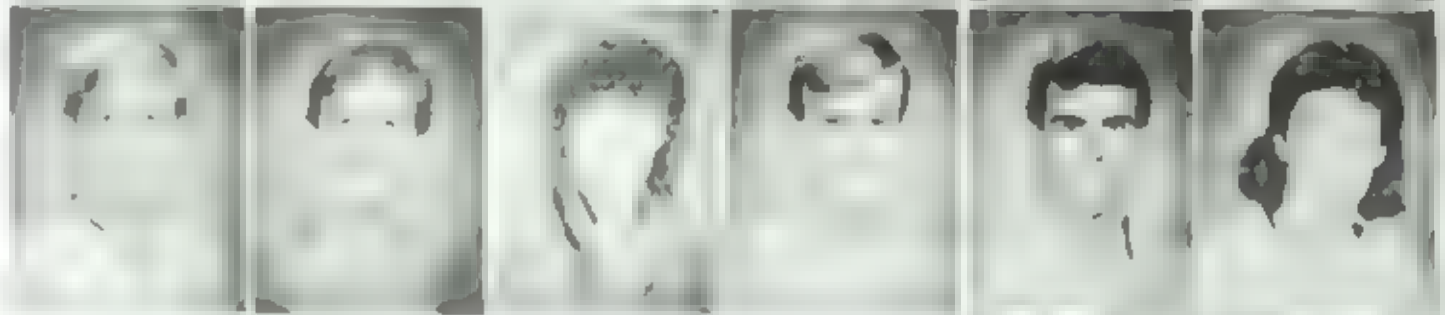
Matt Donnelly  
 Jenny Emmert  
 Tracy Engel  
 Robert Ernst  
 Shon Esporzo  
 James Everett



Ann Faircloth  
 Julie Farrell  
 Tim Fatone  
 Jeff Ferraro  
 Kristan Fett  
 Deirdre Fiebert



Casey Fieice  
 Scott Finnegan  
 Laura Finney  
 Treg Finney  
 James Fitzgerald  
 Suzanne Fitzgerald



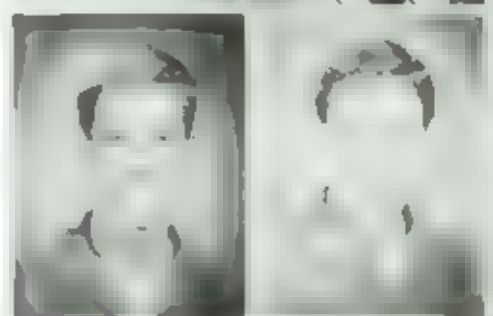
Aurora Flores  
 Thomas Foden



Leonard Fontanez  
 Jennifer Forbes



Thomas Foster  
 Reed Fournier



Tim Fritcher  
 Kimberly Fuelleman



At one of the many music presentations "All That Jazz" Theresa Harrison looks over her program. This was one of the many productions the music department put on this year.



Scott Fullerton  
Kelly Gallagher



Loraine Garcia  
Kristina Gorman



On their way back from lunch, Michelle Haub and Chris Rose stop to show us the results of a cake fight they had after someone's birthday.



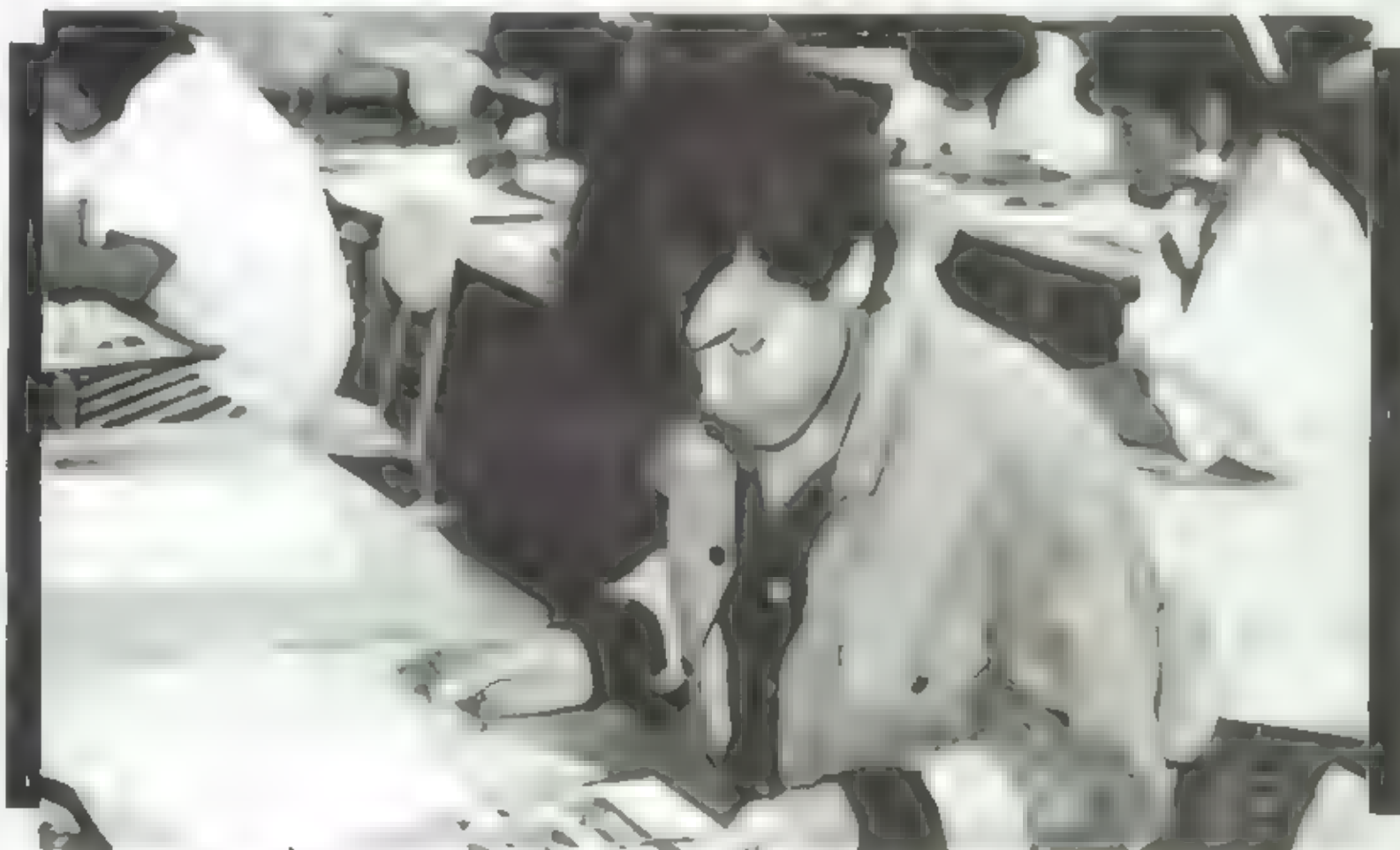
Anne Marie Hagmann and Dawnielle Congiardo are hard at work on Cannonwood '86 in order to meet their upcoming deadline. Both Anne Marie and Dawnielle are working on the clubs and activities section this year. They both agree that working on the yearbook is a hard job which takes a lot of time, dedication, and teamwork.



Jeff Garvey  
Catherine Gaw  
Stacey Giger  
Loun Gershon  
Nicholas Gianformaggio  
Brian Gilbert



Darcianne Gilroy  
Victoria Ginter  
Alan Grlin  
Mike Godoy  
Imre Golden  
Cynthia Gordon



Yearbook is a diverse class. It takes time and imaginative thinking. Jamie Welsh, one among an entire class of dedicated students, measures for accuracy and looks through different yearbooks for new ideas. The class may be demanding, yet it is one in which to make good friends and lasting friendships.



Denise Kaneko sits and enjoys her nachos as she watches one of the Griffins' football games. She tries to concentrate and understand what is going on the field. Meanwhile, Jennifer Swanson displays her enthusiasm and excitedly shows her pride for her team by cheering them on.



Michelle Gottlieb  
Ginger Griffin  
Susanna Grote  
Jill Gude  
Susan Guthrie  
Ruth Gutierrez

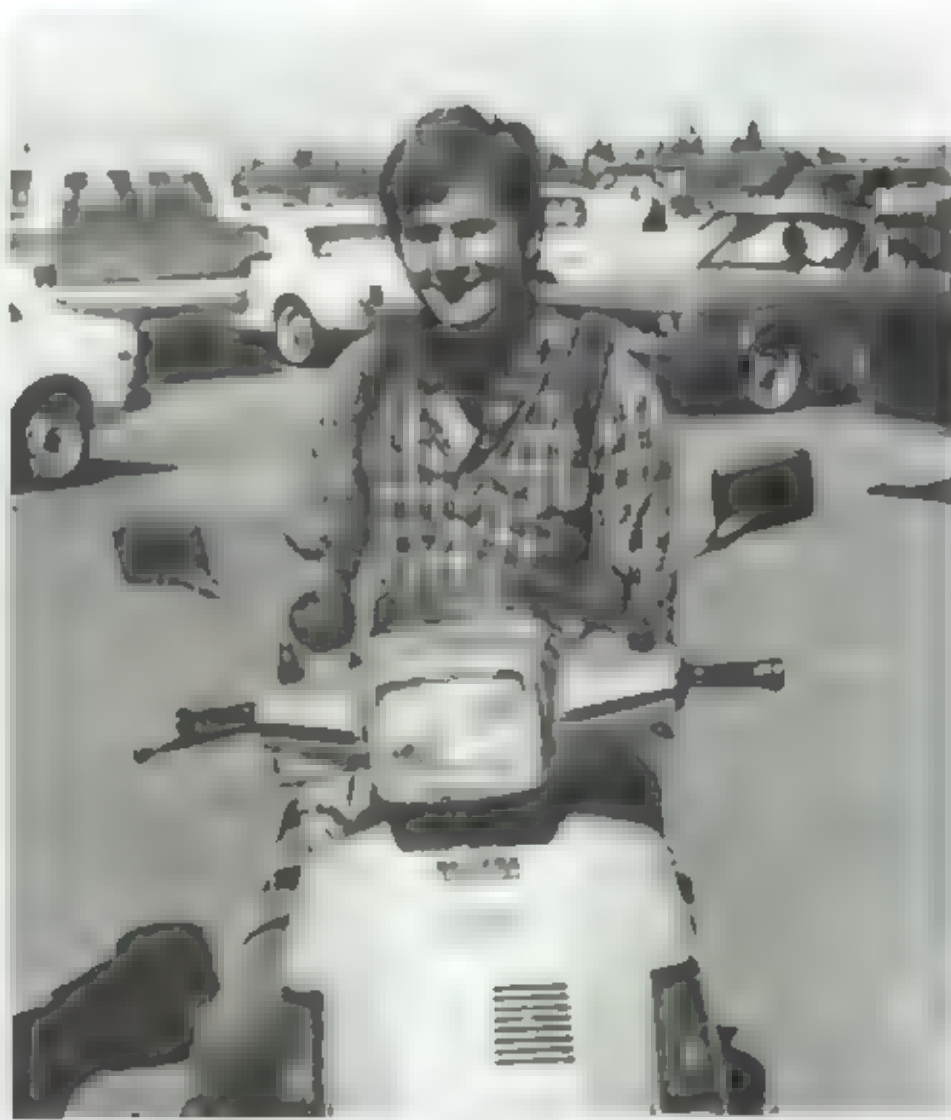
Kristen Guzman  
Jennifer Haberman  
Lori Hagen  
Anne Marie Hagmann  
Jennifer Hagstead  
Andrew Hamov

Leslie Haines  
Darolyn Hamada  
Darrin Hanson  
Sharon Hanson  
Jennifer Harding  
Kelly Harris

Lesly Harris  
Kimberly Harrison  
Theresa Harrison  
Debbie Hart  
Marla Harville  
Corrine Haskins



Tonya Maskelanko laughs excitedly at a remark made by a classmate. English Honors I does not always have to have a quiet and studious atmosphere.



Mark Welzen smiles proud while displaying his new Yamaha Riva. It seems that this year scooters have become quite popular among students who dislike traffic jams in the back parking lot.

Brian Hostie  
Talia Harfield  
Michelle Haub  
Stacey Hawthorne  
Richard Heims  
Justin Henshaw



Kevin Hess  
Lisa Hess  
Maig Hbschman  
Lisa Hicks  
Randel Hines  
Thanh Ho



Florne Hong  
Denise Hainer  
Nolan Howe  
Ter Hubert  
Laura Huff  
David Hughes



Michael Humphries  
Michene Hurst



Interrupted while helping a fellow classmate with an assignment, Kelsie Nance looks to see who is trying to get her attention.





Adam Kutton  
Greg Irwin  
Steven Irwin



Craig Jackson  
Michael Jackson  
Brian Jodlock



Leland Joy  
David Jenkins  
Regina Jenkins



Linda Jensen  
Lucinda Jensen  
Poffy Jettie



Sharlene Jimenez  
Anita Johnson  
Brian Johnson



Diron Johnson

Self shness  
Maybe that's what  
you call My feelings

We spent so long building  
We created an unbreakable  
bond  
Companionship  
Essential in our struggle;  
Streetlights, endless hours —

The endeavor to be  
supreme  
Ranked "A"  
Our victories —  
The few painful defeats  
Are gone  
Memories  
Are all we have  
You call me friend  
But something's amiss  
Sharing  
Our love, life, laughs  
Remember  
And warm, concealed

### For Kirsten

emotions  
Stir  
As we set so  
And our separate  
beckoning destinies  
await our arrival  
Friends are forever  
— and ever

Debbie Theriault

### FOREVER

The Words leave my mind  
But the ideas stay within me  
Forever —  
I love you  
I'm forever yours ' I said  
Maybe our times ran out  
like an oil well which has been  
sucked dry  
From all its energy and nutrients  
nothing  
is left except a hollow hole with  
only the  
deas left inside  
Never fading away  
on forever

Terry Dean



Chris Rose, a member of the Los Alamitos High School Varsity Football Team, seems to be trying to catch a cat nap as he walks to class.

Dave Johnston  
Alicia Jones  
Julie Jones  
Theresa Jones  
Stacey Jordan  
Emil Jorge



Sammy Joseph  
Adam Judd  
Laura Junkermann  
Dana Kamm  
Denise Kaneke  
Deborah Kaplan

On the day I am happy.  
Smiling,  
Everyone can see my act today,  
It's alright.

But tomorrow is asleep and awake  
away.  
It will take a lot for me to stay this  
way.  
Only a wink of milk,  
Anything from a change of face

To a world of warming thoughts  
Could make me change  
My mind  
And it will never be made up, you  
know  
It will stay this way But on this day, I  
am happy



Darin Hanson tries to explain what really confuses him in his 5th period class. When his friends begin to laugh at his dilemma he becomes desperate.



Jane Daulto double checks a photograph's measurements to be certain that it is correct. The class requires dedication, certainty and time. Jane is among an entire class of dedicated students.



Koranne Kavle  
Lisa Kefalas  
Todd Kenaston  
Krista Kendall  
Geoffrey Kerns  
Joe Kidd

Simon Kile  
Elizabeth Kim  
Leslie Kimball  
Allison King  
Chanda King  
James King

Eva Kloss  
Deborah Klein  
Kristine Klotz  
Heather Koehring  
Brigitte Koenig  
Scott Kondra

Eric Krammer  
Greg Kohn



## LOS AL SALUTES NEW DRUM MAJOR

Virgilio Nafarrate was the Drum Major for the Olympian Marching Band during the 1985-1986 school year. He has been involved in band since he was in the fourth grade. Virgilio started on the trumpet but he also plays other instruments. He has played many trumpet solos and he explained that "New York Fantasies" was his favorite. "It moved me and I could put my feelings into it." The Drum Major's position requires accuracy, coordination, strong leadership and patience.

In eighth grade Virgilio was chosen "All Around Musician." He received the Freshman Award here at Los Alamitos two years ago. This year he has received many awards that now take their place in his home.

Virgilio has the complete support of his family. He said that his brother Bob has been a great influence on his life. "I come from a very close family," Virgilio said with pride. During his spare time, Virgilio likes to dance and his favorite type of music is funk. He also enjoyed his sisters' presence at school with him.



Chester Kyle  
Nora Labouff  
Margaret Lacosta  
John Laisy  
Dale Lane  
William Lansford

Georgina Lanueva  
Robert Lastmap  
Mark Laurain  
Jonathan Lazzaro  
Thane Lecompre  
Rachelle Lee

Sally Lee  
Robert Lee  
Rhonda Leet  
Elizabeth Legge  
Shelly Leonard  
Jerry Lerno

Stephen Levy  
Sean Lewis  
Stacie Light  
Ray Lin  
Robin Lindley  
Scott Listavich



Terry Lu  
James Locke

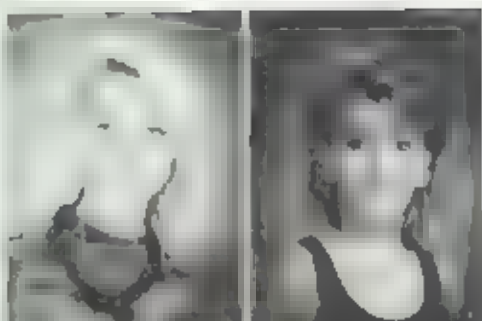
Danielle Long  
Gaudencia Lontok

Kelly Lynch  
Gregory Lyon

Emily MacFarlane  
Jami Mack



Jennifer Forbes walks from the English building to the science building. One of the advantages of an open air campus is that students can enjoy the fresh air between classes.



Kathleen Mackay  
Jami Maggard



Kevin Mahoney  
Mitche Malin



Between classes Dawnelle Congiardo quickly tries to finish her homework from the night before. She finds it difficult to concentrate with her friends jumping her.



During lunch Elaine West and her friends gather around and watch one of the pep assemblies in amazement. Pep assemblies are often held during lunch when there is not enough time to fit them into the regular schedule. They boost the students' spirits and give them an incentive to do their best in the games.

Craig Malone  
 Melissa Maloney  
 Timothy Manning  
 Jan Maples  
 Gina Marconi



Ronald Marquez  
 Michael Martinez  
 Kellie Matheny  
 Matthew McCabe  
 Michael McConnell  
 Jeff McCoy  
 Mary McGill



Jean McGroa  
 Kelly McHale  
 Michelle McLinden  
 Melissa McSheehy  
 Julie Meadows  
 Laura Meals

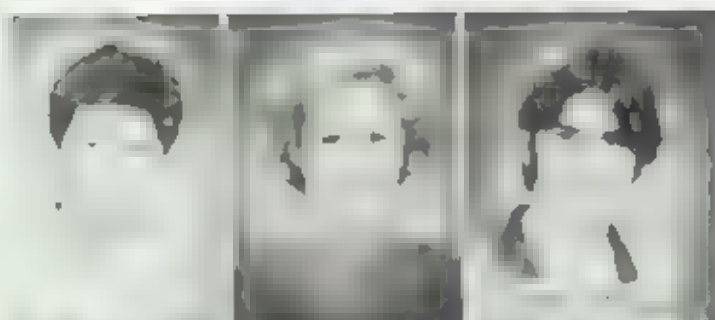


Heather Medcalf



Junior Maria Horville is being chauffeured to lunch on a moped owned by senior Brian Smith. With mopeds being so small and open, good driving skills are a must, but Maria seems to have nothing but absolute trust in Brian's driving abilities.





Mark Medina  
Tina Melton  
Robert Menke



Robert Mercadante  
Gregory Merchant  
Brian Milner



Lisa Mills  
Bret Miner  
Shannon Ming



Jason Mino  
Donrena Minor  
Majan Missaghi



Kenneth Montgomery  
Jon Moore  
Kelli Moore



John Morgan

### Where do I start

How do I do this?  
Okay, now class, I want you to  
write a poem about anything.

What? Just write images, draw pictures on paper. Pretty ones filled with lots of colors. Make a puppet come to life or a flower bloom. Just write don't think — it will mess up your poem. Nobody's wrong. Everybody has their own feeling. Own pictures, colors, images, thrills. Blue, red, green, yellow, black, white. Funny, when I started, this paper was white. I did it! You witnessed! Here's my picture, image, and colors. My poem

Michelle Haub



Having finished his class assignment early, John Morgan takes time out to converse with a friend

### BEST FRIEND

What do you think of when you  
hear it?  
Black and White  
Opposites? Maybe  
Black and White  
But they go so well . . . together  
Black and White  
So when you hear Black  
Black and White  
and when you hear White  
Black and White  
what do you think of?  
So say it  
Black and White  
You and Me

Lesley Harris

Andrew Morley  
Mike Morrow  
Michael Morton  
Oril Moses  
Tanya Moskalenko  
Courtney Motz



Cammie Moyer  
Sarah Mueller  
Debbie Mukomak  
Michael Mullaney  
Carolyn Murphy  
Linda Murphy



Eric Murray  
Laura Murray  
Judy Naber  
Virgilio Nafanete



## FLOWERS IN SPRING

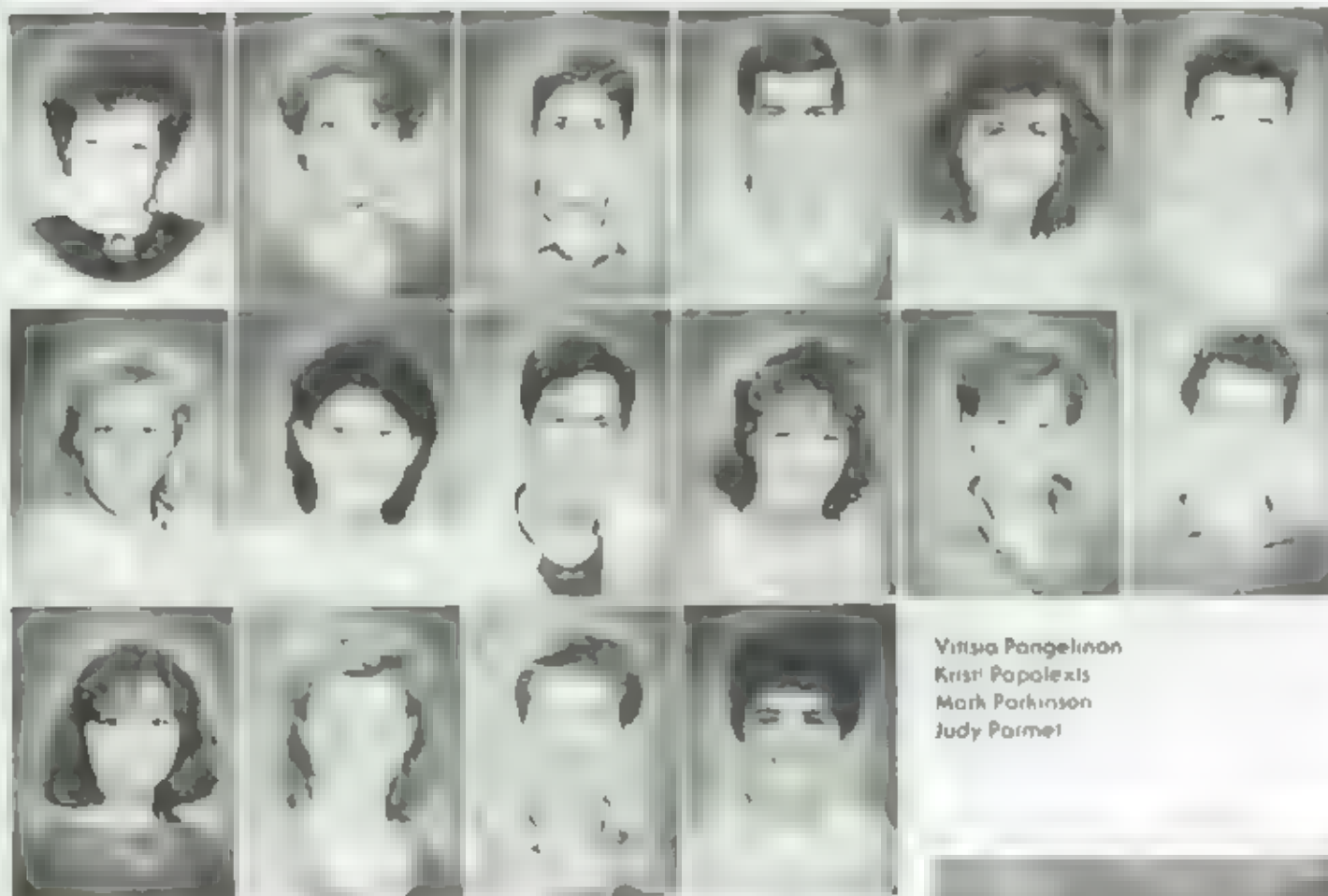
What did I do wrong,  
I tried to be good.  
Don't you understand?  
I feel lost, empty and cold —  
But the pain has  
foreshadowed my tears,  
Now  
If I were to paint my feelings  
They would be colors I've  
Never  
Seen before.  
Why?  
I don't know — I don't ask questions —  
It just happens like a flower waking  
up for Spring — It's new  
I'm scared and lost  
The sky is like a deep dark  
Wishing well that goes on  
forever — But friendly  
The ocean feels like a huge wire  
brush scratching my whole body —  
leaving bloody scars.  
Does the pain ever end?  
I'll never know.

Ann Tarlton

## ALWAYS IN SPRING

It's time to go  
just remember  
I love you  
yea sure  
Always in the Spring  
When things are new  
and supposed to be  
right  
Oh well we'll try  
next year  
I love you too  
I wish I could  
tell you I don't  
If you only knew  
you mean nothing  
God damn you!  
How could you  
do this to me!  
I tried to tell you  
But is it so wrong?  
To be afraid of your own father  
But you're not my father  
You're a stranger  
I never knew you  
and you sure in the  
hell never knew me  
But I did know you  
and that's what hurts  
You turn away  
When I need you  
Well maybe next  
year will be better  
I doubt it

Jaime Coutice



Kessie Nance  
 Laura Navano  
 Todd Nelson  
 Robby Men  
 A mee Newander  
 Jackie Nland

Wendy Nugler  
 Stacey Nishi  
 Paul Page  
 Michelle Pagenkopp  
 Michele Palermo  
 Jeffrey Polk

Vitisia Pangelinan  
 Kristi Papalexis  
 Mark Parkinson  
 Judy Parmet



Stacey Stephens stands with pride to say the Pledge of Allegiance at one of the Griffins football games. She looks over and wonders if the Griffins will capture another victory.

## PARENTS

Parents  
 They try to act  
 like us  
 Do the things we do  
 and even dress the  
 same  
 Why?  
 They are not us  
 30 years older  
 They do so much  
 for us  
 but we can do  
 things for ourselves  
 But they don't understand

Sophia Baron



Laurie Navarro, one of the best soccer players on the varsity team, feels added pressure trying to meet the expectations of her teammates and fans.



Kristine Potz  
Richard Paul  
Ricardo Payan  
Raymond Pedroza  
Puanani Pereira  
John Perez



Lisa Perles  
Bernard Peters  
Rosemary Peters  
Cynthia Phillips  
Lisa Pinkerton  
Philip Pinto



Wendy Poe  
Shawn Pollard  
Markham Pollock  
Franklin Ponte  
Stacy Ponting  
Michael Porechin



Mario Puente  
Alexander Puione  
Franklin Quenga  
Eric Roger  
Scott Roiney  
Richard Ramaglia



Mai Ramsey  
Dawn Ranftl  
Shawn Rankins  
Stacey Ray  
David Rayburn  
Mary Reis



Jeff Cana looks up from his class work to give his teacher his full attention



All bundled up for the cold weather Sherry Albert talks to one of her friends at the football game about the touchdown our team just made



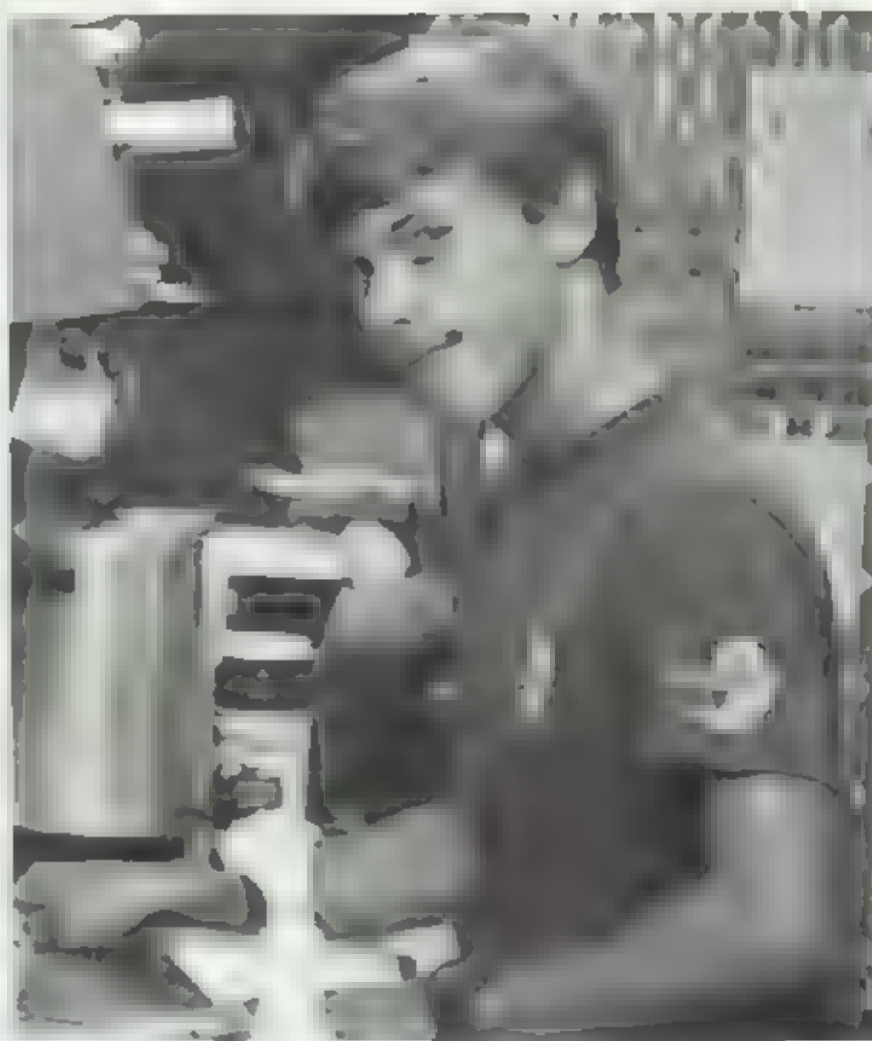
Mark Reutzel  
Paul Reyes



Chad Wells tries to listen carefully to the instructions that his teacher is giving him. But he is distracted by all the cute girls sitting around him.



At one of the many football games this year Cindy Albert stands up and is looking around so her friends can see where she is sitting in the crowded stadium.



Danny Archuleta cleans a projector roll for one of his teachers. Perhaps he is hoping to earn some extra points. It's a dirty job but someone has to do it.



Having friends to talk to at lunch makes school a lot more fun. Kevin Strawbridge shows this by telling Robert Mercadante about the party he went to over the weekend.

Tracey Reynolds  
Tracy Reith  
Scott Rineka  
Eric Roberts  
Stephanie Robertson  
Alissa Robinson



Alissa Robinson  
Kimberly Rodefeld  
Glenn Rodriguez  
Mike Rodriguez  
Michael Rogers  
Julie Rahlfling



Christopher Rose  
Roger Ross  
Vanessa Round  
Pamela Rozalis  
Robert Rubinkan  
Julie Ruiz



Billy Solas  
Brian Sandoval  
Jodi Sarem  
Scott Sargeant  
Anne Save De Beureo  
Gregory Saylin



Ronald Scanlon  
Jim Schaffer



Jonathan Schechter  
Lance Schermer



Bradley Schultz  
Julie Schulze



Michelle Schuman  
Eric Schwandt



Listening attentively Julie Schulze jots down some notes on the lecture that her teacher is giving. She likes to get as much out of her classes as possible.





Deron Scott  
Lisa Scott

David Scott  
Lisa Scott

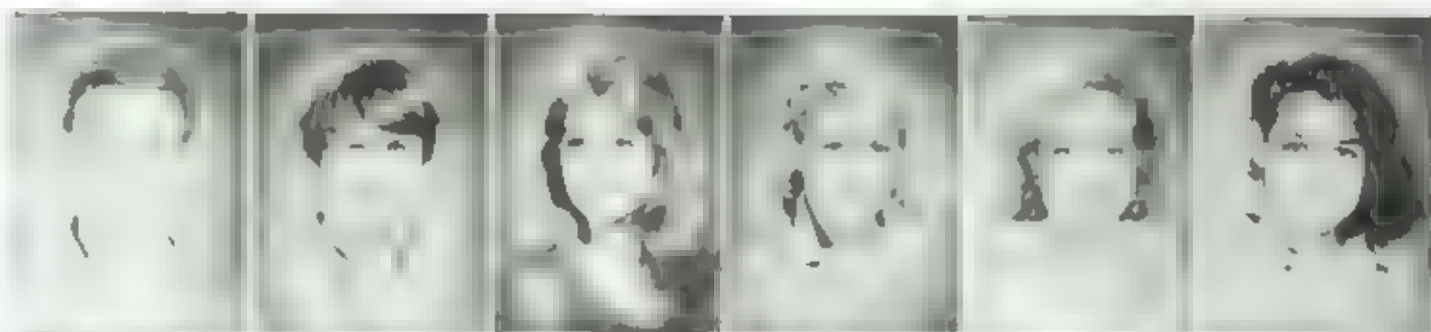


Junior class president Grant Van Cleve smiles as he reads the remark which Ms Wilson has written on his essay concerning the imagery in the poem "Winter" by William Shakespeare



Jennifer Younghusband and Shelly Skoglund take their time as they casually walk in from the parking lot after finishing lunch. One of the advantages of having a car is being able to leave campus and go out to lunch instead of eating the cafeteria food

Timothy Morgan  
Casey Shaffer  
Korrie Shonholzer  
Kirsten Shaw  
Rebecca Shoudt  
Clara Simeone



Gary Sinclair  
James Sippelle  
Shelley Skoglund  
Kim Smith  
Steven Smith  
Jackie Snook



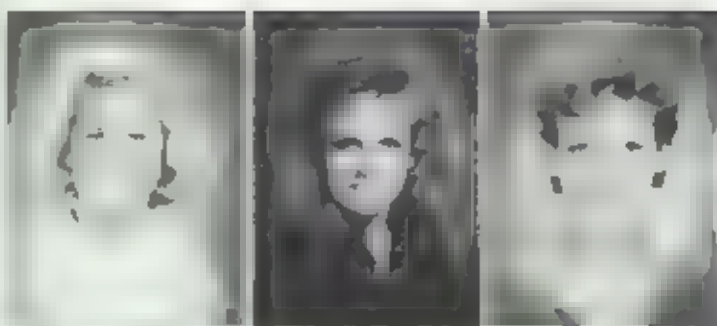
Stephanie Snow  
Brian Snyder  
Farah Snyder  
Karhe Sochert  
Stephanie Soldano  
Niel Sorensen



Derek Sparto  
Tod Spaugy



Jeff Polk is demonstrating his ability to change a tire while his friends stand around and supervise. Getting a flat tire is just one of the many things that can go wrong with a student's car while it is at school.



Kelly Spaulding  
Stacey Speights  
Roquelle Sprague



Brendan Spron  
Robert Stanfield  
Julie Stanford



Stacy Stephens  
Douglas Stewart  
Amanda Strillings



Stephen Staewer  
Stephanie Stokes  
Michelle Stratton



Kevin Strawbridge  
Emily Strong  
Michael Strugart



Jenifer Swanson

## TYPICAL DAY

The buzzer sounds loud and boring. Jump up, turn it off. Hop back in bed. Warm, snuggly, cozy. Do I have to get up? The newness of day is beginning to hurt — just ten more minutes? No! I can no longer put it off — repeat the same old cycle, just like a blooming flower. And so I'm off, to face the day — then back home again to repeat the cycle.

Tina Melton



Tracy Delaney is telling the J V squad that being a cheerleader is not all fun and games. It also requires hard work and dedication.

## REUNION

I'm going to come back in ten years, and see my friends. Pick them out of the crowd. I'd like to see how they all turn out, which direction they went. Lives that I've lost track of. I'll remember things not thought of for years. Probably wishing I was back in school. Instead of just wanting class to be over. Some successful, divorced, some passed away. I wouldn't recognize many of them. I'd just be glad to see them.

Laurie Navarro



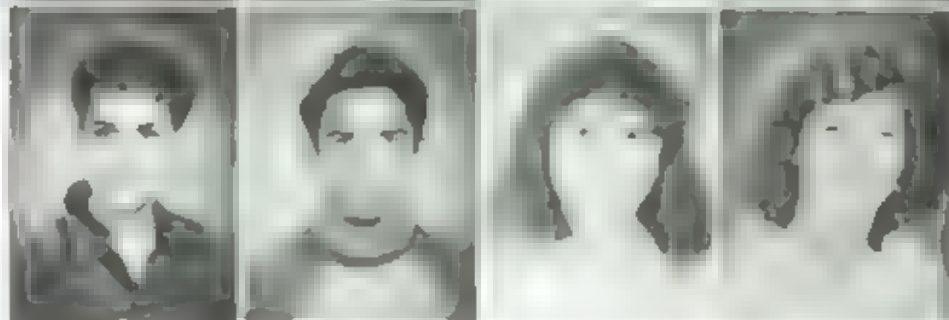
Christina Tarango  
Ann Tortion  
Steve Tarver  
Kimberly Taylor  
David Terrell



Vanessa Thomas  
Ernest Thomas  
Gregory Thompson  
Paul Thompson  
Robert Tong  
Lisa Toomy



Shana Toram  
Salvador Torres  
Christina Trice  
Suzy Triplett



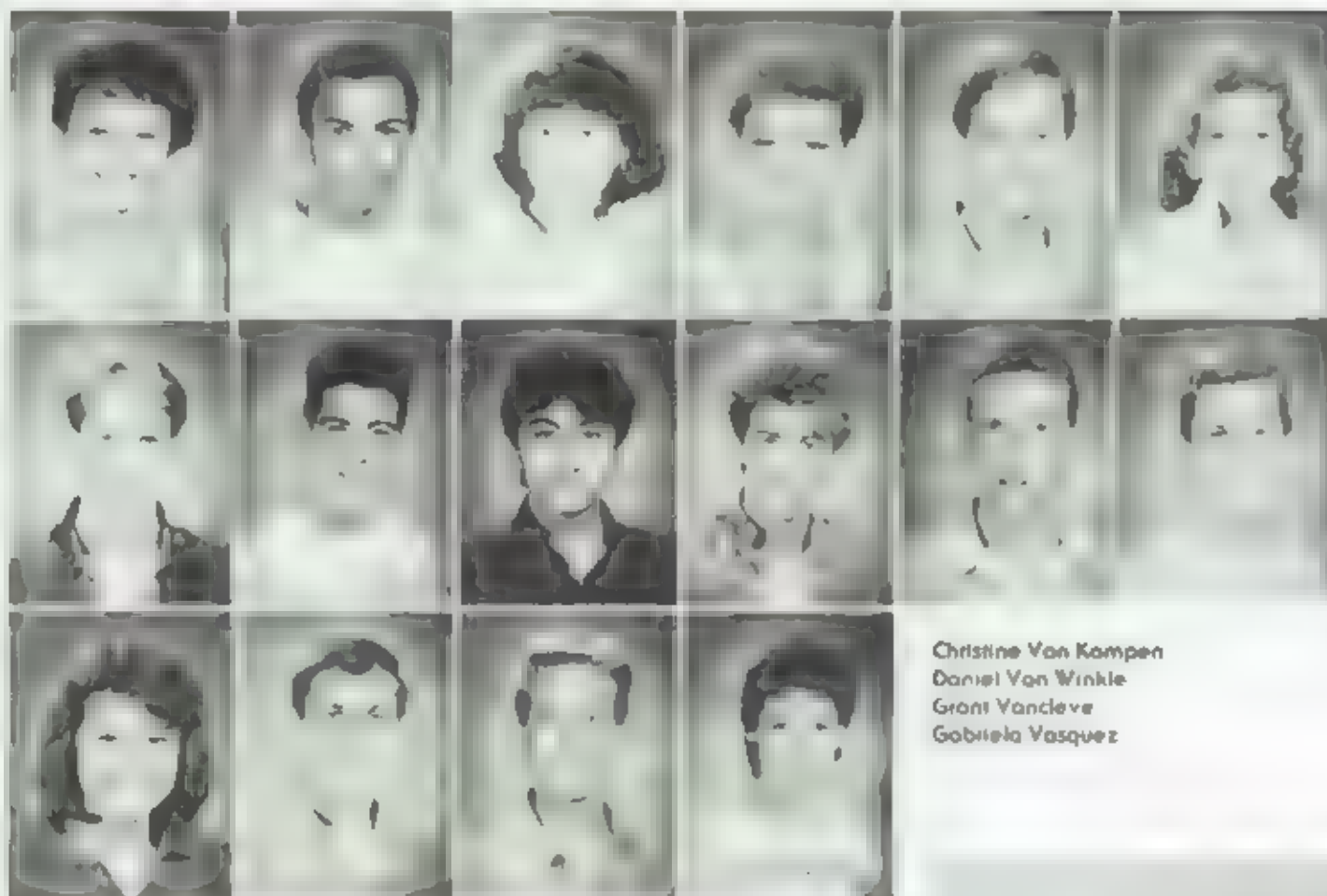
Eric Kramer concentrates and tries to figure out the problem in his geometry book. Geometry demands lots of memorization.



Gino Jenkins attempts to throw an apple to a friend across from her who is promising to catch it. She smiles and laughs because she knows the consequences if the apple is not caught - she will kill!



Rona Sandoz laughs because she knows what Nancy Clark, her teammate, is thinking about. Meanwhile another teammate, Candice Chesebro, looks onto the field wondering what their soccer game will be like and who will be victorious.



Lily Truong  
Shane Tscherny  
Judy Tse  
Kristen Tsejo  
Robert Tucker  
Ella Turrentine

Robert Tyo  
Joseph Vaca  
Shahin Vadood  
Brett Vail  
Steven Vames  
Andy Van Hoi

Christine Van Kampen  
Daniel Van Winkle  
Grant Vancleve  
Gabriela Vasquez

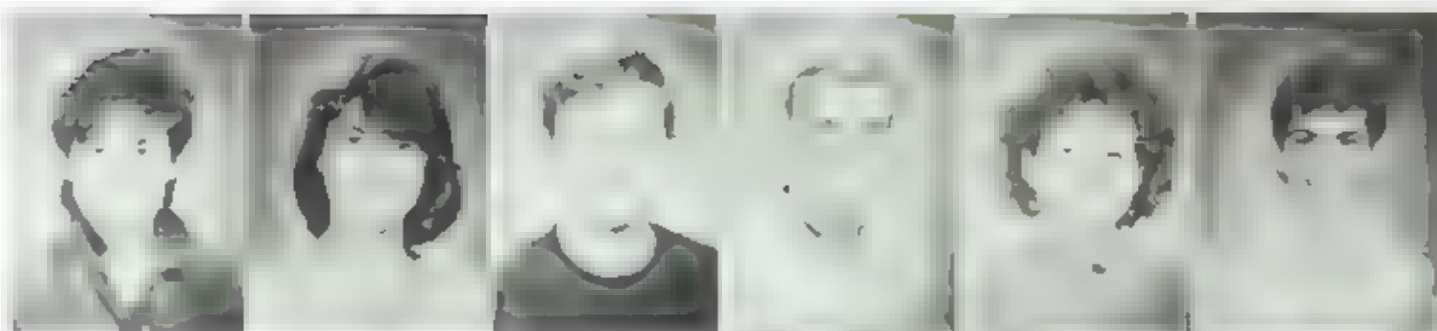


Candice Chesebrobraids Chanto Adel's hair while they discuss their strategy for the soccer game they will be playing. Last summer the AYSO teams went to Europe and represented California at a soccer tour.



Practice makes perfect! Virgilio Nafanete won't give up his love for music. Even though he has the position as drum major, he doesn't give up his dedication as a trumpeter player.

Ellen Wilkerson  
Joanna Willemse  
Russel Williams  
William Williamson  
Sheri Wom  
Steven Wolf



Janet Wong  
Steven Wood  
Donny Woodard



Ann Marie Hagman, Steve Tarver, Kirsten Shaw, and David Hughes huddle up closely to discuss their plans for the weekend. After a hectic week of classes and assignments, many students rejoice when the weekend finally rolls around.

### A RAINBOW LIKE YOU

Like when the thirsty flowers are watered by rain, so am I watered by your being. You understand and let me be free. Close to you, I grow like a Sequoia. Like the wisdom of the tree, supposedly it will come to me too. But why wait when I have you? You give me the nourishment I need to live. My life is like a scorching desert sun. But I hope I can always find comfort and reassurance under your rainbow. And with your clear water, I will quench my thirst.

Susanna Grote





Konstantino Syrengelos  
Deanne Vega  
Daniel Vela, Amy Vicira  
Charles Vreeland, IV  
Ingrid Vydus

Douglas Wadleigh  
Lance Walker  
Michelle Walker  
Stacy Warino  
David Warner  
Morris Warner

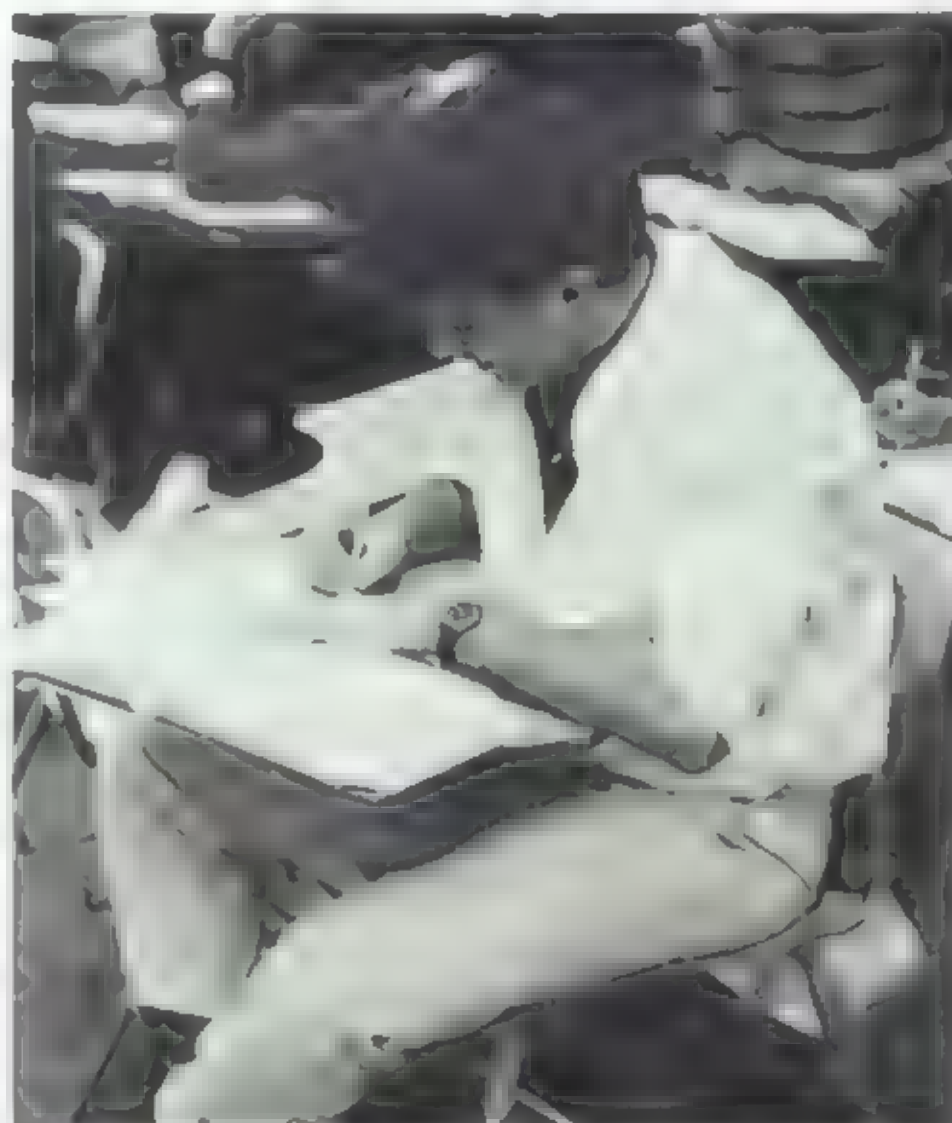
Robert Wegenek  
Stephanie Welch  
Chad Wells  
Jamie Welsh  
Christina Welter  
Mark Wetzen

John Whirllock  
Elaine Wiest  
Kathrin West  
Paul W Iderman  
David Wiley  
Ronald Wilhelm

## UNIQUE

A purple flower among a field of daisies. Unique and different in every way, but not an outcast. It's subtle, yet noticed. Having a personality that's not a clone, nor old-fashioned by another's opinions. Never having to worry about the daisies overtaking one precious purple flower.

Stephanie Soldano



Kit Kadlic is taking notes for history class. History is just one of many subjects that requires an abundance of note-taking.



Margi Hishman laughs as she reflects on the foul-ups of the preceding drama rehearsal. Although many mistakes are made at first, Margi knows that the end result will be a success.



Julie Coontz smiles to herself as she finishes working on her vocabulary. She has correctly defined each word so now she can study for her next big test.

Chih Yu Wu



Jung-Cheng Wu  
Mory Wu



Jon Udoff  
Albert Upshur

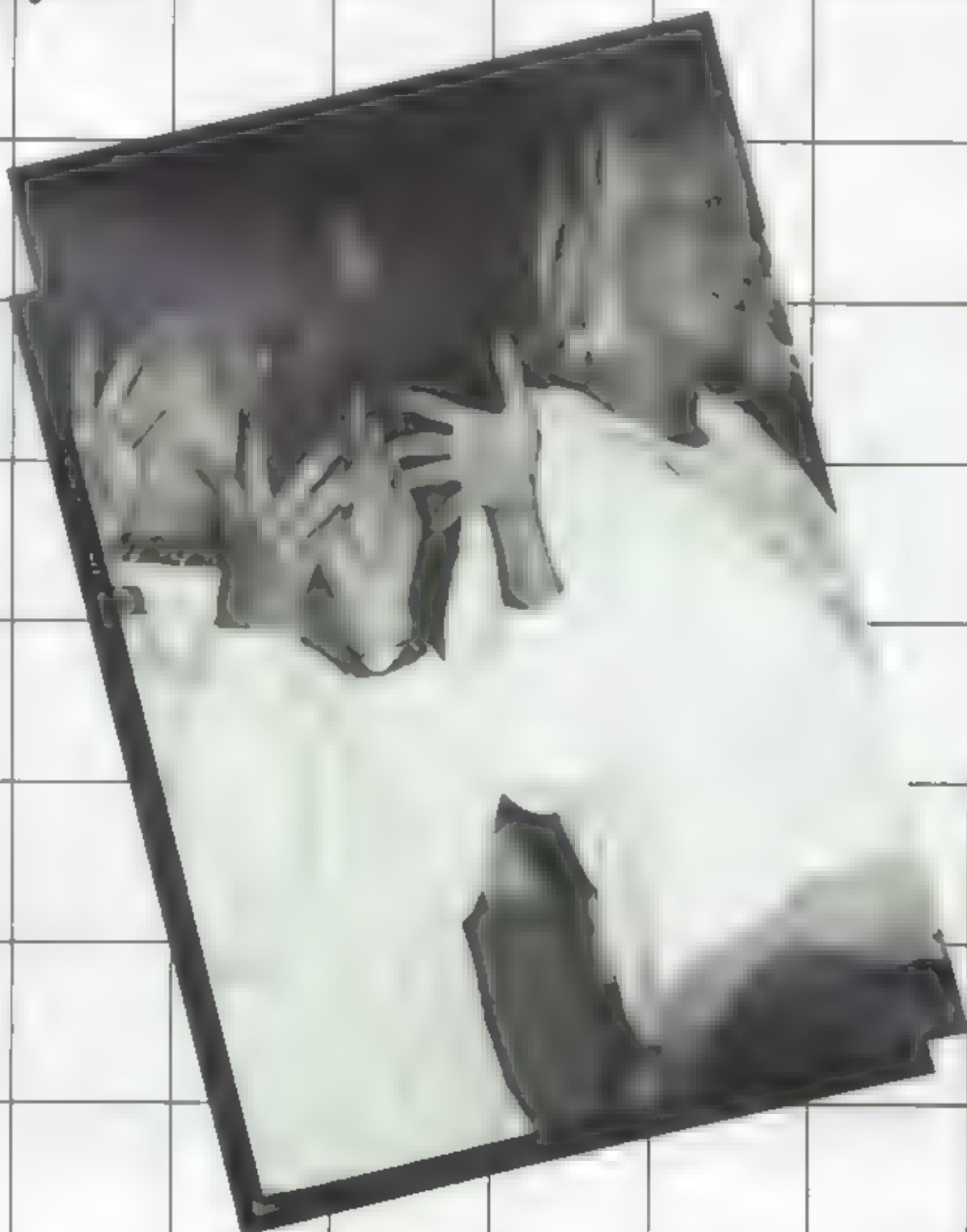


Kimberly Zierwick



Brock Jordan and Alissa Robinson cheer the varsity football team on at an important game against Cypress. Many students support the team by going to the varsity games.

sophomores





Enjoying the excitement at the football game Jackie Everson looks surprised at the remarkable comeback the varsity football team made at Homecoming.



Sophomore Monica Crone and her friend Herbert Theodore sit at a pep assembly and watch the varsity cheer squad perform their routine for a future competition.



Sophomore, Sky DuBordeau shows his school spirit by dressing as a sexy sailor on Halloween dress-up day. This event gives all students a chance to use their creative talents by creating their own costumes.

Give yourself  
 the time to let your soul  
 Change their minds  
 by a thought in sound & sight  
 next breath, is yours  
 let them know how to hold you  
 the magic of the mind  
 let them know how to hold you

Andrea M. Rehman



Kimberly Able  
Michael Abraham  
Kelly Achziger  
Craig Agosto  
Edward Aguilar  
Daniel Arth

Cynthia Albert  
Clay Albert  
Sheryl Albert  
Gregory Aleshire  
Mark Allard  
April Allen

Cynthia Allen  
Patricia Alvarez  
Kristen Anderson  
Sean Anderson  
Shane Anderson  
Thomas Anderson

Debbie Aragon  
Erwin Arnold  
Gabriel Arnold  
Janna Arukovich  
April Aubrey  
Leon Babbitt

Tracy Baager  
Derek Baker  
Michael Baker  
Mike Bail  
Kenneth Bamberg



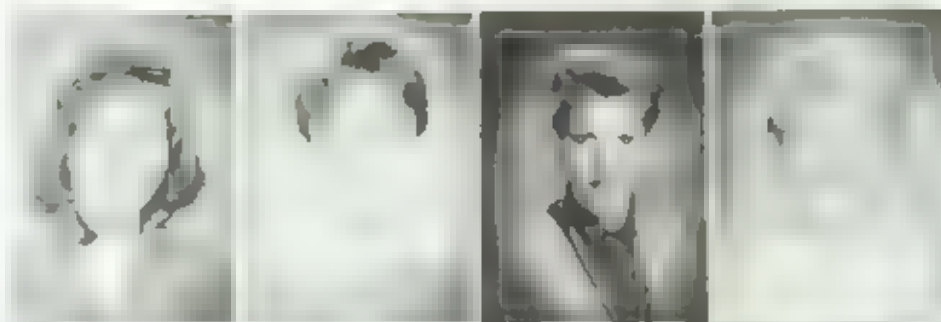
## EICKHOFF EARNS A GOLD MEDAL

Janice Eickhoff, a 14-year-old sophomore, was honored with her first gold medal at the 1986 National Beach Cycle Meet at Major Taylor Velodrome in Indianapolis, Indiana.

During August, through tenth, Eickhoff competed in the 2K National Championships for 14-15 year olds and was awarded with the first place trophy in Oregon.

Janice's hobbies and other cycling include horseback riding and she also enjoys collecting shells in her spare time.

Deanna Barber  
Mike Barlow  
Amy Barnes  
Jeff Barrus



Anthony Bateman  
Suzanne Bazon  
James Bean  
Nicholas Bejajev



Lisa Bellwood  
Lisa Bengford  
Amber Bieia  
Brigitte Bringer



Kenneth Bishop  
Patrick Bixby  
Darren Blon  
Venessa Blanco



Randa Blanco  
Anthony Blasig  
Andrea Bloom



Heather Bolton  
Sharon Bordas



Annette Borja  
Danny Boyle  
Dean Braunstein

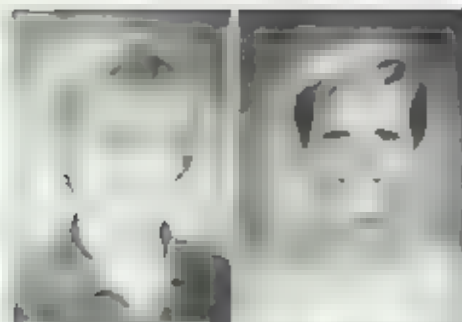


Shannon Brief  
Michael Broderick  
Christopher Brophy



While waiting on solving a difficult algebra problem Kristin Anderson checks the notes on the chalkboard to make sure she is computing it correctly.





Christopher Brown  
Kimberley Browne



Lisa Bryant  
Dev n Budd



Nicholas Buhbe  
William Burkett



Miriam Burstein  
William Busenell



Kristen Bushelman  
Janet Buys



Timothy Calder  
Melissa Calderon  
Robert Callaway  
Perry Callis  
Chad Campbell  
David Candiotti

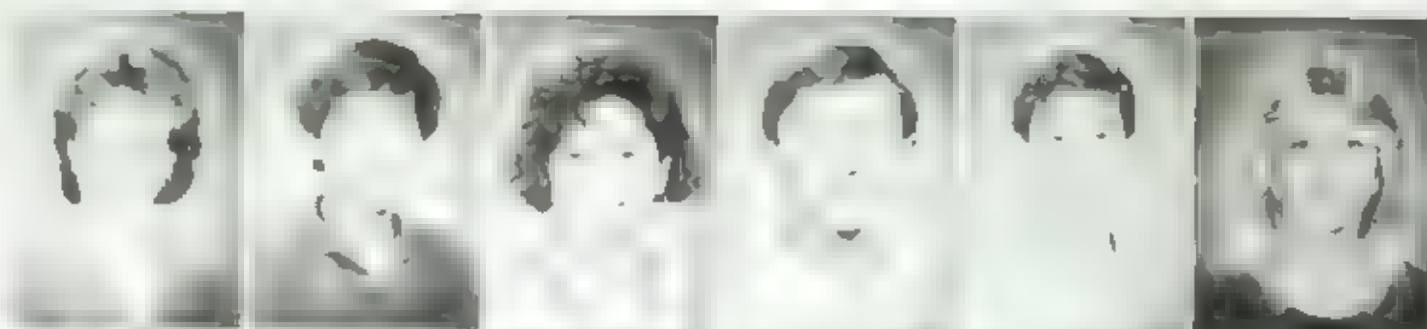


Laura Cannon  
Michele Carr  
Jon Carroll  
Laura Carroll  
Matthew Carter  
Michael Castorena



John Coughlin  
Caroline Cerneko  
Martin Chandler  
Cinnamon Chaney  
David Chang  
Wei-Chao Chang

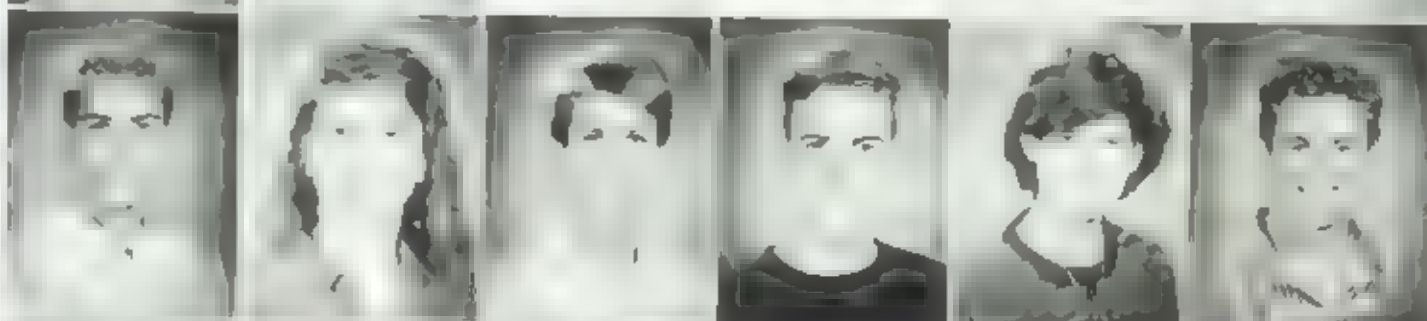
Susan Chapman  
Cory Chee  
Laura Chee  
Wing Chen  
David Cheng  
Kim Chieppor



John Chamin  
Doug Choy  
Stephanie Christ  
Pam Chueh  
Sung-lip Chun  
Jon Cisneros



Brenten Clark  
Kelly Clark  
Michael Clines  
Brandon Collier  
Jamie Collins  
Rory Collins



Scott Combs  
April Corbin  
Catherine Corliss  
Tiffany Corwin  
Michael Corzine  
Cheryl Cosby



Lisa Corter  
Gregory Covey



Lisa Craddock  
Laurel Creasey



Jason Crenshaw  
Brad Crovets



Joseph Croce  
Christopher Crocker



Kim Ramseyer watches with anticipation as the Los Al track team vies for another victory. Kim attends as many track meets as possible to cheer on her fellow Griffins.



Getting away from her hectic volleyball schedule of practices and games, Nicole Furgludt joins her friends at the annual Hallowween Dance. A star player on the volleyball court and an excellent dancer on the dance floor, Nicole turns many heads.



At the Homecoming Dance hosted by the local radio station KNAC, Kent Wells boogies to the beat of White Lines.



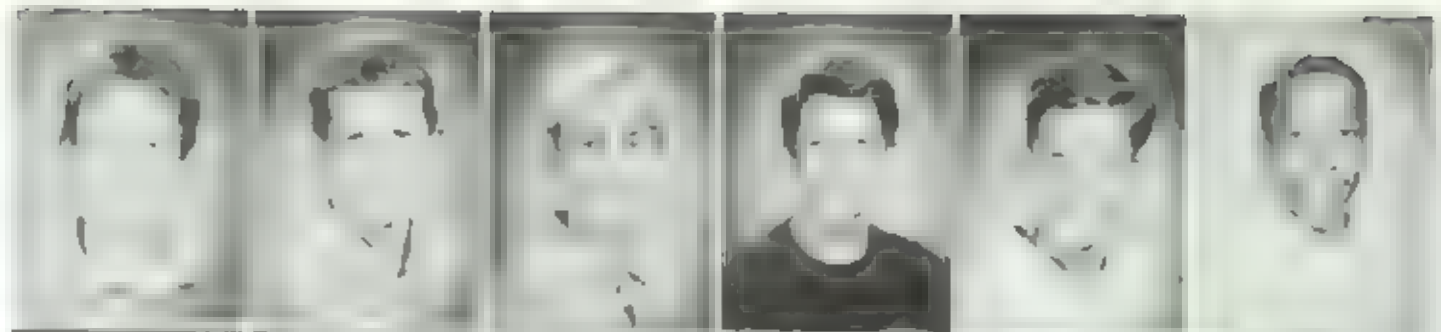
Monica Crone  
Sara Crumpton  
Andrea Cunningham  
Damon Davidson  
Douglas Davidson  
Judy Davis

Laura Dawson  
Christie Day  
Michael Dealbo  
Robert Decker  
Jack Demos  
Cholyce Devries

Gary Didio  
Tracy Dolan  
Linda Done  
Unnette Donohue  
Krista Doovey  
Robert Dorsey



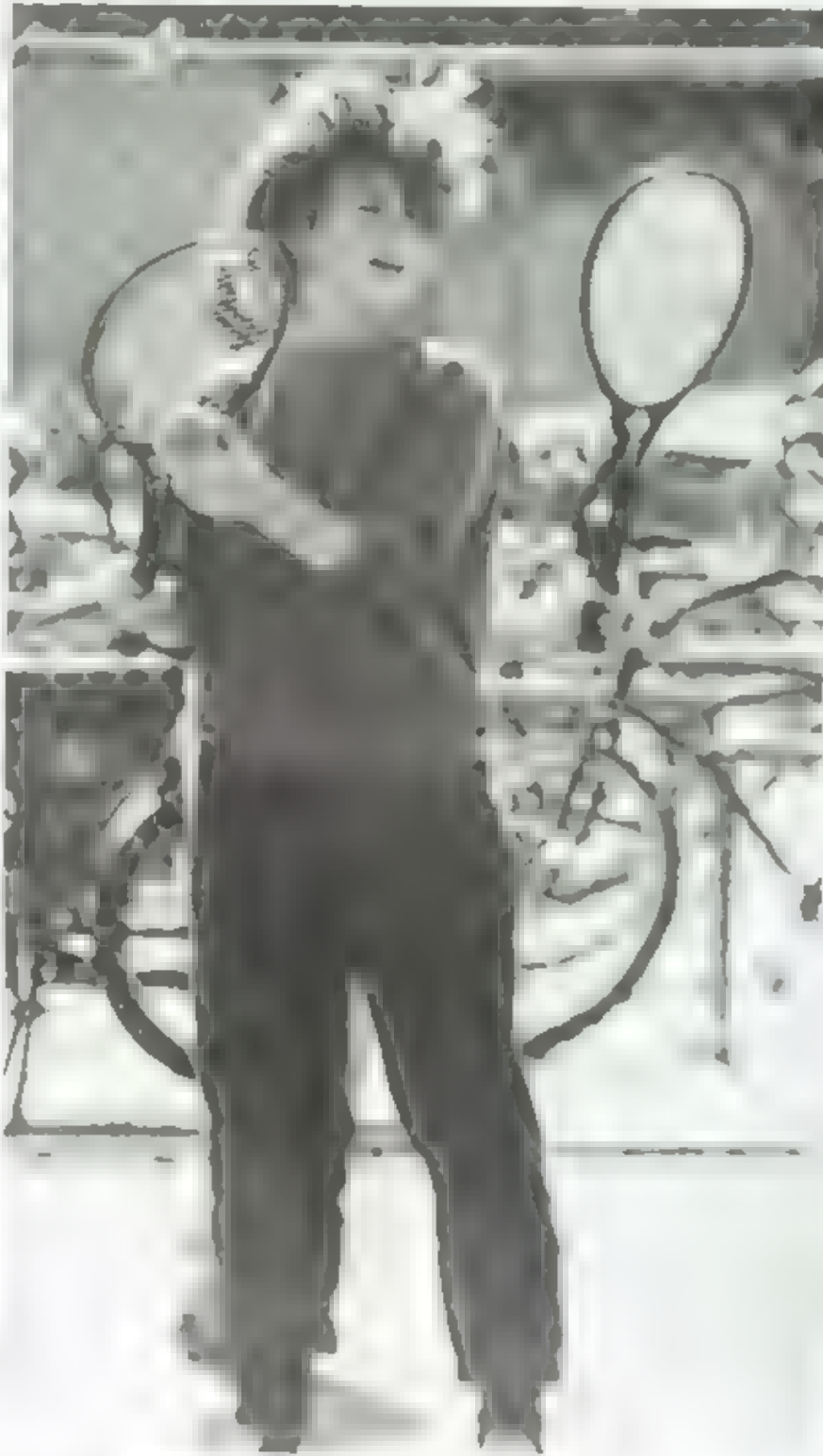
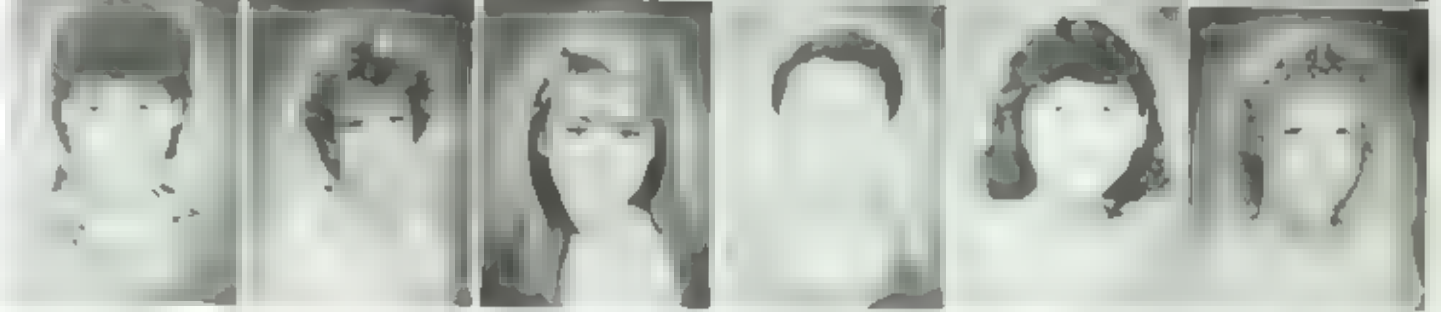
Matt Dourdin  
John Downs  
Jacob Drent  
Jeffrey Dressel  
David Dabourdieu  
Reginald Dunn



Brent Duthie  
George Easton  
Craig Edmunds  
Madine Edwards  
Susan Egan  
Jane Eichhoff



Wendy Elenes  
Kimberly Ellison  
Susan Elston  
William Emfinger  
Kelly Endow  
Jennifer Ensley



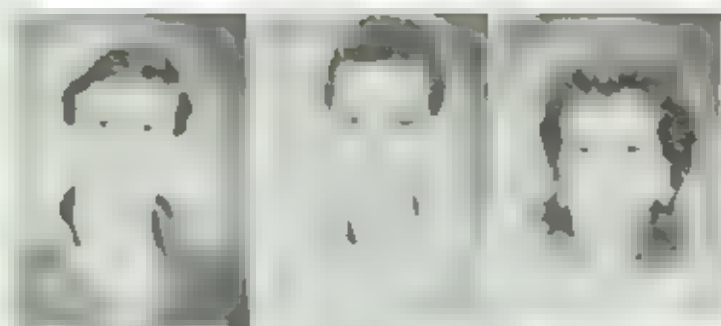
As Jill Wendell prepares to serve the team's ball, she gives a glance to the other side of the net to make sure her opponent is ready for the game.



Julie Clasen and her friend sit and contemplate their upcoming jog around the track. As students in the aerobic class, they must run to keep their bodies in shape.



Thinking about the upcoming Thanksgiving vacation, Jamie Kuntella can almost taste the turkey in her mouth. Many students look forward to the short break so they can relax from their busy schedule.



John Enkson  
Matthew Escoe  
Trista Escudero



Julia Estabrook  
Jerry Estrada  
Jacqueline Everson



Eli Exacoustos  
Jeffrey Fairbanks  
Patrick Fallon



Angel Fajardo  
Darren Forane  
Monica Fett



John Fisher  
Scott Fisher  
Alex Fishman  
Caroline Fitz Roy  
Robert Fitzgerald  
Pamela Fitzgerald



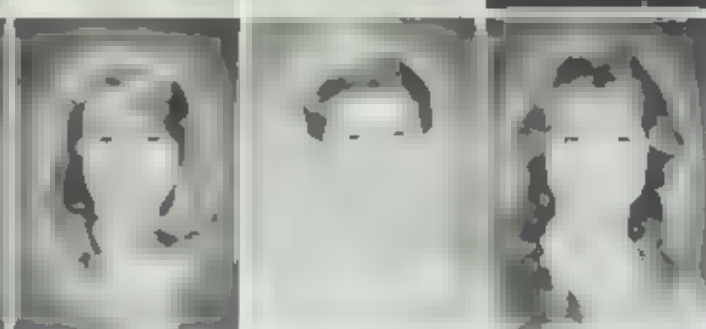
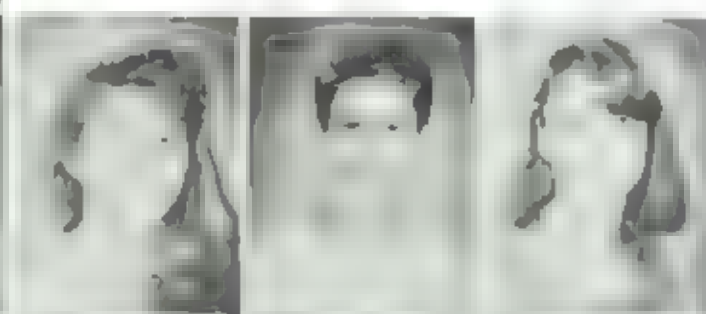
Mary Flynn  
Matthew Fardick  
Daniel Foster  
Sean Fournier  
Carolyn Freeman  
Randy Free



Anjolette Fruehan  
Nichole Fung uelle  
Anthony Fusco  
Marcus Garcia  
Sean Garkow  
Cody Garabrandt



Kimberly Garthwaite  
Sabrina Garzapena  
Christopher Geer  
Michele Genet  
Donald Gerber  
Kathleen Gibbons



Shane Loftus grins as he puts the final touches on his biology paper. As a sophomore he has chosen to take biology as an elective.

On this very special day,  
mere words can never say  
the way I feel inside,  
about the love I cannot hide.

Lovers will repeat forever more  
everything that's been said before.  
I know no other words that compare  
to the way I feel and the way I care.

"I love you" seems to say  
it all, even if the words are  
short and small.  
They mean the most  
when thoughts are true,  
they mean everything  
when I say them to you.

In friendship and in love,  
I will hold you in my heart  
praying to God above  
that we will never part.

Rossie Hjelmsrud



Memorization and speed tests require a lot of concentration in typing class. With his speedy fingers, Sean Parks, glides through the warm-up exercises before the actual test, and forgets about "Social Distortion" until later.



Many students are often asked by teachers not to talk during class. Eric Hoppoldt exhibits students' most common response when accused of speaking in class, "It wasn't me. It was him."





Kristin Gibson  
Jinder Gill  
Jennifer Gilroy  
Shelby Gilroy  
Jeffrey Gima  
Mark Goggin



Tanya Gomez  
Teresa Gonzales  
Vanessa Gonzales  
Jennifer Gorman  
Jason Gormley  
Shelly Gregory



Diana Griffin  
James Griffin  
Tina Griffin  
Joseph Gross  
Teresa Grosso  
Elizabeth Grueter



John Guest  
Jessica Haberman  
Lisa Halaby  
Lorayne Halbig  
Te Li Hall  
Carl Haller



Melinda Hancock  
Duane Handy  
Eric Happoldt  
Samuel Hardin  
Laurene Harding  
Geoffrey Harper



Sophomore Carolyn Kolb gazes in amazement at the Drill Team's field show during halftime. The Omega Drill Team's outstanding routines captivate their audience's time and time again during the football season.



Kristie Vanzutphen thumbs through her typing manual to locate the page assigned. Many students take typing to learn necessary business skills that will help them in the future.



Neils Jorgenson walks to class eating a blow pop. During nutrition students find quick snacks to eat before lunch.

Wayne Hams  
N cole Hartley  
Gregg Hartman



Michael Hastings  
Yuchiro Matsusaid  
Corrie Hecht



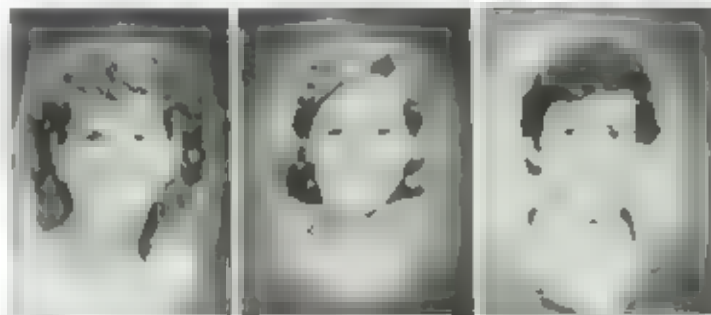
Gregory Hecht  
Dyana Heer  
N cole Heideman



Jodi Hemphill  
Michelle Henderson  
Helen Herning



Rebecca Hewin  
Heather Heyer  
Joseph Hill



John Hirsch  
Kassie Hjelmsrud  
Raus Hoelscher



Lloyd Hoffman  
Amy Holzgang  
Mary Houghton



Carolyn Howard  
Philip Hsueh  
Edward Hughes



Helene Levitt listens carefully to the instructions given by her teacher. She feels that it is important to maintain high grades so she can get into a good college.



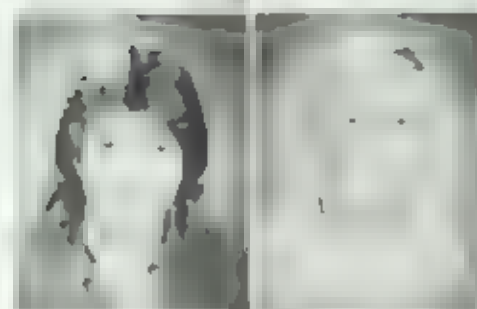
Lisa Moriotti



Stephanie Hursh  
Suzanne Hurton



Trang Huynh  
Curtis Hyatt



Stacy Isbell  
Kieth Ives



Janice Iwakoshi  
Robert Jack



Jon Jackson  
Sasha James



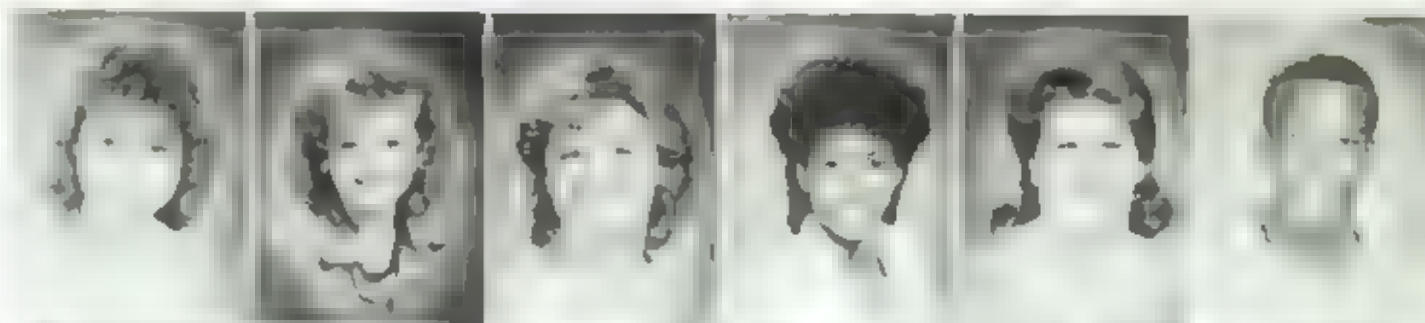
Jennifer Younghusband has no fear of being original and different. Her style reflects the outgoing spirit of many others in the Class of '88 who dare to be themselves.



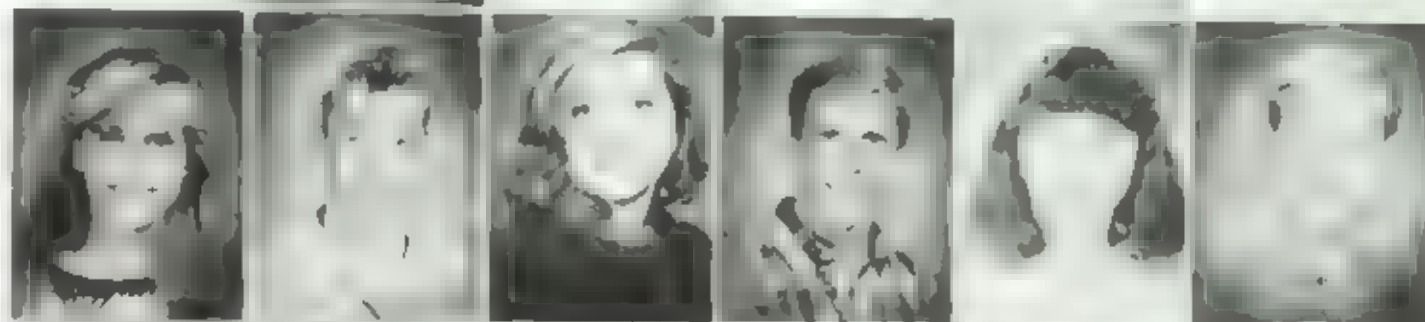
Denise Novak and Eli Eracostas walk to lunch to build their salads at the salad bar. The salad bar has been a popular addition to this year's menu.



Shari Jannati  
Tabitha Jewett  
Heather Johnson  
Joy Johnson  
Karen Johnson  
Steven Johnson



Kim Jones  
Mark Jones  
Micah Jones  
Niels Jorgensen  
Heien Jun  
John Kahler



Dorlane Kamm  
Kristine Kanas  
Jeffrey Kanaw  
Carolyn Keegan  
Dana Keiley  
Michael Kelly



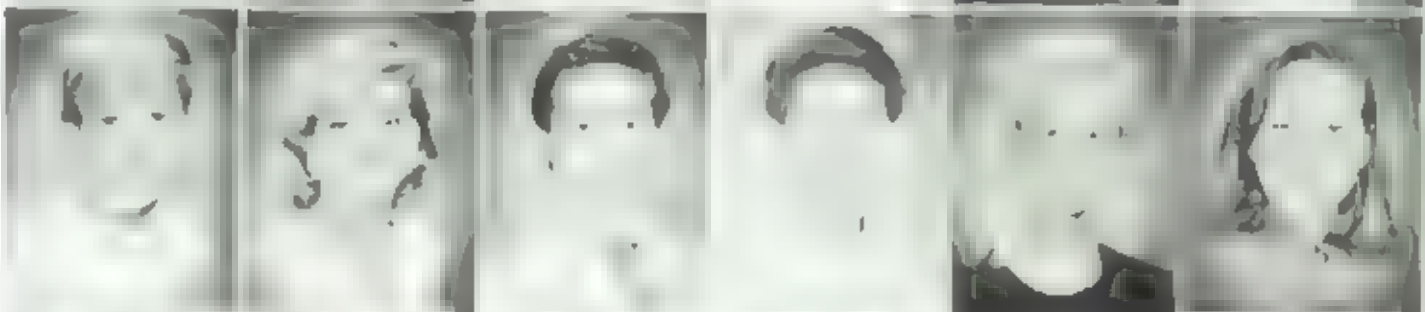
Tammy Kelso  
Kimberly Kidd  
Mike Kientz  
Mike Kim  
Kristin Kindermann  
Rachel Kirkus



Michele Kissinger  
Wendy Kjorness  
Karen Klabouch  
Joey Kleinman  
Stacy Klindworth  
Linda Klumb



Edward Knight  
Carolyn Kolb  
Stefan Koff  
Shuben Koong  
Greg Kraft  
Coleen Krambeck



Peter Krapf  
Holly Kunst  
Jonie Kuntala  
Vickie Kuzmich  
Jennifer Labar  
Beth Labko



Down Lacerte  
Christopher Lamb  
Andre Lamooureux  
Eric Lange  
Samantha Lannon  
Tanya Larson



## A DREAM

Hope is a dream, a dream is a wish that my heart makes  
when I'm fast asleep.

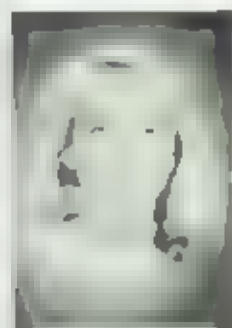
For this world is the dreamland of a dreaming soul. I find  
myself in a dreamland, a place where I can  
go to view, because there is no limit to my fantasies and  
no hold on my imagination.

It's something neither good or bad, but full of mystery  
and intrigue. Sometimes way ahead of me, sometimes  
trapped within my solitary mind.

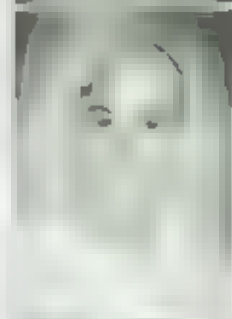
The pain and desire are all mine. In my own world I can  
visit the moon or I can fly, I can even die. I can see the glass  
or I can see the flame. I can feel happy or even shame.

Because no dream is ever the same, sometimes I feel I'm  
tried to a stake only to suddenly realize that I am awake.

— Jessie Watson



Fomen Last  
David Lottanzio



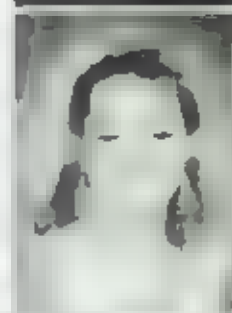
James Laughlin  
Kyle Ledesma



Theresa Lee  
Michelle Lefort



Jason Letson  
Patrick Leon



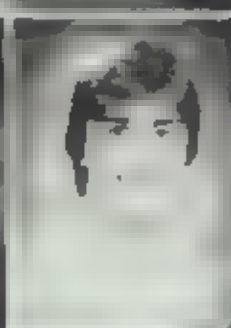
Jean Leonard  
Gino Leong



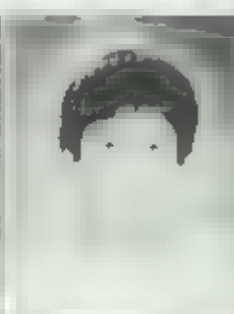
Lisa Lerno  
Michael Levine  
Bryan Levine  
Helaine Levitt  
A mee Lewis  
Judy Liang



Robert Lienau  
Hahn Lin  
Michael Litt  
Shane Loftis  
Nancy Logan  
Jeffrey Long



Phyllis Long  
David Lowrey  
Christina Lucas  
James Lucas  
Leonard Ludwigen  
Erik Lupescu



Erick Lynch  
Jeffrey Lyons  
Jeffrey Mockewicz  
Cynthia Mockewicz



George Maistero  
Jennifer Mastlen  
Michelle Malkemus  
Lisa Mariotti



Joey Marquart  
John Martin  
Michael Martinez  
Ari Martini  
Jennifer Maurer



Lisa Spotskey, diverted from her driver's education homework, turns to talk to a close friend. Besides reaching the operation of a car, driver's education gives students an opportunity to socialize.

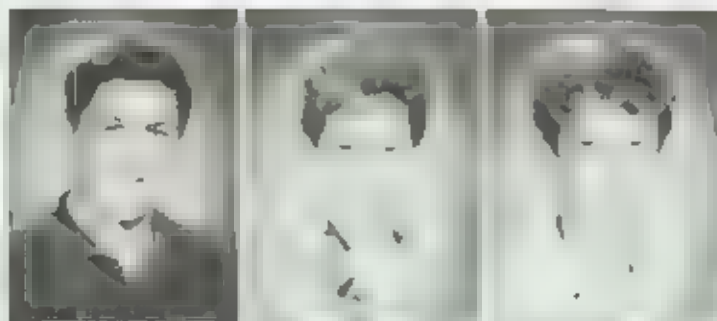


As she watches the exciting game, Heather Hoyer smiles with approval. Heather is very enthusiastic about the football games because the team is doing so well this year.



Sophomores, Craig Wiblema and Kathy Willis discuss their plane geometry assignment. Although mathematics involves independent work and concentration, the helping hand of another student is never ignored.





Paul May  
Gina McAfee  
Mark McCoy



Marcy McDaniel  
Melinda McDonald  
Erin McGlone



Mark McGolden  
Heather McGrann  
Kevin McIntyre



John McMahon  
Brian Meckler  
Adam Melovitz



Ann Mellenkamp  
Frank Mesner  
Heather Meyer  
Scott Meyer  
Steve Mharav  
Carol Miller



Jeff Molohan  
Mark Molnar  
Stefan Moon  
Julie Moore  
Maxwell Moore  
Robert Mora



Kristen Moretto  
Michelle Mosher  
Jennifer Mount  
Ronald Muir  
Danny Mulleary  
Bret Mumy



Cole Munson  
Gregory Murphy  
Melinda Murphy  
Phillips Munoy  
Tony Muser  
Stephen Musselman



After a rough practice, Kanani Turco sits down to catch her breath. She is thinking about the big football game she will cheer on on Friday evening.



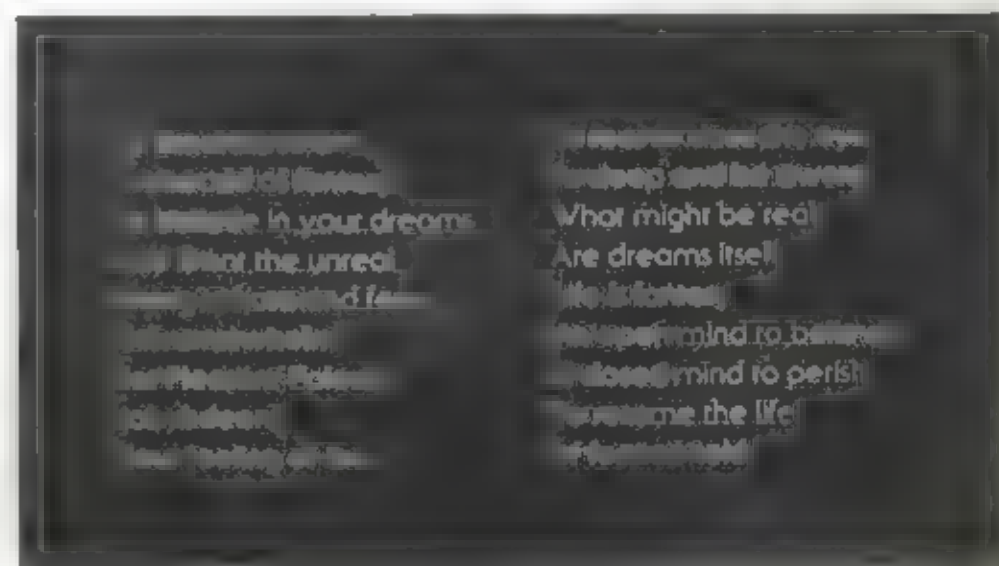
Heather Meyer sits and listens to the Holiday Choir Concert. Many modern and classical Christmas and Hannukah songs delighted the audience. The choir's performance enlightened everybody's spirits.



Tanya Larson walks back to her desk after turning in a creative Spanish report. Many students take Spanish in order to broaden their cultural horizons.



Sophomore Melinda McDonald smiles enthusiastically as she watches the Homecoming ceremonies. Melinda reveals extra enthusiasm in supporting Los Alamitos activities because she has learned school spirit in portraying the ever-so-popular Griffin mascot.





Shelly Naakgeboren  
Vincent Nash  
Betty Nehrenberg  
Russell Newby  
Leanne Newman  
Michelle Nielsen

Max Nishi  
Tonyo Nold  
Denise Novack  
Tara Nummedal  
Jennifer Nunes  
Christopher Obritz

Karen Oda  
Thomas Ogorzalek  
Neil Okazaki  
Shawn Oleary  
Erika Olson  
Kirsten Olson

Karl Oneyear  
Cynthia Orr  
William Orvis  
Paul Ottone  
Brett Pagett  
Eva Paine

Sean Park  
Kristin Parker  
Shelly Parker  
~~David Parnell~~  
Carolyn Patton  
Eric Patrick



While examining the anatomy of a possum, Scott Stevens, Erin McLove, and Tony Tardione discover that a biology experiment requires teamwork to succeed. Biology enables students to study the environment and its elements and their relation to the ecosystem.



Nicole Farguete diligently takes roll in the Physics class that she T.A.s for. Nicole gladly takes part in helping the faculty.





Writing on paper that Jeremy Minetti thinks is there, he answers the inevitable question, "Who sits at this desk and Who Loves who"

Brent Patterson  
Pat Patterson  
Stephen Pawlacyk

Monte Payne  
Steven Pendleton  
Loralyn Perkins

Kassandra Perry  
Julie Peterson  
Todd Peterson

Melanie Phan  
Rodney Phelps  
Todd Phillips



Greg Pirk  
Larry Pitcher  
Robert Platt

Mark Plattenberger  
Amy Polakoff  
Diana Ponce

Eric Pondnie  
Kristin Pound  
Yvette Powell

Seaphanie Price  
Erik Prussel  
Danny Pszyk



Expressing her views on the subject of nuclear weapons, Lisa Martell wears a silkscreened t-shirt made by one of her friends



Kyle Edesma



Kent Wells looks over to the corner of the gym in time to spot our loyal mascots. Gunther and Gertrude spend hours entertaining the crowds at games.



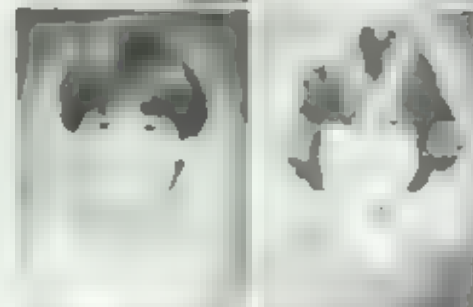
Christy Quintana  
Erin Rocco  
Brian Rob



Debbie Ramchandan  
Kim Ramseyer



Mary Beth Rous  
Royal Reed



Kevin Reekes  
Lisa Reekes



Lauren Reeves  
Andrea Rehman



Marvin Jelavich works diligently on an essay summarizing the book he just read. He finds out that reading the book is easy, but using Cliff Notes are even easier.

Jennifer Reince  
Angela Reinhardt  
Gregory Reyes  
Stacy Rich  
David Richardson  
Trisha R-nello



Lisa Rivard  
Roger Roadstrom  
Russell Rogers  
Sanford Rose  
Dana Rosenfeld  
Christine Ross



Karen Rothery  
Steve Rubenacker  
Monique Ruiz  
Anna Saladrigo  
Holly Salk  
Stephanie Sanchez



Michael Sanders  
Michael Sander  
Diane Sands  
Nancy Sands  
David Sanford  
Pete Scanlon



Many underclassmen look forward to attending college and work many hard hours to make their grades the best they can be. After figuring out various and difficult Algebra problems, Anthony Blasing looks up in amazement. One of his many girlfriends yells across campus trying to catch Anthony's undivided attention.



This room it holds a thousand dreams,  
of wishes untold, unheard, unseen  
Memories of you,  
the times we shared  
The things we used to do  
how much we cared.

Those dreams were shattered  
the day you said good-bye  
My heart abused and battered,  
I thought our love would never die

This room contains the unforgotten lies,  
the absolute truth, and broken alibis  
The truth is known  
The lies are shown  
The alibis have passed  
I once believed the truth was  
that our love could last  
The lies have been said  
though brought up once more  
The alibis are dead,  
they have rotted to the core

This room of mine is empty and dark,  
but not so easily forgotten by me  
It was once the place to be alone,  
to see only what I wanted to see

Kirsten Taylor



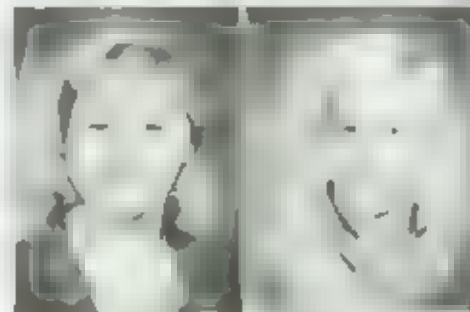
Cynthia Schild  
Stephanie Schulstadt



David Schulten  
Erik Schumacher



Gina Schuman  
Stephanie Schweig



Julie Scott  
Michael Scott



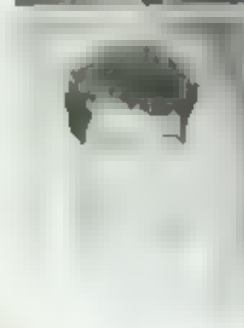
Stephannie Scott  
Julia Seaborn



Kim Soderstrom  
Genevieve Segovia  
Jason Sellers  
Kirk Shablow  
Derrin Shelly  
Kristin Shelly

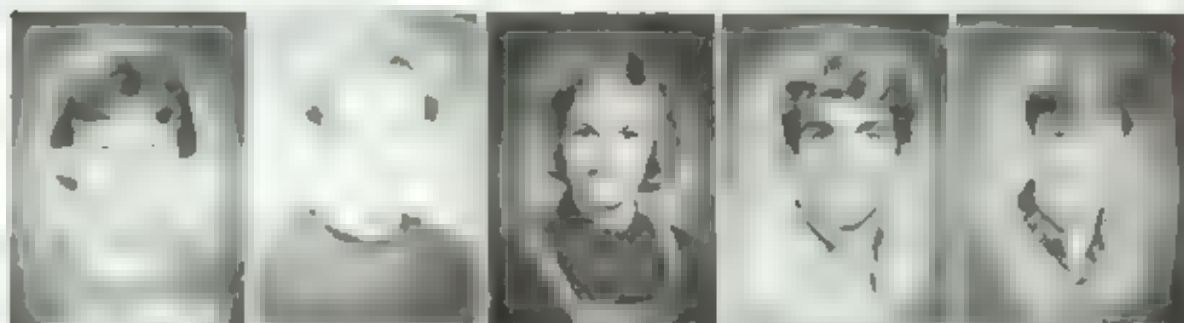


Brian Sheron  
Brande Shields  
Robin Shivers  
Jodi Shuppura  
David Sidani  
Julie Stier



David Silverman  
Jennifer Simmons  
Julie Simmons  
Matthew Singer  
Tonia Sisson  
Carol Smith

Casey Smith  
David Smith  
Sharon Smith  
Toby Smith  
Mike Sockett



Yvonne Soule  
Robin Southerland  
Christopher Spoden  
Lisa Spotskey  
Andrea Sprague



Jennifer Sprague  
Kurt Spurgin  
Derek Stanford  
Jeff Stephens  
Julie Stevens



Staring in amazement John Kahler watches the football players strive towards another victory game. John is actively involved in the Basketball program, which has done exceptionally well.



Tim Wynn meanders from his English work to glance outside the door and admire the picturesque surroundings. Tim is a very enthusiastic sophomore who is involved in many extracurricular activities.



Cindy Finger, Julie Roffing, Amy Vera watch with envy as the Omega Drill Team boogie on down to 'Oh Sheila.' The old members perform their annual homecoming performance.



Scott Stevens  
Sarah Stries  
Rainy Jo Straul  
Sandi Stripling



Shel Stuhr  
Joann Sugihara  
David Sundmacher  
Ryan Sutton



Lara Swann  
Mathew Sweet  
Bobby Sylvia  
Soteria Syrengelas



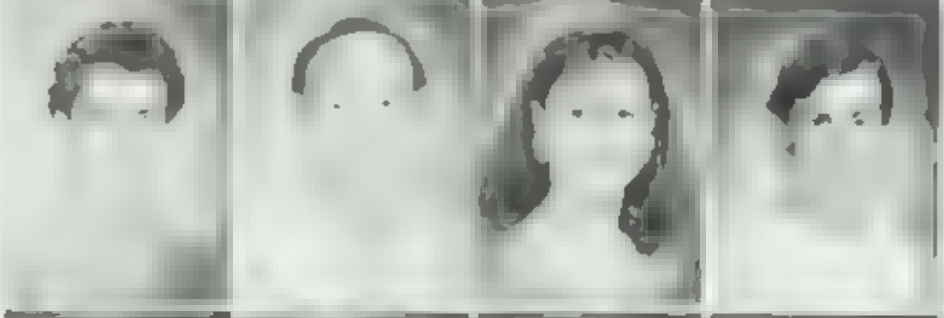
Zoe Syrengelas  
Elena Talamantez  
Moglene Tamaras  
Torrie Taichone  
Kirsten Taylor



Janice Terby  
John Terby  
Lisa Terry  
Mark Thomas  
Michael Thomas



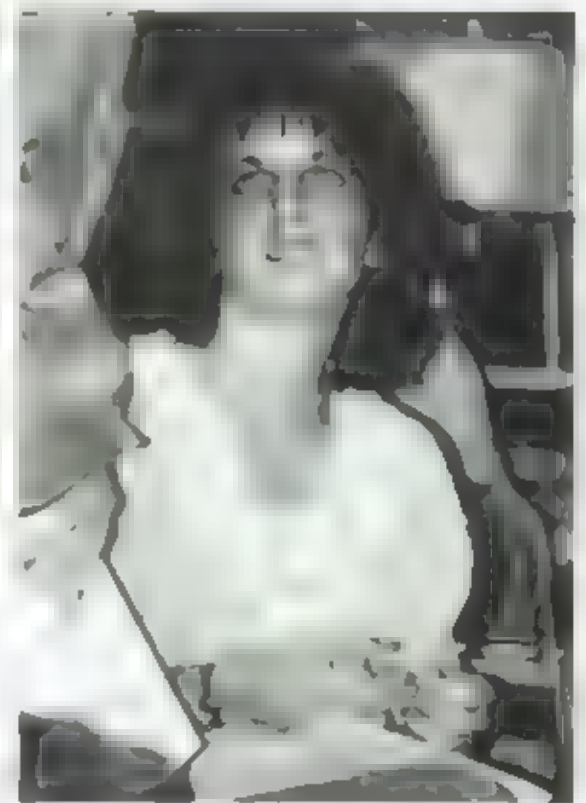
Michelle Thomas  
Gregory Simmons  
George Ting  
Gregory Tabin  
John Treadwell



Eric Trujillo  
Tri Truong  
Teresa Turco  
Robert Turtle  
Marika Ukai



Bill Uranga  
Farnez Vadood  
Kimberly Vanegas  
Kristy Vonzulphen  
Dorell Vaughn



Sheryl Albert hears that choir practice will be after school. This fact is no problem for dedicated performers.





Lisa Rivard watches with amusement as the first dance of the 85-86 year begins. Here Lisa will see the newest dances and hear the latest music.



Josh Musselman and Mike Scott discuss their after-game plans while they watch the exciting football game. Perhaps they will attend a victory party.



Preparing for the big Spanish test next week, Sophomore Marc McGolden uses her study time wisely by beginning to study the certain verb tenses and genders that are vital to mastering the Spanish language.

### Don't Look Away

Crystal dreams shatter  
daylight chosen away  
Images of you  
Smiling that way  
saying I love you  
Don't look away  
Don't look away  
if you don't mean it —  
For when you look back  
there may be nothing to see

Kirstin Olson



Krishe Vavak  
Ronald Vega  
Mark Vera  
Matthew Verga  
Michelle Vergara  
Kelly Vurgun

Anthony Ware  
Jessica Watson  
Eric Webb  
Sharon Weinstein  
Nancy Weintraub  
Kent Welis

Jill Wendell  
Aaron Wheeler  
Sean Welchel  
Bill Whipple  
Amy Whirllock

Craig Wiblema  
Scott W. Iford  
Tami Wilhelm  
David Wilkins  
Todd Wilkinson  
Julie Williamson

Cathy Willis  
Angela Wilson  
Brett W. Isan  
Jeffrey Wimbish  
Jonathan Wimbish  
Tracey Winslow



During a pep assembly Kanani Turao demonstrates her cheerleading skills. Kanani is a member of the talented Junior Varsity cheer squad. Cheerleading takes up a lot of time, but for Kanani it's well worth the time and effort.



Running as fast as she possibly can, Jane Yeh laughs, but hopes that she won't be late for her biology class again.

Gary Wisniewski  
 Elizabeth Weller  
 Jona Wong  
 Mike Wood



Eric Wood  
 Megan Wood  
 Stephen Wood  
 Stephen Woods



Timmy Wynn  
 John Yesenasky  
 Jane Yoh  
 Gina Young



Jennifer Younghusband  
 La Sandra Zarif  
 Greg Zavala  
 Jolene Zigorovich



Kelly Clark and Cinnamon Chaney perform their routine to raise the students' spirits during a pep assembly. These are often held to give students an incentive to attend the game.



Edward Hughes concentrates on his assignment in biology. All students are required to take at least two years of science, so many of the sophomores like to start early.



well say, the best managers  
 you are truly have. Lets go to  
 any dick could over this summer, OK  
 a million should sold out and everyone  
 a new fuck sold out and everyone  
 else too. well dont be afraid  
 cause. in no way dont you  
 a nice dude. bye

freshmen



Arnold Acosta  
Rick Adams  
David Ahlstrom  
Jeffrey Ahmad  
Heather Alderson



Sean Aldridge  
Bonnie Altamirano  
Kristina Alvarez  
Todd Anisman  
Darlin Anthony



Rowens Aspiras  
Michelle Askin  
Christina Atkinson  
Kamran Aurang  
Jim Autokowski



Brent Bocher  
Lance Bagstad  
Wendy Bailey  
Merinda Balm  
Jason Baltozar



David Banning  
April Barnom



Andrew Bazz  
Jackie Beiderwieden



Heidi Bengford



Looking at a difficult question, Julie Eschenbrenner ponders over the various responses she can give. This assignment is crucial because the material will be on the next test.



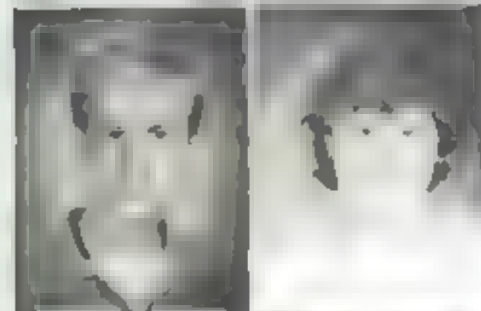
William Benkey  
Melinda Berber



Richard Bernstein  
Laura Bilton



Brad Bills  
Jason Binder



Russell Biringer  
Jane Blackmun



Jeffrey Blanco  
Jeremy Blomgren



Erik Bloom  
James Bloomquist



Cole Blassey  
Carrie Bluejacket

### My Sister, My Friend

Sometimes I know you better than myself  
You are loving and sincere  
unselfish and sensitive  
You reach out to save every heart  
except your own  
You are shy but friendly  
witty but delicate  
The balance of a perfect body  
Sometimes you are like an iron door  
shutting off the passage between your heart  
and mine  
Other times you are like a window  
open and willing to share yourself with me  
Your eyes read mine and lock our thoughts  
together  
Sometimes bringing giggles  
other times bringing tears  
The simple arguments we have had have been  
erased  
The door slamming, hanger throwing, and tear  
shedding  
has ended  
The secret telling, laughter and sisterly love  
has begun.  
I realize now that you are my sister  
My newfound, special friend

Suzanne Turrentine



Scanning the bulletin, Leslie Bryant checks the time of the football game tonight. The bulletin is a good source of information about football games and various lunchtime meetings.



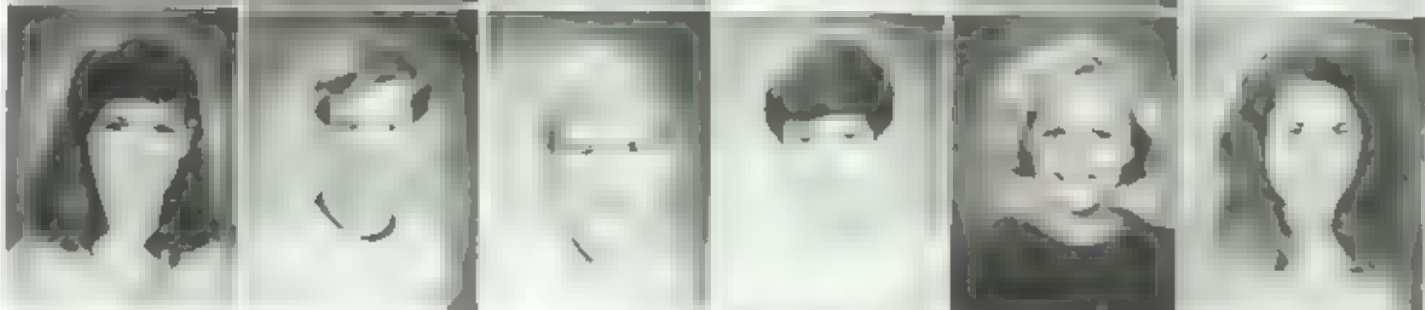
Brent Bolton  
Erica Boone  
Jennifer Booth  
Hena Borneo  
Brenna Bosanko  
Jenny Bostian



Nathalie Bourdy  
Dawn Boxwell  
Joe Brain  
Holly Brand  
Ashley Brooks  
Jennifer Brooks



Rachel Brophy  
Andrew Brown  
Christopher Brown  
Todd Browne  
Leslie Bryant  
Rachel Bryant



Handing in a test she just completed, Terri Reinhardt is glad she's finished. She hopes that her studying paid off.

Kathryn Bryson  
Randall Bugge  
Mike Burke



Christopher Burnett  
Joan Burseli  
Eric Caesar



Tina Calderon  
Chad Calhoun  
Al Campbell



In the college prep. classes there are many hard working, dedicated students who want to do well. One of these students is Robert Wilkinson, who after working hard all period is waiting for the dismissal bell to ring.

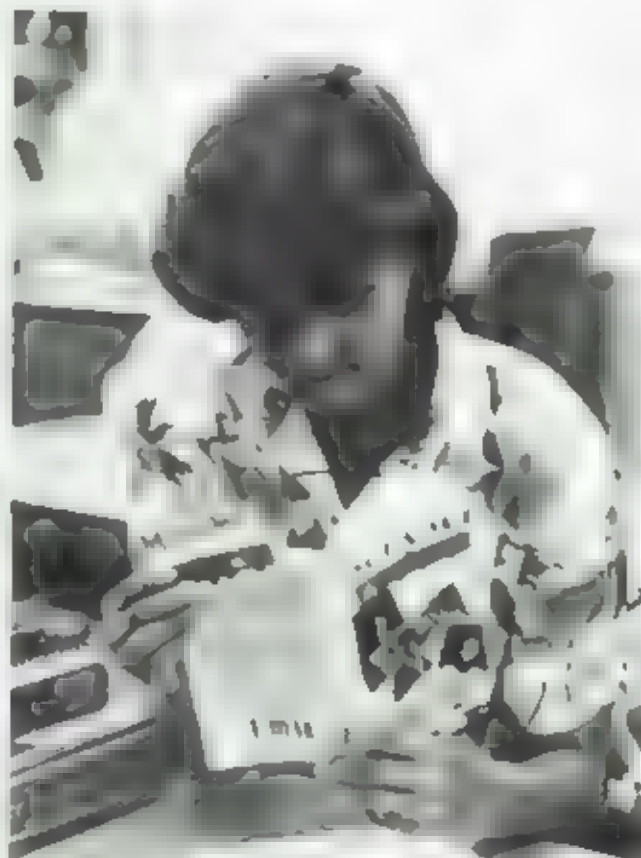


Kenny Canarsky  
Brian Carlson  
Elizabeth Carlson  
Jennifer Carpenter  
Gig Carrano

Crystal Carroll  
Rocio Case  
Becki Cash  
Gerardo Castellanos  
Kevin Castro



There was a remarkable first at Los Al this year. Winston Wolf was the very first freshman to ever play varsity football. Winston was introduced to the sport at a very early age. He first started when he was seven years old and was "brought up" as a backup quarterback. Coming to Los Al was rather strange for him because he wasn't allowed to play in any games until he turned fifteen. "I had played football for seven years as a star and then I come here and I wasn't allowed to play at all," he stated. "It was really a big adjustment for me to make." Winston plans on making football his career after he attends Lincoln University in Nebraska. He is also a good student. He had a good attitude and said, "playing football doesn't affect my school work at all." Winston was also very sure about his future career after college. "I want to play pro-football someday for the Los Angeles Rams."



Christine Cabaugh is reading a book about her favorite TV show. Miami Vice is one of the most popular shows this season.

Giovanni Catalano  
Lisa Caudillo  
Alex Chang  
Suzanne Chaves  
Dana Chavez



Alison Chee  
Julian Chen  
Jennifer Cheroske  
Cinderella Chui  
Dana Cipollone



All freshmen have weekly vocabulary tests. Angus Dunan is preparing himself for the one that he has to take tomorrow.



Rodney Phelps smiles while taking an open book test. He is prepared and glad that he knows all the

Christine Gabaugh  
Jason Clark  
Timothy Clark



Susan Collins  
Kathryn Comings  
Corey Conter



Lisa Connery  
Karyn Cook  
Jason Coons



Carle Cooper  
Deja Corcoran  
Erin Cordes



Rachel Corley  
Faith Costales  
Stephen Covall



Gerry Craig  
Lisa Craig  
Angela Craven



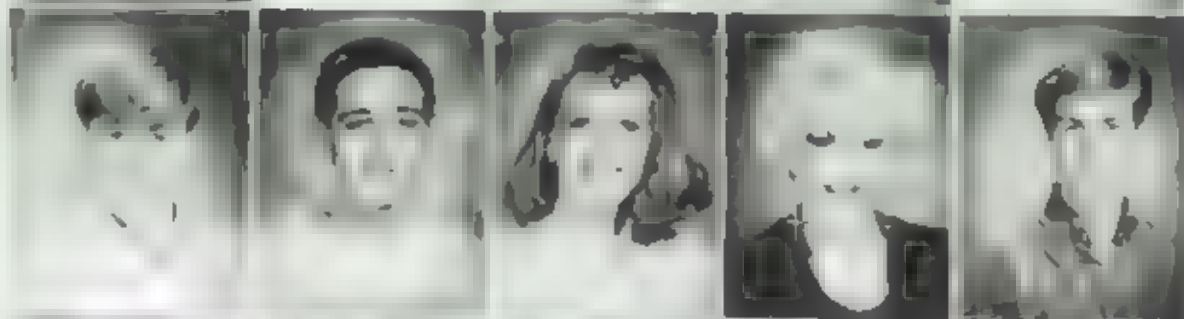
Sean Cronin  
Holly Crum  
Henry Custodio







Tara Daly  
Duncan Davidson  
Alyson Davis  
Kecia Davis  
Michael Dechert



John DeGregory  
Robert DeIamora  
Tracey Delaney  
Dawnita Delcasale  
Philip DeMatteo



Shannon Demers  
Deborah Devlin  
Kirstyn Devries  
Mia Dorian  
Rachel Dolmajec



Armando Dominguez  
Jacqueline Doney  
Tracy Doyle



Buck Druckenmiller  
Adrian Duncon  
Angus Duncan



Joseph Dvornekovic  
Brian Ehler  
Tonya Ellis



Maiken Emmerich  
Kimberly Engel  
Jill Ensley

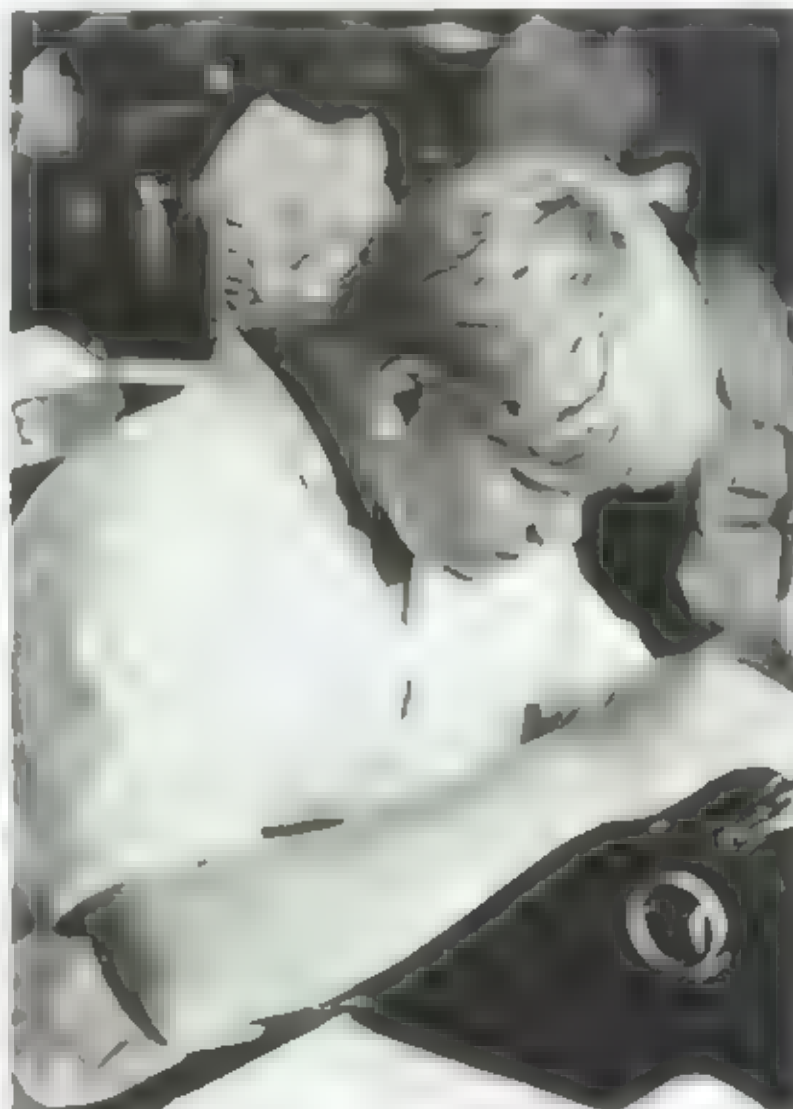


Martko Ukol

Julie Eshenbrenner  
Carla Esquivel  
Steven Evans  
Julie Everett  
Barbara Ewing



Dawn Fagot  
Thierry Fallon  
Grace Fallon  
Sina Fanene



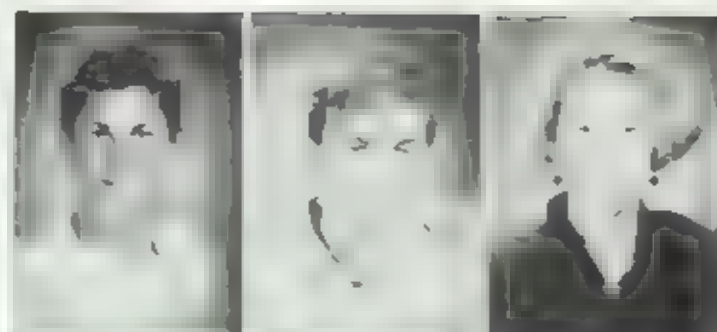
Concentrating on his work, Cole Blassey corrects a mistake made during a typing test. These timed tests help students see how quickly and accurately they're typing.



Katie Comings and Colleen May look at their grades posted in their classroom. Report cards come out every six weeks to mark the progress of students.



Nicole Nutton hugs her teddy bear for security. It was given to her this morning by her secret sister. Nicole is a freshman who is very involved in school activities.



Robert Farrell  
Michael Ferrier  
Meghan Fife



Tasha Finney  
Joel Fischer  
Kathleen Fitzer



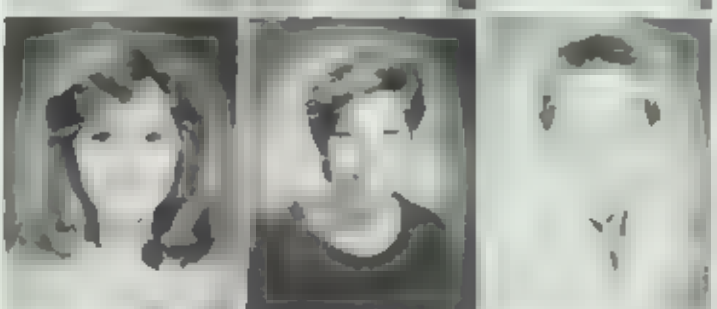
Denelle Flynn  
Andy Ford  
Kristen Fort



Carl Frayter  
Gail Fridlund  
Jeffrey Fulp



Kenneth Gajewski  
Michael Gallagher  
Sougol Gangi



Kathleen Gannon  
Catalina Garcia  
Raymond Garman



Gary Gaudio  
Garrett Gouvaln  
Micah Gemme



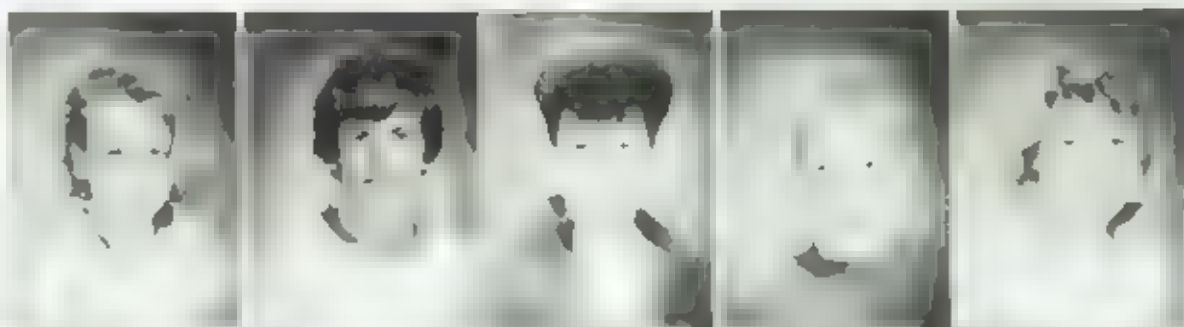
Kurt Pipal talks to his friends while working on his classwork. Having friends to talk to makes working more fun.



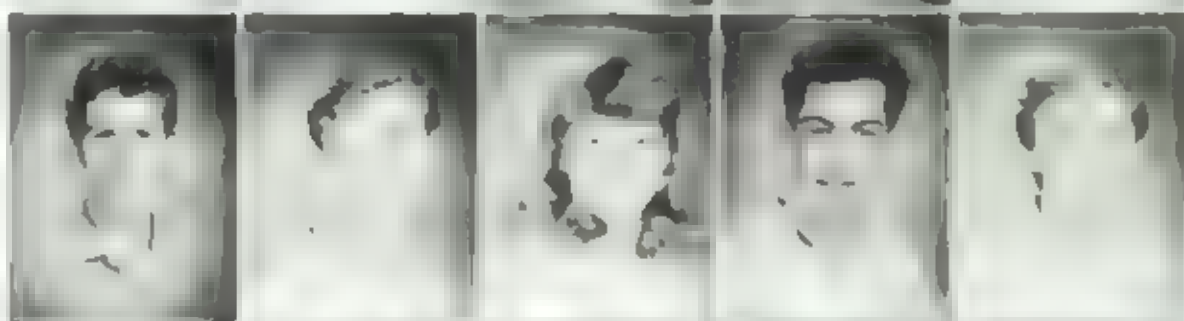
In his third period English class, Angus Duncan works on writing an essay. Good writing skills are necessary in English.



Sarah George  
Brian Gheno  
Jill Ghormley  
Todd Gibson  
Danielle Giles



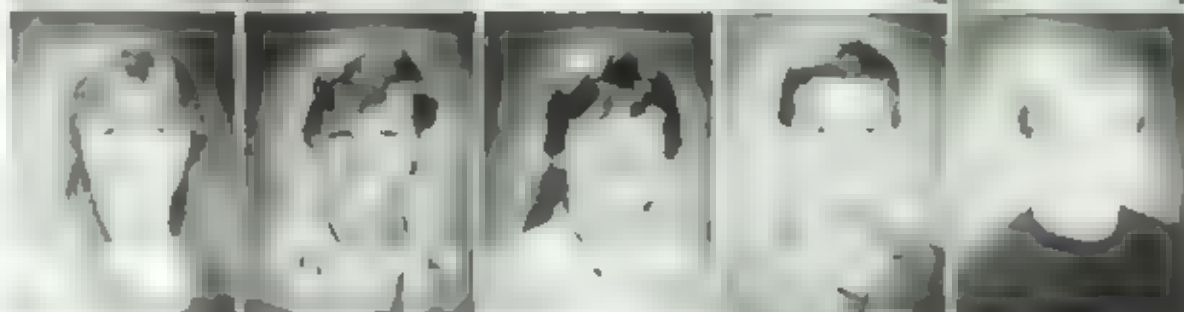
Jess Gillespie  
Timothy Glaudini  
Dawn Goldsmith  
Scott Gornberg  
Kenneth Gornert



Kenneth Goodman  
Wendy Goodman  
Ellen Gorba  
Donna Gottschalk  
John Graham



Becky Gregg  
John Gresham  
Tamera Gresham  
Christopher Grimes  
David Grimes



Nicole Graft  
Jacob Gruner



Jason Grunzweig  
Jo Dee Guenther



Kymberly Guinn



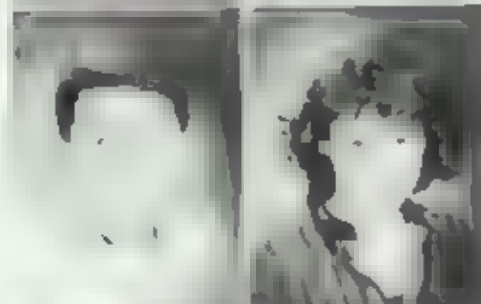
Damon Uribe is one of the many skilled typists who can type without looking at his fingers. Because of this ability, he is able to type much faster.



Deborah Gundersen  
Andrea Gunn



Rhonda Hagstedt  
Jamie Halaby



Craig Halker  
Kelly Hall



T. Tony Hall  
Christopher Hamel



Tara Hammerschmidt  
Karen Hannah



Linda Hansen  
Jana Horden



Robin Harder  
Ryan Harricks



Having finished his assignment early, Darin Anthony can enjoy the last few relaxing minutes before the bell rings. He is thinking about his plans for the upcoming weekend.

Christie Hart  
Cheron Harville  
Shigeo Matsusaka  
David Haub  
David Haven  
Randy Hawk



William Hawthorne  
Jennifer Hea  
Scott Helms  
Kevin Herrickson  
Kimberly Henry



Rosa Hernandez  
Andrew Hershenson  
Nanci Hirschman  
Wendy Hines  
Julie Hocking  
William Hoggard



Sharon Hong  
Kimberly Horn  
David Horwitz



Timothy Householder  
Caroline Howe  
Wesley Hsu



Chad Hundley  
Mario Hutton  
Nicole Hutton



Checking over his paper, Andrew Bazz sees no apparent errors. He is confident that it will get a good grade



Mike Gallagher and the other students in his class try to complete an in-class assignment. This will not be an easy task as Mrs. Flynn is well known for her high expectations from each of her students





Jon-Philippe Hyatt  
Jon Imel  
Mauricio Ingrassia  
Katherine Jackson  
Diane Jay

Leanna Jay  
Marvin Jevovich  
Amie Jenkins  
Travis Jenkins  
Charles Johnson



All of us have a special hidden talent buried deep within us. Alex Chang's gift is skating. He became quite a successful skater since he first started taking lessons when he was just six years old. Just last year he won third place in a competition for novice men. This year he tried for one of the top four places in a Pacific Coast competition. He has one major goal: to go to the Junior Worlds which will help him with his skating career. He commented on his competing against others. "I don't really care that much about what I win. I just want to be a good skater and let the world know who I am." Whenever he travels to a competition, Alex gets a lot of support from his parents. "Wherever I go, they're there with me," he stated. "They give me courage and confidence when they are with me." Besides his skating, Alex is also an accomplished artist who took an art class here at Los Al. He is best at pen and ink drawings but also likes to use other materials when drawing.



Absorbed in a book Denelle Flynn passes the time reading. Many students have time to read when they've finished working.

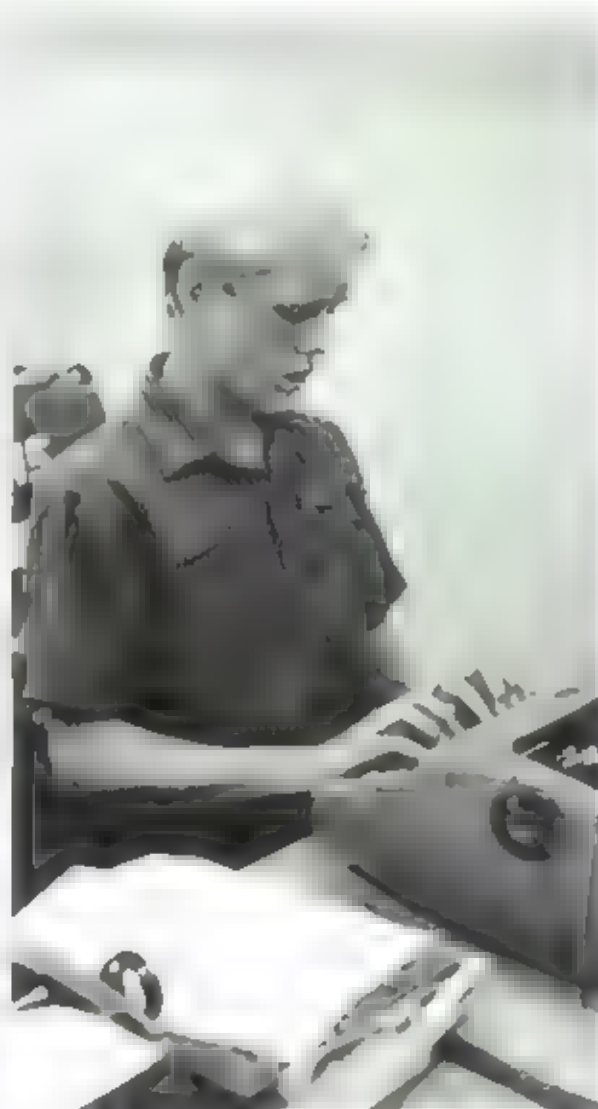


Suzanne Johnson  
Paulette Jones  
Ralph Jones  
Frank Jordan  
Lance Jorgensen

Douglas Kasper  
Janett Keck  
Jason Kelso  
Christina Kempf  
Philip Kile



Jess Gillespie quickly glances from his book to his paper. He is checking for any errors he might have made.



Typing students type term papers to learn format. Joe Brain checks to see if his format has been done correctly.

Colleen Kimball  
Mark Kimball  
Jason King



Kimberly King  
Marie King  
Tracey Kisi



Clifton Kjos  
Dorion Knowlton  
Abigail Koehring



Charles Kolb  
Michael Kolodziej



Marek Korzeniowski  
Lesley Kretchmer  
Rachael Kroner

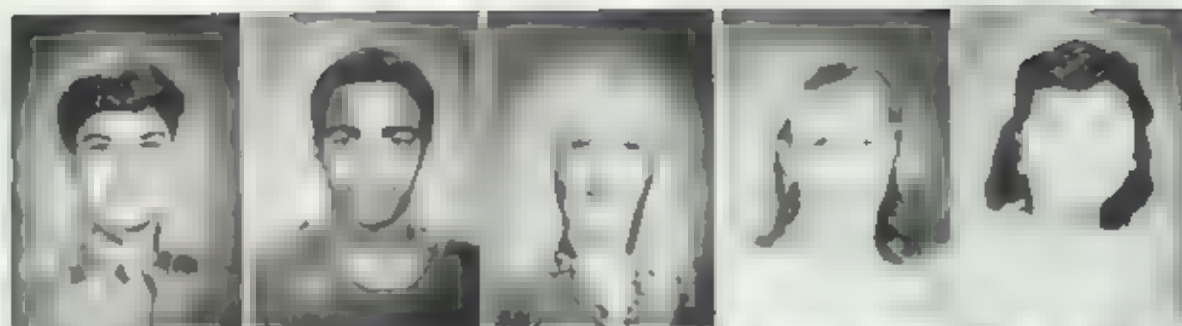


Kevin Krumm  
Michael Kuderman  
Susan Kuzminsky



Mark Laisy  
Peter Langowski





Michael Longsam  
Anthony Lastrap  
Kelly Lawler  
Katherine Lee  
Nancy Lee



Laura Leon  
Daniel Leonard  
Jennifer Levin  
Jeremy Levine  
Jason Lewis



Sarah Libby  
Elizabeth Lipsk  
Jason Litty  
Julia Liu  
Maria Livieratos



Andy Loire  
Eugene Lucas  
Tami Lucas



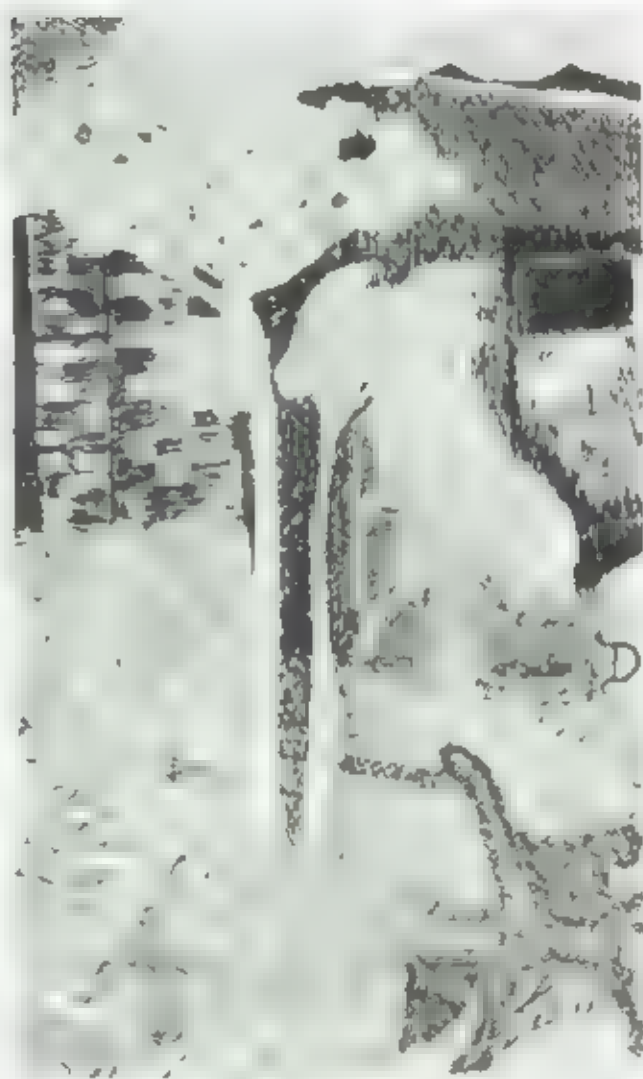
Cynthia Ludlam  
Samuel Ludwig  
Michael Luebben



Jessica Luginovich  
Brooke Mabe  
Daren Mack



Shawn Madrid  
Peter Madsen  
Jennifer Maiten



Caroline Howe



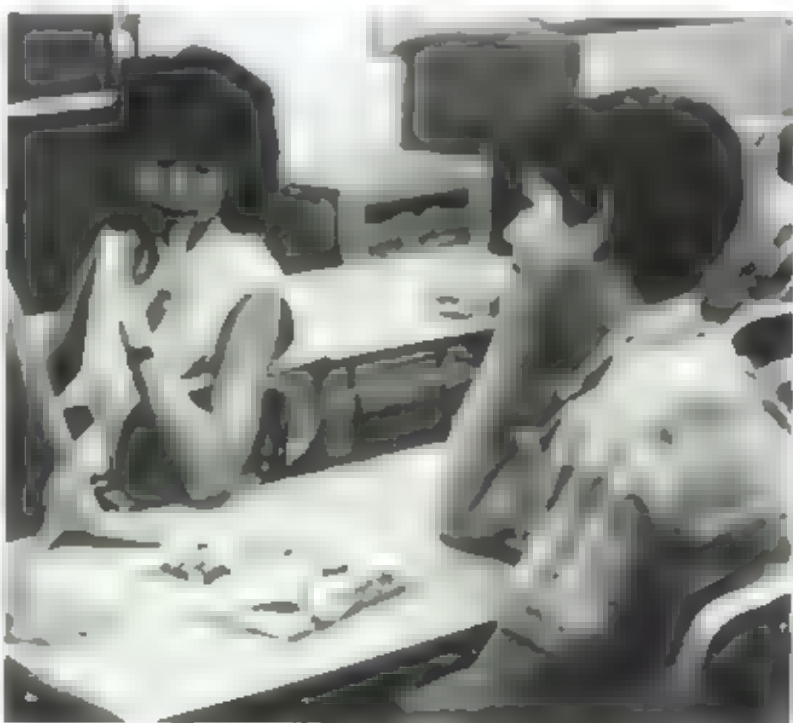
Billy Malohn  
Salvatore Mancusa  
Chad Manning  
David Maricich  
Robert Marsh  
Joseph Martella



Michael Martinez  
Lori Maulhardt  
Colleen May  
Kimberly McAlister



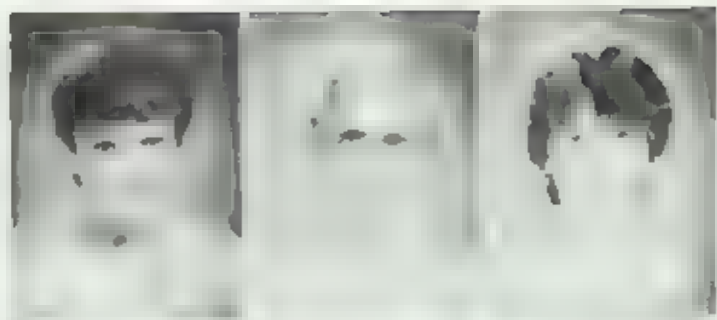
As Jason Perkins takes out a dictionary, he smiles, contemplating his next vocabulary challenge. Eager Freshmen grapple constantly with strange and familiar verbiage making them savvy.



Alison Chae is having a hard time deciding on which candy to buy from Jeff Ahmad. Jeff is selling candy to raise money for a club.



Laughing while saluting the flag, Michael Rierh, Kurt Pipal, and David Strong start the day off strong. The flag salute is said every morning after the bell for first period has rung.



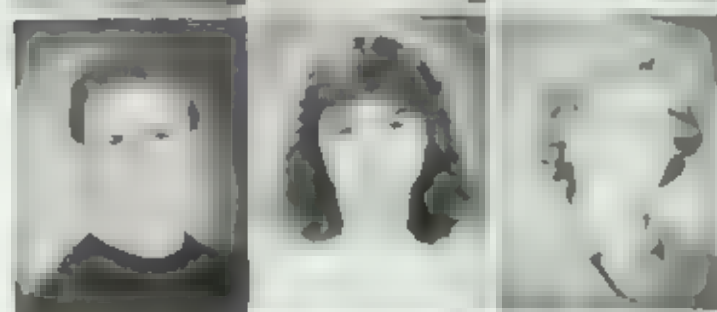
Erin McBride  
Jeffrey McConnell  
Jeanette McCulley



Jason McEachron  
Michael McEntee  
Rachel McGann



Shane McGinnis  
Robert McGrath  
Kimberly McNamer



Thomas Menser  
Melissa Mercer  
Amy Merchant



Jeremy Merrill  
William Miller  
Joseph Millar



Charles Miller  
William Miller  
Lisa Misteod



Jennifer Mitchell  
Shirlene Miyake  
Elizabeth Moision

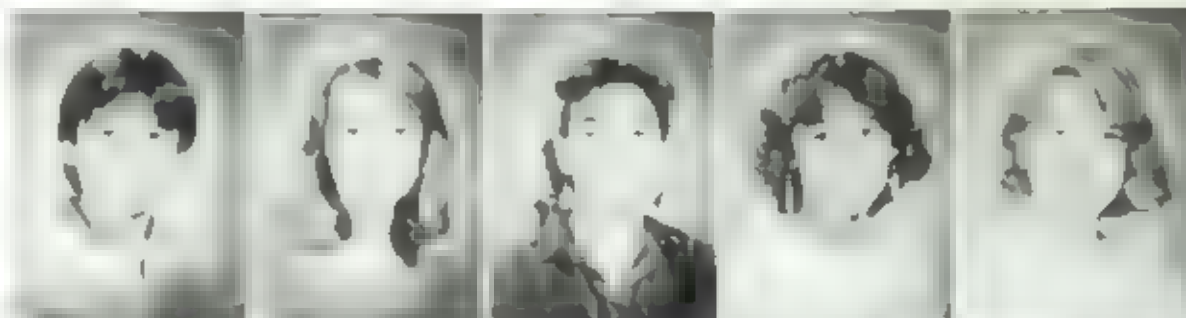


Thierry Fallon notes how quickly he's typing his assignment. Practice helps him improve his accuracy as well as his speed.



Jon Theriault answers the last question for his assignment. Some students work hard in class so they won't have homework.

Jesus Montan  
Laura Moran  
Kristina Morris  
Mashid Missoghi  
Megan Morrow



Adam Muodi  
Janet Murphy  
Stewart Murray  
Nida Nafarrete  
Jimmy Nguyen



Kristen Nicolaou  
Kimberly Nilsen  
Holly Noonan  
Fredrick Nugent  
Michael Oakley



Christy O Connell  
Kristin Ogle  
Craig Ohlrich  
Lisa Orvis  
Erin Osburn



Sunny Oslin  
Brent Overbeek



Diane Overstreet  
Tamara Page



Darrin Pagenkopp



Jamie Holoby, Leslie Bryant, and David Houb sing a song from the musical show "All That Jazz." During each rehearsal, every person puts forth their very best effort





Michael Palermo  
Christina Platis



Paula Pance  
Christopher Park



Richard Parks  
Vanessa Patrick



Laura Patterson  
Pirayeh Pedarson



Blake Pederson  
Aaron Pedrozo



Kalukani Pereira  
Allison Perkins

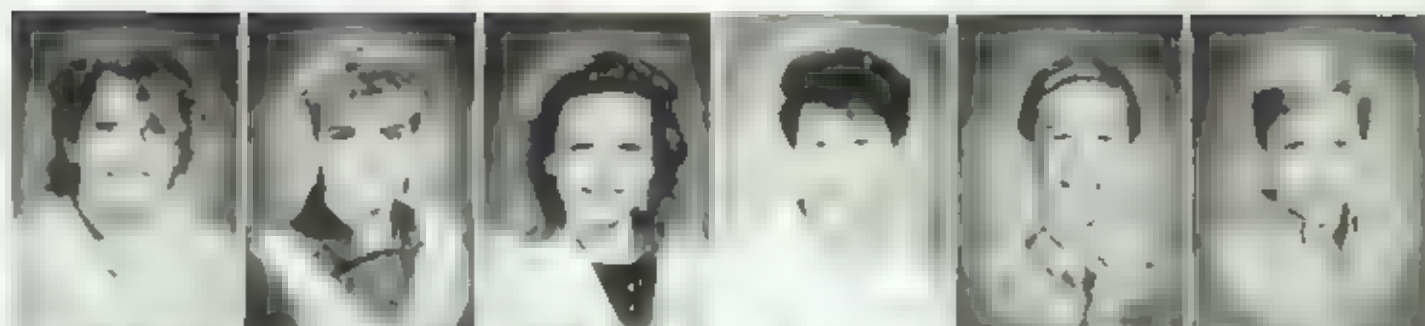


Jason Perkins  
Michelle Perslow



Brent Bodier is amazed at the incredible moves the varsity football team made during the first half of the homecoming game. He hopes that we'll win the game.

Kathryn Petersen  
 Patricia Pettigrew  
 Wendy Pfeiffer  
 John Phan  
 Kurt Pipal  
 John Poe



Pamela Powers  
 Marianne Pletcher  
 Ana Puente  
 Anthony Rada ch  
 Arthur Rathke



Philip Raymond  
 Lisa Reddick  
 Julie Redding  
 Jenny Reed  
 Jeffrey Regnier



Patricia Vaca types her exercises quickly. She is an accomplished typist who can type 40 w.p.m. with hardly any errors.

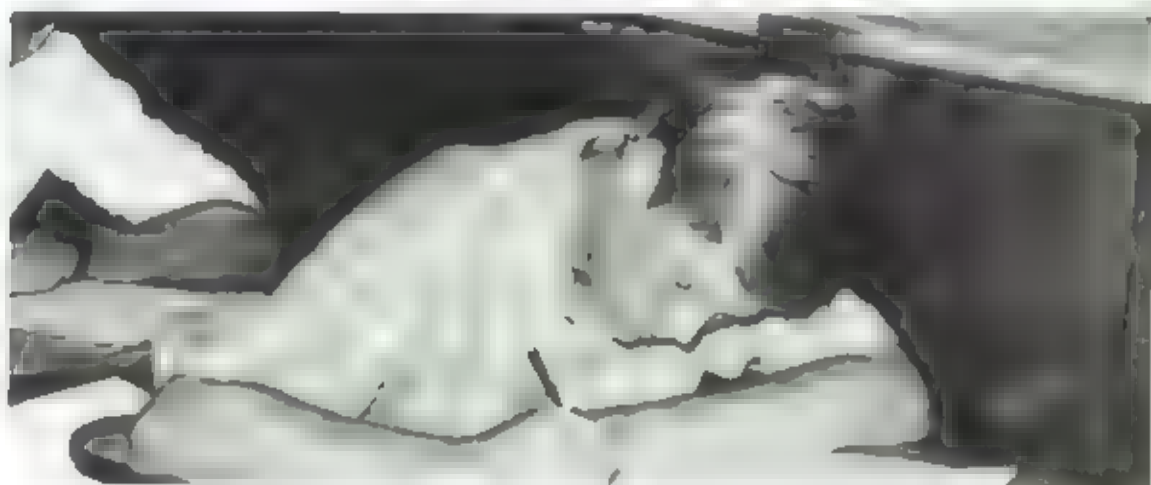
Terri Reinhardt  
 Kimberly Rennie  
 Michelle Reyes



Jill Reynolds  
 Pamela Reidberger



Michael Reith  
 Bill Reynolds



Cole Blassey, having finished all of his assignments early, quickly scribbles a note to a friend. Because of his very busy schedule, he hardly has time to talk to his friends so he writes to keep in touch.



Amy Ripplemeyer  
Russell Robertson  
Dione Robinson  
Alberto Rodel  
Lorene Roepke

Mary Rodman  
Mike Rosetti  
Kulle Roumimper  
Alisa Rountree  
Kristin Rowley



Talented Laura Younkin was a new addition to the Los Al student body. She is a singer and dancer who is a member of the Young Americans. The Young Americans are a united performing group of young people who are between the ages of fifteen and twenty-one. For any young American who wants to become an entertainer, joining the Young Americans is their key to success. But to join you must first be invited to audition. Laura was recommended by a teacher she had at Pine Middle School. She auditioned and was accepted into the group. Laura has to practice for an average of about twenty-four hours a week. "Performing is really fun but it involves a lot of very hard work," she says. Laura didn't know that she was destined to go on as a performer when she started taking ballet, rap, and jazz dance lessons over ten years ago. "I wasn't sure about performing as a career until I joined the Young Americans," stated Laura. "I hope that Young Americans will help me get on Broadway someday."



Laughing, Jennifer Hein pins up a poster for the production "All That Jazz." She plans to attend the school musical show tonight.



Dion Ruberto  
Cheryl Rutledge  
Mark Salomon  
Blair Salk  
Denise Salvati

Sarah Sampley  
Elisabeth Sanderson  
Deanna Sanford  
Donaldson Santos  
Jennifer Saurenman





While his teammates take a break, David Haub gives them tips on their game. He's always full of helpful ideas.



Joining hands with members of her squad, Jean Burtzell sings the Alma Mater at the closing of the pep assembly.

Margaret Savage  
Eddie Scantlebury  
Kirk Saylin



Lisa Schliskey  
Shanda Scott  
Christon Scrogum



Paul Seeger  
Sonet Seitz  
Karen Self



Mimi Sengupta  
Donovan Sene  
John Shafer



Elizabeth Sharp  
Cameron Shaw



Julie Shaw  
Jennie Sheley  
Wendy Shiromd



Jean Sickel  
Denise Siegel  
Marco Silva





Chris Silvers  
Johanna Silverthorne  
Gabriella Sivi  
Aaron Simmons  
Jill Simundza



Kristina Singrassi  
Kristin Skutvik  
Jennifer Slusher  
Thomas Sohn  
Andrea Sorensen



Gregory Sorensen  
Marti-Jo Spurlock  
Andrea St. Martin  
Kimberly Staley  
Ronald Stamper



Kimberly Stanfield  
Cheri Stephens  
John Stephenson



Matthew Stober  
Roman Stowell  
Remy Stratton



Rachel Strickland  
David Strong  
Kaz Sullinger



Jennifer Susemihl  
Joseph Sweeney  
Tinnon Sylvester

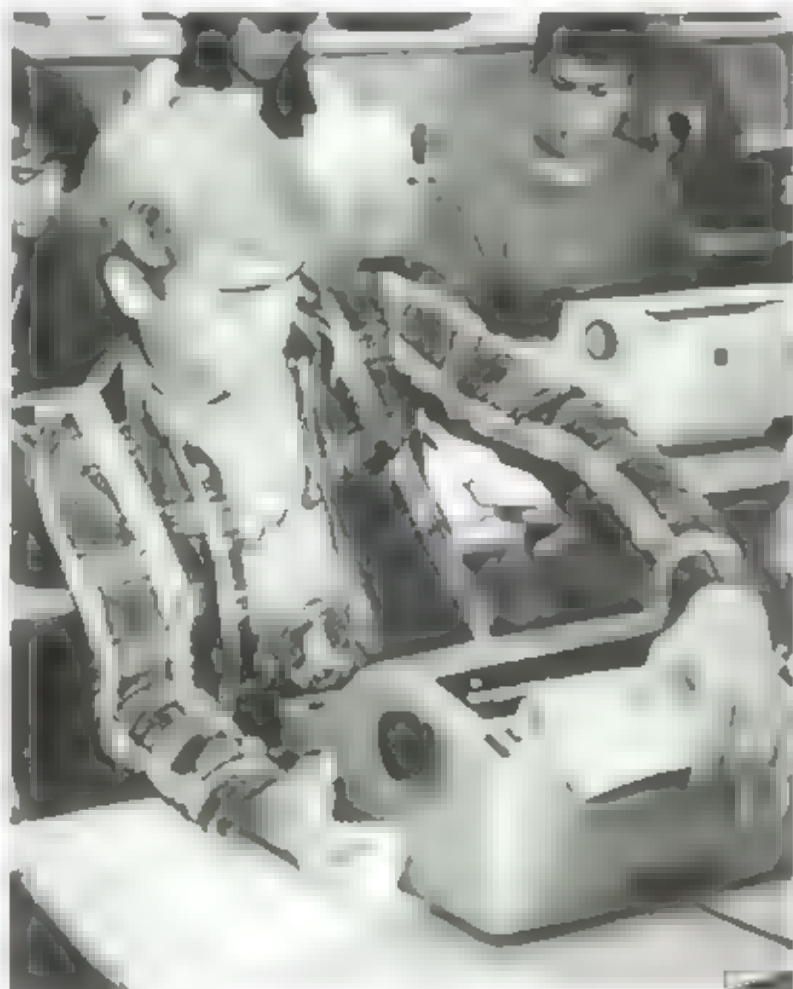


Alex Chang

Andreas Syrengelas  
Kirstin Tancze  
Craig Tauber  
Joey Terrell  
Jan Theriault  
Eric Thompson



Jami Thompson  
Yasmine Tifit  
Michelle Tobolski  
Undreal Todd  
Randy Tong



Todd Brawne pulls out his finished assignment. He has worked very hard all period on it and hopes that there aren't any mistakes to be corrected.



Amy Rippelmeyer comments on Tanja Weth's original costume. Both girls show school spirit by participating in many school activities like the annual Halloween dress-up day.

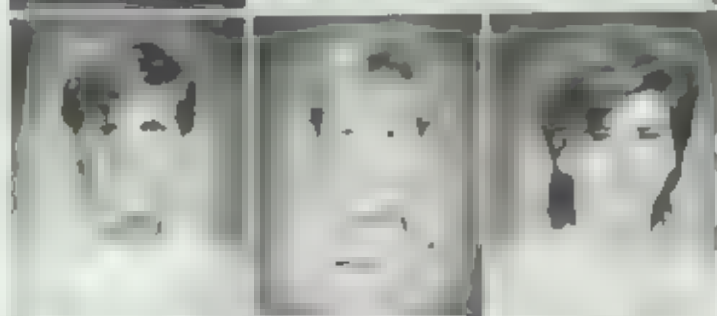


Suzanne Turrentine performs with the Omega Drill Team on the football field during half time. She and the other members have worked very hard to put on a great show.





Michelle Torquato  
Kathy Torres  
Raymad Torres



Jeff Townsend  
Jeremy Trammel  
Julie Treadwell



Tony Tredway  
Janice Tse  
Michael Tu



Suzanne Turrentine  
Jennifer Tyo  
Scott Udoff



John Urban  
Damon Uribe  
Wendy Uyeda



Patricia Vaca  
David Vale  
Julie Vega



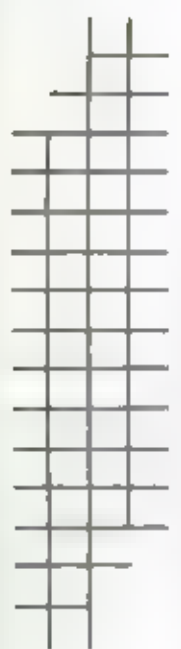
Alex Vidal  
Bonnie Viers  
Patricia Vins



Jill Ghannley turns in her assignment before the end of class. Besides being an excellent student, she runs Cross-Country.



Enthusiastic Holly Noonan claps in unison with the other members of her squad. Synchronicity is very important when doing cheers.



Steven Vos  
John Vreeland  
Robert Vydus  
Michael Woehner  
Julie Wagoner



Keala Walker  
Misty Walter  
Shirley Wang  
Anne Ward



Holly Watson  
Kevin Welch  
Jared Wels



Carl Wenz  
Tanja Werh  
Jeffrey Wheeler  
Jeffrey White



John Graham, Jennifer Booth, Mark Salomon, Leslie Bryant, and David Haub perform on stage in "All That Jazz." Their consistent practice pays off with a great musical show.

John Whitney  
David Weist



Robert Wilkinson  
Daniel Will



Kevin Williams





Leslee Williams  
Melinda Williams



Htoo Win  
Jill Winters



Michael Winter  
Winston Wolf



Diane Wong  
Priscilla Wong



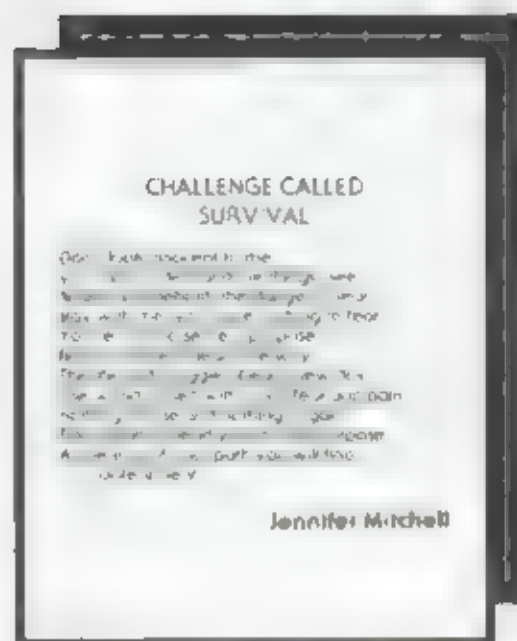
Veronica Woodie  
Peter Wu



Shih-Hung Wu  
Louis Young



Zachary Young  
Laura Younkin



Freshman Holly Crum takes a break from cheering at a varsity football game. She is talking about the spectacular plays that have been made during the first half.





nothing as much as the victory. Grant VanCleve picked up a 10 for his bulldog and rejoined the winner, by the last time, single. James was in a bad and a seasonal tree, in cover the pocket stands at the end of the game.



1.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$  (Probability of getting 2 heads)  
 2.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$  (Probability of getting 2 tails)  
 3.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$  (Probability of getting 1 head and 1 tail)  
 4.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$  (Probability of getting 1 tail and 1 head)



David Alvarez takes all his aggressions from a long period of math study by putting his close friend Kent Wells in a friendly headlock.



Posing after a period of dancing at the homecoming dance are Kely Spaulding, Andrea Barrows, Heidi Grey, Derek Sparta, Debbie Theriault, Kell Hawkins, Shanna Hemmings, Anne Buonacore, Christine Dennis, Dana Wodleigh.



Preparing for the Homecoming game isn't all hard work, says Brian East, Mike Asher, Brooke Bursell, Gary Covington, and Mark Bellwood as they prepare the balloons which will decorate the football field. Homecoming week is probably the most colorful week at Las Al.



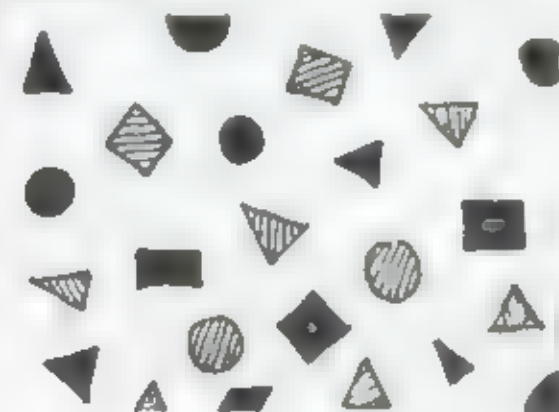
Debbie Hart and Jan Borbon rest after a period of dancing and eating. The Winter Formal is a favorite among all grades at Las Al, because it gives all students a chance to dress up and go out on the town.

## SENIORS SAY GOODBYE AS FUTURE MOVES IN

When the end of first semester rolls around, the senior students catch the infamous disease called "Senioritis." Unfortunately, there is no known cure for this overwhelming disease, except graduation. Among the seniors, are the freshmen, sophomores, and juniors who also feel the end of the year approaching. Believe it or not, the four years pass by quickly, and the seniors have to organize their future. The high school years have passed and the future holds new experiences.



Two close friends, David Hughes and Jennifer Cheroske, accompany one another to their fifth period class.



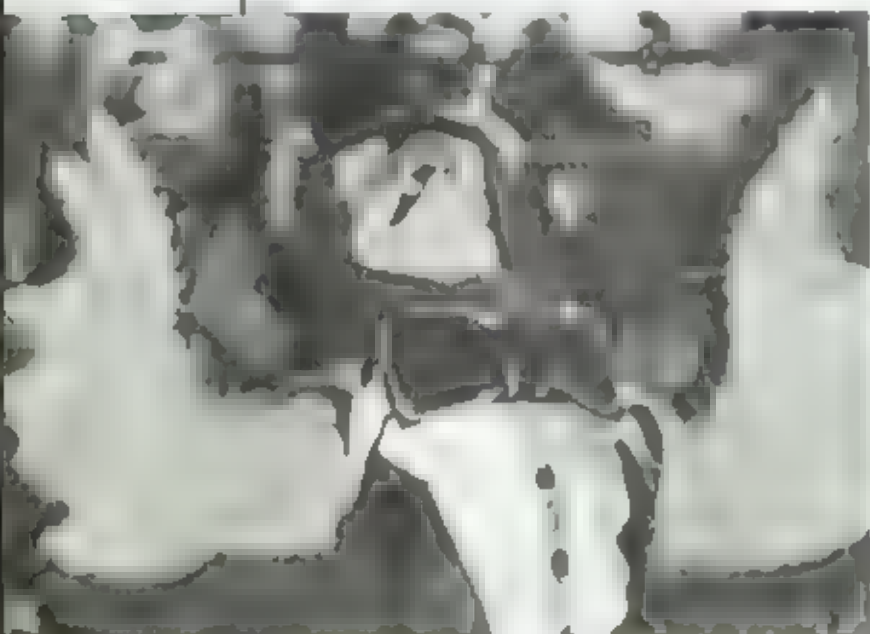
## ADVANCEMENT BRINGS NEW INSPIRATION

"It may seem the end, but it's really the beginning" states senior **Melanie Wood** when asked about graduating. The attitude of the class of '86 was a positive one with great hopes for the future.

Looking back on the '85-'86 school year is a pleasurable experience for the student body and will be often remembered by the senior class. The year closed on a high note with all students looking forward to utilizing what they learned at Los Al in the upcoming challenge in the game of life.



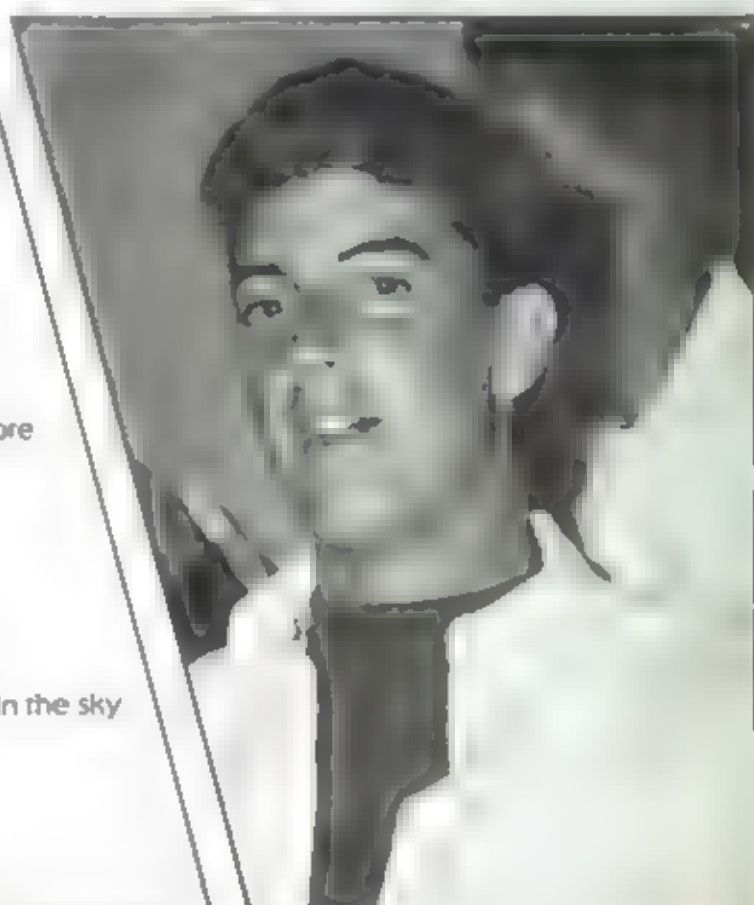
On Hippie Day, Freshman **Tricia Pettigrew** hands out daisies as a token of friendship. Spirit Week promotes friendship and helps develop a feeling of unity between all Los Al students.



As the football game comes to a climax, **Gunther Griffin** warms up the band.

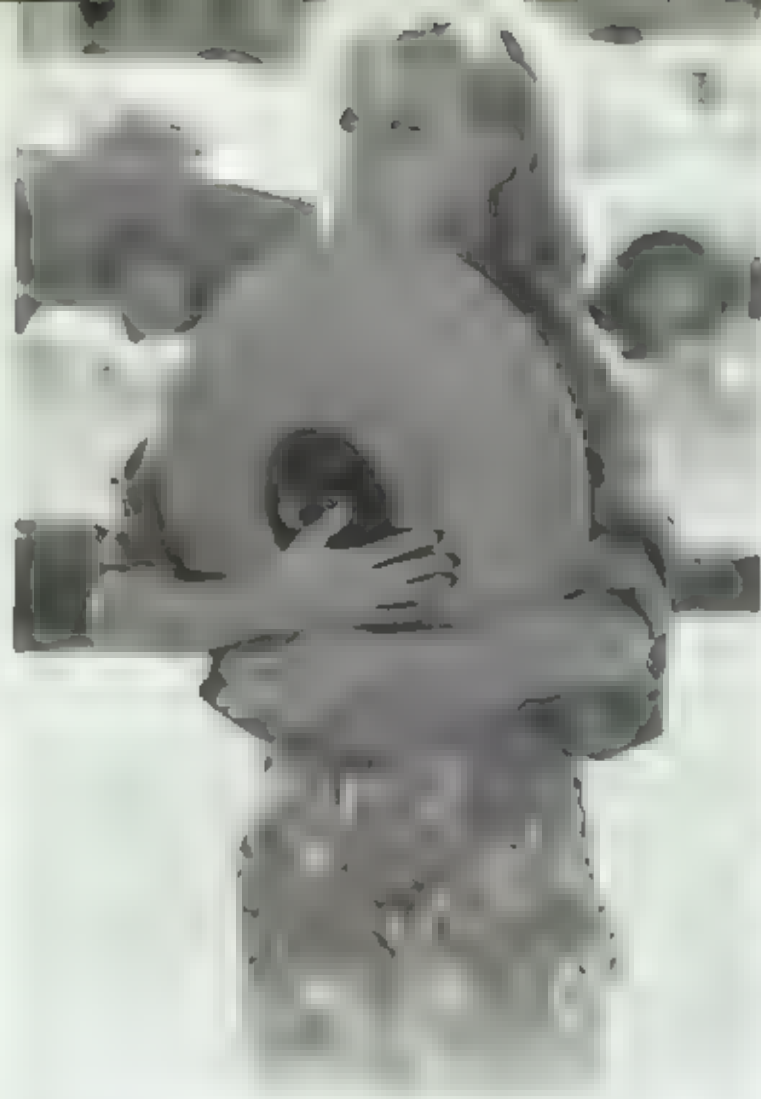
## IN MEMORY OF SHAWN DAVIS

The morning sun brings a shining new day  
The lazy blue skies move slowly on their way  
As I walk through the damp green grass  
I look up to see, a smiling cloud passing me  
I can see him smiling down at me  
A young man happy and running free  
His golden hair shines in the sun, his feet are bare  
A whole new life of love he will share  
Though physically he may not be here  
In our heart Shawn will always be near  
I look up one more time and see him  
Smiling, waving goodbye to me  
But not forever, just awhile  
For one day I will join my smiling friend in the sky  
With love  
**Jane Craig**

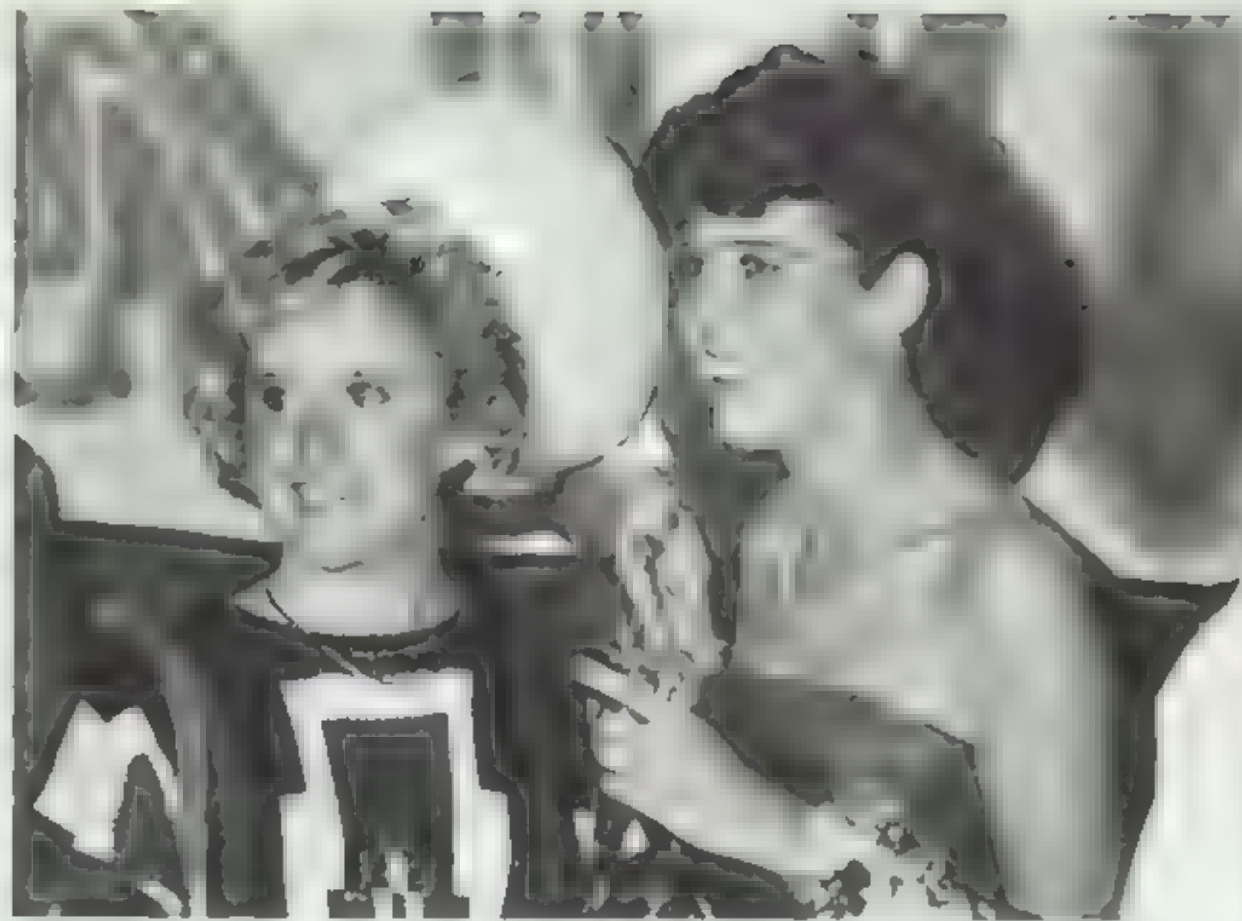


Junior **Kit Kodik** attentively listens to his class lecture.





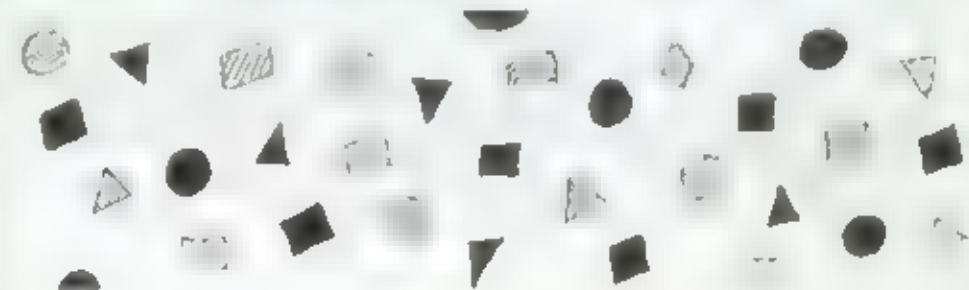
An active member of the Las A Band, Janice Terby, holds her symbols tightly while reflecting on the memorable experience the band provided for her.



Juniors Tina Melton and Michelle Haub take a gratifying look at the beautifully decorated football field. Their excitement builds as the evening's events come into play. This year's Homecoming football game seems especially successful with its fancy balloon decor.



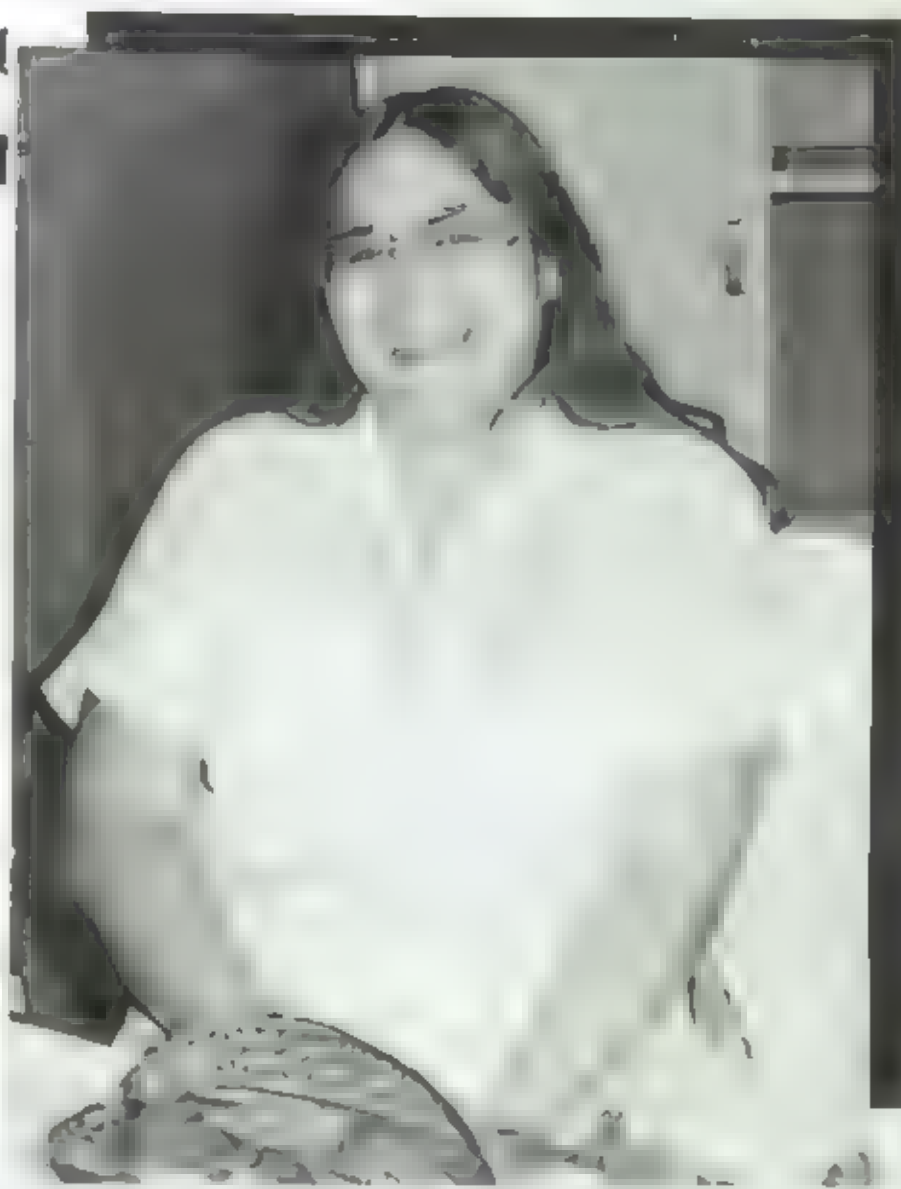
The Winter Formal is quite enjoyable as shown by Katy Comings and Suzanne Tunen-Tine. Katy and Suzanne are active in many school activities including the Freshman Cheer Squad and Omega Drill Team.



On Your Own is a class offering a taste of independence for the students. Tim Helgeson and Kevin Fashen represent the groom and the best man in a "mock wedding" for class.



## COTTONWOOD STAFF HONORS RESPECTED INDIVIDUALS



Among the many talented people related to the Las Alamos Unified School District, there were two individuals who stood above the others. These people donated their time, support, and energy to Las Alamos and the Cottonwood Staff wanted to present their gratitude. This year, we decided that the 1991-1992 year should be dedicated to these great people. This year's yearbook was dedicated to Mr. Charles McCully and Mr. Fabian Arroyo in recognition of their appreciation.

Mr. McCully, Mr. McCully, who is no longer a part of the Las Alamos family, but his contributions will be long remembered. He gave a part of himself to us and we truly appreciate everything he has done.

A very special thank you goes out to Mr. Fabian Arroyo. He stepped into the position with no prior knowledge of the fundamentals of a yearbook, but he helped us through the process and made it a great one. Mr. Arroyo did more than an editor; he was a friend and we owe him everything.

We sincerely thank these individuals for their help and for making this year so memorable.



## EDITORS STRIVE TO MAKE A CHANGE IN THE COTTONWOOD TRADITION



The 1985-86 Cottonwood Yearbook Editors were Debbie Theriault and Kelli Hawkins. This was the first year that Editors attempted a totally different and more complex style than the past Cottonwood Yearbooks. The theme of the book, designing the cover and the basic layout to be followed throughout the year of progress, is the beginning of the Editors' tasks. Yearbook involves a lot of dedication, creativity and hard work. The Editors felt it was about time to take a chance and create a new look to C.W.S. We would like to thank Mrs. Sabrina Arney, Mr. Steve Eddy, Taylor Publishing Company, Christy Franklin Photography, Yearbook Photographers and most of all the Yearbook Staff for all their hard work.

*Kelli Hawkins Debbie Theriault*







David Hasle and Brian Hasle, assist their mother, Carol, in monogramming a shirt. At B & C Monogram Shoppe they will monogram any article to your pleasing. They do T-Shirt clubs and logos too!



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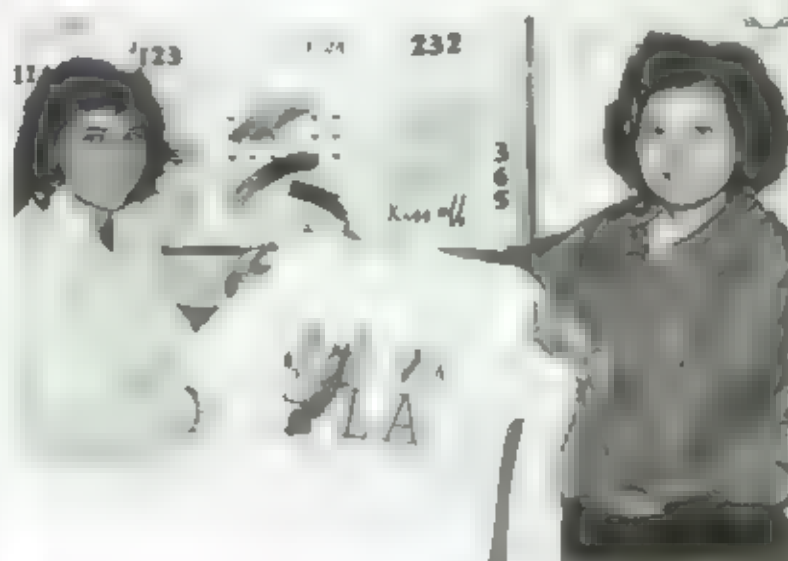
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**Senator Paul Carpenter**





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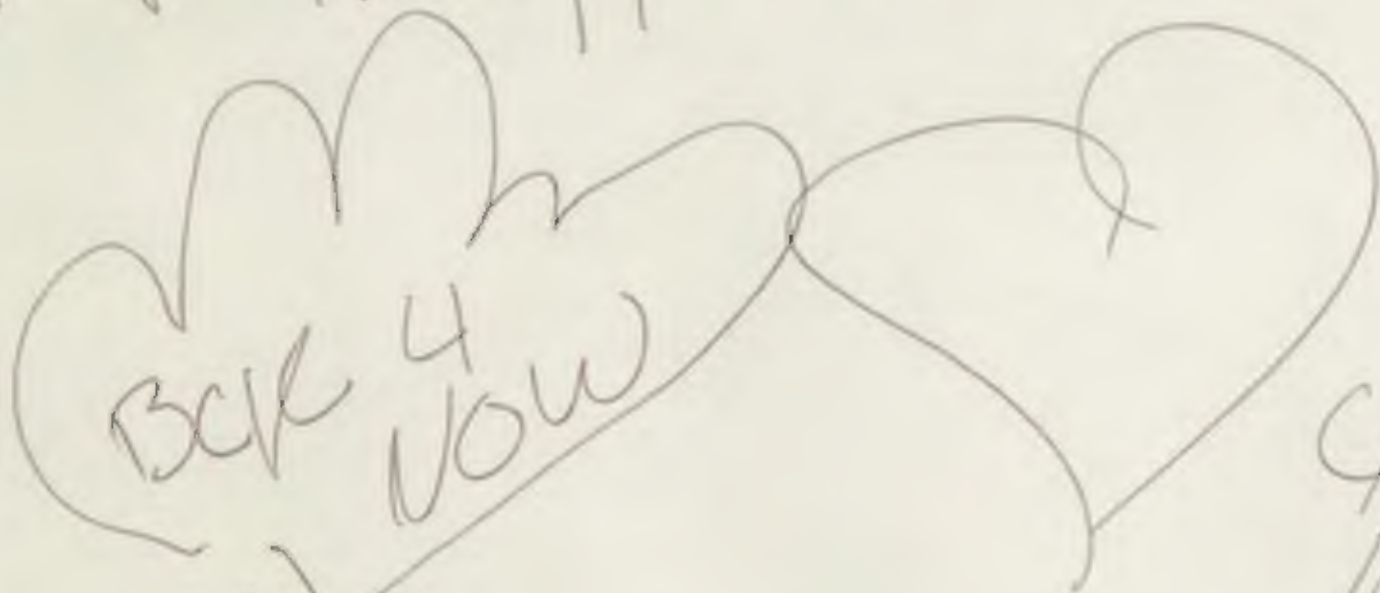
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Back.

Hey babe! How's  
the business going  
these days? Well,  
if you ever feel the  
need to talk, give me  
a ring, k?



Back  
4  
Now

yo  
lots!

(213)  
493

3406 nolly  
brand



Give you and your  
me a ring! I miss seeing  
you too bad  
really sweet  
your boring!  
Heanna  
K.I.T  
430-  
4433

Hay Day 937  
Wholly up,  
we shall

you are  
you the  
we met.

Stay  
Love you,  
Doris

We all love you  
 and we hope you  
 will be happy  
 and healthy  
 and successful  
 in all your  
 undertakings.  
 Love,  
 Mom + Dad



Ray,

String instruments forever! Hope you have a  
real time at college (don't forget to play  
the viola). And call me about the band

(I'm still not sure).

See ya,  
Michael Chen

(SAVED FOR TINA)

Hey Ray!!

We made it!! Thanks  
Well I love -- I really enjoyed  
for everything. I really enjoyed  
our little talks. You are a real sweet  
person. Remember when you thought I  
could never get Sardi? Well -- I surprised  
you!! Anyway, I hope to see you soon.  
If not you make sure you go to our  
10 year reunion. Keep in touch.

3611-B Green St.  
LOS Alamitos, CA  
90720

Your friend,  
Tina  
Haldane

398-0062



